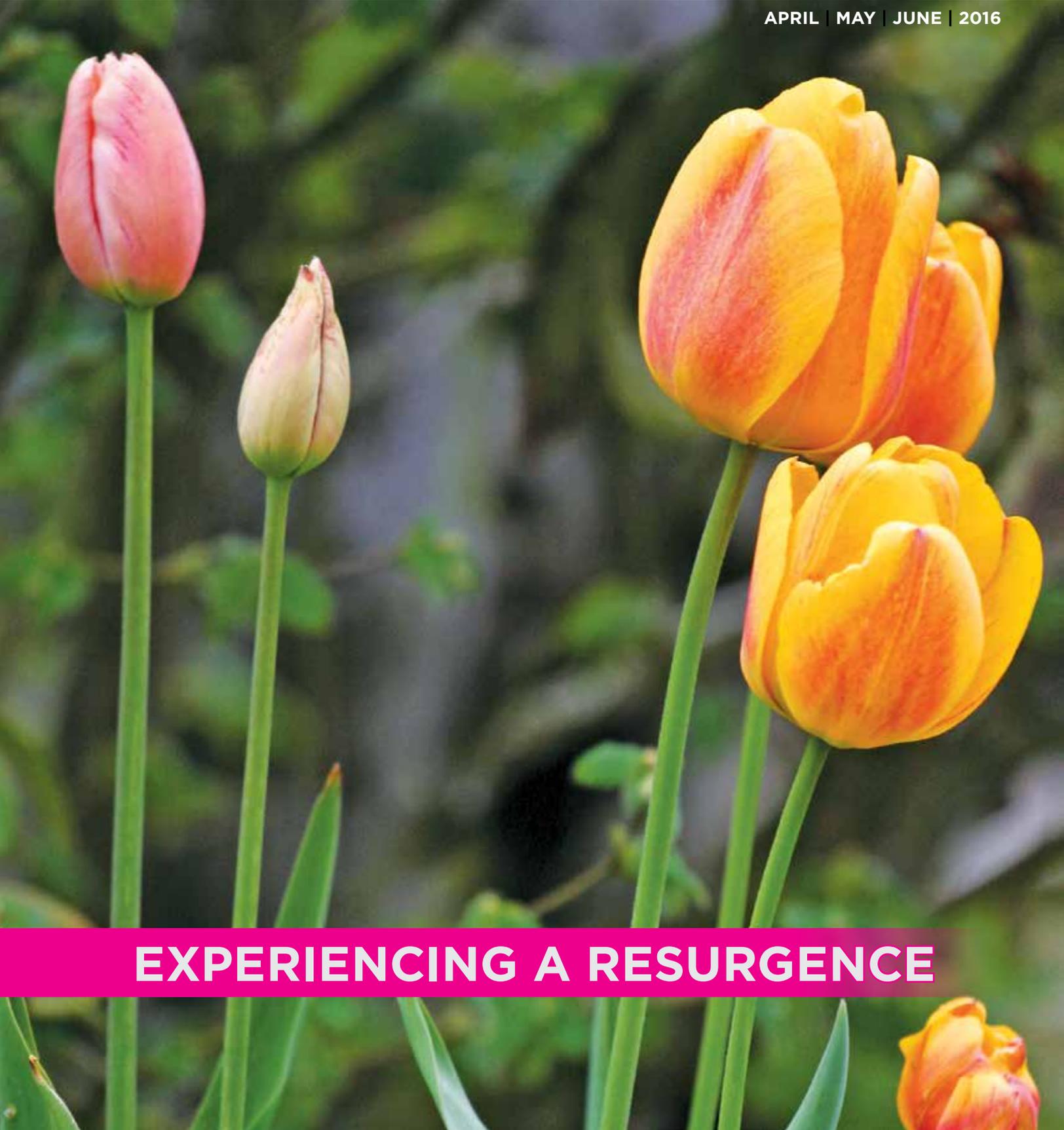


TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

APRIL | MAY | JUNE | 2016



EXPERIENCING A RESURGENCE

Tam-A-Gram is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
Attn.: Tam-A-Gram
7525 N.W. 88th Avenue
Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at: pio@tamarac.org. Please include Tam-A-Gram in the subject line of your email.

To submit pictures, please send high-resolution photos to pio@tamarac.org.

Tam-A-Gram and other City publications are available online at www.tamarac.org.

CITY COMMISSION:

Harry Dressler, Mayor
Harry.Dressler@Tamarac.org

Diane Glasser,
Vice Mayor District 3
Diane.Glasser@Tamarac.org

Pamela Bushnell,
Commissioner District 1
Pamela.Bushnell@Tamarac.org

Michelle J. Gomez,
Commissioner District 2
Michelle.Gomez@Tamarac.org

Debra Placko,
Commissioner District 4
Debra.Placko@Tamarac.org

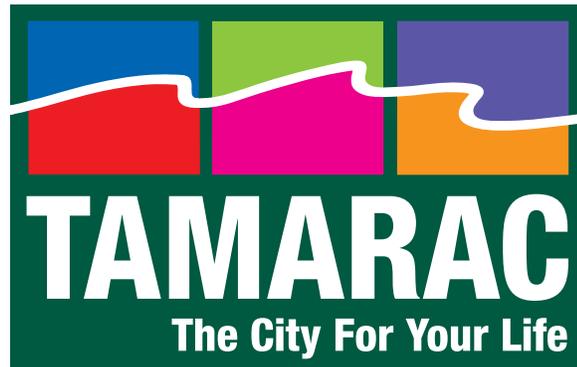
CITY MANAGER:

Michael C. Cernech

PUBLIC INFORMATION OFFICE:

Elise Boston, Editor

- 2 Hurricane Prep: Now's the Time
- 4 Honoring America's Heroes
- 5 A Heart for Parks
- 6 Redistricting: Keeping Things Equitable
- 8 The New Sunset Point Park



IMPORTANT NUMBERS

MAIN NUMBER	(954) 597-3500	Financial Services	(954) 597-3550	Public Works	(954) 597-3700
ADA Coordinator/Accessibility	(954) 597-3505	Purchasing	(954) 597-3570	Engineering	(954) 597-3712
Voice	1 (800) 955-8770	Customer Service	(954) 597-3590	Recycling & Trash Hotline	(954) 597-3740
TTY	1 (800) 955-8771	Fire Rescue (Non-Emergency)	(954) 597-3800	Utilities (Water)	(954) 597-3750
Citizen Hotline	(954) 718-1800	Florida Power & Light	(954) 797-5000	Billing Inquiries	(954) 597-3590
(Activated During Emergencies)		Human Resources	(954) 597-3600	Utilities (leaks, breaks, etc.)	(954) 597-3750
Building Services	(954) 597-3420	Job Line	(954) 597-3615	Water Treatment Plant	(954) 597-3775
Building Inspections		Risk Management	(954) 597-3613	(Also used for afterhours Utilities Emergencies.)	
Building Permitting and Inspection Results		Mayor and Commission	(954) 597-3460	Service Providers:	
City Clerk's Office	(954) 597-3505	Parks & Recreation	(954) 597-3620	Waste Management	(866) 684-3142
City Commission	(954) 597-3460	Community Center	(954) 597-3620	Comcast Cable	(954) 252-1937
City Manager's Office	(954) 597-3510	Caporella Aquatic Center	(954) 597-3660	Library (Tamarac Branch)	(954) 765-1500
PIO (Media)	(954) 597-3523	Caporella Fitness Center	(954) 597-3661	Post Office (Tamarac Branch)	(954) 722-3152
Community Development	(954) 597-3530	Social Services	(954) 597-3642		
Code Compliance	(954) 597-3425	Transit/Shuttle Bus	(954) 597-3649		
Business Revenue	(954) 597-3537	Police/BSO Tamarac District (Non-Emergency)	(954) 720-2225		

Experiencing a Resurgence

Good things are happening in Tamarac. Increased activity in all parts of the City is breathing new life into both the residential and business sectors. We're once again reaching the heights of old and now aiming far beyond.

You can see it in the sales of new homes in the eastern part of Tamarac. More and more people have come to recognize this City as an excellent place to build a life or raise a family.

You can see it in the caliber and level of businesses that are choosing to call Tamarac home: Unipharma Pharmaceuticals has built their international headquarters – a 160,000 square foot facility – in Tamarac. Kapco Global, which provides maintenance, repairs and supplies to airlines all over the world, chose to consolidate their regional operations and move them to our City.

It's an exciting time to be in Tamarac. Just a few of the many reasons why:

- Our finances are sound and recognized as such by both Fitch and Moody's national credit rating agencies.
- After much planning, Tamarac Village is becoming a reality – the biggest development in the City in the last 40 years.
- Tamarac Fire Rescue has achieved the best possible ranking from the Insurance Services Office, underscoring our commitment to continuous improvement for your health and safety. That's a level reached by less than 1% of fire departments across the nation.

- The City has once again achieved national accreditation for our parks and recreation programs; a distinction held by only 200 agencies in the entire country.

And your City's leaders are working to keep the momentum going:

- Demolition has been completed on the fire station at Commercial Boulevard and the Turnpike. In its place will rise a new state-of-the-art facility which will be better able to serve the needs of this area.
- The first stage of a multi-year buffer wall project is moving forward.
- Sunset Point Park has undergone significant renovation and we're in the planning stages for Waters' Edge Park along University Drive.

The City's strategic planning process will continue to ensure focus is placed on those areas which reflect *your* priorities, as indicated in the results of our community outreach.

As Mayor Dressler noted in his State of the City address, for Tamarac "it's been a very good year". Stay tuned, because the future looks even better.



WHEN A STORM IS IMMINENT

- Check your hurricane supplies; make sure you have enough for at least seven days.
- Set aside cash so you'll have money available post storm. ATMs and credit cards won't work in a power outage.
- Prep your home and yard. Install window and door protection and clear outdoor areas of items like patio furniture and planters.
- Prepare your pool by turning off power to equipment before a hurricane strikes. Don't lower the water level more than one to two feet or it could pop out of the ground. Consider removing the pool pump motor or wrapping it in plastic material, secured tightly.
- Make sure you have a full tank of gas and park your vehicle in a safe location, away

from trees and poles.

- If you evacuate, give yourself plenty of time.

ADDITIONAL TIPS FOR CONDO OWNERS

- Review your association's management plan to understand the association's and the unit owners' responsibilities.
- Check your association's requirements before purchasing window protection.
- If you stay home during a storm, make sure to locate the exit stairwell nearest to your unit.
- Be aware that wind is stronger at higher elevations.

For more hurricane preparedness information, visit www.ready.gov/hurricanes or www.broward.org/hurricane.



Honoring America's Heroes

Tamarac's veterans are an integral part of our community. That's why the City is finding new ways to honor them, from building a Wall of Honor at Veterans' Memorial Park to partnering with the United States of America Vietnam War Commemoration and becoming a National Purple Heart City.

The City has committed to thank and honor Vietnam War veterans for their service and sacrifice. If you or a family member served in Vietnam, be sure to attend the upcoming Memorial Day ceremony, where there will be a special tribute. Tamarac is also becoming a Purple Heart City, in recognition of those members of the armed forces who were wounded or killed in action.

As is our tradition, Tamarac will host a ceremony this Memorial Day to pay tribute to all who gave their lives to protect our freedom. The event will include a special guest speaker, music performed by the J.P. Taravella High School Band, and a Massing of the Colors. Light refreshments will be served.

Tamarac wants to recognize all of our veterans, no matter when or where they served, on the Wall of Honor, a series of lighted glass panels that will soon encircle the eternal flame sculpture at Veterans' Memorial Park. The City plans a formal unveiling on Memorial Day, and will continue to collect names for future panels.

**Memorial Day Ceremony
Veterans' Memorial Park
May 30th • 10:30 am**



A Heart for Parks

If you've enjoyed the new playground in Tephford Park, a senior dance at the Community Center, or the City's Fourth of July fireworks display, you can thank the Parks and Recreation Foundation of Tamarac (P.A.R.O.T.). The Foundation has sponsored these initiatives and many more.

P.A.R.O.T. is a 501(c)3 non-profit corporation whose mission is to enhance Tamarac Parks and Recreation facilities and programs through partnerships and fundraising support. Most recently, the Foundation donated a six-lane outdoor electronic wireless swimming scoreboard to the Caporella Aquatic Complex. This new equipment will enable Tamarac Swimming to host meets at the Complex pool.



Scoreboard donated by P.A.R.O.T. PARKS AND RECREATION FOUNDATION OF TAMARAC

LANE	PLACE	TIME
1	4	14:54.63
2	6	15:01.39
3	5	14:56.24
4	2	14:48.17
5	1	14:47.80
6	3	14:50.76

In addition to purchasing park equipment and supporting special events, the Foundation provides grants for children to participate in Tamarac sports and camp programs to families in need. It's currently establishing a scholarship program in memory of three former Tamarac camp counselors who were tragically killed in a traffic accident last year.

Do you have a heart for parks and the desire to make a difference in our residents' quality of life? The Foundation is seeking additional board members, committee assistance and volunteers. Contact Greg Warner at greg.warner@tamarac.org or (954) 597-3638 for more information.

A Very Good Year

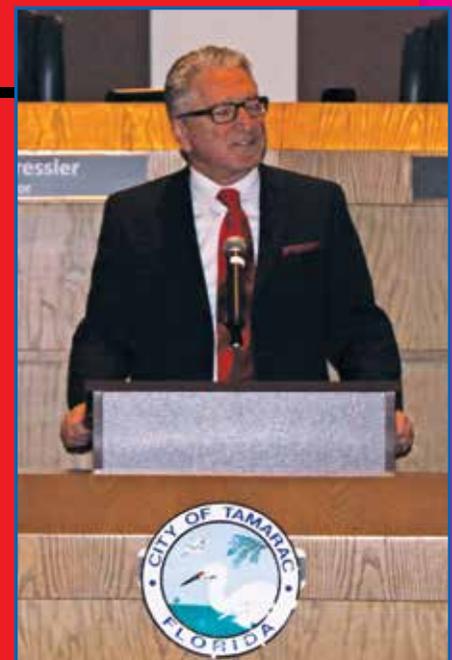
In his State of the City address, Mayor Harry Dressler reported that 2015 "was a very good year" in Tamarac. He cited some significant accomplishments that will lead to an even brighter future, notably the development agreement for Tamarac Village and the sale of property near Colony West where a new hotel is planned.

One of the highlights of his address was the announcement that the City is donating two vehicles to the BSO's successful Citizen Observer Patrol (COP) program in Tamarac.

The Mayor also outlined initiatives to look forward to in 2016. Years of planning will come to fruition as construction begins on buffer walls in key sections of

the City. In addition, we'll see the first installations of the comprehensive signage program that will reflect Tamarac's distinctive look. This year will also bring the unveiling of the Wall of Honor at Veterans' Memorial Park, and the inaugural Tamarac Arts and Crafts Festival.

Mayor Dressler's full address is available for viewing on demand at www.tamarac.org.



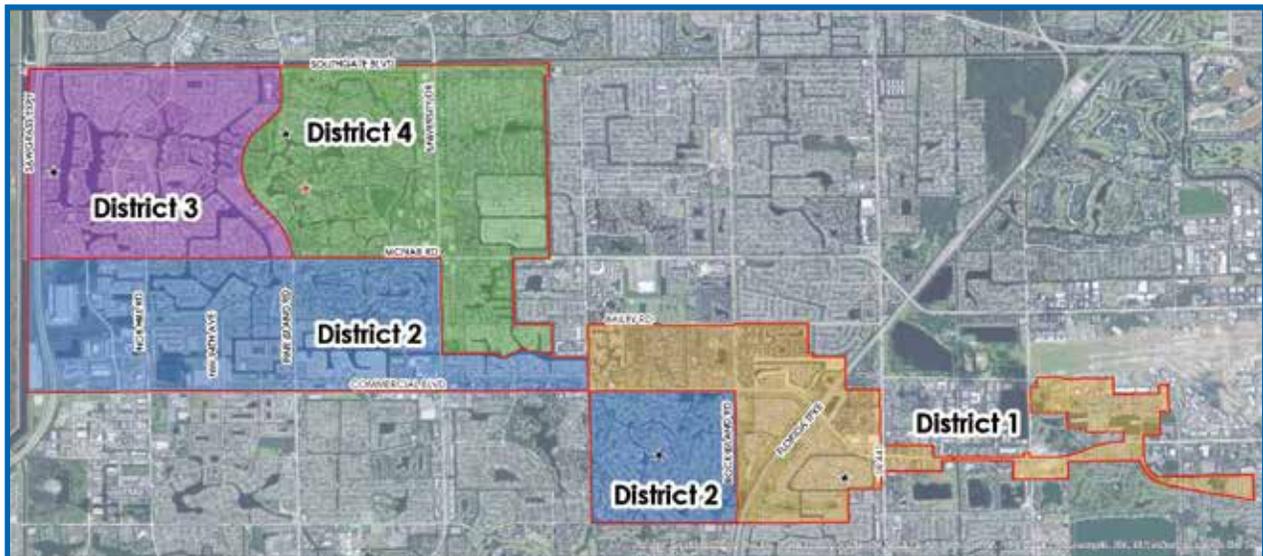
Redistricting: Keeping Things Equitable

You may have heard that the City changed its district boundaries and wondered why. It wasn't just to keep everyone on their toes. It's actually a requirement of our City Charter to keep the four districts roughly equal in size.

That means with population shifts as people move in and out of the City, and as new communities are built, the districts must be adjusted periodically.

The City adopted an ordinance changing its districts that will be effective as of the general election in November 2016. The map below shows the following changes:

- Communities between Southgate Boulevard and McNab Road that are west of Pine Island Road moved from District 4 to District 3. This includes Hidden Harbor, Heftler Homes, Westwood Section 23, Prestige Condominiums and Spring Lake.
- Communities south of McNab Road, east of University Drive and north of the canal that runs between Mainlands 9 and 10 will move from District 2 to District 4. This includes: Mainlands 10, University Landings, Catalina Place, Vanguard Village and Tamarac Pointe.



Household Hazardous Waste Drop Off

Need to dispose of old paint, chemicals or broken electronics? Tamarac's hosting a drop off event for household hazardous waste and old electronics, making it easy for you to do so in an environmentally safe way.

Materials accepted will include: fire extinguishers, televisions, computers, auto batteries, cell phones, household cleaners, lawn and pool chemicals, fluorescent

bulbs, paint, solvents, motor oil and more.

Proof of residency in a participating city is required. Visit www.tamarac.org for details.

Saturday, May 7th
9 am - 2 pm
City of Tamarac
Public Service Complex
6011 Nob Hill Road

Seniors vs. Crime

Ever been swindled? Told you need an expensive repair when you didn't? Or even worse - had your identity stolen and debt racked up in your name?

To help victims of consumer fraud and other civil crimes, BSO Tamarac District is establishing a satellite office of Seniors vs. Crime, a statewide program sponsored by the Florida Attorney General's office.

Seniors vs. Crime trains volunteers - mostly seniors - to investigate and attempt to resolve civil issues on behalf of residents. It also conducts educational outreach about common scams that typically target seniors.

Volunteers report to a regional director, and engage law enforcement when criminal activity is suspected.

To learn more about the program, visit www.seniorsvscrime.com. Requests for assistance or for speakers can be made online, or by calling (954) 720-2225.



Pride in Service with Integrity

Historical Society's Hall of Fame Awards

The Tamarac Historical Society will honor people who have given their time and effort to make a difference in the City at the Third Annual Hall of Fame Awards ceremony. This event will take place on July 11th at the Tamarac Community Center.

If you know someone who fits the bill, the Society is taking nominations through April 30th. Nominees must be legal residents of Tamarac.

Forms are available on the Historical Society's website www.tamarachistoricalsociety.webs.com, or you can call (954) 597-3629 for more details.



The New Sunset Point Park

Sunset Point Park is one of the City's most popular destinations, offering picnic shelters, a large shaded playground, a multi-purpose path and fitness stations. To sustain the superior quality of our parks for residents, the City has given Sunset Point a stunning transformation.

The new Sunset Point Park – it's a great place to get outside for some healthy play or exercise.



The Buzz on Mosquito Prevention and Control

The State of Florida has declared a health emergency in several counties, including Broward, over concerns about the potential spread of the mosquito-borne Zika virus. In addition to Zika, mosquitoes can spread other diseases including the West Nile virus and dengue, making their prevention and control especially important.

To prevent bites, it's recommended to cover up as much as possible with protective clothing. Because some mosquito species bite any time of day, use EPA-registered repellent when outside.

Unfortunately, mosquitoes don't just live outside. They can thrive indoors as well. Prevent mosquitoes from making your house their home by closing all doors and windows, and using the air conditioning as much as possible. If you open windows, make sure there are no holes in the screens.

You can do your part to help control the mosquito population by draining standing water from any outdoor containers around your home such as buckets, birdbaths,

toys or garbage bins. It doesn't take much to create a breeding ground – mosquitoes can lay eggs in as little as a teaspoon of water.

To minimize the mosquito population, the county conducts both aerial and ground spraying. If you have a mosquito issue in your area, you can request ground spraying by calling Broward County Mosquito Control at (954) 765-4062.

For updated information on the Zika virus and mosquito control efforts, visit www.floridahealth.gov/zika and www.broward.org/streets/mosquito.

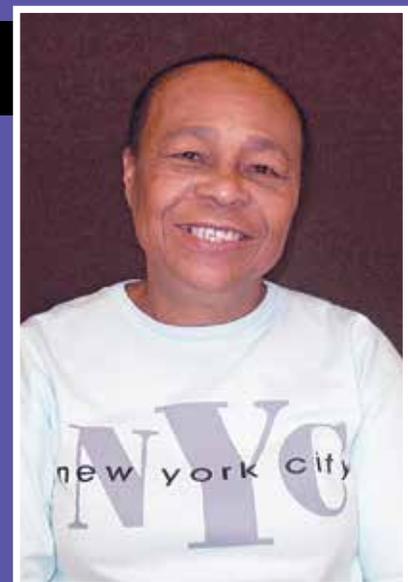


Volunteer of the Quarter

This quarter, we are pleased to honor Joan Brown, who has volunteered with the City for the past two years.

Joan works with the Parks and Recreation department's senior program, supporting events and dances, and often acts as a liaison between the staff and residents.

She's always eager and ready to help out in any way she can. Whenever she's asked for help, she gives it with a smile. Her positive attitude and reliability are truly appreciated. Thank you, Joan, for all your hard work!



Out With the Old

Demolition of the original Fire Station 78 is complete, and we're another step closer to building a new, larger station that will help Tamarac Fire Rescue meet the area's growing needs. Located on Commercial Boulevard east of the Turnpike, Station 78 serves the primary response area of east Tamarac.

The new, hurricane-rated, 9,300 square foot building will be 35% larger than the

original station, and will include a triage area to treat walk-in patients. To resolve safety concerns about fire trucks exiting onto busy Commercial Boulevard, the station will be reoriented allowing exit onto 47th Terrace.

Construction is slated to be completed in 2017. There's no lapse in service as the fire station's crew is currently operating out of temporary quarters, located in Mainlands 5.



City Gives COP Program Added Horsepower

To give the Tamarac Citizen Observer Patrol (COP) some added horsepower, the City has donated two vehicles to the program to be used as patrol cars.

BSO manages the program, and trains volunteers to serve as eyes and ears for law enforcement in their communities. COP members patrol their neighborhoods in specially marked cars and report suspicious activity or potential hazards. Their presence and vigilance alone are often a crime deterrent.

In recent years, the Tamarac COP program has grown to include 265 volunteers, increasing the need for patrol cars. Thanks to all the COP volunteers who give their time to keep Tamarac safe.



First in Tamarac: Paperless Asbestos Certification

Broward County recently launched a new service enabling building permit applicants to obtain asbestos certification online. It made Tamarac the first Broward city in which the certification can also be submitted directly to the City online from the county's website. No need to print!

Building permit applicants in Tamarac already enjoy the convenience of our ePermit system, launched in 2014. It enables residents, contractors and City staff to handle plan submission, review and approval processes online, and provides 24/7 real-time access to information.

Now, the ability to obtain and submit asbestos certification online makes the permit process in Tamarac even more

convenient. What previously required a trip to the County's Pollution Prevention office in Plantation, is now just a few clicks away.

The asbestos certification is called a Statement of Responsibilities Regarding Asbestos (SRRA). Who needs it? All permit applicants for commercial projects involving renovation or demolition, and applicants for residential mold remediation projects.

To apply for asbestos certification electronically visit www.broward.org/epermits. For information on Tamarac's building permitting processes, visit www.tamarac.org/epermits, call (954) 597-3420 or email permit@tamarac.org.

Celebrating Arbor Day



Tamarac celebrated Arbor Day in Florida with the annual tree distribution at Challenger Elementary School. As part of the Fourth Grade Foresters program, City staff taught the 180 students about how to care for the native slash pine seedlings to help them reach their full height. The students were challenged to share how their trees are doing when we return next year. The City also donated seedlings to plant around the school grounds.

Still Time to File Homestead Exemption

If you think you've missed your window of opportunity to file for homestead exemption for 2016, think again. There is a late file option which allows you to file through September 19th, but that's the absolute latest. For more information, contact the Broward County Property Appraiser's office at (954) 357- 6830.



The Health and Wellness Expo in February offered preventative health and wellness information, free health screenings, raffle prizes and more.



The Department of Environmental Protection presented the Mayor and Commission with a check for \$100,000, representing two Florida Recreation Development Assistance grants used to renovate Sunset Point Park.



BSO Tamarac District hosted a successful "Shop with a Sheriff" event, giving six lucky Tamarac school children each a \$100 shopping spree. The outing was held in partnership with Toys "R" Us in Plantation.



Hats off to the Historical Society



The Tamarac Historical Society's Titanic Tea was a resounding success with 134 attendees, many wearing elegant hats of early 20th century style. They enjoyed a presentation by historian Kyrila Scully, which she delivered in character as Titanic survivor Margaret "Molly" Brown.

DISCOVERY

Discover the Benefits of Tamarac Parks and Recreation



Playability

The extent to which a city makes it easy for all kids to get balanced and active play

#playability

Tamarac Parks and Recreation e-Newsletter

The Parks and Recreation department's monthly e-newsletter, called P&R e-News, highlights department happenings including events, trips, classes and services.

To subscribe, sign up online at:

www.tamarac.org

click the "Notify Me" tab in the left column and click the "Online Newsletter" box.

SUMMER TEEN PROGRAM

Tamarac's Summer Teen Program offers 15 to 17 year olds the opportunity to earn volunteer hours, while gaining valuable experience working in a variety of departments throughout the City. The program is open to both Tamarac residents and non-residents. A one-time fee of \$299 is due after acceptance and is applied to field trips, classes, staff time and transportation costs.

Interested in learning more? Application packets are available at the Community Center (8601 W. Commercial Blvd.) and Recreation Center (7501 University Drive), or by calling (954) 597-3639.

Space is limited. Interested parties must submit a completed application with all the required documents by Friday, April 29th. This includes a current school transcript and letter of recommendation. Interviews will be conducted during the week of May 23rd.

PROGRAM DETAILS

Dates: June 20th - August 12th

Times: Monday - Thursday
9 am—3 pm

Ages: 15—17 years old

Cost: \$299 per person

CAPORELLA AQUATIC COMPLEX

Visit the Caporella Aquatic Complex and enjoy its many amenities including a 25-meter heated swimming pool with zero-depth entry, a slide and children's water sprayground. The complex also offers a 3,000- square-foot fitness center, locker rooms and outdoor picnic tables. Please call (954) 597-3660 for Aquatic Complex admission fees and rental information, or for additional information on the classes and lessons listed below.



POOL HOURS*

Weekdays: Pool: 10 am – 6 pm
Slide and Sprayground:
2:30 pm – 6 pm

Saturdays: Pool, Slide, and Sprayground:
10 am – 6 pm

Sundays: Pool, Slide, and Sprayground:
10 am – 4 pm

*Summer hours of 10 am – 6 pm daily for the pool, slide and sprayground start June 13th.

SWIM LESSONS

Tot: Ages 3-5

Levels 1 and 2: Ages 5 & over

Adult Level 1: Ages 13 & over

When: Call for days and times

Fee: Residents: \$45; Non-residents: \$55

PROACTIVE ARTHRITIS WATER EXERCISE CLASS

When: Monday and Wednesday
10 am – 11 am

Fee: Senior Program Members: Free
Others: \$4/Class

WATER AEROBICS

When: Monday and Wednesday
6 pm – 6:45 pm

Fee: Residents: \$45
Non-residents: \$55
(Four week session)

TAMARAC SWIM TEAM

Tamarac Swimming offers a competitive swim team

program for children aged 5 – 18, and a masters program for adults aged 18 – 90. The programs are held at the Caporella Aquatic Complex. Free tryouts are held Monday through Thursday, any time between 5 pm – 7 pm. Tamarac Swimming is offering a second month FREE when you try out and sign up for a month. Rates start as low as \$50/month.

For additional information please email tamaracswimming@gmail.com or visit <http://tamaracswimming.com>.

FITNESS CENTER

We invite you to visit the Caporella Fitness Center, which offers a friendly, non-competitive workout environment with a variety of free weights, Life Fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. On your first visit, our qualified staff will show you around and help you get familiar with the equipment. We also have personal training sessions available by appointment. For more information, visit the Fitness Center today, call (954) 597-3661, or visit our website at www.tamarac.org/parks.

Annual Fitness Membership Fees:

Adult Membership:	\$150
Senior/Military/Vets Membership:	\$135
Teen Membership (16-17 years old):	\$95
Teen Membership (13-15 years old):	\$65

Three month and six month membership options are also available.

FACILITY LOCATIONS

Caporella Aquatic Complex

9300 NW 58th Street

Caporella Park

5200 Prospect Road

Gary B. Jones Park for People and Pups

8101 Southgate Boulevard

Mainlands Park

4500 Monterey Drive

Sunset Point Park

11000 McNab Road

Tamarac Community Center

8601 West Commercial Boulevard

Tamarac Multi-Purpose Center

7531 North University Drive

Tamarac Park Recreation Center

7501 North University Drive

Tamarac Sports Complex

9901 NW 77th Street

Tephford Park

10003 Southgate Boulevard

Veterans' Memorial Park

7825 Southgate Boulevard

For more information on any of the programs or activities listed in the Discovery section of Tam-A-Gram, please contact Tamarac Parks and Recreation at (954) 597-3620. Times and locations may be subject to change without notice.



ATHLETIC LEAGUES

The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.

YOUTH BASKETBALL

Registration for Youth Basketball's summer/fall season begins May 9th. The league is for boys and girls ages 6-17. Practices will begin in July with games starting in August. The season will conclude in October. Space is limited. Volunteer coaches are needed.

Fee: Residents: \$85, Non-Residents: \$95

ADULT ATHLETIC LEAGUES

Registration for summer adult leagues for Basketball, Kickball, Coed Softball and Flag Football will take place in May and June. Games are played on the following evenings: Basketball, Thursday; Kickball, Wednesday; Coed Softball, Friday; and Flag Football, Monday.

Basketball registration is by individual only. The league requires all players to be 30 years of age or older.

Kickball, Coed Softball and Flag Football registration is by team only. These leagues require players to be 18 years of age or older.

FOR ADDITIONAL INFORMATION ON START DATES AND COSTS, PLEASE CALL (954) 597-3620.

FOR MEN'S SOCCER CALL (786) 367-0972

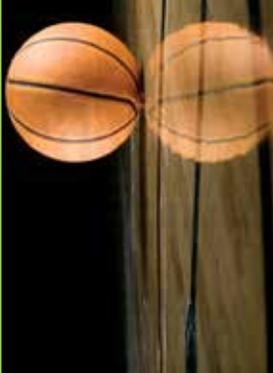
FOR THE FOLLOWING YOUTH ATHLETIC LEAGUE INFORMATION PLEASE CALL (954) 597-3620:

Spring and fall Baseball, Youth Flag Football, and Youth Soccer

FOR YOUTH TACKLE FOOTBALL/ CHEERLEADING CALL (954) 721-5131

FIELD RENTAL: Athletic fields are available to rent at a nominal fee. Call (954) 597-3620 for more information.

For information on field closures due to rain or maintenance, call (954) 597-3667.



YOUTH RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Session	Location
Art & You	Mon.	6 - 7:30 pm	7 - 12 yrs.	\$60/\$70	4-week	Recreation Center
Basketball Fundamentals	Wed.	6 - 6:45 pm	10 - 14 yrs.	\$30/\$40	4-week	Multi-Purpose Center
Cartooning Class	Sat.	10:30 - 11:30 am	10 & over	\$40/\$50	4-week	Recreation Center
Fashionista	Sat.	12:30 - 1:15 pm	6 - 14 yrs.	\$40/\$50	4-week	Community Center
Gymnastics	Thurs.	6 - 6:45 pm	5 - 12 yrs.	\$45/\$55	4-week	Recreation Center
Hip Hop/Cheerleading/Tumbling	Sat.	11 am - 12 pm	5 - 12 yrs.	\$45/\$55	4-week	Recreation Center
Imagination Mornings	Wed.	10 - 10:45 am	2 - 4 yrs.	\$25/\$35	4-week	Recreation Center
I-Imagine Art	Sat.	11:45 am - 12:30 pm	5 - 14 yrs.	\$40/\$50	4-week	Community Center
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	4-week	Recreation Center
Kids Cooking	Tues. (1st & 3rd)	6 - 8 pm	7 - 12 yrs.	\$40/\$50	2-week	Recreation Center
Krafty Kids	Mon.	10 - 10:45 am	2 - 4 yrs.	\$25/\$35	4-week	Recreation Center
Level 1 & 2 Ballet, Tap & Jazz	Sat.	10 - 11 am	3 - 12 yrs.	\$45/\$55	4-week	Recreation Center
Lil Sprouts Cooking	Tues.	10 - 10:45 am	2 - 4 yrs.	\$25/\$35	4-week	Recreation Center
Start Smart Sports	Thurs.	6 - 6:45 pm	4 - 6 yrs.	\$30/\$40	4-week	Multi-Purpose Center
Taekwondo (Advanced)	Tues. & Thurs.	5:30 - 8:30 pm	7 - 12 yrs.	\$80/\$90	4-week	Recreation Center
Teen Club	Thurs.	7 - 8 pm	12 - 17 yrs.	\$25/\$35	Annually	Multi-Purpose Center
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	4-week	Sports Complex
Zumbatomic	Wed.	5 - 6 pm	4 - 12 yrs.	\$20/\$30	4-week	Multi-Purpose Center

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>.

ADULT RECREATION ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Session	Location
Aerobic Cycling	Mon. Tues. Thur. Sat.	7:15 - 8:15 pm 7:15 - 8:15 pm 6 - 7 pm 8:30 - 9:30 am	16 & over	\$7/\$8 \$85/\$100 \$140/\$160	Per Class 6 months Annual	Community Center
Badminton	Mon. & Wed. Sat.	6 - 9 pm 5 - 9 pm	13 & over	\$3/\$5	Per Class	Community Center
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$35/\$45	4-week	Recreation Center
Hand Building Ceramics	Thurs.	6 - 8:30 pm	16 & over	\$45/\$55	4-week	Recreation Center
Table Tennis	Sat.	2 - 9 pm	18 & over	\$1/\$2	Per Class	Community Center
Tennis Lessons	Sat.	9 - 10 am	13 & over	\$40/\$50	4-week	Sports Complex
Wing Chun	Mon. & Wed.	6:30 - 8:30 pm	13 & over	\$80/\$90	4-week	Recreation Center
Volleyball	Mon. Thurs. Sat.	6:30 - 8:30 pm 7:15 - 8:30 pm 1:30 - 4 pm	16 & over	\$5/\$6	Per Class	Multi-Purpose Center

ADULT FITNESS CLASS SCHEDULE

RECREATION CENTER FITNESS SCHEDULE

Salsa Fitness	Mon.	6 - 7 pm
Yoga	Sat.	9 - 10 am
Total Fitness Training	Tues. & Thurs.	6 - 7 pm
Zumba Fitness	Mon. & Wed. Tues. Wed. Thurs. Sat.	7 - 8 pm 9:30 - 10:30 am 11 am - 12 pm

COMMUNITY CENTER FITNESS SCHEDULE

Body Sculpting	Thurs. & Fri.	6 - 7 pm
Kickboxing	Mon.	6 - 7 pm
Strength Training Aerobics	Wed.	6 - 7 pm
Tone and Sculpt	Tues.	6 - 7 pm
Yoga	Mon. Wed. & Thurs. Sat.	5:30 - 6:30 pm 7 - 8 pm 9:30 - 10:30 am
Zumba	Wed. & Fri.	7 - 8 pm

Participants can enjoy fitness classes at both facilities with a 10 class punch card, or with 6 month or annual membership.

Fees: Per Class: Residents: \$7; Non-residents: \$8
 10 Classes: Residents: \$55; Non-residents: \$65
 6 Months: Residents: \$85; Non-residents: \$100
 Annual Membership: Residents: \$140; Non-residents \$160
 Annual Membership/Seniors: Residents: \$110; Non-residents \$130

For more activity information, please call the Tamarac Community Center at (954) 597-3620 or the Recreation Center at (954) 597-3674. Registration is also available online for some programs at <https://webtrac.tamarac.org>.

SOCIAL SERVICES

All services are provided at the Tamarac Community Center (TCC) unless noted otherwise. Call the information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

CAREGIVER SUPPORT GROUP

Are you a full-time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. The group meets the 1st and 3rd Tuesday of each month at 10:30 am, and is offered in partnership with Jewish Family Services. Please call Susan Panzer at (954) 370-2140 for more information.

INDIVIDUAL COUNSELING

Free limited sessions for Tamarac residents only. Please call our counselors Lola at (561) 318-1935 or Lakshmi at (954) 655-7040 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.



LOWER YOUR PRESCRIPTION COSTS

Start saving today with the City of Tamarac Prescription Discount Card program for those without insurance. Benefits include an average savings of 20%, free enrollment and coverage for all family members. No income requirements.

Pick up at Tamarac Community Center.

POSITIVE ADJUSTMENT GROUP

Learn coping skills and how to adjust to life changes including losing a loved one, health, daily living activities, moving, etc. A licensed mental health therapist will facilitate this important group for all seniors.

When: Mondays, 10:30 am – 11:30 am

TEEN PARENTING GROUP BY MEMORIAL HEALTHCARE SYSTEM

The City of Tamarac, in partnership with Memorial Healthcare System, cordially invites you to participate in FREE parenting sessions that provide different perspectives on adolescent development, parenting styles, communication, and working together as a family to improve relationships and strengthen family bonds.

When: Wednesdays, 6:30 pm – 7:30 pm

CENTER FOR COMMUNICATIONS - FREE AMPLIFIED PHONE

Provides amplified phones and TDDs free of charge to Florida residents who are deaf or hard of hearing.

When: April 7th and June 2nd

FREE 911 CELL PHONES FOR SENIORS

Call (954) 597-3642 to set up an appointment. Donations of cell phones are accepted.

When: Second Monday of each month at 9 am

SENIOR SOCIAL

Join us for light refreshments and an educational lecture.

When: Third Tuesday of each month at 11 am

SHINE COUNSELOR

Serving Health Insurance Needs for the Elderly. Have questions regarding your Medicare/Medicaid insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.

VETERANS ADVISOR

When: Last Friday of each month 8 am – 11 am

No appointment necessary.
No service in the months of June, July and August.



TRANSPORTATION AND EXPRESS SHUTTLE SERVICES

Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two community bus routes – the Red and Red Extension Transit Routes – to locations across the City. Schedules and fees are available at www.tamarac.org and at City facilities.

Additionally, the City runs an Express Shuttle once a month. The shuttle starts at 10 am at the Tamarac Community Center and visits the following stops: Coral Square Mall, BJ's, Home Depot, Whole Foods, Sam's Club, Doris Italian Market & Bakery, Michaels, and Panera Bread. The shuttle costs \$1 roundtrip, and no sign up is required. Please call (954) 597-3649 for dates.



ADULT TRIPS

Register for all trips at the Tamarac Community Center from 8 am - 8 pm. All bus trips will leave from this location. For information, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

BROWARD CENTER - DIEGO & DREW SAY I DO

Thursday, April 7th, 5:30 pm – 11 pm
Residents: \$70, Non-residents: \$80

BROWARD CENTER - DIRTY DANCING

Thursday, April 21st, 4:30 pm – 11 pm
Residents: \$85, Non-residents: \$95

KRAVIS CENTER - THE BRIDGES OF MADISON COUNTY

Thursday, April 28th, 4 pm – 11 pm
Residents: \$80, Non-residents: \$90

CORAL SPRINGS CENTER FOR PERFORMING ARTS - THE MUSIC OF ABBA: ARRIVAL FROM SWEDEN

Thursday, May 12th, 5 pm – 11 pm
Residents: \$55, Non-residents: \$65

BROWARD CENTER - BEAUTIFUL - THE CAROLE KING MUSICAL

Thursday, May 19th, 4 pm – 11 pm
Residents: \$90, Non-residents: \$100

DIVA DUCK TOUR AND CITYPLACE

Thursday, June 2nd, 3 pm – 9 pm
Residents: \$30, Non-residents: \$40

BROWARD CENTER - DISNEY'S BEAUTY AND THE BEAST

Thursday, June 16th, 4 pm – 11 pm
Residents: \$75, Non-residents: \$85



SPECIAL EVENTS

TAMARAC COMMUNITY FARMERS MARKET

The market is a great place to shop for fresh produce, honey, sauces, baked goods, pickles, and other artisanal goodies. Come meet the producers and sample their locally prepared, all natural products.

Where: Veterans' Memorial Park
When: Every Sunday
9 am – 2 pm

FOOD TRUCK HUMP DAYS

Where: Tamarac Park
When: Every Wednesday
5:30 pm – 9:30 pm



CONCERT IN THE PARK

Join us for a live outdoor performance featuring 80's rock band "Lazy Boney", a bounce house for the kids, and food trucks offering a variety of food and snacks for the evening.

Where: Tamarac Sports Complex
When: Friday, April 8th
7 pm – 9 pm

COMMUNITY GARAGE SALE

Where: Tamarac Park
When: Saturday, April 9th
7:30 am – 12 pm

EARTH DAY CELEBRATION

Celebrate a healthy environment and a healthy you at Tamarac's Earth Day celebration. Visit eco-friendly vendors and shop for your favorites at the Farmers Market. Event is held in partnership with EarthSave and the Tamarac Community Farmers Market.

Where: Veterans' Memorial Park
When: Sunday, April 24th
10 am – 2 pm
Fee: Free

SPRING SWIM BASH PARTY

Have fun in the sun at the annual Swim Bash party. Enjoy music while you swim, free popsicle, and raffle prizes.

Where: Caporella Aquatic Complex
When: Saturday, April 30th
12 pm – 4 pm

Fee: \$3.50 - 17 & under
\$4.00 - 18 & over

CONCERT ON THE GREEN

Bring your family and friends and enjoy live music, food available for purchase, and Tamarac fresh air!

Where: Colony West Golf Club
When: Friday, May 6th, 7 pm – 8:30 pm
Fee: Free

MOTHER'S DAY BRUNCH

Enjoy a morning with mom filled with games, dancing, arts and crafts, and a light brunch.

Where: Tamarac Community Center
When: Saturday, May 7th, 10 am – 12 pm
Fee: \$5 per person, pre-register by Wednesday, May 4th

NATIONAL WATER SAFETY MONTH EVENT

Be safe in and around the water! Join us for free water safety demonstrations, children's activities, music and giveaways.

When: Saturday, May 14th
12 pm – 3 pm
Where: Caporella Aquatic Complex
Fee: Free

MEMORIAL DAY CEREMONY



Join us in remembering our veterans, as the City pays tribute to those who gave their lives to protect our freedom. The City of Tamarac Veterans Affairs Committee, along with our Mayor and City Commission, invite you to join them on this special holiday. Winners of the "What Memorial Day Means to Me" essay contest will be recognized.

Where: Veterans' Memorial Park
When: Monday, May 30th, 10:30 am
Fee: Free

FATHER'S DAY FISHING TOURNAMENT

Grab your fishing poles and bait and enjoy a day of fishing with your family. Price includes a gift for dad and lunch. Fishing starts promptly at 9 am.

Where: Caporella Park

When: Saturday, June 18th, 9 am – 12:30 pm

Fee: \$5 per person, pre-register by Wednesday, June 15th at Tamarac Recreation Center or Community Center



ARTIST OF THE MONTH

Artwork is displayed at the Tamarac Community Center.

April Romaine Kaufman:

Abstract Expressionism

May Diahann Harris: Indian Artwork

June Ashley Jenkins: Life, Space & Time

BECOME A SPONSOR!

Sponsoring a special event is a great way to reach your target audience. Partnering with the City of Tamarac provides an opportunity to promote your business and increase visibility in the community. Contact the Tamarac Parks and Recreation department at (954) 597-3632 for more information.

SENIOR PROGRAM

Want to have fun, try new activities, make friends and get in shape? Tamarac's Senior Program offers more than 40 different activities every week, Monday-Friday, 8:30 am – 4 pm. This program is for seniors aged 55 and up. For additional information, including full descriptions of the classes and programs listed below, please call (954) 597-3620.

▲ Indicates degree of physical challenge

CREATIVE CLASSES

Card Making: Thurs. 1 pm

Clay Class: Fri. 10 am

Happy Hookers Knitting Group: Mon. 1 pm

Painting Club: Tues. 1 pm

Writing Group: Tues. 10 am

EXERCISE & MOVEMENT

Carol's Cardio ▲▲▲▲: Fri. 11 am

Carol's Cardio Kickboxing Plus Muscle

Training ▲▲▲▲: Tues. 11 am

Chair Yoga ▲: Tues. and Thurs. 11:30 am

Core Yoga ▲▲: Wed. 11:30 am

Gentle Yoga ▲: Fri. 12:15 pm

Jazzercise ▲▲: Mon. - Fri. 10 am

Line Dancing ▲▲: Mon. and Thurs. 11 am

Movement Mix ▲▲: Wed. 10 am; Fri. 11:15 am

Proactive Arthritis Water Exercise Class ▲▲: Mon. and Wed. 10 am (Aquatic Complex)

Senior Cycling ▲▲▲▲: Mon. 10:30 am

Senior Dance: Ballroom. Thurs. 1 pm

Sit & Fit Aerobics ▲: Tues. and Thurs. 10:30 am

Small Group Strength Training ▲▲▲▲:

Wed. 10:15 am (Advance sign up required, RSVP Monday mornings)

Tai Chi / Qigong ▲: Mon. 9 am

Yoga ▲▲: Mon. 10:30 am

Zumba Sentao ▲▲▲: Fri. 10 am

Zumba Gold ▲▲: Mon. and Wed. 12 pm

GAMES & RECREATION

Badminton: Thurs. 12:30 pm

Bingo: Mon. 12:30 pm

Pickleball ▲▲: (Beg) Mon. 12:30 pm; (Int & Adv)

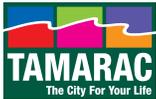
Tues. 11:30 am; (All levels) Wed. and Fri. 12:30 pm

Pickleball Fundamentals: Wed 9 am

Ping Pong: Thurs. 12:30 pm; Fri. 10 am

Trivia: Fri. 2 pm

Volleyball ▲▲: Mon., 11:15 am; Wed. 10:30 am; Thurs. 11:30 am



CITY OF TAMARAC
7525 N.W. 88th Avenue
Tamarac, Florida 33321-2401

Prst Std
US Postage
PAID
Miami, FL
Permit No. 4603



April 2-3 • 10 am - 5 pm
Tamarac
Community Center
8601 W. Commercial Blvd.



P.A.R.O.T. GOLF TOURNAMENT

Join the Parks and Recreation Foundation of Tamarac (P.A.R.O.T.) for its 5th annual golf tournament. Registration includes an 18-hole scramble, shirt, goodie bag, light lunch and Italian buffet. Proceeds will be used to fund youth program grants, scholarships, playground equipment and parks and recreation events. Participate as a golfer, sponsor or contributing partner.

- WHEN:** Friday, May 13th
Registration: 11 am
Shotgun start: Noon
- WHERE:** Colony West Golf Club
6800 NW 88th Ave.
- COST:** \$125/player
Sponsorships start at
\$150 for Green/Tee sponsor

For information or registration, contact Linda Probert
at (954) 597-3632 or linda.probert@tamarac.org,
or visit www.tamaracprf.org.

