

# TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

October / November / December 2013



**SERVICE EXCELLENCE:** It's what moves us.

Tam-A-Gram is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City.

Reader questions and comments are welcome. Please send your comments to:

**Public Information Office**  
Attn.: Tam-A-Gram  
7525 N.W. 88th Avenue  
Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at: [pio@tamarac.org](mailto:pio@tamarac.org). Please include "Tam-A-Gram" in the subject line of your email.

To submit "Life in Tamarac", or "Who Reads Us" pictures, please send **high-resolution** photos to [pio@tamarac.org](mailto:pio@tamarac.org).

Tam-A-Gram, and other City publications, are available online at [www.tamarac.org](http://www.tamarac.org); or for an enhanced viewing/reading experience, visit [www.issuu.com/tamaracflorida](http://www.issuu.com/tamaracflorida).

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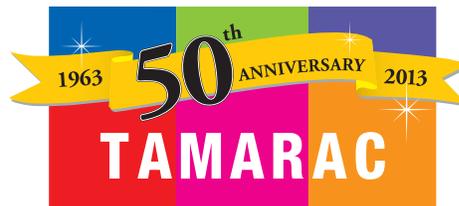
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## IMPORTANT NUMBERS

**MAIN NUMBER (954) 597-3500**  
ADA Coordinator/Accessibility (954) 597-3505  
1(800)955-8770 (Voice)  
1(800)955-8771 (TTY)  
Citizen Hotline (954) 718-1800  
(Activated During Emergencies)  
Building Services (954) 597-3420  
Building Inspections  
Building Permitting and Inspection Results  
City Clerk's Office (954) 597-3505  
City Commission (954) 597-3460  
City Manager's Office (954) 597-3510  
PIO (Media) (954) 597-3523  
Community Development (954) 597-3530

Code Compliance (954) 597-3425  
Business Revenue (954) 597-3536  
Financial Services (954) 597-3550  
Purchasing (954) 597-3570  
Customer Service (954) 597-3590  
Fire Rescue (Non-Emergency) (954) 597-3800  
Human Resources (954) 597-3600  
Job Line (954) 597-3615  
Risk Management (954) 597-3613  
Mayor and Commission (954) 597-3460  
Parks & Recreation (954) 597-3620  
Community Center (954) 597-3620  
Caporella Aquatic Center (954) 597-3660  
Caporella Fitness Center (954) 597-3661  
Social Services (954) 597-3642

Transit/Shuttle Bus (954) 597-3649  
Police/BSO Tamarac District (Non-Emergency) (954) 720-2225  
Public Works (954) 597-3700  
Engineering (954) 597-3712  
Recycling & Trash Hotline (954) 597-3740  
Utilities (Water) (954) 597-3750  
Billing Inquiries (954) 597-3590  
Utilities (leaks, breaks, etc.) (954) 597-3750  
Water Treatment Plant (954) 597-3775  
(Also used for afterhours Utilities emergencies.)  
**Service Providers:**  
Waste Management (954) 974-7500  
Comcast Cable (954) 252-1937  
Library (Tamarac Branch) (954) 765-1500  
Post Office (Tamarac Branch) (954) 722-3152

# CITY MANAGER'S *Message*

From time to time, I use this space to share my perspective on matters affecting our City. I am extremely proud to share the news that Tamarac has been named to the Palladium Balanced Scorecard Hall of Fame for Executing Strategy. The award recognizes organizations *around the world* that achieve breakthrough results; it's the gold standard of performance management. This puts us in the ranks of incredibly successful organizations like DuPont and Motorola and makes Tamarac only the third city in the award's 13-year history to receive this recognition. While this is a tremendous honor, what's really important is that it reflects our culture of management by data, employee empowerment and accountability to the people we serve.



Tamarac City Manager Michael Cernech

The award focuses attention on what our employees do best: service delivery. Tamarac is a high performance organization; from our executive team to employees in the field, each person knows what's necessary to keep the City operating at peak levels.

You'll see that in some of the things we share in this issue of Tam-A-Gram: the use of technology to streamline processes and make building permitting paperless; the increased focus on code compliance to improve community appearance; the excellence in performance that is not only recognized nationally, it has opened up new revenue streams for the City.

And, you'll continue to see that each and every day in the parks and on the streets of Tamarac.

We really do have a lot to be proud of -- our diverse population spans the generations, our finances are sound and the business community is experiencing renewed growth. While worldwide recognition for our achievements is humbling, our singular focus remains on accomplishing all of the things that will help Tamarac continue to be *The City for Your Life*.

*Michael C. Cernech*

City Manager

# A Model for the Business of Service

The primary purpose of the City of Tamarac staff is to serve the needs of the City, effectively and efficiently. Once their service satisfaction levels reach a consistent 95% or higher, it's pretty safe to say they've achieved that goal. And so, we set expanded goals. The new economy requires that we optimize wherever possible, not only servicing internal clients but finding ways to build revenue from the existing sets of skills.

Among those goals: capitalizing on the opportunity to develop a new revenue stream by providing the services we excel at to other cities – cities that would normally use private contractors. That's just what several departments in Tamarac are now doing.

The City's Information Technology (IT) department has been hired by the Town of Southwest Ranches to oversee the operation of their entire technology environment. Tamarac staff has built a new network server and telephone infrastructure to provide increased capacity and service reliability to expedite that city's operations. The system has been configured to support remote monitoring and management, allowing Tamarac to serve as their virtual IT department.

Tamarac has already developed strategic partnerships with other cities; extending web based "open government" solutions to Lauderdale Lakes and Dania Beach. We lease customized versions of



the systems developed for our own use to provide public access to all elected officials' disclosures – even online payments for lobbyist registrations. But technology isn't the only area in which we excel.

Our Fleet Services division is generating revenue by providing quality, cost-effective vehicle maintenance services to other municipalities. Tamarac was first approached by the City of North Lauderdale to provide maintenance services for their fire trucks. After eight months of outstanding performance, they hired Tamarac to provide maintenance services for their city's entire fleet of vehicles.

What the employees of Tamarac do best is deliver service – for the residents and businesses of the City and, when it makes sense, for other cities as well.

## Increasing Inspection Efficiency

The increased use of technology is helping to improve the effectiveness of the City's various inspectors. The "iPads for inspectors" initiative enables the direct input of information into Tamarac's database, allowing for immediate updates to the system. Formerly on laptops, building inspectors now use a

special app on their iPads which lists inspections needed, and provides a map of the location as well as directions. This new practice will help complete the City's Electronic Plan Review process -- which eliminates the use of paper – expected to be fully implemented in 2014.

The app itself normally costs

\$10,000, but since Tamarac is considered an "early adopter" agency, the vendor supplied it for free.

Building inspectors are the first to use the technology in their work. In just a few months, inspectors from Planning & Zoning and Fire Rescue will also be on the new system.

# EPlan Review Saves Time, Money and Trees



Tamarac is putting the finishing touches on its new Electronic Plan Review system or EPlan, another step in the City's continuing effort to use technology to streamline processes. EPlan is a document workflow solution that lets residents, contractors and City staff handle the construction plans submission, review and approval process online, making building permitting relatively painless. Electronic submission allows staff to review plans concurrently, cutting plan review turnaround time in half.

The process itself is simple: a contractor can submit the scanned permit application, paperwork and plans for any permit via Tamarac's website and upload it into the EPlan system. The technology is available in most offices; but if it isn't, an office supply store can scan the information and save it on a disk for the City to upload. Or, for a nominal fee the City will scan and upload the paperwork.

Residents will need to come in to the Building department personally in order to provide documentation of proof of ownership of the property. They, too, can bring the required permit paperwork on a disk for uploading or have it done by the department for a small charge.

EPlan will:

- Reduce plan review time by 50%
- Allow access 24 hours a day/7 days a week
- Provide real-time access to review comments during processing
- Reduce printing, travel and shipping costs
- Enable you to print as many copies of the plan as you need
- Allow for concurrent plan review by staff from Building, Engineering, Fire, and Planning and Zoning

EPlan saves money and the environment. It's estimated that a city like Tamarac that issues approximately 6,000 permits a year could save up to:

- 120,000 miles driven and 6,000 gallons of gas
- 5,815 lbs. of carbon monoxide emissions
- \$2,100 in fuel costs
- 4,800 hours of drive time
- 24 tons of paper (equal to 60 trees)

The EPlan system will be tested over the next few months, with the full rollout planned for first quarter 2014.

# Congressman Hastings Tours Tamarac



City Manager Michael Cernech describes plans for the Tamarac Village downtown development to U.S. Representative Alcee Hastings during his recent visit and tour of the City.

## Fire Hydrant Testing

The annual testing of City fire hydrants will run through the month of October. The inspection involves checking the 2,007 hydrants throughout Tamarac for any damage or problems that might hamper firefighters during emergency operations. *Residents who see*

*a flowing or leaking hydrant during this time do not need to contact the City to report it unless there is a sustained stream of water lasting longer than 24 hours. To report leaking hydrants please contact the Utilities department (954) 597-3750 or Fire administration (954) 597-3800.*



# Collaborative Compliance Project Gets Results

Tamarac's first comprehensive code compliance effort in concert with a homeowners' association has proven to be a tremendous success. Operation NIP It, part of the Neighborhood Improvement Program, was conducted at Tamarac Lakes I and II. According to HOA President Charlie Cox, the community had numerous driveways that needed to be sealed, bushes that needed trimming and roofs that needed

painting, but they couldn't get residents to cooperate.

"We got Code Enforcement here, they sent notices to homeowners and all of a sudden, the homeowners went out and got it done," said Mr. Cox. "We had an over 80% success rate." As to what advice he would give to other HOAs experiencing compliance issues, Mr. Cox said, "Get Code to come over; it worked here!"

## Stormwater Utility Management Fees

The Tamarac City Commission has approved a resolution to place the Stormwater Utility Management Fee Assessment on the property tax bill for collection. The Assessment appeared on the Truth-In-Millage (TRIM) notice distributed in August. This is the notice sent each year by the Broward County Property Appraiser which identifies the proposed taxes and non-ad valorem special assessments that will appear

on the November bill.

Currently, the City charges its Stormwater Utility Management Fee via the water bill, or in some cases on a separate bill, on a monthly basis. This fee will remain in place; it is only the method of collection which is changing.

Beginning November 1, 2013, Stormwater Utility Management Fees will no longer appear on the water bill. They will be transitioned to the annual tax bill as a special assessment,

effective October 1, 2013.

However, since water usage is billed in arrears, a prorated amount of the Stormwater Fee for usage in September will appear on water bills through October 31.

*For additional information, please go to Frequently Asked Questions – Stormwater Utility Management Fee Assessments - on the City of Tamarac's website, [www.tamarac.org](http://www.tamarac.org).*

# Fleet Services Among the Top in the Nation

The national publication Fleet Magazine has recognized Tamarac's fleet management program as one of the top 100 in North America. In fact, they were ranked 29th! The employees who make sure the cars, buses, trucks and all of the other vehicles used to service the City are kept in optimal condition were honored for peak performance in areas such as accountability, efficiency, cost of service and use of resources.

Big deal. Well, yes, actually it is. Not only has staff improved the level of service they provide internally, they've developed a revenue center by



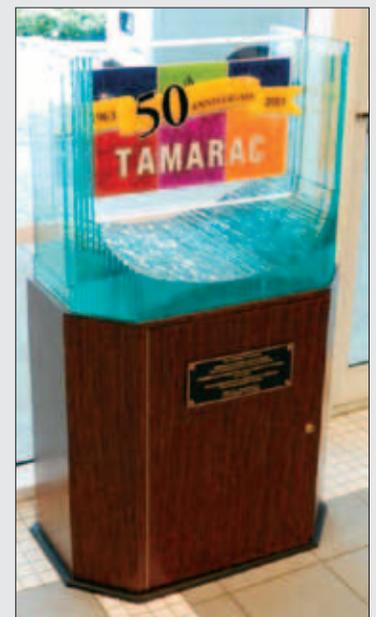
providing quality, cost-effective service to other municipalities. The division excels in a number of ways: winning two fleet maintenance contracts against larger, private providers which resulted in a new revenue stream for the City; leading in management practices and environmental stewardship, and maintaining a customer satisfaction rate at/or above 95%.

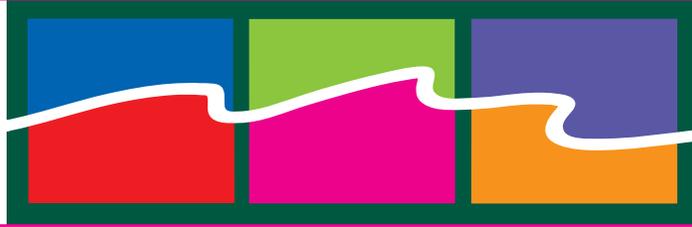
There are more than 38,000 public fleets in North America. Last year, the first in which the City participated in the recognition program, the division was ranked an outstanding 46th. In 2013, they broke into the top 30. Congratulations.

## Time Capsule Dedication

The City's 50th anniversary time capsule is now on permanent display at the Tamarac Community Center. Donated by the Tamarac Historical Society, the capsule contains a wide variety of items placed for posterity including: the Historical Society's book, "Images of Tamarac", photos from the Mainlands Park groundbreaking, tee shirts from City schools including Tamarac and Challenger elementaries and Millennium Middle, a newspaper from

King's Point, a million year old fossil shell discovered at the site of the City lift station on Southgate Blvd. and mementos from the 50th anniversary including a video and the special issue of Tam-A-Gram.





# Join Taste of Tamarac's 10th Anniversary Celebration

Join the Greater Tamarac Chamber of Commerce on Saturday, October 26th from 11:30 am - 3:00 pm at the Tamarac Community Center for the tenth annual Taste of Tamarac. Cooking demonstrations and live music have been added to the festivities, and now discounted tickets will be available for purchase online. There will also be a Halloween-themed children's area sponsored by Waste Management. Drop by their table to learn about recycling efforts in our community and to instantly register for Recyclebank, Tamarac's online recycling rewards



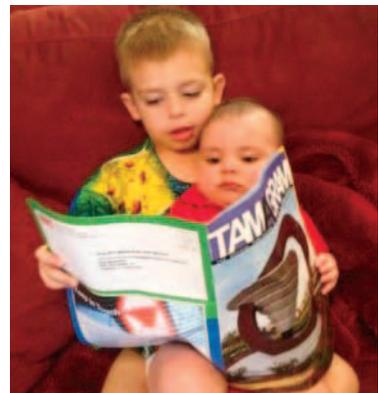
program. Recyclebank gives residents money saving deals and discounts to local and national businesses, just for recycling.

Bring your family, Halloween costume and your appetite! For more information or to purchase tickets visit [www.tasteoftamarac.com](http://www.tasteoftamarac.com).



Tamarac resident Andrew Koelle says he caught this 12.5 pound bullseye snakehead in the lake at Heathgate Sunflower. A student at Calvary Christian Academy, 15-year-old Andrew has lived in the City his entire life.

Among Tam-A-Gram's youngest readers are three-year old Anthony Howell and his four-month old brother Mason. Their mother, Heather Morgenstern, says Anthony is learning how to read and thought it would be fun to practice reading the magazine to his baby brother.



It's never too early to keep up with what's happening in *The City for Your Life!*

# Life in TAMARAC





# Tamarac Unveils 9/11 Memorial



On the twelfth anniversary of the attacks, the City dedicated a striking memorial to the victims of 9/11. Designed by the Public Art Committee, the artfully lit piece was installed at City Hall, next to the entrance to the Commission Chambers. It combines steel from the Twin Towers and the simple statement “We remember September 11, 2001.”

# Discovery

Discover the Benefits of Tamarac Parks and Recreation



## It starts in parks.

"It Starts In Parks" is an initiative of the Florida Recreation and Park Association intended to better position parks and recreation in the future to be recognized and supported for the important benefits and services provided by the profession to citizens of, and visitors to, the State of Florida. The intended outcome of the initiative is that people in the State of Florida will know, value, and support the profession of parks and recreation.

## Tamarac Parks and Recreation e-Newsletter

The Parks & Recreation department now has a monthly e-Newsletter! P&R e-News highlights department happenings including events, trips, classes and services.

To have P&R e-News delivered monthly to your inbox send an email to:

**Tamarac.Parks@tamarac.org**  
and put  
"ADD me to the e-Newsletter"  
in the subject line.

## Volunteer of the Quarter

Olive Smith is a "one of a kind" volunteer. She has been volunteering with Tamarac for seven years during which time she has been an essential part of the planning, decorating, and hosting of numerous senior parties. Olive looks for shopping deals on event supplies to help save money; she has helped find vendors for food and has even

brought samples for staff to try for future events. Staff refers to Olive as "their right hand lady" for her support and dedication. Olive also helps out with other events such as the yearly Taste of Tamarac, the Health Fair and many more. She cares about her community and her hard work is very much appreciated. Thank you Olive!



Olive Smith

## WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center. We have a variety of free weights, Life Fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly non-competitive work out environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street or contact us at (954) 597-3661 or visit our website at [www.tamarac.org/parks](http://www.tamarac.org/parks).

**Personal Weight Training sessions are available by appointment.**

1 person individual session ....	\$40.00
2 person shared session .....	\$25.00 per person
3 person shared session .....	\$20.00 per person

## FACILITY LOCATIONS

**Caporella Aquatics and Wellness Complex**  
9300 NW 58th Street

**Caporella Park**  
5200 Prospect Road

**Gary B Jones Park for People and Pups**  
8101 Southgate Boulevard

**Sunset Point Park**  
11000 McNab Road

**Tamarac Community Center**  
8601 West Commercial Boulevard

**Tamarac Multi-Purpose Center**  
7531 North University Drive

**Tamarac Park Recreation Center**  
7501 North University Drive

**Tamarac Sports Complex**  
9901 NW 77th Street

**Tephford Park**  
10003 Southgate Boulevard

**Veterans Memorial Park**  
7825 Southgate Boulevard

*For more information on any of the programs or activities listed in the Discovery section of the Tam-A-Gram, please contact Tamarac Parks and Recreation at: (954) 597-3620. Times and locations may be subject to change without notice.*



## CAPORELLA AQUATIC & WELLNESS CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58th Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq. ft. fitness room, locker rooms, picnic tables, and more.

### POOL HOURS:

**Weekdays:** Pool: 10:00 am – 6:00 pm  
Slide and Sprayground: 2:30 – 6:00 pm  
**Saturdays:** Pool, Slide, and Sprayground: 10:00 am – 6:00 pm  
**Sundays:** Pool, Slide, and Sprayground: 10:00 am – 4:00 pm  
**Pool closed:** Months of December, January, and February

*For Aquatic Center admission fees and rental information, please call (954) 597-3660.*

### Lap Swimming

**When:** Monday and Wednesday: 10:00 – 11:00 am

### Proactive Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

**When:** Mondays and Wednesdays, 10:00 – 11:00 am

**Fee:** Senior Program Members: **FREE**  
Non-Senior Program Members: \$2/Class

### Swim Lessons

**Parent Tot:** Ages 3-5

**Tot Only:** Ages 3-5. No parent. Will learn to ask for permission to enter, how to exit, submerging, floating, front kick & arm paddling.

**Level One:** Ages 5 & over. Learn to blow bubbles, front and back float, glide and kick, and front crawl stroke.

**Level Two:** Ages 5 & over. Learn freestyle with breathing, backstroke, and breaststroke.

**Adult Level 1:** Ages 18 & over. Front/back float, basic freestyle, backstroke and endurance.

**When:** Call for days and times

**Fee:** Residents: \$40, Non-residents: \$50

### Water Aerobics

Get a total body workout to improve motor skills, balance, strength, and posture. Moderate to high level of cardio will be achieved.

**When:** Monday and Wednesday, 6:00 pm – 6:45 pm

**Fee:** Residents: \$45, Non-residents: \$55, 8 classes

### Aqua Zumba

Jump into this Latin-inspired, easy to follow, calorie burning aquatic dance fitness party.

**When:** Thursdays, 6:00 pm – 6:45 pm

**Fee:** Residents: \$15, Non-residents: \$20, 4 week session. Call (954) 597-3660 for class dates.



## YOUTH RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 8:00 pm	14 yrs. & over	\$70/\$80	Recreation Center	6-week
Basketball Fundamentals	Wed.	6:00 - 7:00 pm	7 - 13 yrs.	\$30/\$40	Recreation Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 yrs. & over	\$60/\$70	Recreation Center	6-week
Fashionista	Sat.	12:30 - 1:15 pm	5 - 13 yrs.	\$40/\$50	Community Center	4-week
Gymnastics	Tues.	6:00 - 6:45 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Hip Hop/Cheerleading/Tumbling	Sat.	11:00 am - 12:00 pm	5 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Imagination Mornings	Wed.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
I-Imagine Art	Sat.	11:45 am - 12:30 pm	5 - 12 yrs.	\$40/\$50	Community Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Kids Cooking	Tues.	6:00 - 7:00 pm	7 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Kratfy Kids	Tues.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
Level 1 & 2 Ballet, Tap & Jazz	Sat.	10:00 - 11:00 am	3 - 12 yrs.	\$40/\$50	Community Center	4-week
Little Sprouts Cooking	Mon.	10:30 - 11:15 am	2 - 4 yrs.	\$20/\$30	Recreation Center	4-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Teen Club	Thurs.	7:00 -8:00 pm	12 - 17 yrs.	\$25/\$35	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tiny Tots Program (includes Imagination Mornings, Kratfy Kids, and Little Sprouts Cooking)	Mon. - Wed.	Times Vary	2 - 4 yrs.	\$45/\$55	Recreation Center	Monthly Membership
Wing Chun	Mon. & Wed.	6:30 - 8:00 pm	10 yrs. & over	\$80/\$90	Recreation Center	4-week

## SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless noted otherwise. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Transportation Program or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Red Extension (formerly Yellow) routes are available at [www.tamarac.org](http://www.tamarac.org), on the buses and at City facilities.

### PROGRAMS

#### Caregiver Support Group

Are you a full time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with Jewish Family Services. Please call Susan Panzer at Jewish Family Services for FREE respite for your loved ones so you can attend this meeting at (954) 370-2140.

**When:** 1st and 3rd Tuesday of each month,  
10:00 am – 12:00 pm

#### Financial Counseling: Do you need to learn how to manage your finances?

Learn how to budget or use online banking during your one-on-one counseling session with a financial specialist. Also get assistance with applying for federal programs such as Medicaid, Food Stamps, and Cash Assistance. Free for Tamarac residents. Please call (954) 720-2485 to set up your free sessions. By appointment only. A partnership with Monarchcare Inc., a non-profit social services agency.

#### FREE Flu Shots for Tamarac residents

Please call for more details at (954) 597-3642.

#### Lower Your Prescription Costs

Start saving today with the City of Tamarac Prescription Discount Card program. Benefits include an average savings of 20%, free enrollment, coverage for all family members, and no income requirements. Please call Social Services at (954) 597-3642 for locations.

## DID YOU KNOW?

Effective October 1, 2013, the City of Tamarac and Broward County Transit have modified the Red and Red Extension (formerly Yellow) routes. This community bus service will increase the number of destinations and connections that can be reached through public transit. Destinations along the Tamarac routes include the Tamarac Community Center, Sections 11, 12, 13, Sands Point, Aldi Market, Winn-Dixie, Broward Meat Market, Bermuda Club, Shaker Village, Sable Palm, Mainlands, Sunshine Plaza, Midway Plaza, Super Wal-Mart, Veteran's Outpatient Clinic and surrounding neighborhood. Timetables are available on the buses, at City facilities or online at [www.tamarac.org](http://www.tamarac.org).

### SERVICES/GROUPS

All services and groups held at the Tamarac Community Center, 8601 W. Commercial Boulevard / (954) 597-3620.

#### Bereavement Support Group

**When:** Every Monday,  
10:30 – 11:30 am

#### Center for Communications - Free Amplified Phone

Provides amplified phones and TDDs free of charge to residents of the State of Florida who are deaf and/or hard of hearing. Please call Social Services at (954) 597-3642 for information.

**When:** 3rd Wednesday of the month,  
10:00 to 11:00 am

#### FREE 911 Cell Phones for Seniors

Call (954) 597-3642 to set up an appointment.

**Donations of cell phones are accepted.**

**When:** 2nd Monday of each month,  
9:00 am

#### FREE Blood Pressure Screenings

**When:** Friday, October 18th; Tuesday, November 19th;  
Friday, December 20th,  
11:00 am – 12:00 pm

#### FREE Eyeglass Repair Program

**When:** Tuesday,  
10:00 am – 12:00 pm

#### Hearing Screenings

**When:** 2nd Tuesday of each month,  
9:00 - 10:45 am

#### Senior Social

Join us for bagels and coffee and an educational lecture.

**When:** 3rd Tuesday of each month,  
11:00 am

#### SHINE Counselor

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

#### Veterans Advisor

**When:** Friday,  
8:00 – 11:00 am, no appointment necessary.



## ADULT RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Aerobic Cycling	Tues. Wed. Thurs. Sat.	7:15 - 8:15 pm 6:30 - 7:30 pm 6:00 - 7:00 pm 10:00 - 11:00 am	16 & over	\$5/\$6	Community Center	Per Class
Badminton	Mon., Wed. Sat.	6:00 - 9:00 pm 5:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class
Cultural Creations Cooking	Thurs.	6:30 - 8:00 pm	13 & over	\$40/\$50	Recreation Center	4-week
Line Dancing (Beginner)	Thurs.	6:30 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Interm)	Tues.	7:00 - 9:00 pm	18 & over	\$5/\$6	Community Center	Per Class
Line Dancing (Interm)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$40/\$50	Recreation Center	6-week
Pilates & Yogalates	Sat.	9:30 - 10:30 am	16 & over	\$5/\$6	Recreation Center	Per Class
Pottery Studio	Thurs.	6:00 - 8:30 pm	16 & over	\$50/\$60	Recreation Center	6-week
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$80/\$90	Recreation Center	4-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class
Tennis Lessons	Sat.	9:00 - 10:00 am	13 & over	\$40/\$50	Sports Complex	4-week
Zumba	Wed & Fri.	7:00 - 8:00 pm	13 & over	\$25/\$35 \$32/\$42 \$35/\$45	Community Center	4 Classes 6 Classes 8 Classes
<b>RECREATION CENTER FITNESS SCHEDULE</b>						
Total Fitness Training	Tues. & Thurs	6:00 - 7:00 pm				
Zumba Fitness	Mon. Wed.	7:00 - 8:00 pm 9:30 - 10:30 am				
Zumba Toning	Tues. & Thurs. Wed.	9:30 - 10:30 am 7:00 - 8:00 pm				
<b>COMMUNITY CENTER FITNESS SCHEDULE</b>						
Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm				
Boot Camp	Wed.	7:00 - 8:00 pm				
Kickboxing	Mon.	6:15 - 7:15 pm				
Pilates	Mon. & Thurs.	7:00 - 8:00 pm				
Strength Training Aerobics	Wed.	6:00 - 7:00 pm				
Weights with Will	Tues.	6:00 - 7:00 pm				
Yoga	Mon. Thurs. Sat.	5:30 - 6:30 pm 7:00 - 8:00 pm 9:00 - 10:00 am				

**Where:** Tamarac Recreation Center

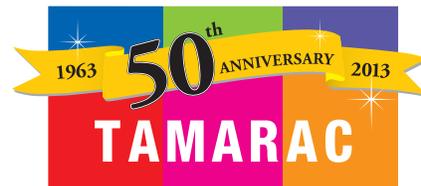
**Fee:** Residents: \$5, Non-residents: \$6 per class  
Residents: \$45, Non-residents: \$54 for 10 classes  
Residents: \$100, Non-residents: \$130 - Annual membership

**Where:** Tamarac Community Center

**Fee:** Residents: \$5, Non-residents: \$6 per class  
Residents: \$45, Non-residents: \$54 for 10 classes  
Residents: \$132.50, Non-residents: \$198.75 - Annual membership  
Senior Resident: \$106.00, Senior Non-Resident: \$149.00 - Annual membership

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>

# SPECIAL EVENTS



## Halloween Hoopla

Enjoy this **FREE** event for all ages which will include music, arts & crafts, bounce houses, face painting, costume contest, carnival games, prizes, candy, and much more.

For more information, call the City of Tamarac Parks and Recreation Department at (954) 597-3620.

**Ages:** All Ages

**Where:** Tamarac Park, 7501 N. University Dr.

**When:** Friday, October 25th, 6:00 pm – 8:00 pm

## Veterans Day Ceremony

Please join us as we recognize our fallen heroes who served our country.

**Where:** Veterans Memorial Park

**When:** Monday, November 11th, 10:30 am

## 33rd Annual Turkey Trot 5K Race

**Where:** Tamarac City Hall

**When:** Thursday, November 28th, 7:30 am

**Fee:** Before November 17th \$25

November 18th – 27th \$30

November 28th (Race day) \$50

Military Veteran: \$10 off registration fee

## Holiday Lighting Festival

This free event includes the Mayor and Commission lighting the Christmas tree and Menorah, a special holiday concert featuring Tamarac's best school choirs along with a special appearance by Santa Claus, children's entertainment, and a craft fair.

**Where:** Tamarac Community Center

**When:** Wednesday, December 4th, 6:00 pm

## Community Garage Sale

**Where:** Tamarac Community Center

**When:** Saturday, December 7th, 7:30 am – 12:30 pm

**Fee:** \$20 per vendor space

## Paws with Claus Holiday Pawty

Dress your pet up for the best dressed holiday hound contest and bring your camera to have your dog's photo taken with Santa.

**Where:** Gary B Jones Park for People and Pups

**When:** Saturday, December 7th, 10:00 am – 11:30 am

## Rudolph's Winter Wonderland

Join the City of Tamarac for a holly jolly night of reindeer games. Enjoy bounce houses, face painting, carnival games, candy cane hunt, pictures with Santa, and a special appearance by Rudolph the Red-Nosed Reindeer.

**Ages:** All Ages

**Where:** Tamarac Park, 7501 N. University Dr.

**When:** Friday, December 13th, 6:00 pm - 8:00 pm

## Artist of the Month Exhibit

Visit the Tamarac Community Center to view:

**October:** Art from students of Albert Baruch's Animation Class

**November:** Leaders of Tomorrow School Students, "Thankful for Art and Life"

**December:** Glen Turpening, "Art and Light"

## Show Your Talent!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call (954) 597-3635.

## Become a Sponsor!

Sponsoring a special event is a great marketing approach to reach your desired audience. By partnering with the City of Tamarac, we will provide you with an avenue to promote your business and assist in increasing visibility in the community. Contact the Tamarac Parks and Recreation Department at (954) 597-3632 for more information.

## ADULT TRIPS

Register for all trips at the Tamarac Community Center, located at 8601 W Commercial Boulevard, from 8:00 am - 8:00 pm. All bus trips will leave from this location. **For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).**

### Broward Center: Chicago the Musical

**When:** Thursday, October 10th, Bus leaves at 5:00 pm and returns at 11:00 pm

**Fee:** Residents: \$75, Non-Residents: \$85

### Stranahan House Ghost Tour & Water Tour

**When:** Thursday, October 24th, Bus leaves at 5:00 pm and returns at 10:00 pm

**Fee:** Residents: \$40, Non-Residents: \$50

### The Norton Museum: Art After Dark

**When:** Thursday, November 21st, Bus leaves at 4:00 pm and returns at 10:00 pm

**Fee:** Residents: \$25, Non-Residents: \$35

### Kravis Center: Radio City Christmas Spectacular with the Rockettes

**When:** Tuesday, December 3rd, Bus leaves at 4:00 pm and returns at 11:00 pm

**Fee:** Residents: \$80, Non-Residents: \$90

### Flagler House: Holiday Night at Whitehall

**When:** Thursday, December 19th, Bus leaves at 4:00 pm and returns at 11:00 pm

**Fee:** Residents: \$40, Non-Residents: \$50

## SENIOR PROGRAMS

**Calling all Seniors!** Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart-healthy shape? Be part of the fun and become a member of the award winning Tamarac Community Center Senior Program!

With over 40 different activities, programs and services per week, there is truly something for everyone. The Senior Program has over 800 members who participate in activities such as Jazzercise, painting, line dancing, Scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all of these activities for \$25 a year!

### Tamarac Senior Program Schedule

#### MONDAY

Jazzercise • Board Games, • Proactive Arthritis  
Water Exercise • Yoga • Line Dancing  
Volleyball • Zumba • Meditation • Tai Chi, • Bingo  
Happy Hookers (knitting group) • Mah Jong

#### TUESDAY

Walking Club • Jazzercise • Creative Writing  
Mah Jong • Healthy Heart • Chair Yoga  
Badminton/Pickleball • Painting • Computer Class

#### WEDNESDAY

Proactive Arthritis Water Exercise  
Extended Chair Yoga • Volleyball • Stretch & Tone  
Zumba • Pickleball • Core Yoga

#### THURSDAY

Walking Club • Jazzercise • Healthy Heart for Balance  
Line Dancing • Spanish • Volleyball • Chair Yoga  
Senior Dance • Mah Jong • Computer Class

#### FRIDAY

Computer Club • Jazzercise • Carol's Cardio  
Stretch & Tone • Jewelry Making • Yoyalites  
Battle of the Sexes Trivia

The Senior Program is available to seniors ages 55 and up from Monday through Friday, 8:30 am – 4:00 pm. For more information and to check out our program listing, please visit the Community Center located at 8601 W. Commercial Blvd., call (954) 597-3620, or visit us on the web at [www.tamarac.org](http://www.tamarac.org). You can also get updates on the Senior Program through Twitter and Facebook (join our fan page "Parks and Recreation"). Membership renewals start October 1st. Yearly membership fee is just \$25, or pay \$3 to enjoy a single day's worth of activities.

Enjoy computer classes for just \$10 per month.

Come to our Senior Dance Social every Thursday with coffee and refreshments for \$1, or free with your paid membership. Our numerous exercise classes ensure that we have something for every level of ability, from high impact cardio to gentle Chair Yoga.

**\*PLEASE NOTE: Adult Trips are subject to change and/or cancellation, please call to verify dates and times.**

## ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information. The athletic fields are available to rent at a nominal fee. Contact (954) 597-3620 for more information. For information on field closures due to rain or maintenance, call (954) 597-3667.

### PLEASE CALL (954) 597-3620 FOR THE FOLLOWING ATHLETIC LEAGUES:

Youth Flag Football, Youth Soccer, Youth Basketball, Girl's Softball, Men's Basketball, Co-Ed Softball, and Men's Softball.

**Men's Soccer:** (786) 367-0972

**Little League:** (954) 720-0301  
([www.tamaraclittleleague.com](http://www.tamaraclittleleague.com))

**Youth Football/Cheerleading:** (954) 721-5131

### YOUTH BASKETBALL

Registration for Youth Basketball begins in November. The league is for boys and girls ages 6-17. Practices are held during the week with games on Saturdays. Practices will begin in February with games starting in March. The season will conclude in May. Registration is available at the Tamarac Community Center, located at 8601 W. Commercial Blvd. Space is limited. Volunteer coaches are needed. For additional information, please call (954) 597-3620.

### TAMARAC BUDDY SOCCER

Tamarac Buddy Soccer is a well-structured sports program for special needs children and young adults. Regardless of the mental and/or physical diagnosis, the Buddy program welcomes children ages 4 to young adult. The program consists of weekly (Saturday) activity/game. Each player is paired for the entire season with their own "Buddy" who, in most instances, is a student volunteer. Through the shared encouragement of all the Buddies, our special needs players and their families are able to experience the joys of their athletic endeavors. Volunteers are needed for this program.

**Registration begins:** October 1, 2013

**Session Begins:** December 7, 2013

**Fee:** Residents \$50, Non Residents: \$60



**City of Tamarac**  
7525 N.W. 88th Avenue  
Tamarac, Florida 33321-2401

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# Lights, Camera, Video Contest!

## **ATTENTION all budding Spielbergs, Scorseses and Spike Lees:**

Tamarac is holding its first video contest.

Just tell us in 3 minutes or less what makes Tamarac *The City For Your Life*? Is it the parks, the recreation activities, the people? It's all up to you.

The competition is open to the City's middle school and high school students. For prize information and complete contest details visit [www.tamarac.org](http://www.tamarac.org).

