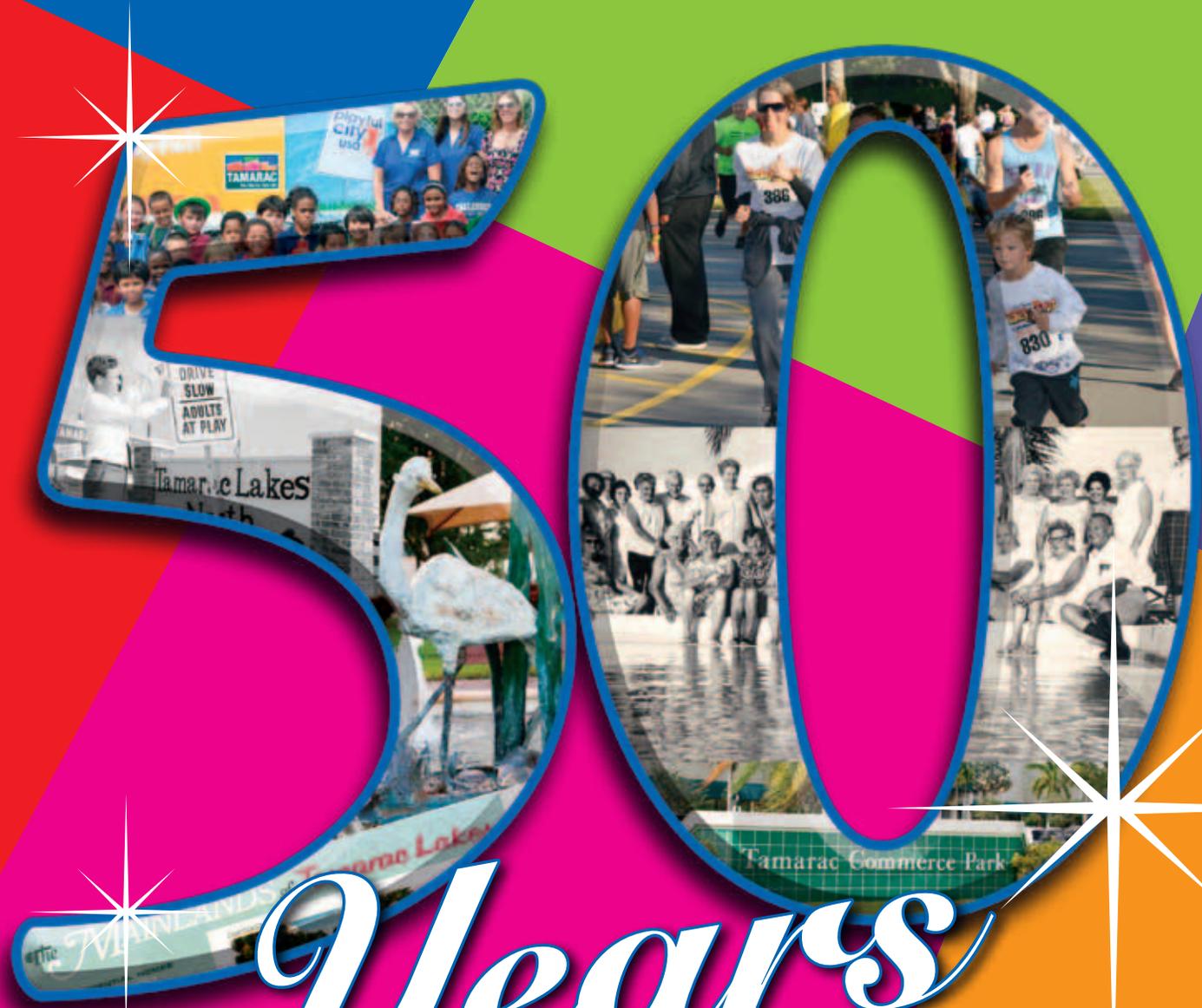


TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA



Years Young

Inside: 50TH ANNIVERSARY EVENTS

January / February / March 2013

Tam-A-Gram is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
 Attn.: Tam-A-Gram
 7525 N.W. 88th Avenue
 Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at: pio@tamarac.org. Please include "Tam-A-Gram" in the subject line of your email.

To submit "Life in Tamarac", or "Who Reads Us" pictures, please send **high-resolution** photos to pio@tamarac.org.

Tam-A-Gram, and other City publications, are available online at www.tamarac.org; or for an enhanced viewing/reading experience, visit www.issuu.com/tamaracflorida.

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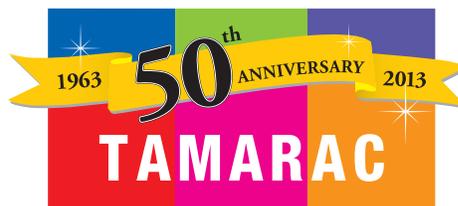
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IMPORTANT NUMBERS

MAIN NUMBER	(954) 597-3500
ADA Coordinator/Accessibility	(954) 597-3505
	1(800)955-8770 (Voice)
	1(800)955-8771 (TTY)
Citizen Hotline	(954) 718-1800
<i>(Activated During Emergencies)</i>	
Building Services	(954) 597-3420
Building Inspections	
Building Permitting and	
Inspection Results	
City Clerk's Office	(954) 597-3505
City Commission	(954) 597-3460
City Manager's Office	(954) 597-3510
PIO (Media)	(954) 597-3523
Community Development	(954) 597-3530

Code Compliance	(954) 597-3425
Business Revenue	(954) 597-3536
Financial Services	(954) 597-3550
Purchasing	(954) 597-3570
Customer Service	(954) 597-3590
Fire Rescue (Non-Emergency)	(954) 597-3800
Human Resources	(954) 597-3600
Job Line	(954) 597-3615
Risk Management	(954) 597-3613
Mayor and Commission	(954) 597-3460
Parks & Recreation	(954) 597-3620
Community Center	(954) 597-3620
Caporella Aquatic Center	(954) 597-3660
Caporella Fitness Center	(954) 597-3661
Social Services	(954) 597-3642

Transit/Shuttle Bus	(954) 597-3649
Police/BSO Tamarac District	
<i>(Non-Emergency)</i>	(954) 720-2225
Public Works	(954) 597-3700
Engineering	(954) 597-3712
Recycling & Trash Hotline	(954) 597-3740
Utilities (Water)	(954) 597-3750
Billing Inquiries	(954) 597-3590
Utilities (leaks, breaks, etc.)	(954) 597-3750
Water Treatment Plant	(954) 597-3775
<i>(Also used for 24-hour Utilities emergencies.)</i>	
Service Providers:	
Waste Management	(954) 974-7500
Comcast Cable	(954) 252-1937
Library (Tamarac Branch)	(954) 720-2282
Post Office (Tamarac Branch)	(954) 722-3152
Tamarac Theatre	(954) 726-7898

Housing Program Makes Tamarac the City for Their Lives

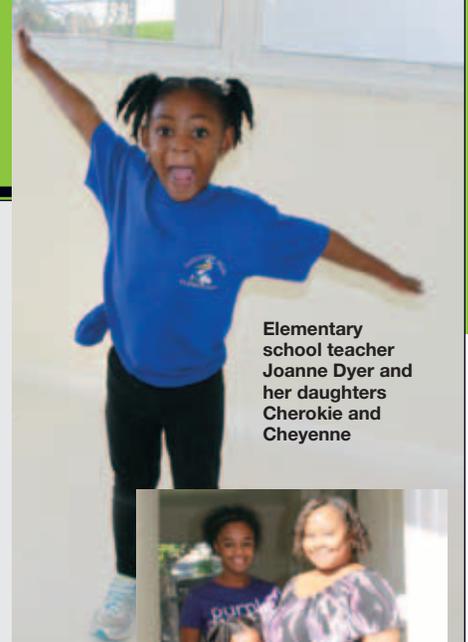
There's a business reason behind the City of Tamarac's decision to purchase foreclosed homes and ready them for re-sale: it just makes good financial sense. But there are program benefits that are far less tangible, like providing the only opportunity a single mother of two might have to own her own home.

Elementary school teacher Joanne Dyer spent most of 2012 trying to buy a house. While doing her research, she found out about Tamarac's Neighborhood Stabilization Program (NSP) which allows income-eligible homebuyers to buy single family homes that have been purchased and rehabilitated by the City. These homes are brought up to code and, when applicable, upgraded to meet energy efficiency, disaster mitigation and green housing standards.

Ms. Dyer and her daughters Cherokie and Cheyenne moved into the house just before New Year's. "I'm so glad to have a piece of real estate in South Florida," she said. "This will allow me to save money and build a legacy for my kids."

Programs like NSP are among the many reasons Tamarac considers itself "The City for Your Life". According to Jennifer Bramley, Director of Community Development, "We have the chance to provide a new home for a deserving family, while improving values and stability in a neighborhood."

"I'm excited about this opportunity," Ms. Dyer added. "I'm grateful that Tamarac helped me achieve my dream."



Elementary school teacher Joanne Dyer and her daughters Cherokie and Cheyenne



Businesses Value a Tamarac Address

Whether it's the access to major roadways, the availability of quality space or the ease of working with the City, more and more businesses are calling Tamarac home. Case in point: ecommerce software provider 3dcart.

The company has been experiencing rapid growth over the last few years; so much so that they've moved offices twice in neighboring cities. When they outgrew the last location, 3dcart executives turned to Tamarac for a place they could finally call home: a 17,000 square foot building to house a growing base of employees and allow for future expansion.

"When we saw this nice building in the Tamarac Commerce Park we were interested right away,"

said Jimmy Rodriguez, the firm's Chief Technical Officer. "It has great access thanks to the Sawgrass Expressway, and there are hotels and restaurants right around the corner which is great for clients who visit us from out of town."

The company provides ecommerce services including website building, order management and marketing tools. "We work with more than 16,000 online merchants and that number is growing. As a result, our company is also growing," said 3dcart CEO Gonzalo Gil. The company currently has 60

3dcart

employees and postings for a number of new positions. "The City of Tamarac makes it more attractive to come and work for 3dcart," added Mr. Rodriguez. "Our employees couldn't be happier; it's a great place to work and live."



Among the new businesses opening in Tamarac is the already popular Krispy Kreme, located in the Sunshine Plaza.

Studies Help Prepare For the Next 50 Years

Crucial to the continued growth of any city is the revitalization of its commercial areas. To position itself for the future, the City of Tamarac is conducting a Commercial Redevelopment Study focused on three key areas along major corridors. These areas, narrowed down from all commercial districts in the City, include:

- The commercial areas in the vicinity of University Hospital,
- The northeast corner of University Drive and Commercial Boulevard, and
- The northwest corner of SR 441 and Commercial Boulevard

The study is designed to help position the City's commercial areas to be more competitive for redevelopment opportunities;

identify current and future market demand, and identify the 10-year potential for key uses and activities within Tamarac.

Three community workshops have been held to gather input for the study, the final version of which will provide recommendations regarding zoning as well as those specific markets to target for growth.

Tamarac is also studying the major arterial corridors within the City to help develop a vision for the way they look and function in the future. The four roadways under study include University Drive from Southgate Boulevard to Commercial Boulevard, SR 7 from the northern to southern City limit, Commercial Boulevard from the Sawgrass Expressway to

Prospect Road, and McNab Road from its western terminus to NW 70th Avenue.

Design initiatives to be considered include:

- Gateway treatments
- Streetscape, hardscape and signage opportunities
- Residential buffer wall analysis and design

Phase I of the study included a community workshop, where those interested got the opportunity to provide input and share their vision for the major corridors. Corridor Study recommendations designed to help establish a sense of place, along with the results of the Commercial Redevelopment Study, are expected by spring.

Working Together Toward Code Compliance

Tamarac residents place a high priority on community appearance, as they should: it not only affects well-being, it affects the wallet. Community appearance has a direct impact on both property value and safety. With this in mind, the City has launched a community-wide code compliance effort in several neighborhoods.

The Neighborhood Improvement Program, called Operation NIP It, is a

multi-phased collaboration between Tamarac and area homeowner associations. Code enforcement officers will work hand-in-hand with the HOAs to explain the program, discuss the violations which affect curb appeal like debris, dirty roofs and lax landscaping, and set a schedule for compliance. Courtesy notices will first be issued to violators, with a 30-day timeframe for making corrections.

Financial assistance of up to \$1,000 may be available for homes within the NIP It-designated areas. The money may be available as a grant, a matching grant, or a zero interest loan. A total of \$40,000 has been set aside to help homeowners make the improvements needed.

For additional information on the City's code compliance efforts, visit www.tamarac.org.

Tamarac kicked off its expanded recycling-for-rewards program, which now includes multi-family communities, at the Kings Point community. Pictured are Kara Fitzpatrick, Recyclebank, Tamarac Commissioners Diane Glasser and Pamela Bushnell, Kings Point resident Judy Dubrow and Dawn McCormick of Waste Management.



Tamarac Marks a National Recycling First

The City of Tamarac chose America Recycles Day, November 15, to become the first city in the nation to reward residents for recycling – whether they live in single family homes, condominiums or apartment complexes. With the expanded rewards program residents can earn Recyclebank points for taking every day “green” actions, which they can use to redeem for discounts and deals from hundreds of local and national brands. Tamarac’s partnership with Recyclebank is geared toward boosting recycling rates in the City and encouraging more citizens to live an eco-conscious lifestyle. Residents can sign up for the program at www.recyclebank.com/wm.



Judah Sommer, 2 ½, is one of Tamarac’s youngest recyclers.



Optimizing Public Safety

Public safety is a priority for the City and, while residents do feel safe, satisfaction surveys show that crime prevention and increased police visibility are ongoing priorities for the community as well. That’s why Tamarac’s 2013 budget includes resources to put “more feet on the street”: additional uniformed officers from the Broward Sheriff’s Office patrolling throughout the City.

Five additional police officers have been added to the Tamarac district, bringing the total to 81, and the City will now be divided into a total of 9 police zones for better administration and better coverage.

“The additional officers help provide the degree of safety the City and our residents expect,” said City Manager Michael Cernech. “And we meet regularly with BSO commanders to make certain that performance levels remain high.”

Take the MAYOR'S Challenge!



50,000 Volunteer Hours for Tamarac's 50th Anniversary



Tamarac Pioneer Honored

Dorothy Willis, actress, singer, playwright and longtime resident of Tamarac has been honored for her contributions to the arts. The City Commission declared December 12, 2012 as Dorothy Willis Appreciation Day, to honor the woman who helped found what evolved into the Tamarac Theater of the Performing Arts, where she now serves as President.

Mrs. Willis began her show business career at the age of 17 and performed solo at New York's Carnegie Hall and Madison Square Garden. She moved to Tamarac in 1979 with her husband Chester and their children, and has been entertaining the residents of Broward County for over 3 decades.

Mrs. Willis was also recognized as a Pioneer by the Broward County Historical Commission.

Tamarac Mayor Beth Talabisco has thrown down the gauntlet to individuals and organizations in the City to tally their volunteer hours to help meet Broward County's "Together We Serve" Challenge. Issued by the president of the Broward League of Cities, the countywide challenge seeks to track one million volunteer hours over a 12-month period.

"We're encouraging Tamarac's faith-based groups, along with sports organizations, civic and charitable organizations and any and all individuals

to participate," said Mayor Talabisco. "Volunteering strengthens communities, solves problems and improves lives. It's the volunteer spirit and the unselfish hours committed that help make our community a better place to live."

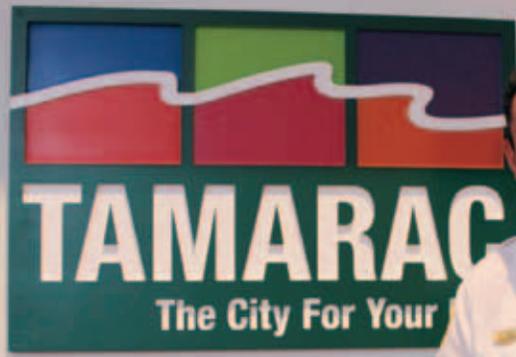
Eligible volunteer hours are those performed from May 2012 to May 2013 with organizations throughout the County. The league has set up a real-time monitor on its website, www.browardleague.org, where individuals and organizations can tally their hours.

VOLUNTEER EXCELLENCE

*"There is no greater agony than bearing an untold story inside you."
— Maya Angelou*

To instill the confidence in others to write: that's the goal of volunteer **Janice Indek** (or, as her readers know her, Antonia Phillips Rabb). She came to the City eight years ago with an idea to start a writing group; that group has evolved into the Tamarac Writer's Café. Participants come from all walks of life, all ages, occupations and experiences. They have one thing in common: an interest in writing their memoirs, essays, poetry and, best of all, short stories to bequeath to their grandchildren.

Janice is passionate about the group and helping unlock their potential. Her guidance and understanding validate creativity and self-expression, encourage growth, and profoundly impact participants. Congratulations for being named Tamarac's Volunteer of the Quarter.



Tamarac's Own Scores Gold in International Competition

Capt. Tony Chin of Tamarac Fire Rescue was part of the gold medal winning team at the 2012 International Medical Rescue competition held in the Czech Republic. The contest focused on the coordination of crews during simulated emergencies and the professional abilities of individual crew members. He and his teammates from Miramar and North Lauderdale beat out 20 international teams in their division. The skills Capt. Chin refines in competitions like this are shared with his co-workers in Tamarac and help prepare him for the wide variety of life saving situations he may face here at home.

Capt. Chin was recognized by the Tamarac City Commission for his achievement.

Dream Big, Hope Big, Relay Big!

Teams are forming for the annual Relay for Life community fundraising walk to end cancer. This year's event will be held May 17th, at Tamarac's Millennium Middle School, 5803 NW 94th Avenue. Relay for Life is an overnight event where teams honor cancer survivors and remember loved ones lost, as they raise awareness and money to end this dreaded disease. Because cancer never sleeps, for one night a year neither do they. If you'd like to form a team, register at the event website, www.relayforlife.org/tamaracnflf.



Grants Make City Dollars Go Farther

Faced with the ongoing challenge of doing more with limited budget dollars, the City of Tamarac has increased its emphasis on leveraging that money with grants.

Staff focuses on tracking down grant money on a local, state and national basis to support key initiatives around the City.

\$49,197

Florida EMS (Emergency Medical Services) Grant
For hydraulic power stretcher lifts to better assist fire rescue personnel when transporting bariatric patients for medical care.



Here are grants that Tamarac has recently been awarded:

Financial Reporting Recognized for Excellence

The City of Tamarac has been commended for excellence in financial reporting by the Government Finance Officers Association for the comprehensive annual financial report for fiscal year 2011. The award recognizes going above and beyond to provide comprehensive reports "that evidence the spirit of transparency and full disclosure."

This is the twenty-fourth consecutive year the City has received this award, and the twenty-seventh overall.

Tamarac Saves Residents \$1 Million with Flood Plain Rating

The City of Tamarac has earned a new rating from the National Flood Insurance Program which will result in over \$1 million in annual savings for residents. The Community Rating System's Class 6 rating means a 20% discount retroactive to October 1, 2011, on the 13,457 residential and business flood insurance policies in the city.

Employees from Tamarac's Public Services, Community Development and Building departments work closely with representatives of the Insurance Services Office to assess and update current flood plan management practices. Staff members continually identify areas of potential improvement for Tamarac's flood plain management activities, in order to maximize participation and credit through the Community Rating System.

Tamarac has taken further steps to reduce incidents of flooding and property damage by adopting the Broward County Local Mitigation Strategy. City workers regularly inspect waterways, pump stations, culverts and catch basins, and sweep streets to keep drains free of debris, as well as maintain a full schedule of projects necessary to improve the system.



\$22,500

Florida EMS (Emergency Medical Services) Grant

Funding to replace 2 cardiac monitors/defibrillators with multi-functional models that are more capable of assisting patients in cardiac arrest.

\$100,000

Residential Construction Mitigation Program Grant

For residents to make their homes more capable of weathering a storm.

\$401,440

Bus Livability Grant

For bus shelters throughout the city.

\$15,288

Justice Assistance Grant Program

Funding for a Broward Sheriff's Office detail to increase police presence at local businesses. This grant request directly relates to the City's customer survey which indicated the desire for a greater police presence.

1963

50

TAMARAC

Mark your calendars and join us for these special anniversary celebration events. All events are FREE and open to the public.

Mainlands Park Ground Breaking **Friday, January 25th 5:00 pm**

Join us as we break ground on our newest east side park. Following the ceremony enjoy a movie in the park from 1963, the same year the City was founded. Hot dogs, popcorn and beverages will be provided. Mainlands Park is located at 4500 Monterey Drive.

“Rock All Ages” Concert Featuring Blood, Sweat and Tears **Saturday, March 23rd 4:00 pm**

BS&T has earned multiple gold albums, 10 Grammy nominations and won 3 Grammy awards, including the most prestigious of them all, Album of the Year. The event will also feature the Bon Jovi/Journey Tribute Band, plenty of food trucks, interactive games, rides for the kids, and a fabulous fireworks display. The concert will be held at the Tamarac Sports Complex, 9901 NW 77th Street.

Tri-City Classic Car Parade **Sunday, April 28th 10:00 am**

The cities of Tamarac, Coral Springs and Parkland have partnered together to offer a Classic Car Parade. The parade will start at the Tamarac Community Center, 8601 West Commercial Boulevard, and end at the Parkland Equestrian Center.



ANNIVERSARY

2013

TAMARAC



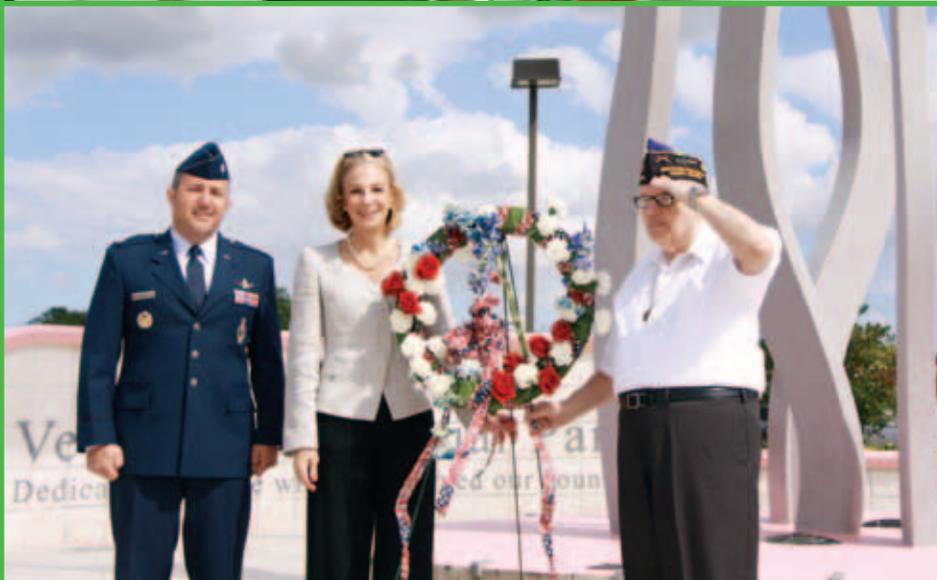
America's Largest Birthday Celebration **Thursday, July 4th 6:00 pm**

Happy birthday America and the City of Tamarac! Celebrate at a birthday party on Thursday, July 4, 2013 from 6:00 pm to 9:30 pm at the Tamarac Sports Complex, 9901 NW 77th Street. A free outdoor concert will provide the perfect listening experience for America's birthday! Grab your lawn chairs and your camera and get a snapshot with Uncle Sam and Betsy Ross. There will also be an entertainment area with rides, arts & crafts and games. The Food Truck Collective will be on site offering a variety of food for purchase. The night will culminate with an impressive choreographed fireworks display, which kicks off promptly at 9:00 pm.

50th Anniversary Time Capsule Dedication **Friday, July 19th 5:30 pm**

Join us to celebrate the dedication of Tamarac's Time Capsule, designed by the City's Public Art Committee. A barbeque and entertainment will follow the dedication, which will be held at the Tamarac Community Center, 8601 West Commercial Boulevard.

Life in Tamarac



Discover

Discover the Benefits of Tamarac Parks and Recreation



Winners and their times:

Men

1st Place	Ronnie Holassie, 41, Time 15:30
2nd Place	Augustin Rey, 24, Time 15:33
3rd Place	Andrae Drummonds, 26, Time 15:39

Women

1st Place	Emilie Amaro, 22, Time 18:07
2nd Place	Valerie Azra, 30, Time 18:53
3rd Place	Sara Gomez, 31, Time 19:03

A record number braved a brisk Thanksgiving morning for the 32nd Annual Tamarac Turkey Trot. Almost 1,700 participants took the 5K run through the beautiful Woodmont section of the City.

This year's event was co-sponsored by Publix and Menchie's Frozen Yogurt.

Camp Tamarac 2013

June 17, 2013 – August 9, 2013

Hours: 7:30 am – 6:00 pm
 Ages: 5-12 years old
 Registration by mail ONLY!
 Proof of residency required.

Fees

1st child/Resident	\$556
Non-resident	\$670
2nd child/Resident	\$515
Non-resident	\$615

Mail in Registration Packets available beginning February 28, 2013

Resident Mail in Registration begins March 4, 2013

Non-resident Mail in Registration begins March 11, 2013

All campers must be 5 years old on or before September 1, 2013 to attend camp (Copy of birth certificate is required)

Pick up packets at the Tamarac Recreation Center, 7501 N. University Drive

1:30 pm – 9:00 pm (Mon-Fri) & 9:00 am – 4:30 pm (Saturdays) or

The Tamarac Community Center, 8601 Commercial Blvd.

8:30 am-9:00 pm (Mon-Sat)

All campers will be at the Recreation Center site

For additional information call (954) 597-3674

WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center. We have a variety of free weights, life fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly, non competitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street, contact us at (954) 597-3661 or visit our website at tamarac.org/parks.

Personal Weight Training sessions are available by appointment.

Individual session - \$40.00

2 person shared session - \$25.00
per person

3 person shared session - \$20.00
per person

FACILITY LOCATIONS

Caporella Aquatics and Wellness Complex
9300 NW 58th Street

Caporella Park
5200 Prospect Road

Gary B Jones Park for People and Pups
8101 Southgate Boulevard

Sunset Point Park
11000 McNab Road

Tamarac Community Center
8601 W. Commercial Boulevard

Tamarac Multi-Purpose Center
7531 N. University Drive

Tamarac Park Recreation Center
7501 N. University Drive

Tamarac Sports Complex
9901 NW 77th Street

Tephford Park
10003 Southgate Boulevard

Veterans' Memorial Park
7825 Southgate Boulevard

For more information on any of the programs or activities listed, please contact Tamarac Parks and Recreation at: (954) 597-3620. Times and locations may be subject to change without notice.



CAPORELLA AQUATIC & WELLNESS CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58th Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq.ft. fitness room, locker rooms, picnic tables, and more.

The pool is closed to the general public in December, January and February, however swim lessons, exercise classes, and lap swim will continue.

POOL HOURS:

Weekdays: Pool: 10:00 am – 6:00 pm
Slide and Sprayground: 2:30 – 6:00 pm

Saturdays: Pool, Slide, and Sprayground: 10:00 am – 6:00 pm

Sundays: Pool, Slide, and Sprayground: 10:00 am – 4:00 pm

For Aquatic Center admission fees and rental information, please call (954) 597-3660.

Lap Swimming

When: Monday and Wednesdays, 10:00 am – 11:00 am

Proactive Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

When: Mondays and Wednesdays, 10:00 am – 11:00 am

Fee: Senior Program Members: **FREE**
Non-Senior Program Members: \$2.00/Class

Swim Lessons

Parent Tot: Ages 3-5

Tot Only: Ages 3-5. No parent. Will learn to ask for permission to enter, how to exit, submerging, floating, front kick & arm paddling.

Level One: Ages 5 & over. Learn to blow bubbles, front and back float, glide, and kick, and front crawl stroke.

Level Two: Ages 5 & over. Learn freestyle with breathing, backstroke, and breaststroke.

Adult Level 1: Ages 18 & over. Front/back float, basic freestyle, backstroke and endurance.

When: Weekday evening classes 2 times per week for 4 weeks or 8 Saturday morning classes.

Fee: Residents: \$40, Non-residents: \$50

Water Aerobics

Get a total body workout to improve motor skills, balance, strength and posture. Moderate to high level of cardio will be achieved.

When: Monday and Wednesday, 6:00 – 6:45 pm

Fee: Residents: \$45, Non-residents: \$55, 8 classes

Aqua Zumba

Jump into this Latin-inspired, easy to follow, calorie burning dance fitness party.

When: Tuesdays, 6:00 pm – 6:45 pm

Fee: Residents: \$15, Non-residents: \$20, 4 week session. Call (954) 597-3660 for class dates.



YOUTH RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 8:00 pm	14 & over	\$70/\$80	Recreation Center	6-week
Basketball Fundamentals	Wed.	6:00 - 7:00 pm	7 - 13 yrs.	\$30/\$40	Recreation Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 & over	\$60/\$70	Recreation Center	6-week
Fashionista	Sat.	12:30 - 1:15 pm	5 - 13 yrs.	\$40/\$50	Community Center	4-week
Gymnastics	Tues.	6:00 - 6:45 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Hip Hop/Cheerleading/Tumbling	Sat.	11:00 - 12:00 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Imagination Mornings	Wed.	10:30 - 11:15 am	2 yrs. - 4 yrs.	\$20/\$30	Recreation Center	4-week
I-Imagine Art	Sat.	11:45 am - 12:30 pm	5 - 12 yrs.	\$40/\$50	Community Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Kids Cooking	Tues.	6:00 - 7:00 pm	7 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Krafty Kids	Tues.	10:30 - 11:15 am	2 yrs. - 4 yrs.	\$20/\$30	Recreation Center	4-week
Level 1 & 2 Ballet, Tap & Jazz	Sat.	10:00 - 11:00 am	3 - 12 yrs.	\$40/\$50	Community Center	4-week
Little Sprouts Cooking	Mon.	10:30 - 11:15 am	2 yrs. - 4 yrs.	\$20/\$30	Recreation Center	4-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Teen Club	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$25/\$35	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tiny Tot's Program (includes Imagination Mornings, Krafty Kids, Little Sprouts Cooking)	Mon. - Wed.	Times Vary	2 yrs. - 4 yrs.	\$45/\$55	Recreation Center	Monthly Membership
Wing Chun	Mon & Wed.	6:30 - 8:00 pm	10 & over	\$75/\$85	Recreation Center	4-week
Zumbatomic	Wed.	7:00 - 8:00 pm	4-12 yrs.	\$20/\$30	Recreation Center	4-week

SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless noted otherwise. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for Tamarac's Transportation Program or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Yellow Transit Routes are available at www.tamarac.org and at City facilities.

PROGRAMS

Caregiver Support Group

Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with Jewish Family Services. Please call Susan Panzer at Jewish Family Services at (954) 370-2140 for FREE respite for your loved ones so that you can attend this meeting.

When: 1st and 3rd Tuesday of each month, 10:30 am

Financial Counseling: Do you need to learn how to manage your finances?

Learn how to budget or use online banking during your one-on-one counseling session with a financial specialist. Also, get assistance with applying for federal programs such as Medicaid, Food Stamps, and Cash Assistance. Free for Tamarac residents. Please call (954) 720-2485 to set up your free sessions. By appointment only. A partnership with Monarchcare Inc., a non-profit social services agency.

FREE Spanish Counseling - Consejería en Español

Para adultos que viven en Tamarac.
Sesiones conducidas por licencia terapeuta
Por favor llame at Alex Pineda (954) 864-4552 para hacer una cita.

VITAS (Volunteer Income Tax Assistance Program)

In partnership with Minority Development, free tax assistance will be provided by volunteers beginning in January. Dates and times to be announced. Earned Income Tax credit available, if eligible. Please call (954) 597-3642 to make an appointment. First come, first served.

AEROBIC CYCLING AT TCC

Aerobic cycling is the latest trend to hit the Tamarac Community Center. These stationary exercise bikes are specifically made for a low impact cardiovascular workout that burns calories in a fun way. Certified aerobics instructors guide participants during the workout.

Classes are held:

Monday, 6:15 - 7:15 pm

Tuesday, 7:15 - 8:15 pm

Wednesday & Friday, 6:30 - 7:30 pm

Thursday, 6:00 - 7:00 pm

Saturday, 10:00 - 11:00 am

Fees for the class are \$5 per class for Tamarac residents and \$6 per class for non-residents. Ten (10) class punch cards are also available at \$40 for residents and \$50 for non-residents. Join in and keep Tamarac fit.

SERVICES/GROUPS

All services and groups held at the Tamarac Community Center, 8601 W. Commercial Boulevard / (954) 597-3620.

Home Depot Grants

Call (954) 597-3626 to find out if you are eligible. Available for low income seniors and veterans who have code violations at their homes.

Bereavement Support Group

When: Every Monday, 10:00 - 11:30 am

Center for Communications - Free Amplified Phone

Provides amplified phones and TDDs free of charge to residents of the State of Florida who are deaf and/or hard of hearing. Please call Social Services at 954-597-3642 for information.

When: 3rd Wednesday of the month, 10:00 - 11:00 am.

FREE! 911 Cell Phones for Seniors

Call (954) 597-3642 to set up an appointment to receive a phone.

Donations of cell phones are accepted.

When: 2nd Monday of each month, 9:00 am

FREE! Eyeglass Repair Program

When: Every Tuesday, 10:00 am - 12:00 pm

FREE! Individual Limited Senior Counseling

Please contact Sharon Roseman, LCSW at 954-895-6031 to make an appointment. Short-term counseling only. Tamarac residents only.

Hearing Screenings

When: 2nd Tuesday of each month, 9:00 - 10:45 am

Senior Coping Skills Group

When: 2nd and 4th Tuesday of each month, 10:30 am - 11:30 am

Senior Social

Join us for bagels and coffee and an educational lecture.

When: 3rd Tuesday of each month, 11:00 am

SHINE Counselor

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

Veterans Advisor

When: Every Friday, 8:00 - 11:00 am, no appointment necessary.



ADULT RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Aerobic Cycling	Mon. Tues. Wed., Fri. Thurs. Sat.	6:15 - 7:15 pm 7:15 - 8:15 pm 6:30 - 7:30 pm 6:00 - 7:00 pm 10:00 - 11:00 am	16 & over	\$5/\$6	Community Center	Per Class
Badminton	Mon., Wed. Sat.	6:00 - 9:00 pm 5:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class
Cultural Creations Cooking	Thurs.	6:30 - 8:00 pm	13 & over	\$40/\$50	Recreation Center	4-week
Line Dancing (Beginner)	Thurs.	6:30 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Interm)	Tues.	7:00 - 9:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Interm)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$40/\$50	Recreation Center	6-week
Pilates & Yogalates	Sat.	9:30 - 10:30 am	16 & over	\$20/\$30	Recreation Center	4-week
Pottery Class	Mon.	6:00 - 8:45 pm	16 & over	\$50/\$60	Recreation Center	6-week
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$80/\$90	Recreation Center	4-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class
Tennis Lessons	Sat.	9:00 - 10:00 am	13 & over	\$40/\$50	Sports Complex	4-week
Total Fitness Training	Tues. & Thurs.	6:00 - 7:00 pm	16 & over	\$5/\$6	Recreation Center	Per Class
Zumba	Mon. Wed. Wed or Fri.	7:00 - 8:00 pm 9:30 - 10:30 am 7:00 - 8:00 pm	13 & over	\$20/\$30 \$20/\$30 \$25/\$35	Recreation Center Recreation Center Community Center	4-week
Zumba Toning	Tues. & Thurs. Wed.	9:30 - 10:30 am 7:00 - 8:00 pm	16 & over	\$20/\$30 \$35/\$45	Recreation Center	4-week 8-week
FITNESS SCHEDULE						
Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm	Where: Tamarac Community Center			
Boot Camp	Wed.	7:00 - 8:00 pm	Fee: Residents: \$5, Non-residents: \$6 per class			
Pilates	Mon. & Thurs.	7:00 - 8:00 pm	Residents: \$45, Non-residents: \$54 for 10 classes			
Strength Training Aerobics	Wed.	6:00 - 7:00 pm	Residents: \$132.50, Non-residents: \$198.75 for annual membership			
Weights with Will	Tues.	6:00 - 7:00 pm	Senior Resident: \$106.00, Senior Non-resident: \$149.00 - Annual membership Or purchase 10 class punch card for \$40			
Yoga	Mon. Thurs. Sat.	5:30 - 6:30 pm 7:00 - 8:00 pm 9:00 - 10:00 am				

For more activity information, please call the Tamarac Community Center at 954-597-3620

or the Recreation Center at 954-597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>

SPECIAL EVENTS

Mainlands Park Ground Breaking and Movie in the Park

Join us for the ground breaking of our new east side park. Following the ceremony enjoy a movie in the park in celebration of the City's 50th Anniversary. Hot dogs, popcorn and beverages will be provided.

Where: Mainlands Park, 4500 Monterey Drive

When: Friday, January 25th, 5:00 pm - 8:00 pm

Concert in the Park Featuring the Fabulons & Food Truck Collective

Join us for the sounds of the Fabulons performing a wide variety of music, including Motown, 1950's Doo-Wop, Classic Rock, Disco, R & B, Beach Boys, Beatles and much more. Come hungry, as food trucks will be on site offering a variety of food and snacks for purchase during the evening.

Where: Tamarac Sports Complex

When: Friday, February 22nd, 7:00 pm - 9:00 pm

"Rock All Ages" Concert

Featuring the national band Blood, Sweat and Tears! BS&T has earned multiple gold albums, 10 Grammy nominations and won 3 Grammy awards - including the most prestigious of them all - Album of the Year. The event will also feature the Bon Jovi/Journey Tribute Band, plenty of food trucks, interactive games, rides for the kids, demonstrations and a fabulous fireworks display.

Where: Tamarac Sports Complex

When: Saturday, March 23rd, 4:00 pm - 9:30 pm

Springfest

Event features face painting, bounce houses, games and an egg hunt for ages 10 & under. Find the golden egg and win a prize. Egg hunt starts promptly at 10:00 am. Don't be late and miss the action!!

Where: Tamarac Sports Complex

When: Saturday, March 30th, 10:00 am - 12:00 pm

Fee: Free

Artist of the Month Exhibit

Visit the Tamarac Community Center to view:

January: Jose Luis Galindo, Cultural Diversity

February: African American Display for Black History Month

March: Hy Brownstein, Landscapes

Show Your Talent!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call (954) 597-3635.

Become a Sponsor!

Sponsoring a special event is a great marketing approach to reach your desired audience. By partnering with the City of Tamarac, you get an avenue to promote your business and assist in increasing visibility in the community. Contact the Tamarac Parks and Recreation Department at (954) 597-3632 for more information.



ATHLETIC LEAGUES

A variety of sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information. The athletic fields are available to rent at a nominal fee; contact (954) 597-3620 for more information.

Youth Sports Leagues Phone Number

Little League (954) 720-0301

(www.tamaraclittleleague.com)

Youth Flag Football..... (954) 597-3620

Youth Soccer (954) 597-3620

Youth Basketball..... (954) 597-3620

Girl's Softball (954) 597-3620

Adult Leagues Phone Number

Men's Basketball (954) 597-3620

Co-Ed Softball (954) 597-3620

Men's Softball..... (954) 597-3620

Men's Soccer..... (786) 367-0972

ADULT TRIPS

Register for all trips at the Tamarac Community Center, located at 8601 W Commercial Boulevard, from 8:00 am - 8:00 pm. All bus trips will leave from this location. **For information about any of our trips, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).**

Cornell Museum & Shopping

When: Tuesday, January 29th,
Bus leaves at 9:00 am and returns at 3:30 pm
Fee: Residents: \$20, Non-Residents: \$30

Lake Worth Playhouse: "Drowsy Chaperone"

When: January 31st,
Bus leaves at 4:30 pm and returns at 11:00 pm
Fee: Residents: \$70, Non-Residents: \$80

Broward Center: "Wicked"

When: Thursday, February 7th,
Bus leaves at 5:00 pm and returns at 11:00 pm
Fee: Residents: \$85, Non-Residents: \$95

Bedner's Farm Experience & Dinner

When: Thursday, February 21st,
Bus leaves at 2:00 pm and returns at 6:00 pm
Fee: Residents: \$15, Non-Residents: \$25

Broward Center: "Flashdance"

When: Thursday, March 7th,
Bus leaves at 5:00 pm and returns at 10:00 pm
Fee: Residents: \$65, Non-Residents: \$75

IPIC Theatre

When: Thursday, March 14th,
Bus leaves at 5:00 pm and returns at 10:00 pm
Fee: Residents: \$25, Non-Residents: \$35

Flagler Museum & Testa's Restaurant

When: Tuesday, March 26th,
Bus leaves at 9:00 am and returns at 4:00 pm
Fee: Residents: \$25, Non-Residents: \$35

COACHING...for activities and for life

Florida's parks encourage healthy, active lifestyles as well as social development. Sound bodies and sound minds require physical activity and the chance to experience personal growth. Parks offer a wide range of activities suitable for all ages to get outside and get active - teaching positive lifestyle habits in all areas, from nutrition to physical activities, to sports and life skills. It Starts In Parks.

IT STARTS IN
PARKS
Coaching. Connecting. Community.

SENIOR PROGRAMS

Calling all Seniors! Want live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart healthy shape? Be part of the fun and become a member of the award-winning Tamarac Community Center Senior Program!

With over 40 different activities, programs and services each week, there is truly something for everyone. The Senior Program has over 800 members who participate in activities such as Jazzercise, painting, line dancing, Scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all these activities for only \$25 a year!

The Senior Program is available to seniors ages 55 and up, Monday through Friday, 8:30 am - 4:00 pm. For more information and to check out our program listing, please visit the Community Center at 8601 W. Commercial Blvd., call **(954) 597-3620**, or visit us on the web at **www.tamarac.org**. You can also get updates on the Senior Program through **Twitter** and **Facebook** (join our fan page "Parks and Recreation").

INDULGE YOUR PASSION

Zumba, Bingo, Badminton,
Ballroom Dancing, Volleyball...

STIMULATE YOUR MIND

Scrabble, Dominoes, Mah Jong, Rummikub,
Cards, Computer Classes, Computer Club,
"Battle of the Sexes" Trivia...

ENLIGHTEN YOUR SPIRIT

Happy Hookers (knitting club), Morning Walkers,
Line Dancing...

EXERCISE YOUR BODY

Jazzercise, Yoga, Proactive Arthritis Water Aerobics
Class, Healthy Heart, Chair Yoga, Body Basics,
Stretch & Tone, "Yogalites"...

EXPRESS YOUR CREATIVITY

Creative Writing, Painting



***PLEASE NOTE: Adult Trips are subject to change and/or cancellation, please call to verify dates and times.**



City of Tamarac
7525 N.W. 88th Avenue
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Stay connected with “The City for Your Life”

Attend Workshops and City Commission meetings either in person or via the web.

Check www.tamarac.org for meeting dates and times. While you're there, sign up for notifications about the events and community outreach activities in Tamarac.

