

TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

OCTOBER | NOVEMBER | DECEMBER | 2014



BUILDING TOMORROW

Tam-A-Gram is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
 Attn.: *Tam-A-Gram*
 7525 N.W. 88th Avenue
 Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at:

pio@tamarac.org. Please include *Tam-A-Gram* in the subject line of your email.

To submit pictures, please send high-resolution photos to pio@tamarac.org.

Tam-A-Gram and other City publications, are available online at www.tamarac.org.

CITY COMMISSION:

Harry Dressler, Mayor
Harry.Dressler@Tamarac.org

Michelle J. Gomez,
 Vice Mayor District 2
Michelle.Gomez@Tamarac.org

Pamela Bushnell,
 Commissioner District 1
Pamela.Bushnell@Tamarac.org

Diane Glasser,
 Commissioner District 3
Diane.Glasser@Tamarac.org

Debra Placko,
 Commissioner District 4
Debra.Placko@Tamarac.org

CITY MANAGER:

Michael C. Cernech

PUBLIC INFORMATION OFFICE:

Elise Boston, Editor

2 By the Numbers

4 Preserving Our Roads

4 Flood Insurance Fees Drop

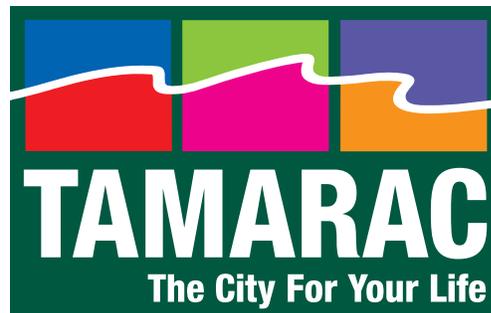
5 BSO and Residents Unite

6 Tamarac at Your Fingertips

7 Public Art

8 Taste of Tamarac

9 Historical Society Seeks Centenarians



IMPORTANT NUMBERS

MAIN NUMBER (954) 597-3500
ADA Coordinator/Accessibility (954) 597-3505
Voice 1 (800) 955-8770
TTY 1 (800) 955-8771
Citizen Hotline (954) 718-1800
(Activated During Emergencies)
Building Services (954) 597-3420
Building Inspections
Building Permitting and
Inspection Results
City Clerk's Office (954) 597-3505
City Commission (954) 597-3460
City Manager's Office (954) 597-3510
PIO (Media) (954) 597-3523
Community Development (954) 597-3530
Code Compliance (954) 597-3425
Business Revenue (954) 597-3537

Financial Services (954) 597-3550
Purchasing (954) 597-3570
Customer Service (954) 597-3590
Fire Rescue (Non-Emergency) (954) 597-3800
Human Resources (954) 597-3600
Job Line (954) 597-3615
Risk Management (954) 597-3613
Mayor and Commission (954) 597-3460
Parks & Recreation (954) 597-3620
Community Center (954) 597-3620
Caporella Aquatic Center (954) 597-3660
Caporella Fitness Center (954) 597-3661
Social Services (954) 597-3642
Transit/Shuttle Bus (954) 597-3649
Police/BSO Tamarac District
(Non-Emergency) (954) 720-2225

Public Works (954) 597-3700
Engineering (954) 597-3712
Recycling & Trash Hotline (954) 597-3740
Utilities (Water) (954) 597-3750
Billing Inquiries (954) 597-3590
Utilities (leaks, breaks, etc.) (954) 597-3750
Water Treatment Plant (954) 597-3775
(Also used for afterhours Utilities emergencies.)
Service Providers:
Waste Management (954) 974-7500
Comcast Cable (954) 252-1937
Library (Tamarac Branch) (954) 765-1500
Post Office (Tamarac Branch) (954) 722-3152

Building Tomorrow

Residents in Tamarac have certain expectations of their City; things as basic as working sewers and streetlights, fire and police departments who respond to your call, parks and recreation activities for all ages. Most of the time, it's a non-occurrence: the water comes and goes as it should, streets are lit, your calls are answered in time of need and the parks are in good shape and available for play.

That happens because at the most local level -- your City government -- the budget focus is on sustaining current services and providing enhancements wherever possible. That task can be quite daunting. The 2015 budget maintains the general operating millage rate, but Tamarac collects no property taxes from over 11% of our residents. Almost 33% pay \$250 or less per year in property taxes to the City. As we plan for the future, the challenge becomes how to provide the highest level of programs and services that limited dollars will allow.

Residents can be secure in the knowledge that the City's fiscal policies are sound. As

Moody's Investor Services noted in a Special Comment in April, "The City of Tamarac has managed its budget well despite the changing economic and financial picture...As the Tamarac example shows, strong financial management is critical for Florida local governments to maintain financial health..."

What lies in the year ahead? The City's budget for the 2015 fiscal year is centered on infrastructure. There will be roadway improvements citywide, improvements to the stormwater system, upgrades to key water mains and water distribution systems, park renovation and construction of barrier walls. All of these designed to strengthen an aging infrastructure in Tamarac, as well as prepare the City for future growth and development.

We've begun to see an influx of new businesses and the expansion of existing ones, as well as the resurgence of residential construction. And, because each year's budget supports Tamarac's strategic plan, we're prepared for what tomorrow will bring.



Where the Money Goes

As a new fiscal year begins, it's appropriate to take stock of the past year and what's been accomplished as well as look at plans for what's ahead.

2014 HIGHLIGHTS

- Overall crime in Tamarac continues to decrease, including residential burglaries which are down 29.5% over last year (when there was also a significant decline).
- ePermits rolled out to the community; this streamlined electronic plan review system reduces processing time, saves money and the environment.
- Completion of Mainlands Park, turning 23 acres of vacant land into a park for both passive and active enjoyment.
- Renovations were completed to the playgrounds at both Caporella Park and the Tamarac Sports Complex. Improvements include artistic fencing, benches and the addition of new playground equipment including sensory pieces for children with special needs.
- Operation NIP It helped bring 924 homes into code compliance, improving both the aesthetics and values in our neighborhoods.
- The initiation of a comprehensive program to pressure clean curbs and medians throughout the City. Once the 18-month cycle is completed, we'll start all over again.
- The adoption of a planning and zoning Redevelopment Study as well as a Corridor Improvement Study to improve major corridors within the City. Staff has been working closely with several communities to gauge interest and begin the process of installing buffer walls along key roadways.
- Installation of the first artificial turf field on the main football/soccer field, adjacent to the new press box at the Tamarac Sports Complex. This field requires less maintenance, which means extended play time. And, because no water, fertilizer or chemicals are required it's environmentally friendly as well.
- Lime Bay Boulevard sidewalk improvements: the construction of a sidewalk to provide the community with a link to the City's sidewalk network.



2015 PLANNED PROJECTS

- Demolition of the 36-year old Fire Station 78 and the beginning of construction of a new facility on the site at Commercial Boulevard and the turnpike.
- The establishment of a Fire Station on University Drive and NW 72nd Street. Beginning with a temporary trailer, the station is expected to help significantly reduce response time to this area of the City.
- Renovation of Sunset Point Park including replacement of the playground equipment, shade structure and safety surface; installation of a large picnic shelter and resurfacing of the multi-purpose path.
- The installation of an additional artificial turf field to replace natural grass at the Sports Complex.
- Purchase and installation of shade systems for the Caporella Aquatic Center and the Sports Complex.
- The installation of canine agility equipment at the Gary B. Jones Dog Park.
- Bus shelter replacement at high use areas throughout the City.
- Continuation of construction of the multi-phase citywide bike path system and associated sidewalk improvements.
- An active renewal and replacement program to maintain our aging infrastructure consisting of:
 - Citywide roadway improvements
 - An aggressive culvert and headwall improvement program to prevent erosion
 - Stormwater receiving pond erosion control
 - Sewer and water distribution system upgrades, including complete replacement of the water main along University Drive



Preserving Our Roads

When's the best time to begin preventative maintenance? Before a problem occurs. That's the theory behind the pavement rejuvenation project that you'll see on City roads throughout the next few months. While the roads may look fine to the casual observer, the areas that will be rejuvenated have actually suffered some deterioration – but not enough so that we can't extend their life span.

Over time, road surfaces become brittle and start to crack. In a first for the City, we'll be using a new process that will help improve elasticity and add another five to seven years of life to the asphalt. How does it work? A chemical is applied to problem areas and, over time, as it penetrates through the surface the road becomes more pliable.

It's an effective process. It's not repaving; it is rejuvenation and unfortunately in the beginning it's not very pretty. Over time however, the appearance improves tremendously, extends the life of the road and helps delay the expense of repaving.

If you have any questions about Tamarac's road rejuvenation project, please call the Public Services department at (954) 597-3700.



Flood Insurance Fees Drop

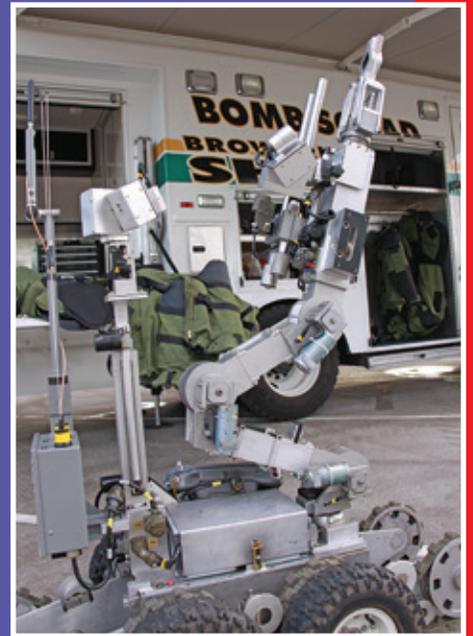
If you own real estate in Tamarac you'll be glad to know that flood insurance fees have decreased, as more than 60% of the properties in the City are no longer in a flood zone. Tamarac Building department officials worked closely with representatives from FEMA, Broward County and the Florida Department of Emergency Management to rewrite the City's flood ordinance and finalize the new flood insurance rate maps -- which went into effect on August 18th.

What this means to you is that if you are no longer in a flood zone, you are now eligible for a preferred risk policy, which is usually much cheaper than the regular flood policy. The National Flood Insurance Program's Community Rating System gives Tamarac a Class 6 rating, which means that those with homes and businesses still in flood zones will receive a 20% flood policy discount. For more information about flood protection, visit www.tamarac.org/building.

BSO and Residents Unite

The Broward Sheriff's Office Tamarac district invited the community out to enjoy a night of fun activities, free food and music to mark the National Night Out Against Crime. The annual event started as a means to reduce crime and increase safety in neighborhoods through law enforcement and community partnerships. That's been the case

in Tamarac: as the relationship and interaction between BSO deputies and the community grows stronger, crime continues to decrease. According to BSO District Chief Neal Glassman, there is a reason that crime went down 18% last year and continues to decrease this year: residents are getting involved.



Chief Glassman and the City Commission recently honored resident Mark Rohmann with a certificate of appreciation for his "commitment to the safety and well-being of the residents of Tamarac". Mr. Rohmann helped to apprehend a ring of criminals allegedly responsible for nearly 20 home burglaries in the City. One afternoon he spotted two suspects outside his kitchen window; when they saw Mr. Rohmann they ran to the car they had parked in his driveway. But before they left, he was able to get identifying information

to provide to BSO deputies. Because of residents' willingness to report events like these, BSO continues to crack down on similar crimes.



Get Out and Vote



The general election is Tuesday, November 4. In addition to races on a regional and state level, you'll be able to vote for Tamarac's mayor as well as the District 2 commissioner. District 4 Commissioner Debra Placko qualified to run in the general municipal election and was unopposed. Early voting runs from October 20 – November 2 at the Tamarac Branch Library, 8701 W. Commercial Blvd. Hours of operation are Monday – Friday, 9 am – 7 pm and Saturday - Sunday, 7 am – 3 pm.

You must be registered by October 6 to participate in this year's elections. Check the back of your voter's registration card for your precinct location. For additional election information, contact the Broward County Supervisor of Elections office at (954) 357-7050 or log on to www.browardsoe.org.

TU Wants You!

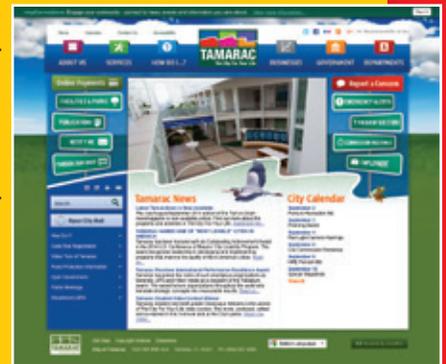
If you've ever wondered what it takes to run the City, who is in charge of what or how you can be more involved, Tamarac University (TU) might be perfect for you. The City will begin accepting applications in November for its multi-week civic engagement program that gives community members an inside view of how the City works. Residents and members of the business community get to hear directly from department staff and the City Commission about the ins and outs of their jobs, and how public service keeps the community going.

TU is ideal for civic minded citizens looking to network and learn about volunteer opportunities. Classes are held one evening per week at different facilities throughout the City and are led by Tamarac department directors. TU graduates complete the program with an expanded network, better understanding of how local government functions, and feel empowered to play an active role in the community.

The application process begins in November and ends January 30, 2015. Classes begin in March. Visit www.tamarac.org to apply.

Tamarac at Your Fingertips

Did you know you can access most of the City's services online? This makes it easy to do business from the comfort of your home or office, just as efficiently as it would be meeting personally with a customer service representative. With just a few keystrokes, you can:



- **Pay utility bills**
- **View, sign up and pay for recreation activities**
- **Report a concern**
- **View streamed commission meetings and agendas**
- **Apply for building permits and schedule inspections**
- **Access maps of City facilities**
- **View the status of current construction projects**
- **See frequently asked questions**
- **Contact City staff**

Log on to www.tamarac.org to take advantage of these services and more.

Public Art

The City of Tamarac has been awarded a National Endowment for the Arts grant for the design of an Everglades viewing platform in Sunset Point Park, 11000 McNab Road. The project will engage the community in a series of public meetings and workshops to design a new park structure – a combination environmental education space and viewing platform – that will connect residents with the south Florida wetlands and ecology, provide a place to view the Everglades, and create an iconic design for the City to be viewed by motorists who pass along the Sawgrass Expressway.

The \$25,000 grant will pay for completion of the design phase, with construction to be funded by the City's Public Art Fund.



Rowena Smith



Lynne Kroll

Between 2011 and 2013, artists Rowena Smith of Tamarac and Lynne Kroll of Coral Springs donated 22 paintings and prints to the City of Tamarac Public Art Program. Both artists have exhibited in hundreds of museums and galleries across the nation. The paintings can be seen in the atrium of City Hall, Community Center, Recreation Center and the waiting rooms and conference rooms of several City departments. The total value of the paintings and prints exceeds \$25,000.

IN MEMORIAM

It is with great sadness that we note the passing of Karen Roberts who served on the Tamarac City Commission from 1997-2006, including two terms as vice mayor.

Taste of Tamarac

Circle your calendar and start watching your calories because Saturday, October 18th marks the 11th anniversary of the Taste of Tamarac Business Expo. The signature culinary event of the Tamarac Chamber of Commerce will feature 30 food stations with a variety of tastings, and 30 businesses and organizations showcasing their products and services. Food samples will be free with the purchase of an \$8 ticket.

Children 12 and under can participate in the Kids' Corner featuring a high energy dance party, fall costume contest, face painting and more. It all takes place at the Tamarac Community Center, 8601 W. Commercial Blvd., from 11:30 am – 3 pm.

For more information contact the Tamarac Chamber of Commerce at (954) 722-1520.



The Results Are In



Tamarac recently added the Open City Hall online forum to the list of initiatives aimed at providing residents with opportunities to express their opinion on important issues. Our initial topic was the Parks and Recreation Master Plan and it was a success: 200 people viewed the topic and 70 offered comments and suggestions. You raised many great points, all of which were reviewed by our Master Plan consultants.

Initial findings show that Tamarac residents are satisfied with the existing parks and recreation system and would like to see it expanded. Top priorities include increased access to parks across all modes of transportation (pedestrian, bicycle, vehicular and transit) and added comfort (shade, water fountains and seating areas). You also told us that you'd like us to expand some high-quality amenities and facilities (indoor fitness, picnic areas, walking and biking trails, and the dog park). The Master Plan will be finalized this winter and posted on the Parks and Recreation page on the City's website.

Make your voice heard. Check out the current topics or view the results from those which have closed. Better yet, subscribe to be notified when a new topic or outcome is posted. Simply go to www.tamarac.org/opencityhall.

Historical Society Seeks Centenarians

The Tamarac Historical Society is always on the lookout for people or events that reflect the City's proud past or promising future. Right now, they're looking for residents who are – or are approaching – 100 years of age. They'd like to find out a little about their recollection of events in the City and tell the White House about those who have reached this magical mark.

If you or someone you know in the City has reached 100, please contact the Tamarac Historical Society at (954) 597-3629 or history@tamarac.org.



Congratulations to the honorees inducted into the first annual Tamarac Historical Society Hall of Fame. The winners are:

**Herbert Daley • Sandy H. Ehrlich • Richard C. Entin • Jacqueline Lekacz
Edward Levy • Ruth Pavlow • Olive Smith**

**African-American Cultural & Social Club of Kings Point, Tamarac
Kings Point Choral Group, Tamarac • Kiwanis Club of Tamarac**

Thanks for all you do to help make Tamarac "The City For Your Life".

JULY 4TH 2014



DISCOVERY

Discover the Benefits of Tamarac Parks and Recreation



Playability

The extent to which a city makes it easy for all kids to get balanced and active play

#playability

Tamarac is one of 212 communities across the country named a Playful City USA 2014. The program, sponsored by the Humana Foundation, recognizes communities that encourage active lifestyles for kids by making play a priority. We use play to address a number of challenges facing kids, families and communities in the City. By creating a healthier, more vibrant community, Tamarac can remain a place where families want to live and companies want to do business.

ARE YOU 60 YEARS OR OLDER AND IN NEED OF TRANSPORTATION?

The Tamarac Paratransit Program provides transportation within City limits to doctors' offices, supermarkets, banks, pharmacies, Tamarac Community Center and the Aquatic Complex. The cost is \$40 for 6 months or \$30 for 3 months for unlimited rides. We also offer the Express Shuttle

Service once per month to the Coral Square Mall and two plazas, which include Home Depot, Sam's Club, Whole Foods, and Michaels. Cost is \$1.00 per ride. Please call (954) 597-3649 for further information.

34TH ANNUAL TAMARAC TURKEY TROT 5K RUN

Wake up early, throw your turkey in the oven, grab your running shoes and start your Thanksgiving festivities with the 34th Annual Tamarac Turkey Trot 5K Race! The event has more than 1,700 runners and 1,000 spectators. The Tamarac Turkey Trot is a certified race course that starts at 77th Street and Pine Island Road, winds through the Woodmont community and ends at City Hall. Participants are treated with complimentary fruit, snacks, and refreshments. The event ends with an awards ceremony presented in all age categories from under 10 through 80 and over. Awards are given to the top three runners in each age group and to the top three overall male and female finishers. Join us this year on Thanksgiving Day, November 27th at Tamarac City Hall, 7525 NW 88th Avenue. The race starts promptly at 7:30 am. Register at www.splitsecondtiming.com or www.tamarac.org. Gobble, Gobble!

Volunteer of the Quarter

Gladys Ehrlich has done more than her fair share of helping others in Tamarac. She started her volunteer career as a BSO Citizen Observer Patrol member and continues to offer her time and talents throughout the City. Each week she devotes several hours to staffing the Tamarac Community Center information booth, where she covers the weekly dances and handles the program ID checks. Gladys copies and collates the senior program calendars and goes the extra mile to familiarize herself with the day's programs and their locations, in order to provide excellent customer service to our residents.



Gladys Ehrlich

FITNESS CENTER

We invite you to visit the Tamarac Fitness Center. We have a variety of free weights, Life Fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly non-competitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and help you become familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Fitness Center today at 9300 NW 58th Street, contact us at (954) 597-3661 or visit our website at tamarac.org/parks.

Personal Weight Training sessions are available by appointment.

1 person individual session . \$40.00

2 person shared session \$25.00

per person per session

3 person shared session \$20.00

per person per session

FACILITY LOCATIONS

Caporella Aquatics and Wellness Complex
9300 NW 58th Street

Caporella Park
5200 Prospect Road

Gary B Jones Park for People and Pups
8101 Southgate Boulevard

Sunset Point Park
11000 McNab Road

Tamarac Community Center
8601 West Commercial Boulevard

Tamarac Multi-Purpose Center
7531 North University Drive

Tamarac Park Recreation Center
7501 North University Drive

Tamarac Sports Complex
9901 NW 77th Street

Tephford Park
10003 Southgate Boulevard

Veterans' Memorial Park
7825 Southgate Boulevard

For more information on any of the programs or activities listed in the Discovery section of the Tam-A-Gram, please contact Tamarac Parks and Recreation at: (954) 597-3620. Times and locations may be subject to change without notice.

CAPORELLA AQUATIC & WELLNESS CENTER



Visit the Caporella Aquatic Center and enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq.ft. fitness room, locker rooms and picnic tables.

Come see our beautifully refurbished Sprayground!

POOL HOURS:

Weekdays: Pool: 10:00 am – 6:00 pm

Slide and Sprayground: 2:30 pm – 6:00 pm

Saturdays: Pool, Slide and Sprayground: 10:00 am – 6:00 pm

Sundays: Pool, Slide and Sprayground: 10:00 am – 4:00 pm

Pool closed: December, January and February

For Aquatic Center admission fees and rental information, please call (954) 597-3660.

LAP SWIMMING

Every day: 10:00 am – 6:00 pm

PROACTIVE ARTHRITIS WATER EXERCISE CLASS

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength and cardiovascular fitness without causing strain.

When: Mondays and Wednesdays, 10:00 am – 11:00 am

Fee: Senior Program Members: FREE

Non-Senior Program Members: \$2/Class

SWIM LESSONS

Parent Tot: Ages 3-5

Tot Only: Ages 3-5. No parent. Will learn to ask for permission to enter, how to exit, submerging, floating, front kick & arm paddling.

Level One: Ages 5 & over. Learn to blow bubbles, front and back float, glide, and kick, and front crawl stroke.

Level Two: Ages 5 & over. Learn freestyle with breathing, backstroke, and breaststroke.

Adult Level 1: Ages 18 & over. Front/back float, basic freestyle, backstroke and endurance.

When: Call for days and times

Fee: Residents: \$45, Non-residents: \$55

WATER AEROBICS

Get a total body workout to improve motor skills, balance, strength and posture. Moderate to high level of cardio will be achieved.

When: Monday and Wednesday, 6:00 pm – 6:45 pm

Fee: Residents: \$45, Non-residents: \$55, (4 week session)

AQUA ZUMBA

Jump into this Latin-inspired, easy to follow, calorie burning dance fitness party.

When: Tuesdays, 6:00 pm – 6:45 pm

Fee: Residents: \$15, Non-residents: \$20, (4 week session)

TAMARAC SWIM TEAM

Tamarac Swimming, Inc. is offering a competitive swim team program for children ages 5-13 and a United States Masters Swimming program for adults 18-90 at the Caporella Aquatic Complex, 9300 NW 58th Street. Free tryouts on Saturdays at 10 am. For additional details and pricing contact Coach Marty Grady (954) 805-6512 or email tamaracswimming@gmail.com.

Coming Soon!!! – Junior Lifeguard training for ages 8-15.

Call (954) 597-3660 for details.



YOUTH RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Basketball Fundamentals	Wed.	6:00 - 7:00 pm	8 - 13 yrs.	\$30/\$40	Multi-Purpose Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 yrs. & up	\$60/\$70	Recreation Center	6-week
Fashionista	Sat.	12:30 - 1:15 pm	5 - 13 yrs.	\$40/\$50	Community Center	4-week
Gymnastics	Thurs.	6:00 - 6:45 pm	5 - 12 yrs.	\$45/\$55	Recreation Center	4-week
Hip Hop/Cheerleading/Tumbling	Sat.	11:00 am - 12:00 pm	5 - 12 yrs.	\$45/\$55	Recreation Center	4-week
I-Imagine Art	Sat.	11:45 am - 12:30 pm	5 - 12 yrs.	\$40/\$50	Community Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Kids Cooking	Tues.	6:00 - 7:00 pm	7 - 12 yrs.	\$40/\$50	Recreation Center	4-week
Level 1 & 2 Ballet, Tap & Jazz	Sat.	10:00 - 11:00 am	3 - 12 yrs.	\$45/\$55	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	5:30 - 8:30 pm	7 - 12 yrs.	\$80/\$90	Recreation Center	4-week
Teen Club	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$25/\$35	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tiny Tots	Mon. Tues. Wed.	10:30 - 11:15 am	2 - 4 yrs.	\$65/\$75	Recreation Center	4-week
Wing Chun	Mon. & Wed.	6:30 - 8:00 pm	10 yrs. & up	\$80/\$90	Recreation Center	4-week

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online at <https://webtrac.tamarac.org>

SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless noted otherwise. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Paratransit or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Red Extension Transit Routes are available at www.tamarac.org and at City facilities.

PROGRAMS

CAREGIVER SUPPORT GROUP

Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with Jewish Family Services. Please call Susan Panzer at (954) 370-2140. The group meets the 1st and 3rd Tuesday of each month at 10:00 am.

FINANCIAL COUNSELING: DO YOU NEED TO LEARN HOW TO MANAGE YOUR FINANCES?

Learn how to budget or use online banking during your one on one counseling session with a financial specialist. Also get assistance with applying for federal programs such as Medicaid, Food Stamps and Cash Assistance. Free for Tamarac residents. By appointment only. Please call (954) 720-2485 to set up your free sessions. A partnership with Monarchcare Inc., a non-profit social services agency.

INDIVIDUAL COUNSELING

Free limited sessions for Tamarac residents only. Please call Lakshimi, a licensed mental health counselor to make an appointment at (954) 655-7040 or Lola at (561) 318-1935. Please leave your name and number and your call will be returned within 24 hours.

LOWER YOUR PRESCRIPTION COSTS

Start saving today with the City of Tamarac Prescription Discount Card program. Benefits include an average savings of 20%, free enrollment, coverage for all family members, and no income requirements. Please call Social Services at (954) 597-3642 for locations.

MEDICARE OPEN ENROLLMENT ASSISTANCE

Open Medicare enrollment runs from October 15th to December 7th. The Aging and Disability Resource Center will have SHINE (Serving Health Insurance Needs of Elderly) counselors on site to assist seniors with open enrollment on the following dates and times:

Tuesday, October 21st from 10:00 am to 12:00 pm
Thursday, November 13th from 10:00 am to 12:00 pm
Thursday, December 4th from 1:00 pm to 3:00 pm
No appointment is necessary.

TAMARAC EXPRESS SHUTTLE

Take a ride on our Express Shuttle every 2nd Thursday of the month to the following stops: Coral Square Mall, Whole Foods, Sam's Club, Doris Market, Michaels, and Panera Bread. Starting point is Tamarac Community Center at 10:00 am. Shuttle connects to Red Route and Red Extension route. \$1.00 roundtrip fee. No sign up required.

SERVICES/GROUPS

All services and groups held at the Tamarac Community Center, 8601 W. Commercial Boulevard / (954) 597-3620.

POSITIVE ADJUSTMENT GROUP

Learn coping skills on how to adjust to life changes including losing a loved one, health, daily living activities, moving, etc. A licensed mental health therapist will facilitate this important group for all seniors.

When: Every Monday, 10:30 am – 11:30 am

CENTER FOR COMMUNICATIONS - FREE AMPLIFIED PHONE

Provides amplified phones and TDDs free of charge to residents of the State of Florida who are deaf and/or hard of hearing. Please call Social Services at (954) 597-3642 for information.

When: October 1st and December 3rd, 10:00 am - 11:00 am.

FREE 911 CELL PHONES FOR SENIORS

Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.

When: 2nd Monday of each month at 9:00 am

FREE EYEGLASS REPAIR PROGRAM

When: Tuesday, 10:00 am – 12:00 pm

SENIOR SOCIAL

Join us for light refreshments and an educational lecture.

When: 3rd Tuesday of each month, 11:00 am

Topics: To be announced

SHINE COUNSELOR

Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare/Medicaid Insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

VETERANS ADVISOR

When: Friday, 8:00 am – 11:00 am
No appointment necessary.

ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information. The athletic fields are available to rent at a nominal fee. Contact (954) 597-3620 for more information. For information on field closures due to rain or maintenance, call (954) 597-3667.

YOUTH BASKETBALL

Registration for Youth Basketball's Winter/Spring Season begins November 3. The league is for boys and girls ages 6-17. Practices will begin in February with games starting in March. The season will conclude in May. Registration is available at the Tamarac Community Center, 8601 W. Commercial Boulevard. Space is limited. Volunteer coaches are needed. For additional information, please call (954) 597-3620.

Fee: Residents: \$85, Non-Residents: \$95

PLEASE CALL (954) 597-3620 FOR THE FOLLOWING ATHLETIC LEAGUES:

Fall Baseball, Youth Flag Football, Youth Soccer, Youth Basketball, Men's Basketball, Co-Ed Softball, Adult Kickball and Adult Flag Football.

Men's Soccer: (786) 367-0972

Little League: (954) 720-0301 (www.tamaraclittleleague.com)

Youth Football/Cheerleading: (954) 721-5131

ADULT RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Aerobic Cycling	Mon. Tues. Thur. Sat.	7:15 - 8:15 pm 7:15 - 8:15 pm 6:15 - 7:15 pm 8:00 - 9:00 am	16 & over	\$5/\$6	Community Center	Per Class
Badminton	Mon., Wed. Sat.	6:00 - 9:00 pm 5:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class
Line Dancing (Beginner)	Thurs.	6:30 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Intermediate)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$30/\$40	Recreation Center	4-week
Pottery Studio	Tues.	6:00 - 8:30 pm	16 & over	\$40/\$50	Recreation Center	4-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class
Tennis Lessons	Sat.	9:00 - 10:00 am	13 & over	\$40/\$50	Sports Complex	4-week
Volleyball	Mon. Thurs. Sat.	6:30 - 8:30 am 7:15 - 8:30 pm 1:30 - 4:00 pm	16 & over	\$5/\$6	Multi-Purpose Center	Per Class
Zumba	Wed. or Fri.	7:00 - 8:00 pm	13 & over	\$25/\$35 \$32/\$42 \$35/\$45 \$6/\$7	Community Center	4 Classes 6 Classes 8 Classes Per Class

RECREATION CENTER FITNESS SCHEDULE

Boot Camp	Mon.	6:00 - 7:00 pm	Where: Tamarac Recreation Center			
Pilates & Yogalates	Sat.	9:30 - 10:30 am	Fee: Residents: \$5, Non-residents: \$6 per class			
Total Fitness Training	Tues. & Thurs.	6:00 - 7:00 pm	Residents: \$45, Non-residents: \$54 for 10 classes			
Zumba Fitness	Mon. & Wed. Tues. Wed. Thurs. Sat.	7:00 - 8:00 pm 9:30 - 10:30 am 11:00 am - 12:00 pm	Residents: \$110, Non-residents: \$143 - Annual membership			

COMMUNITY CENTER FITNESS SCHEDULE

Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm	Where: Tamarac Community Center			
Boot Camp	Wed.	7:00 - 8:00 pm	Fee: Residents: \$5, Non-residents: \$6 per class			
Kickboxing	Mon.	6:00 - 7:00 pm	Residents: \$45, Non-residents: \$54 for 10 classes			
Pilates	Mon. & Thurs.	7:00 - 8:00 pm	Residents: \$132.50, Non-residents: \$198.75 - Annual membership			
Strength Training Aerobics	Wed.	6:00 - 7:00 pm	Senior Resident: \$106.00, Senior Non-Resident: \$149.00			
Weights with Will	Tues.	6:00 - 7:00 pm	Annual membership			
Yoga	Mon. Thurs. Sat.	5:30 - 6:30 pm 7:00 - 8:00 pm 9:00 - 10:00 am				
Turbo Kickboxing	Tues.	7:00 - 8:00 pm				

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>

SPECIAL EVENTS

FOOD TRUCK HUMP DAYS

Where: Tamarac Park, 7501 N. University Drive
When: Every Wednesday, 5:30 pm – 9:30 pm

COMMUNITY GARAGE SALE

Where: Tamarac Park, 7501 N. University Drive
When: Saturday, October 11th, 7:30 am – 12:00 pm

HALLOWEEN HOOPLA

Enjoy this **FREE** event for all ages which will include music, arts & crafts, bounce houses, face painting, carnival games, prizes, candy, and much more.

Where: Tamarac Park, 7501 N. University Drive
When: Friday, October 24th, 6:00 pm – 8:00 pm

VETERANS DAY CEREMONY

Please join us as we recognize our fallen heroes who served our country.

Where: Veterans' Memorial Park
7825 Southgate Boulevard
When: Tuesday, November 11th, 10:30 am

34TH ANNUAL TURKEY TROT 5K RACE

Where: Tamarac City Hall, 7525 N.W. 88th Avenue
When: Thursday, November 27th, 7:30 am
Fee: Before November 16th \$25
November 17th – 26th \$30
November 27th (Race day) \$50

HOLIDAY LIGHTING FESTIVAL

This free event includes the Mayor and Commission lighting the Christmas tree and Menorah, a special holiday concert featuring Tamarac's best school choirs, special appearance by Santa Claus, and children's entertainment.

Where: Tamarac Community Center
8601 W. Commercial Boulevard
When: Wednesday, December 3rd, 6:00 pm

PAWS WITH CLAUS HOLIDAY PAWTY

Dress your pet up for the best dressed holiday hound contest and bring your camera to have your dog's photo taken with Santa.

Where: Gary B Jones Park for People and Pups
8101 Southgate Boulevard
When: Saturday, December 6th, 10:00 am – 12:00 pm

RUDOLPH'S WINTER WONDERLAND

Join the City of Tamarac for a holly jolly night of reindeer games. Enjoy bounce houses, face painting, carnival games, pictures with Santa, and a special appearance by Rudolph the Red-Nosed Reindeer.

Where: Tamarac Park, 7501 N. University Drive
When: Friday, December 12th, 6:00 pm – 8:00 pm

ARTIST OF THE MONTH EXHIBIT

Visit the Tamarac Community Center to view the exhibits.

October: Guido Del Carpio (Acrylic)
November: Janet Chudnow (Assorted Media)
December: Michael Riede (Landscapes)

SHOW YOUR TALENT!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call (954) 597-3635.

BECOME A SPONSOR!

Sponsoring a special event is a great marketing approach to reach your desired audience. Partner with the City of Tamarac to promote your business and increase visibility in the community. Contact the Tamarac Parks and Recreation Department at (954) 597-3632 for more information.



TAMARAC PARKS AND RECREATION E-NEWSLETTER

The Parks & Recreation Department now has a monthly e-Newsletter! P&R e-News highlights Department happenings including events, trips, classes and services.

To have it delivered monthly to your email, send us an email at:

Tamarac.Parks@tamarac.org
and put

"ADD me to the e-Newsletter"
in the subject line.

ADULT TRIPS

Register for all trips at the Tamarac Community Center located at 8601 W. Commercial Boulevard from 8:00 am - 8:00 pm. All bus trips will leave from this location.

For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

BROWARD CENTER: ANNIE THE MUSICAL

When: Thursday, October 9th, Bus leaves at 5:00 pm and returns at 11:00 pm

Fee: Residents: \$70, Non-Residents: \$80

BROWARD CENTER: THE MARVELOUS WONDERETTES

When: Thursday, October 23rd, Bus leaves at 6:00 pm and returns at 11:00 pm

Fee: Residents: \$75, Non-Residents: \$85

MANALAPAN PLAZA THEATRE: FOREVER PLAID

When: Thursday, November 6th, Bus leaves at 4:15 pm and returns at 11:00 pm

Fee: Residents: \$50, Non-Residents: \$60

BROWARD CENTER: PHANTOM OF THE OPERA

When: Thursday, November 20th, Bus leaves at 4:00 pm and returns at 10:00 pm

Fee: Residents: \$80, Non-Residents: \$90

ACTORS' PLAYHOUSE: MIRACLE ON SOUTH DIVISION STREET

When: Thursday, December 4th, Bus leaves at 4:00 pm and returns at 11:00 pm

Fee: Residents: \$75, Non-Residents: \$85

FORT LAUDERDALE 2014 CHRISTMAS PAGEANT

When: Thursday, December 11th, Bus leaves at 5:30 pm and returns at 11:00 pm

Fee: Residents: \$75, Non-Residents: \$85

SHOP AND SEE THE LIGHTS IN DELRAY

When: Thursday, December 18th, Bus leaves at 4:00 pm and returns at 11:00 pm

Fee: Residents: \$10, Non-Residents: \$20



SENIOR PROGRAMS

Calling all seniors! Want to live a more vibrant life, form new friendships, feel a sense of achievement and get in heart-healthy shape? Be part of the fun and become a member of the award-winning Tamarac Community Center Senior Program!

With more than 40 different activities, programs and services per week, there is truly something for everyone. The Senior Program has more than 800 members who participate in activities such as Jazzercise, painting, line dancing, Scrabble, volleyball, chair yoga, and much, much more.

The Senior Program is available to seniors ages 55 and up, Monday through Friday, 8:30 am – 4:00 pm. For more information and to check out our program listing, please visit the Community Center at 8601 W. Commercial Boulevard, call (954) 597-3620, or visit www.tamarac.org. You can also get updates on the Senior Program through Twitter and Facebook (join our fan page “Tamarac Parks and Recreation”). Membership renewals start October 1st or you can pay \$3 to enjoy an entire day’s worth of activities. Enjoy computer classes for just \$10 per month. Come to our Senior Dance Social every Thursday with coffee and refreshments for \$1 or free with your paid membership. Our numerous exercise classes will ensure that we have something for every level of ability, from high impact cardio to gentle Chair Yoga.

TAMARAC SENIOR PROGRAM SCHEDULE

MONDAY

Jazzercise, Board Games, Proactive Arthritis Water Exercise, Yoga, Line Dancing, Volleyball, Zumba, Meditation, Tai Chi, Bingo, Happy Hookers (knitting group), Mah Jong, Pickleball

TUESDAY

Walking Club, Jazzercise, Creative Writing, Mah Jong, Healthy Heart, Chair Yoga, Badminton/Pickleball, Painting, Computer Class

WEDNESDAY

Proactive Arthritis Water Exercise, Extended Chair Yoga, Volleyball, Stretch & Tone, Zumba, Pickleball, Core Yoga

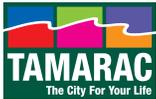
THURSDAY

Walking Club, Jazzercise, Healthy Heart for Balance, Line Dancing, Spanish, Volleyball, Chair Yoga, Senior Dance, Mah Jong, Computer Class

FRIDAY

Computer Club, Jazzercise, Carol’s Cardio, Stretch & Tone, Jewelry Making, Yogalites, Battle of the Sexes Trivia, Pickleball

***PLEASE NOTE: Adult Trips are subject to change and/or cancellation, please call to verify dates and times.**



CITY OF TAMARAC
 7525 N.W. 88th Avenue
 Tamarac, Florida 33321-2401

Prst Std
 US Postage
 PAID
 Miami, FL
 Permit No. 4603

34TH ANNUAL TAMARAC TURKEY TROT 5K RUN



Put on your running shoes and get moving on Thanksgiving morning.

Thursday, November 27th
Race starts at 7:30 a.m. at Tamarac City Hall
7525 NW 88th Ave.

Entry Fees:

- Early registration** (ends Nov 16th): **\$25.00**
- Late registration** (Nov 17th - 26th): **\$30.00**
(Registration closes at 2:00 p.m. on Nov 26th)
- Race day registration** (Nov 27th): **\$50.00**

Pick up a race application at the Tamarac Community Center, 8601 W. Commercial Blvd. or register online at www.splitsecondtiming.com or www.active.com



Commemorative tee shirts guaranteed for the first 1000 runners who pick up their packets. Shirts are not guaranteed on race day.



For more information, please call (954) 597-3620.