

# TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

## FOCUSED

*on the Future*



Tam-A-Gram is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City.

Reader questions and comments are welcome. Please send your comments to:

**Public Information Office**  
**Attn.: Tam-A-Gram**  
**7525 N.W. 88th Avenue**  
**Tamarac, Florida 33321**

You may also email your comments or questions to the Public Information Office at: [pio@tamarac.org](mailto:pio@tamarac.org). Please include "Tam-A-Gram" in the subject line of your email.

To submit "Life in Tamarac", or "Who Reads Us" pictures, please send **high-resolution** photos to [pio@tamarac.org](mailto:pio@tamarac.org).

Tam-A-Gram, and other City publications, are available online at [www.tamarac.org](http://www.tamarac.org); or for an enhanced viewing/reading experience, visit [www.issuu.com/tamaracflorida](http://www.issuu.com/tamaracflorida).

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*Email: Beth.Talabisco@tamarac.org*
- Harry Dressler, Vice Mayor, District 4  
*Email: Harry.Dressler@tamarac.org*
- Pamela Bushnell, Commissioner, District 1  
*Email: Pamela.Bushnell@tamarac.org*
- Patricia Atkins-Grad, Commissioner, District 2  
*Email: Patte.AtkinsGrad@tamarac.org*
- Diane Glasser, Commissioner, District 3  
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**CITY MANAGER:**

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Elise Boston, Editor

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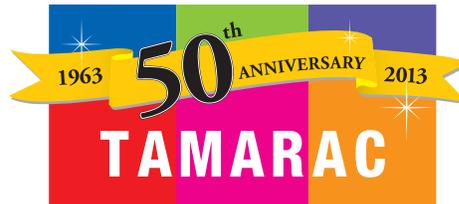
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## IMPORTANT NUMBERS

**MAIN NUMBER (954) 597-3500**  
 ADA Coordinator/Accessibility (954) 597-3505  
 1(800)955-8770 (Voice)  
 1(800)955-8771 (TTY)  
 Citizen Hotline (954) 718-1800  
*(Activated During Emergencies)*  
 Building Services (954) 597-3420  
 Building Inspections  
 Building Permitting and  
 Inspection Results  
 City Clerk's Office (954) 597-3505  
 City Commission (954) 597-3460  
 City Manager's Office (954) 597-3510  
 PIO (Media) (954) 597-3523  
 Community Development (954) 597-3530

Code Compliance (954) 597-3425  
 Business Revenue (954) 597-3536  
 Financial Services (954) 597-3550  
 Purchasing (954) 597-3570  
 Customer Service (954) 597-3590  
 Fire Rescue (Non-Emergency) (954) 597-3800  
 Human Resources (954) 597-3600  
 Job Line (954) 597-3615  
 Risk Management (954) 597-3613  
 Mayor and Commission (954) 597-3460  
 Parks & Recreation (954) 597-3620  
 Community Center (954) 597-3620  
 Caporella Aquatic Center (954) 597-3660  
 Caporella Fitness Center (954) 597-3661  
 Social Services (954) 597-3642

Transit/Shuttle Bus (954) 597-3649  
 Police/BSO Tamarac District  
*(Non-Emergency)* (954) 720-2225  
 Public Works (954) 597-3700  
 Engineering (954) 597-3712  
 Recycling & Trash Hotline (954) 597-3740  
 Utilities (Water) (954) 597-3750  
 Billing Inquiries (954) 597-3590  
 Utilities (leaks, breaks, etc.) (954) 597-3750  
 Water Treatment Plant (954) 597-3775  
*(Also used for 24-hour Utilities emergencies.)*  
**Service Providers:**  
 Waste Management (954) 974-7500  
 Comcast Cable (954) 252-1937  
 Library (Tamarac Branch) (954) 765-1500  
 Post Office (Tamarac Branch) (954) 722-3152  
 Tamarac Theatre (954) 726-7898

# FOCUSED *on the Future*

The business of our City is quite simple: ensuring that we provide the highest levels of service and finest quality of life that our funding will allow, now and in the future. We've come a long way in our first 50 years and the steps we're taking will provide a firm foundation for Tamarac's continued health and sustainability.

- It all starts with a stable financial environment. Fitch, a global financial ratings agency, has affirmed our General Obligation bonds at "AA", saying "this rating reflects the City's strong financial management, robust reserves and manageable carrying costs".
- The City successfully concluded collective bargaining with the IAFF with concessions on both sides. This resulted in a contract and pension changes that will save the City \$660,000 annually over the course of the three-year agreement and still maintain a sustainable pension plan for our firefighters.
- In response to residents' requests for increased police visibility, Tamarac approved a budget that has put five additional police officers on the street.
- Our enhanced Neighborhood Stabilization Program is making home ownership a reality for deserving families, while shoring up our communities.
- Tamarac's Neighborhood Improvement Program or "NIP It", is helping improve



community appearance as well as providing financial assistance to qualified residents.

Those accomplishments improve livability over the short term. Tamarac needs to have processes and infrastructure firmly in place to remain a vibrant community well into the future. We do.

- The City is concluding its study on commercial redevelopment in several key areas.
- Corridor study results will help develop the vision for how our major roadways should look and function in the future.
- We took advantage of market opportunities to aggregate properties for a planned downtown corridor called Tamarac Village. This will be a town center for people to live, work and play, as well as provide an economic engine to help fund City services, minimizing the burden for residents.
- Our ongoing economic development efforts are

beginning to show significant results: a major win will bring 100 new jobs and a \$50 million capital investment into the City. *See details on Page 2.*

Planning for the future involves putting the right people and processes in place, and Tamarac has done just that. The City stood for a week-long organizational review by examiners from the Florida Sterling Council. They'll provide feedback at all levels on ways to improve our approach to doing business. At the exit briefing, the lead examiner referred to Tamarac as a city "that really has world-class potential".

Over 50 years, Tamarac has grown and matured: we started off as a haven for snowbirds and retirees. We're now so much more: a diverse city of 60,000 residents, whose median age is in the mid-forties, as well as home to almost 2,000 businesses. We celebrate the past, but we're focused on the future and ready to achieve our full potential.

# Tamarac Welcomes New BSO Chief

**Captain Neal Glassman** has been appointed the BSO District Chief for the City of Tamarac. With 27 years in law enforcement, his progressive experience in major urban and suburban cities in New York and throughout Broward has prepared him well.

“Neal Glassman was chosen for his strong leadership skills in a variety of environments,” said City Manager Michael Cernech. “As Executive Officer in Deerfield Beach, he implemented a number of innovative programs to better serve the community. We look forward to the fresh perspective and ideas he’ll bring to Tamarac as a member of the City’s Executive Team.”

His priorities very clear: Capt. Glassman plans to tap every available resource in order to maintain the low level of crime in Tamarac.



**Captain Neal Glassman,**  
BSO Tamarac District

“We’ll use grants, where applicable, to increase visibility in the community. And I’ll reach out to residents and businesses, and HOAs and houses of worship

to create new partnerships or strengthen those that already exist.” He added, “Getting people involved makes a huge difference, and I’m not afraid to use new ideas to get that accomplished.”

There are a number of ways to become involved:

- Send email alerts and share information in your neighborhood;
- Call 911 to report questionable activity;
- Become a member of COP (Citizen Observer Patrol), a group made up of local residents who help fight crime by patrolling their community in a BSO-provided vehicle. Anyone wishing to join the BSO-Tamarac COP program should contact Deputy Brad Miller or Deputy Carl Fitzgerald (954) 720-2239.

“For the vitality of this city, residents must feel safe and businesses must know that Tamarac is safe,” said Capt. Glassman. “Everyone can help by being our eyes and ears on the street.”

## ECONOMIC DEVELOPMENT

# Bringing 100 New Jobs to Tamarac

The City has scored a major economic development win: a Venezuelan pharmaceutical company looking to relocate to the United States has chosen Tamarac as its new home. Code named “Project Monodose” due to a confidentiality agreement; the company will bring 100 new jobs and a \$50 million capital investment. The firm had been looking to relocate for six months; Tamarac was in competition with six cities, in and out of Florida. After a meeting in which they heard about Tamarac’s

commitment to streamline the permitting process, the company made the decision to make their new home here the very next day. They are purchasing and renovating a 135,000 square foot building in the Tamarac Commerce Park. Project Monodose will be bringing high skill/high wage jobs which will have a positive ripple effect

on supporting businesses and real estate in our community.



# Free HOA Liaison Seminar

As the first of its quarterly HOA Liaison seminars, the City of Tamarac will sponsor a free forum on legal issues of concern to condominiums, homeowner associations and co-ops. Board members are invited to learn about the legal aspects of such common topics as foreclosures, collections, unauthorized occupants, service animals and more from a representative of Kaye Bender Rembaum, Attorneys at Law.

Tuesday, May 14, 2013  
at 6:00 pm

Tamarac Community Center  
8601 W. Commercial Blvd

For more information,  
contact Angela Bauldree,  
HOA Liaison (954) 597-3539  
or [angelab@tamarac.org](mailto:angelab@tamarac.org).

## FIREFIGHTER OF THE YEAR



Dan Mariano was honored by City officials as Tamarac's 2013 Firefighter of the Year

Firefighter/EMT **Dan Mariano** has been named Tamarac's 2013 Firefighter of the Year, in recognition of his life saving actions while off duty. The unanimous choice of the selection committee, Dan was at the Cooper City Community Center when one of the patrons suffered a cardiac arrest. He quickly took control of the situation: first directing someone to call 911, and then beginning one-rescuer CPR, delivering two shocks from an onsite AED, and starting ventilations. Dan continued to provide patient care, even after BSO Fire Rescue arrived. The patient experienced a "return of spontaneous circulation" at the scene, and has since made a full recovery.

## State of the City

Mayor Beth Talabisco presented the 2013 State of the City address at which she noted Tamarac's accomplishments over its first 50 years and reaffirmed the Commission's dedication to creating a bright future.



View the State of the City  
address in its entirety at  
[www.tamarac.org](http://www.tamarac.org)



# EXPLORE THE CULTURAL ARTS

## Tamarac Theater of Performing Arts *presents*

April 13 thru May 5, 2013

### **Over the River and Through the Woods**

A funny, moving theater experience

June 8 thru June 30, 2013

### **I Do! I Do!**

A musical with Book & Lyrics by  
Tom Jones, Music by Harvey Schmidt

Show Times:

Sat. 2 pm & 8 pm • Sun. 2 pm

7143 Pine Island Road, Tamarac

Tickets: \$25

Reservations, Group Sales call (954) 726-7898 • Buy tickets online at [www.ttopa.org](http://www.ttopa.org) • All credit cards accepted.

## An Intellectual Smorgasbord Lecture Series

*Presented by Beverly Feren*

### **What Do We Owe Our Parents, Siblings, Spouse And Children?**

*Rabbi Michael Gold*

April 4 • 1:30 - 3:00 pm

Single lecture: \$11

### **Arab Spring – The Middle East in Flames**

*Eli Kavon*

April 11 • 1:30 - 3:00 pm

Single lecture: \$11

### **Genetics and Genealogy**

*Emily Schmitt*

April 18 • 1:00 - 2:30 pm

Single lecture: \$11

### **Tales of the Tabloids – Spicy, Unusual and Intriguing Stories of American History**

*Myrna Goldberger*

4 Sessions: April 25, May 2, May 9,  
May 16 • 2:00 - 3:30 pm

Single lecture: \$13

### **Tales of Hollywood & Vine – The Lives and Legends of America's Celluloid Aristocracy**

*Rabbi Kurt Stone*

5 Sessions: May 23, May 30, June 6,  
June 13, June 30 • 1:30 - 3:00 pm

Series: \$57, Single lecture: \$13

### **Understanding the Human Brain and Behavior**

*Dr. Raphael Wald*

3 Sessions: June 27, July 11, July 18

• 1:30 - 3:00 pm

Series: \$33, Single lecture \$13

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### **Thursdays at:**

Temple Beth Torah  
5700 NW 94th Ave.  
Tamarac

*Proceeds benefit the  
Tamarac Theater  
of Performing Arts*

For further information call Beverly (954) 724-1110, Helene (954) 586-4491 or Joan (954) 724-0789

# Share Your Thoughts on Transportation

The Broward Metropolitan Planning Organization (MPO) wants your input on how to build on our transportation assets, identify their shortcomings and recommend actions that will maintain and improve the quality of life in Broward. They'll use this information to determine how best to move people, create jobs and strengthen communities now through the next 25 years. The effort is called Commitment 2040, the Long Range Transportation Plan. Through a series of workshops, the public can engage with MPO staff and share their transportation needs by using real-time polling



to collect ideas and build a world-class transportation system.

Commitment 2040 Workshops will be held throughout Broward in April and May, with the final workshop taking place in Tamarac.

## **Commitment 2040 Workshop**

Wednesday, May 15th

Tamarac Community Center  
8601 W. Commercial Blvd.

## **Open House format:**

4 – 8 pm, with interactive presentations at 4:30 and repeated at 6:30.

*For more information, visit [www.Commitment2040.org](http://www.Commitment2040.org).*



## **Entry Signage Helps Make an Impact**

Recognizing that signage not only provides direction, but helps set the tone for an entire neighborhood, the City of Tamarac is partnering with communities to improve the look of their entrances.

Working with homeowner associations, the City pays for design, installation and appropriate landscaping of the finished product. Once completed, the community's HOA takes over responsibility

for maintenance and electricity to power the sign's lighting.

Woodmont is the first community to participate and, when the project is completed, will have new signage at seven key locations.



Tamarac Police Explorers shared their achievements with the City Commission.

## First Responder Volunteers

Tamarac C.E.R.T. (Community Emergency Response Team) recently graduated 16 residents including Vice Mayor Harry Dressler and Commissioner Pamela Bushnell. The curriculum for the 20-hour program includes Emergency Preparedness, Fire Suppression and Chemistry, Search and Rescue, Fire Psychology, Medical Operations, Terrorism and Incident Command Management. Members also engaged in several hands-on exercises during the course.

C.E.R.T. members attended 57 events in 2012 and logged over 1400 hours of volunteer time.

Contact Van Schoen, program manager, at (954) 597-3805 for

information.

The Tamarac Police Explorers Post presented their annual report to the City Commission, including the accumulation of 4,230 service hours last year. The program provides teens and young adults the opportunity to interact with law enforcement and other community advisors in an atmosphere where students can demonstrate their own initiative. While the Post requires a GPA of at least 3.0, the average for Tamarac's Explorers was 3.6, with some at 4.0 or higher. For more information on the program, contact BSO Deputy Steven Del Sol, (954) 720-2236.



## Let's Move!

Tamarac recently received gold, silver and bronze medals for our work in First Lady Michelle Obama's "Let's Move" initiative to benefit children. Awarded by the National League of Cities, the medals recognize achievements in the area of active kids at play – promoting increased access to physical activity.

## Tamarac Honors MLK Essay Contest Winners

Raising cultural awareness as well as improving writing skills are the goals of the City of Tamarac's student essay contest on the contributions of Dr. Martin Luther King, Jr. Now in its 14th year, the contest helps young people learn about – and then articulate – the way Dr. King's views on equality affected our country.

Seventy-five fourth and fifth graders at Tamarac Elementary submitted their thoughts on "Why I believe Dr. King's vision of racial equality changed America". Vice Mayor Harry Dressler and Commissioner Pam Bushnell presented awards to the top three essayists: fifth graders Channoy Hines and Amely Ruz, and fourth grader Darius Robinson.



The top three writers in Tamarac's 2013 Dr. Martin Luther King, Jr. essay contest for Tamarac Elementary students. (l to r) School Principal Roberta Ray, Channoy Hines (first place), Amely Ruz (second place), Tamarac Commissioner Pam Bushnell, Darius Robinson (third place) and Vice Mayor Harry Dressler.

# Arbor Day Celebration

Tamarac celebrated Arbor Day in the City by handing out seedlings to students at Challenger Elementary. As part of the Fourth Grade Foresters program, the Community Development Department's Frank Zickar talked about the importance of trees, photosynthesis and the greenhouse effect, as well as the care and feeding of their new tree. Live oak seedlings were distributed to 140 students.

Tamarac, certified as a Tree City USA for 20 years, continues to partner with the Fourth Grade Foresters program to help children build their understanding of the critical role trees play in the health of our environment.



In observance of Arbor Day, Frank Zickar of Tamarac's Community Development Department explains how to care for live oak seedlings distributed to fourth graders at Challenger Elementary.

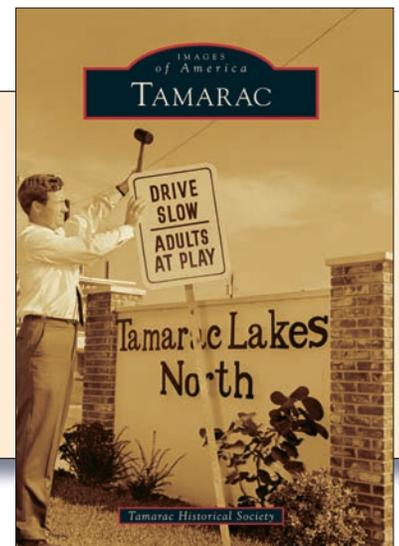
## Tamarac Employees Set United Way Record

Tamarac Commissioners along with a team representing the City's 360 workers present the results of the 2012 employee United Way campaign to organization President/CEO Kathleen Cannon. The \$28,000 figure represents the largest employee donation in the City's history.



## New Book Chronicles City History

In celebration of our 50th anniversary, the Tamarac Historical Society has compiled a visual history of the City, from 1963 to the present. Available in mid-May, the book is priced at \$21.99 and can be ordered in advance by contacting the Historical Society at [history@tamarac.org](mailto:history@tamarac.org).



# Mainlands Park Ground



It was a beautiful day for a ground breaking as ceremonial shovels dug in at the site of Tamarac's new Mainlands Park. What is now 23 acres of vacant land within the Mainlands sections Three & Four subdivisions will be turned into a park for both passive and active enjoyment. Developed with input from residents, plans for the park call for:

- A concrete multi-use trail around the perimeter,
- A fishing pier/observation platform,
- Twelve fitness stations,



# Breaking

- A nature kiosk,
- Picnic tables and shaded benches,
- Water fountains and restroom facilities.

Construction on this, Tamarac's eleventh park, is expected to begin in spring.

Following the speeches and ground breaking, attendees were treated to hot dogs, popcorn and then, under a full moon, an open air screening of the 1963 movie "Charade" – selected because it was released during the same year the City was founded.



# ROCK ALL AGES



# Discovery

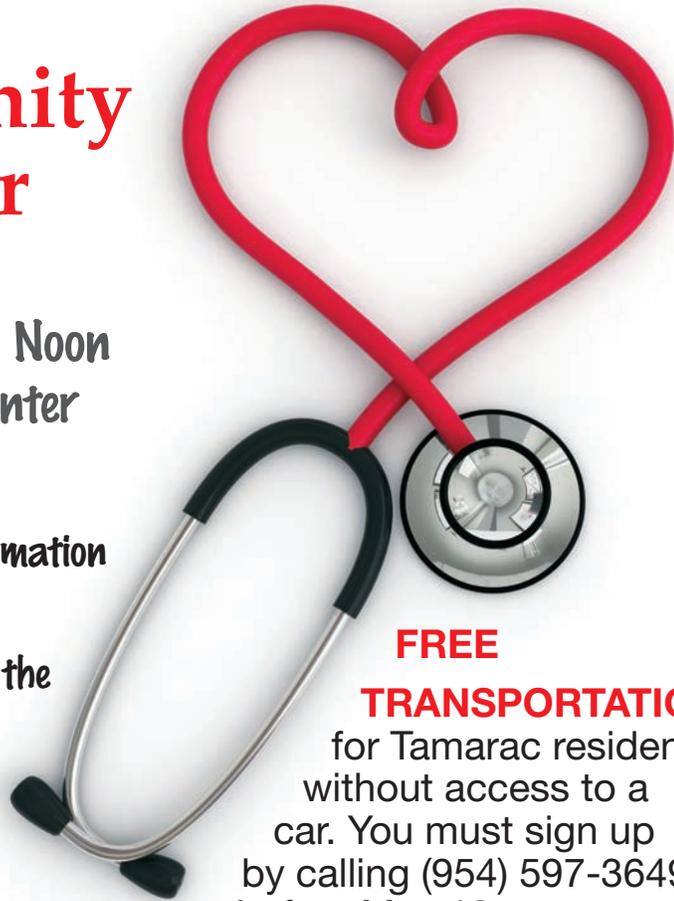
Discover the Benefits of Tamarac Parks and Recreation

## Free Community Health Fair

Saturday, May 18, 9am - Noon  
Tamarac Community Center

Fitness demonstrations, health screenings, education and information on various health topics.

Bring the kids to participate in the Spring Olympics from 9 -11 am and enter a drawing to win prizes including bikes, scooters and skateboards.



**FREE**

**TRANSPORTATION**

for Tamarac residents without access to a car. You must sign up by calling (954) 597-3649 before May 12.

## A Double Dose of Volunteer Excellence

Since 2009, volunteers **Micki Endliss** and **Cory Sadowitz** have been teaching Tamarac's Healthy Living class to help those with chronic illness learn how to deal with the challenges they face. This six-week course is administered in partnership with the Aging and

Disability Resource Center of Broward and requires a significant amount of preparation in addition to the actual class time. Micki and Cory are committed to making lives better for those in need and are completing their sixth series of classes. Thank you both for your dedication.



Cory Sadowitz and Micki Endliss

## WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center. We have a variety of free weights, life fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly noncompetitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street. For more information please contact us at (954) 597-3661 or visit our website at [tamarac.org/parks](http://tamarac.org/parks).

**Personal Weight Training sessions are available by appointment.**

1 person individual session ....	\$40.00
2 person shared session .....	\$25.00 per person
3 person shared session .....	\$20.00 per person

## FACILITY LOCATIONS

**Caporella Aquatics and Wellness Complex**  
9300 NW 58th Street

**Caporella Park**  
5200 Prospect Road

**Gary B Jones Park for People and Pups**  
8101 Southgate Boulevard

**Sunset Point Park**  
11000 McNab Road

**Tamarac Community Center**  
8601 West Commercial Boulevard

**Tamarac Multi-Purpose Center**  
7531 North University Drive

**Tamarac Park Recreation Center**  
7501 North University Drive

**Tamarac Sports Complex**  
9901 NW 77th Street

**Tephford Park**  
10003 Southgate Boulevard

**Veterans Memorial Park**  
7825 Southgate Boulevard

*For more information on any of the programs or activities listed in the Discovery section of the Tam-A-Gram, please contact Tamarac Parks and Recreation at: 954-597-3620. Times and locations may be subject to change without notice.*



## CAPORELLA AQUATIC & WELLNESS CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58th Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq. ft. fitness room, locker rooms, picnic tables, and more.

### POOL HOURS:

**Weekdays:** Pool: 10:00 am – 6:00 pm  
Slide and Sprayground: 2:30 – 6:00 pm

**Saturdays:** Pool, Slide, and Sprayground: 10:00 am – 6:00 pm

**Sundays:** Pool, Slide, and Sprayground: 10:00 am – 4:00 pm

*For Aquatic Center admission fees and rental information, please call 954-597-3660.*

### Lap Swimming

**When:** Monday and Wednesday: 10:00 – 11:00 am

### Proactive Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

**When:** Mondays and Wednesdays, 10:00 – 11:00 am

**Fee:** Senior Program Members: **FREE**  
Non-Senior Program Members: \$2/Class

### Swim Lessons

**Parent Tot:** Ages 3-5

**Tot Only:** Ages 3-5. No parent. Will learn to ask for permission to enter, how to exit, submerging, floating, front kick & arm paddling.

**Level One:** Ages 5 & over. Learn to blow bubbles, front and back float, glide and kick, and front crawl stroke.

**Level Two:** Ages 5 & over. Learn freestyle with breathing, backstroke, and breaststroke.

**Adult Level 1:** Ages 18 & over. Front/back float, basic freestyle, backstroke and endurance.

**When:** Weekday evening classes 2 times per week for 4 weeks or 8 Saturday morning classes

**Fee:** Residents: \$40, Non-residents: \$50

### Water Aerobics

Get a total body workout to improve motor skills, balance, strength and posture. Moderate to high level of cardio will be achieved.

**When:** Monday and Wednesday, 6:00 – 6:45 pm

**Fee:** Residents: \$45, Non-residents: \$55, 8 classes

### Aqua Zumba

Jump into this Latin-inspired, easy to follow, calorie burning dance fitness party.

**When:** Tuesdays, 6:00 – 6:45 pm

**Fee:** Residents: \$15, Non-residents: \$20, 4 week session. Call 954-597-3660 for class dates.



## YOUTH RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 8:00 pm	14 yrs. & over	\$70/\$80	Recreation Center	6-week
Basketball Fundamentals	Wed.	6:00 - 7:00 pm	7 - 13 yrs.	\$30/\$40	Recreation Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 yrs. & over	\$60/\$70	Recreation Center	6-week
Fashionista	Sat.	12:30 - 1:15 pm	5 - 13 yrs.	\$40/\$50	Community Center	4-week
Gymnastics	Tues.	6:00 - 6:45 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Hip Hop/Cheerleading/Tumbling	Sat.	11:00 am - 12:00 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Imagination Mornings	Wed.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
I-Imagine Art	Sat.	11:45 am - 12:30 pm	5 - 12 yrs.	\$40/\$50	Community Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Kids Cooking	Tues.	6:00 - 7:00 pm	7 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Kratfy Kids	Tues.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
"Level 1 & 2 Ballet, Tap & Jazz"	Sat.	10:00 - 11:00 am	3 - 12 yrs.	\$40/\$50	Community Center	4-week
Little Sprouts Cooking	Mon.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Teen Club	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$25/\$35	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tiny Tots Program (includes Imagination Mornings, Kratfy Kids, and Little Sprouts Cooking)	Mon. - Wed.	Times Vary	2 - 4 yrs.	\$45/\$55	Recreation Center	Monthly Membership
Wing Chun	Mon. & Wed.	6:30 - 8:00 pm	10 yrs. & over	\$75/\$85	Recreation Center	4-week

## SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless noted otherwise. Call the Information and Referral line at 954-597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Transportation Program or to inquire about transit, please call 954-597-3649. Schedules for the Red and Yellow Transit Routes are available at [www.tamarac.org](http://www.tamarac.org) and at City facilities.

### PROGRAMS

#### Caregiver Support Group

Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with Jewish Family Services. Please call Susan Panzer at Jewish Family Services for FREE respite for your loved ones so you can attend this meeting; 954-370-2140.

**When:** 1st and 3rd Tuesday of each month, 10:30 am

#### Financial Counseling: Do you need to learn how to manage your finances?

Learn how to budget or use online banking during your one-on-one counseling session with a financial specialist. Also get help applying for federal programs such as Medicaid, Food Stamps, and Cash Assistance. Free for Tamarac residents. Please call 954-720-2485 to set up your free sessions. By appointment only. A partnership with Monarchcare Inc., a non-profit social services agency.

#### Free Spanish Counseling - Consejería en Español

Para adultos que viven en Tamarac.  
Sesiones conducidas por licencia terapeuta  
Por favor llame al Alex Pineda 954-864-4552 para hacer una cita

#### Lower Your Prescription Costs

Start saving today with the City of Tamarac Prescription Discount Card program. Benefits include average savings of 20%, free enrollment, coverage for all family members, and no income requirements. Please call Social Services at 954-597-3642 for locations.

## AEROBIC CYCLING AT TCC

Aerobic cycling is the latest trend to hit the Tamarac Community Center. These stationary bikes are specifically made for a low impact cardiovascular workout that burns calories in a fun way. Certified aerobics instructors guide participants during the workout.

#### Classes are held:

Tuesday, 7:15 – 8:15 pm  
Wednesday, 6:30 – 7:30 pm  
Thursday, 6:00 – 7:00 pm  
Saturday, 10:00 – 11:00 am

Fees for the class are \$5 per class for Tamarac residents and \$6 per class for non-residents. Ten (10) class punch cards are also available at \$40 for residents and \$50 for non-residents. Join in and keep Tamarac fit.

### TRY A WEEK ON US!

Bring this coupon to the Community Center for a FREE TRIAL WEEK of cycling classes!

Valid April 1 – June 30, 2013

Trial week dates must be used consecutively

### SERVICES/GROUPS

All services and groups held at the Tamarac Community Center, 8601 W. Commercial Boulevard / 954-597-3620.

#### Bereavement Support Group

**When:** Every Monday, 10:00 – 11:30 am

#### Center for Communications-Free Amplified Phone

Provides amplified phones and TDDs free of charge to residents of the State of Florida who are deaf and/or hard of hearing. Please call Social Services at 954-597-3642 for information.

**When:** 3rd Wednesday of the month, 10:00 to 11:00 am

#### FREE! 911 Cell Phones for Seniors

Call 954-597-3642 to set up an appointment. **Donations of cell phones are accepted.**

**When:** 2nd Monday of each month, 9:00 am

#### FREE! Blood Pressure Screenings

**When:** 2nd Tuesdays and 3rd Fridays of each month, 11:00 am - 12:00 pm

#### FREE! Eyeglass Repair Program

**When:** Tuesday, 10:00 am - 12:00 pm

#### FREE! Individual Limited Senior Counseling

Please contact Sharon Roseman, LCSW at 954-895-6031 to make an appointment. Short-term counseling only. Tamarac residents only.

#### Hearing Screenings (MAY AND JULY ONLY)

**When:** 2nd Tuesday of each month, 9:00 - 10:45 am

#### Senior Support Group- Get Support for Life Issues

**When:** 2nd and 4th Tuesday of each month, 10:30 - 11:30 am

#### Senior Social

Join us for bagels and coffee and an educational lecture.

**When:** 3rd Tuesday of each month, 11:00 am

#### SHINE Counselor

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: 954-745-9779.

#### TAMARAC Express Shuttle

to Coral Square mall and Super Walmart now available; call Transportation Division for details 954-597-3649.

#### Veterans Advisor (MAY AND JULY ONLY)

**When:** Friday, 8:00 – 11:00 am, no appointment necessary.



## ADULT RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Aerobic Cycling	Tues. Wed. Thur. Sat.	7:15 - 8:15 pm 6:30 - 7:30 pm 6:00 - 7:00 pm 10:00 - 11:00 am	16 & over	\$5/\$6	Community Center	Per Class
Badminton	Mon., Wed. Sat.	6:00 - 9:00 pm 5:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class
Cultural Creations Cooking	Thurs.	6:30 - 8:00 pm	13 & over	\$40/\$50	Recreation Center	4-week
Line Dancing (Beginner)	Thurs.	6:30 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Interm)	Tues.	7:00 - 9:00 pm	18 & over	\$5/\$6	Community Center	Per Class
Line Dancing (Interm)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$40/\$50	Recreation Center	6-week
Pilates & Yogalates	Fri. Sat.	9:00 - 10:00 am 9:30 - 10:30 am	16 & over	\$5/\$6	Recreation Center	Per Class
Pottery Class	Mon.	6:00 - 8:45 pm	16 & over	\$50/\$60	Recreation Center	6-week
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$80/\$90	Recreation Center	4-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class
Tennis Lessons	Sat.	9:00 - 10:00 am	13 & over	\$40/\$50	Sports Complex	4-week
Zumba	Wed & Fri.	7:00 - 8:00 pm	13 & over	\$5/\$6	Community Center	Per Class

### RECREATION CENTER FITNESS SCHEDULE

Total Fitness Training	Tues. & Thurs	6:00 - 7:00 pm				
Zumba Fitness	Mon. Wed.	7:00 - 8:00 pm 9:30 - 10:30 am				
Zumba Toning	Tues. & Thurs. Wed.	9:30 - 10:30 am 7:00 - 8:00 pm				

### COMMUNITY CENTER FITNESS SCHEDULE

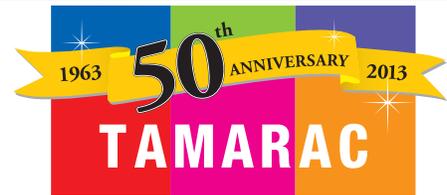
Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm				
Boot Camp	Wed.	7:00 - 8:00 pm				
Kickboxing	Mon.	6:00 - 7:00 pm				
Pilates	Mon. & Thurs.	7:00 - 8:00 pm				
Strength Training Aerobics	Wed.	6:00 - 7:00 pm				
Weights with Will	Tues.	6:00 - 7:00 pm				
Yoga	Mon. Thurs. Sat.	5:30 - 6:30 pm 7:00 - 8:00 pm 9:00 - 10:00 am				

**Where:** Tamarac Recreation Center  
Residents: \$5, Non-residents: \$6 per class

**Fee:** Residents: \$45, Non-residents: \$54 for 10 classes  
Residents: \$132.50, Non-residents: \$198.75 - Annual membership  
Senior Resident: \$106.00, Senior Non-Resident: \$149.00- Annual membership

For more activity information, please call the Tamarac Community Center at 954-597-3620  
or the Recreation Center at 954-597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>

# SPECIAL EVENTS



## Concert In the Park - Featuring U2 Tribute Band & Food Truck Collective

Join us for a "Concert In the Park" featuring the U2 Tribute Band performing your favorite rock hits. Come hungry as food trucks will be on site offering a variety of food and snacks for purchase.

**Where:** Tamarac Sports Complex

**When:** Friday, April 12th, 7:00 – 9:00 pm

**Fee:** Free

## Tri-City Classic Car Parade

The cities of Tamarac, Coral Springs and Parkland have partnered together to offer a Classic Car Parade starting at the Tamarac Community Center and ending at the Parkland Equestrian Center.

**Where:** Starts at the Tamarac Community Center

**When:** Sunday, April 28th, 10:00 am

## Concert on the Green – Colony West Country Club

Join us for a "Concert on the Green" with the classic rock sounds of the Big City Dogs! Bring your family and friends and enjoy live music and Tamarac fresh air! Food will be available for purchase. Event held in partnership with the City of Tamarac and Colony West Country Club.

**Where:** Colony West Country Club, 6800 NW 88th Avenue

**When:** Friday, May 10th, 7:00– 9:00 pm

**Fee:** Free

## Mother's Day Brunch

Join us to help celebrate Mother's Day. Enjoy a special brunch with Mom featuring food, entertainment, games and a gift for all mothers.

**Where:** Tamarac Community Center

**When:** Saturday, May 11th, 11:30 am – 1:00 pm

**Fee:** \$5 per person

## Spring Bash Swim Party

Spring has sprung! Join us for a Swim Party and enjoy swimming, music, free snow cones and a raffle to win pool passes.

**Where:** Caporella Aquatic Center

**When:** Saturday, April 27, 12-4 pm

**Fee:** Children (17 and under) \$3; Adults \$4

## Memorial Day Ceremony

Join us in remembering our Veterans as the City pays tribute to those who gave their lives to protect our freedom. The City of Tamarac Veterans Affairs Committee along with our Mayor and City Commission, invite you to join them on this special holiday. Winners of the "What Memorial Day Means to Me" essay contest will be recognized.

**Where:** Veterans Memorial Park (Located on the corner of Southgate Blvd. & University Dr.)

**When:** Monday, May 27th, 10:30 am

## Father's Day Fishing Tournament

Grab your fishing poles and bait and enjoy a day of fishing with your family. Price includes a gift for dad and lunch. Fishing starts promptly at 9:00 am.

**Where:** Tamarac Sports Complex

**When:** Saturday, June 15th, 9:00 am – 12:30 pm

**Fee:** \$5 per person

## Senior Lunch with Uncle Sam and Betsy Ross

Enjoy an all American lunch with special hosts Uncle Sam and Betsy Ross. Food will be served while enjoying music and dancing. Get your tickets in advance at the Tamarac Community Center (space limited to the first 200 seniors).

**Where:** Tamarac Community Center

**When:** Thursday, June 27th, 12:00 pm

**Fee:** \$5 per person

## Artist of the Month Exhibit

Visit the Tamarac Community Center to view:

**April:** Jose Luis Galindo, "Food for Thought" (Photography)

**May:** Challenger Elementary, Young Artist Exhibition, Reception – May 6th

**June:** Tina Bayne, "Family and Friends"

## Show Your Talent!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call 954-597-3635.

## Become a Sponsor!

Sponsoring a special event is a great marketing approach to reach your desired audience. By partnering with the City of Tamarac, we will provide you with an avenue to promote your business and assist in increasing visibility in the community. Contact the Tamarac Parks and Recreation Department at 954-597-3632 for more information.

## ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information. The athletic fields are available to rent at a nominal fee. Contact 954-597-3620 for more information.

### YOUTH SPORTS LEAGUES ..... Phone Number

Little League .....	(954) 720-0301
(www.tamaraclittleleague.com)	
Youth Football/Cheerleading .....	(954) 721-5131
Youth Flag Football .....	(954) 597-3620
Youth Soccer .....	(954) 597-3620
Youth Basketball .....	(954) 597-3620
Girl's Softball .....	(954) 597-3620

### ADULT LEAGUES ..... Phone Number

Men's Basketball.....	(954) 597-3620
Co-Ed Softball .....	(954) 597-3620
Men's Softball .....	(954) 597-3620
Men's Soccer .....	(786) 367-0972

## ADULT TRIPS

Register for all trips at the Tamarac Community Center located at 8601 W Commercial Boulevard from 8:00 am - 8:00 pm. All bus trips will leave from this location. **For information, call 954-597-3620. Trips are subject to cancellation.** No refunds one month prior to trip date (no exceptions).

### **Broward Center: The Addams Family**

**When:** Thursday, April 11th  
Bus leaves at 5:00 pm and returns at 11:00 pm  
**Fee:** Residents: \$60, Non-Residents: \$70

### **Kravis Center: Priscilla, Queen of the Desert**

**When:** Thursday, April 25th  
Bus leaves at 4:30 pm and returns at 11:00 pm  
**Fee:** Residents: \$65, Non-Residents: \$75

### **Broward Center: War Horse**

**When:** Thursday, May 9th  
Bus leaves at 5:30 pm and returns at 11:00 pm  
**Fee:** Residents: \$75, Non-Residents: \$85

### **Fort Lauderdale Antique Car Museum**

**When:** Tuesday, May 28th  
Bus leaves at 9:30 am and returns at 3:30 pm  
**Fee:** Residents: \$20, Non-Residents: \$30

### **Dinner and a Movie**

**When:** Thursday, June 13th  
Bus leaves at 5:00 pm and returns at 10:00 pm  
**Fee:** Residents: \$20, Non-Residents: \$30

### **Fort Lauderdale Museum of Science & Discovery and IMAX**

**When:** Tuesday, June 25th  
Bus leaves at 9:30 am and returns at 3:30 pm  
**Fee:** Residents: \$25, Non-Residents: \$35



**\*PLEASE NOTE: Adult Trips are subject to change and/or cancellation, please call to verify dates and times.**

## CONNECTING... to our environment and our history

Florida's parks are key to connecting with our natural and historic treasures in order to preserve them. Connecting to everything around us and to each other, we learn to value our environment, our heritage, and our place in the world. We grow in awareness of our responsibility to protect and cherish these things through green practices and gentle use increasing our desire to conserve what we enjoy today for future generations. It Starts In Parks.

IT STARTS IN  
**PARKS**  
Coaching. Connecting. Community.

## SENIOR PROGRAMS

**Calling all Seniors!** Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart healthy shape? Be part of the fun and become a member of the award winning Tamarac Community Center Senior Program!

With over 40 different activities, programs and services per week, there is truly something for everyone. The Senior Program has over 800 members who participate in activities such as Jazzercise, painting, line dancing, scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all these activities for \$25 a year!

The Senior Program is available to seniors ages 55 and over from Monday through Friday, 8:30 am - 4:00 pm. For more information and to check out our program listing, please visit the Community Center located at 8601 W. Commercial Blvd., or call **954-597-3620**, or visit us on the web at **www.tamarac.org**. You can also get updates on the Senior Program through **Twitter** and **Facebook** (join our fan page "Parks and Recreation"). Membership renewals start October 1st.

### **INDULGE YOUR PASSION**

Zumba, Bingo, Badminton,  
Ballroom Dancing, Volleyball...

### **STIMULATE YOUR MIND**

Scrabble, Dominoes, Mah Jong, Rummikub, Cards,  
Computer Classes, Computer Club,  
Battle of the Sexes Trivia...

### **ENLIGHTEN YOUR SPIRIT**

Happy Hookers (knitting club), Morning Walkers,  
Line Dancing...

### **EXERCISE YOUR BODY**

Jazzercise, Yoga, Proactive Arthritis Water Aerobics  
Class, Healthy Heart, Chair Yoga, Body Basics,  
Stretch & Tone, Yogalites...

### **EXPRESS YOUR CREATIVITY**

Creative Writing, Painting



**City of Tamarac**  
7525 N.W. 88th Avenue  
Tamarac, Florida 33321-2401

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# Need to know? Then stay connected.

Go to [www.tamarac.org](http://www.tamarac.org) and hit the "Notify Me" button to sign up for:

- *New* online newsletter
- Updates in programs and services
- Job postings
- Bid postings
- Newsflash

Keep up with the business of the City through Commission workshops and meetings. While we'd love to see you in the audience, you can now "attend" via the internet. Check the City website for meeting dates and times.

