

TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

JULY | AUGUST | 2020



BACK TO BUSINESS

Tam-A-Gram is the official publication of the City of Tamarac, Florida.

Reader questions and comments are welcome. Please send your comments to:

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IMPORTANT NUMBERS

MAIN NUMBER	(954) 597-3500
ADA Coordinator/Accessibility.....	(954) 597-3600
Voice	1 (800) 955-8770
TTY	1 (800) 955-8771
Citizen Hotline.....	(954) 718-1800
(Activated During Emergencies)	
Building Services.....	(954) 597-3420
Building Inspections, Building Permitting and Inspection Results	
City Clerk's Office	(954) 597-3505
City Manager's Office.....	(954) 597-3510
PIO (Media).....	(954) 597-3523
Community Development	(954) 597-3530
Code Enforcement.....	(954) 597-3425
Business Revenue.....	(954) 597-3537
Financial Services.....	(954) 597-3550
Purchasing.....	(954) 597-3570
Customer Service.....	(954) 597-3590
Fire Rescue (Non-Emergency)	(954) 597-3800
Human Resources.....	(954) 597-3600
Job Line	(954) 597-3615
Risk Management.....	(954) 597-3613
Mayor and Commission.....	(954) 597-3460
Parks & Recreation.....	(954) 597-3620
Community Center.....	(954) 597-3620
Caporella Aquatic Complex.....	(954) 597-3660
Caporella Fitness Center.....	(954) 597-3661
Social Services	(954) 597-3642
Transit/Shuttle Bus	(954) 597-3649
Police/BSO Tamarac District (General).....	(954) 720-2225
(Non-Emergency)	(954) 764-4357
Public Services.....	(954) 597-3700
Engineering.....	(954) 597-3712
Recycling & Trash Hotline	(954) 597-3740
Utilities (Water)	(954) 597-3750
Billing Inquiries	(954) 597-3590
Utilities (Leaks, Breaks, etc.).....	(954) 597-3750
Water Treatment Plant.....	(954) 597-3775
(Also used for after-hours utilities emergencies.)	

SERVICE PROVIDERS:

Florida Power & Light.....	(954) 797-5000
Waste Management.....	(866) 684-3142
Comcast Cable.....	(954) 252-1937
Library (Tamarac Branch)	(954) 765-1500
Post Office (Tamarac Branch).....	(954) 722-3152

Back To Business

We are slowly getting back to business, however it's not quite business as usual – in some ways it can never be. But we are inching toward a semblance of a new normal. And moving forward, there are a number of issues we must address head on.

We have a long overdue reckoning with racial inequality and its impacts. People are stressed and stretched to their limits and it's time to deepen our understanding of one another. To put ourselves in each other's shoes and see things we may have never seen before. To acknowledge a past and present of racial injustice in this country.

In times of struggle and strife, people turn to government for relief. They look for leadership to have their best interests at heart, to protect them, to right what's wrong. The world as we know it is breaking down, hopefully to be fashioned into something better and stronger for all. A place where people from all walks of life enjoy the benefits of the community equally and without any barriers to full participation.

If 2020 has taught us anything, it's that we need to be prepared for the unknown: both our organization and our finances. Whether we're facing a hurricane, pandemic or demonstration, your City leaders have the responsibility to ensure the proper actions are taken, the critical infrastructure is in place and everything is funded appropriately.

You can be very proud of the way City employees have pulled together to meet the challenges that have come their way. Though our doors have been closed to the public for a while, staff has been innovative in finding new methods to deliver service to our residents and businesses. And, we're working hand-in-hand with the community in the Tamarac Together – Support Local Business campaign.

We've been able to accomplish as much as we have so far in 2020 because we've been prudent with our spending. This has been an unpredictable year, and like it or not, it's going to be followed by a few years of financial uncertainty. We need to have the flexibility for whatever comes our way. The City is going to have to be leaner and even more strategic to ensure we continue to provide the high level of service people have come to expect.

Remember where we've been over the last year and that nothing is promised – we have no idea what tomorrow may bring. We certainly can't afford to let our guard down as it relates to COVID-19. With our large vulnerable population, we must remain vigilant despite any relatively minor inconveniences. We're in the heart of hurricane season and this year that will require even more advance preparation in light of the pandemic.

Yes, we're slowly getting back to business. But we're changing the way we do business, for a better future. Let's continue the conversation and, together, we'll make Tamarac a better place for everyone.



Coronavirus - The City Responds

Your health and safety are always our top priority, especially through the evolving Coronavirus pandemic. Though we've begun a careful, phased reopening in Broward County and throughout the state, we are still in the midst of a global health crisis and expect long-lasting effects on our community. While the City modified the way we operate, we're here to serve you, and we'll be here for the duration.

That includes carefully monitoring developing information about COVID-19, new legislation, executive orders and emergency orders, and delivering critical information to the community via our website, email, CodeRED and social media. We're working directly with local businesses providing information and support, like our successful restaurant campaign and a new Tamarac Together: Support Local Business campaign highlighted on page 4 of this magazine. Every City department plays a key role.

Tamarac Fire Rescue is at the forefront of our emergency response, coordinating efforts with Broward County and the state and working closely with healthcare, assisted living and nursing home facilities.

While Parks and Recreation suspended programming and closed facilities and parks (parks are now reopened for limited use), they introduced online classes to help people stay fit, entertained and engaged while staying at home. They orchestrated food distribution events in Tamarac, partnering with Feeding South Florida and



local churches. Social Services continues to help our most vulnerable community members and the Transportation division has continued offering paratransit services.

Community Development has also spearheaded programs to help those in need, using grant funds to increase the number of people served by our senior feeding program. They launched a program to assist residents with mortgage, rent and utility payments, utilizing approximately \$120,000 of funding received from the State Housing Initiatives Partnership program known as SHIP. In June, they launched a City-funded residential assistance program.

Public Services continues the essential activities of running the water treatment plant, managing the wastewater system and maintaining City property. They've orchestrated additional sanitation for City buildings



Tamarac Fire Rescue delivered personal protective equipment to assisted living facilities and nursing homes in the City.



and shuttle buses and installed plexiglass shields in reception areas to protect employees and visitors when we reopen.

The Building department is using its e-permit system to process permits and review plans electronically while conducting regular inspections for all but interior residential projects. They've gotten creative for residential projects, performing some inspections virtually and allowing outside engineers to inspect others.

Financial Services has ensured that employees and vendors get paid during this trying time and closely monitors the financial impact the pandemic is having on the City. They delivered an update at a Commission workshop on June 3rd that you can watch On Demand at www.Tamarac.org/CityCommissionMeetings.

As we've adapted to the new normal, Information Technology trained staff on telecommuting and tools used for virtual meetings, teaming up with the City Clerk's office to host virtual public meetings. Human Resources has taken care of staff needs, creating safety guidelines, administering changing federal laws regarding Coronavirus sick leave, and delivering COVID-19 related training.

We continue to evaluate the impacts of the pandemic and are taking care of current needs. We're also keeping an eye on recovery and long-term needs. While we can't solve everything, we're doing what we can to keep our residents and businesses safe and to help them get back on their feet again. Keep watching City communications on the website, email and social media for updates, and sign up for CodeRED.

Tamarac Together: Support Local Businesses

Small locally owned businesses are the backbone of our nation's economy. They play a critical role in our City's economy as well. To help Tamarac businesses recover from the impact of the COVID-19 pandemic, we encourage our residents to buy, eat, play, entertain and stay local this summer.

Tamarac's Economic Development Office is partnering with the Tamarac North Lauderdale Chamber of Commerce to launch a "Tamarac Together: Support Local Business" campaign. It's part of a larger countywide effort led by the Greater Fort Lauderdale Alliance.

Look for Tamarac Together decals at your favorite local businesses as a reminder that, if we support each other, we will all get through this together.



Annual Water Quality Report Available Online

You can view your City of Tamarac annual water quality report online at www.Tamarac.org/2019WaterReportWest or www.Tamarac.org/2019WaterReportEast if you reside east of NW 31st Avenue.

These reports contain important information about the source and quality of your drinking water. We detected 7 contaminants in the West System and 9 in the East. These contaminants were at allowable levels and *no health-based violations occurred*. Please call (954) 597-3750 if you would like a paper report delivered to your home.

Green Scene



Tips to conserve our natural resources.

- Plant wisely. To reduce water use, select Florida-friendly and drought-tolerant plants that are more likely than other varieties to survive a dry period.
- Think before you flush. Sewage clogs and backups aren't only messy and foul-smelling. They can also pose a serious health threat and contaminate our waterways. To keep Tamarac's sanitary sewer system in good working order, never flush fats, rags, oils, grease, diapers, paper towels or cleaning rags. Flushable wipes really aren't flushable!

COP of the Quarter

Tamarac Citizen Observer Patroller (COP) Debi Barden has been a BSO Tamarac volunteer since 2016. As a dedicated leader of the Forsythe 16 division, Debi creates the monthly schedule for her group of 17 COPs. Her commitment to public safety ensures extra eyes are looking over our City.

Whether serving as a vital member of the COPs program or volunteering at City events, Debi always wears a smile while putting safety first in everything she does.

Thank you for helping to make Tamarac a better place.



Water Safety

Relaxing by the pool is how many Floridians spend their summer days. With all the smiles and laughter we share by the pool, tragedy can quickly follow.

Florida leads the nation in drowning deaths of children between 1 and 4 years of age. Nationwide, it's also the number one killer of that age group.

Florida is surrounded by water and many homes have backyard pools, so teaching your children how to swim is essential. Visit

www.WaterSmartBroward.org to learn about swim lessons.

Never leave a child alone in or near water - not even to refill your drink. According to the US Army Corps of Engineers, it only takes 20 seconds for a child to drown. That's about the time it takes to read and respond to the average text message.

Leave all distractions, including your phone and tablet, inside and keep a close eye on those in the pool. Not only does drowning happen quickly, in many cases, it's a silent tragedy.



Installing fences and alarms around your pool or lake can save a life. These barriers should be a minimum of 4 feet high, non-climbable and should include a self-closing and locking entry point.

Prepare for the worst and hope it never comes. Call Tamarac Fire Rescue at (954) 597-3800 or visit www.Tamarac.org/421 to sign up for CPR lessons.

LOCAL BUSINESS UPDATES

A New Home

After operating out of three South Florida offices in Medley, Boca Raton and Miramar, mechanical contractors William R. Nash, Inc. moved its headquarters to 6401 Nob Hill Road in the Tamarac Commerce Park. We proudly welcome this industry leader to the City.

Nash knew they needed to grow their 90-person company under one roof. They searched for a location situated between their existing offices and found a 47,000-square-foot building in Tamarac that checked all the boxes for their new headquarters. The building provided 24,000 square feet of office space and 23,000 square feet dedicated to their fabrication needs. In addition, it was only two short miles for easy access to the Sawgrass Express Way, making it the perfect location.

President and CEO Russell Nash, along with his brothers, Chief Operating Officer Bill Nash and Vice President Mike Nash, lead their family's company, which was founded 55 years ago by their father, William R. Nash.

Starting with a focus primarily on plumbing systems, it's now a third-generation family-owned and operated mechanical construction company that offers complete mechanical construction services. Throughout the United States and the Caribbean, William R. Nash is a recognized leader in the healthcare,

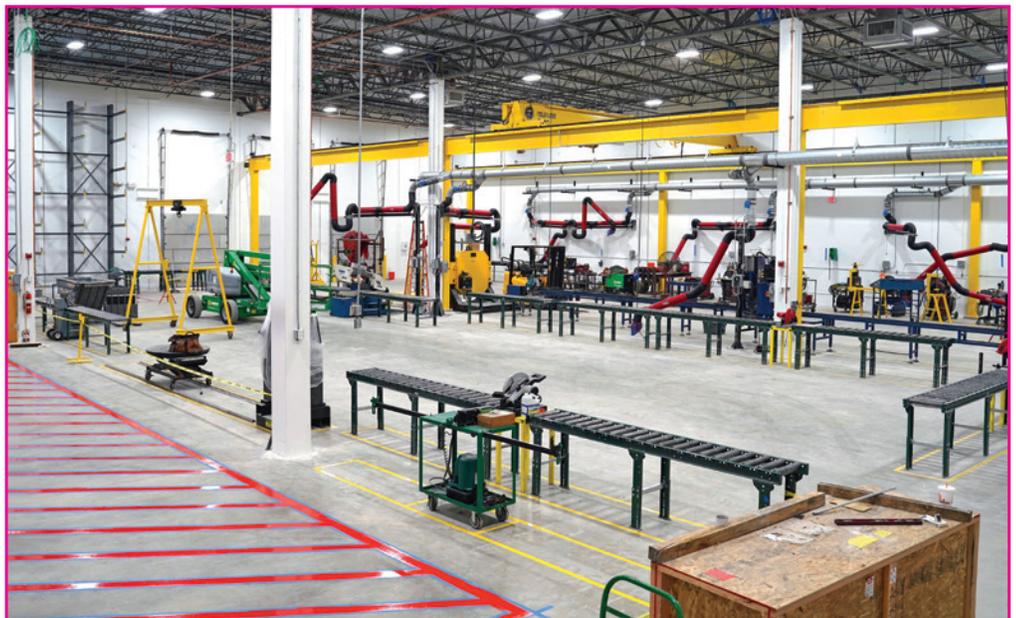
hospitality, correctional, sports and entertainment markets.

According to Russell, the healthcare market makes up 95% of the company's annual revenue. Government regulations are continually changing for healthcare, and this Tamarac business dedicates a lot of time to ensure they're on top of the latest requirements.

Local large-scale projects recently completed include the Miami Beach Convention Center, Miami Cancer Institute and Westside Regional Medical Center in Plantation.

"The need for our services will always be there as hospitals are continually renovating and innovating," Russell said. Major clients include Hospital Corporation of America, Baptist Health South Florida, Memorial Healthcare System and Tenet Corporation.

"The City of Tamarac was very welcoming during our move here, and we are looking forward to returning that generosity by becoming a good corporate citizen for this community for years to come," Russell said.



Satisfy Your Sweet Tooth



Tamarac residents can now enjoy warm, freshly baked cookies delivered right to their door. Midnight Cookies & Cream has joined the City's growing list of eateries.

Choose from 22 decadent cookie flavors, including birthday cake, snickerdoodle and Nutella stuffed. Plus, with the arrival of summer, you can indulge in 24 different homemade ice cream flavors, customizable ice cream sandwiches and milkshakes, too.

The idea of opening a dessert business started when co-owner and pro bodybuilder Jonathan Mordechai was always on the hunt to satisfy his craving for sweets. After perfecting the recipes from his home kitchen, he convinced a family member and now business partner, Dani Tobaly, to open what's now known as Midnight Cookies & Cream. The duo opened their first location in Florida in 2018. Their first eatery's success prompted the opening of four additional South Florida locations, with Tamarac marking their fifth store.

"We're beyond excited to be here and to bring fun, tasty treats to the community," Dani said. "We want to be part of the Tamarac family."

You can treat yourself Sunday through Thursday from noon to midnight, or Friday and Saturday from noon to 2 am by visiting Midnight Cookies & Cream in Mural Plaza, 6526 N. University Dr., or by placing an order at MidnightCookiesAndCream.com.



LOCAL BUSINESS UPDATES

Growing in Tamarac

Did you know that Sonny's The CarWash Factory was the first company based in Tamarac's bustling Commerce Park? They moved there in 2001 when they outgrew their Fort Lauderdale warehouse. They moved their headquarters and 50 employees to Tamarac due to our great location and the City staff's willingness to accommodate their needs.

CEO Paul Fazio had big plans for the future. Surrounded by open space, Tamarac felt like a place his company could grow. And it was.

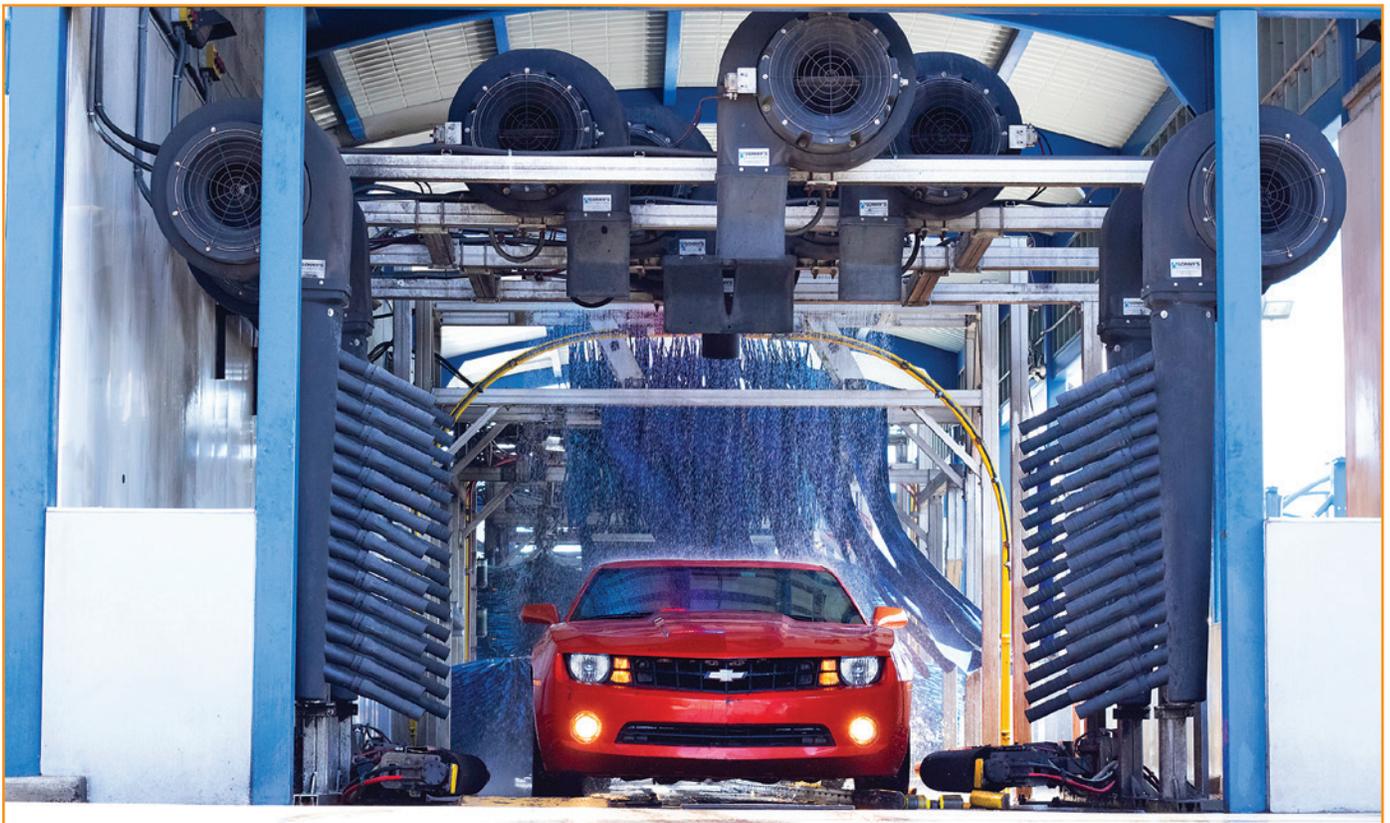
At Paul's request, the warehouse built directly behind his offices utilized the same architectural style. That worked out well for Sonny's when another expansion was needed three short years later. They broke down the wall to seamlessly merge the two buildings, creating a 135,000-square-

foot facility where skilled welders, robotics engineers and fabricators can turn raw material into American-made car washes.

Sonny's workforce includes nearly 300 employees in Tamarac. They plan to hire 30 - 40 new employees this year to keep up with demand, working closely with Atlantic Technical College to recruit graduates from the machining technologies and welding programs.

Business is excellent for Sonny's. Moving at the speed of smart, Paul has his eyes set on doubling his total sales and workforce in the next five years.

Building and selling 250 conveyORIZED car washes a year, Sonny's is the largest car wash manufacturer in the world, and we're proud that they call Tamarac home.

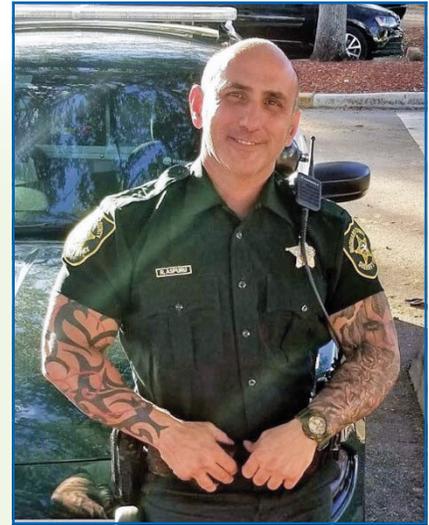


In Memoriam

Our deepest condolences go out to the family of BSO Tamarac Deputy Roberto Aspuru, 54, who was killed in an off-duty traffic incident.

Deputy Aspuru began his career with the Broward Sheriff's Office Department of Detention in 1999. While there, Deputy Aspuru became cross-certified, which allowed him to be reassigned to the Department of Law Enforcement. He served the City of Tamarac for five years, beginning in 2015.

Deputy Aspuru is survived by his wife, parents and siblings.



Let Your Voice Be Heard

After the challenges and uncertainties of COVID-19 and the unrest caused by the tragic death of George Floyd, one very important way to regain a sense of normalcy and control of your destiny is to exercise your right to vote in the upcoming elections.

The primary election takes place on August 18th. Depending on where you live, you can vote for your political party's candidates for a number of county positions, representatives in the U.S. Congress, seats on the Florida legislature and more.

But there won't be any City of Tamarac races or ballot measures during the primary. By law, all municipal elections are nonpartisan votes. This year, Tamarac residents in Districts 1 and 3 will vote for their Commission candidates in the November 3rd general election.

To vote in the August primary, you must register to vote by July 20th. After that, you've got options for when and where you vote.

You can vote by mail if you want to avoid crowds. Just request a mail-in ballot from the Supervisor of Elections office online at www.Browardsoe.org, via email to VBM@Broward.org, by calling (954) 357-7055 or by picking one up in person at 115 S. Andrews Ave., Rm. 102 in Fort Lauderdale.

You can also send a ballot request by mail to the Broward Supervisor of Elections - VBM Request, PO Box 029001, Ft. Lauderdale, FL 33302-9001. The last day to request a mail-in ballot be mailed to you is August 8th.

Early voting takes place August 8th - 16th at 22 locations across the county, including the Broward County Library's Tamarac branch. You can visit whichever site is most convenient for you - a list of sites and hours is available at the Broward County Supervisor of Elections website at www.BrowardSOE.org.

If you prefer to wait until Election Day, you can vote at your assigned polling place on August 18th.

For more details on all your voting options, or to check your voters registration status and polling place, visit www.BrowardSOE.org, or call (954) 357-7050.



City Commission Meetings

Join us for City Commission meetings and workshops at the times and dates below.

Commission Workshops:

August 24th

All workshops are at 9:30 am.

Commission Meetings:

July 8th, 7 pm

August 26th, 9:30 am

The City will announce whether these meetings will be held virtually or in-person at Tamarac City Hall, based on guidelines

in Executive Orders from Florida Governor Ron DeSantis. In-person and virtual meetings are open to the public and streamed live at www.Tamarac.org/CityCommissionMeetings and on the City of Tamarac Facebook page.

For information on public participation, visit www.Tamarac.org/GovernmentMeetingInformation.

This schedule is subject to change. To confirm, visit www.Tamarac.org or call the City Clerk's office at (954) 597-3505.

A Salute to Veteran-Owned Small Businesses

Recognizing the sacrifice of our veterans, Tamarac added a preference for veteran-owned small businesses (VOSB) to the code that governs how the City purchases property, materials and services. This is another in a series of actions that we've taken to help promote small businesses.

Here's how it works. If a VOSB submits a bid for a City contract, and it isn't the lowest bid but is within 2.5% of it, we'll allow them to revise their submission. And if their revised bid is at least 1% lower than the lowest proposal, they will be automatically awarded the contract.

However, there is a caveat. If the low bid is from a certified Broward County small business or a local Tamarac business

covered by our local business preference, those companies would have the first opportunity to revise their quote.

Who qualifies as a veteran-owned small business? We're following the federal government's definition:

A veteran-owned small business is at least 51% owned by one or more veterans. In the case of publicly owned companies, one or more veterans must own at least 51% of the stock. One or more veterans must control the management and daily business operations and the business must qualify as "small" for federal business size standard purposes.

For more information, call the City's Purchasing and Contracts division at (954) 597-3570.



Construction Corner

There's a lot of construction and redevelopment taking place around town. Tamarac's transformation offers more opportunities than ever for people to build a family, build a business and build a life. Here's a look at current construction projects in the City.

Private Development

- The Enclaves at Woodmont community, sales office at 7910 NW 79th Ter.
- Hidden Trails community, sales office at 4802 NW 48th Ter.
- Eden West multi-family community, northeast corner of McNab Rd. and Pine Island Rd.
- Alazhar School redevelopment, 7201 W. McNab Rd.
- Community Christian Church, two-story building, 10001 W. Commercial Blvd.
- Tamarac Exchange Center, 6899 N. Hiatus Rd.
- Safeguard Self Storage, two-story addition, 6101 W. Commercial Blvd.

Major City Projects

- Fire Station 36, 7499 NW 72nd St.
- Swim Central Annex Park, located at NW 94th Ave. and NW 58th St.
- New Tamarac Sports Complex Concession Building, 9901 NW 77th St.

Public/Private Partnerships

- Colony West redevelopment, new clubhouse (6850 NW 88th Ave.), and an adjacent Fairfield Inn & Suites (6800 NW 88th Ave.)



Tamarac Village

- Tamarac Village, north side of Commercial Blvd. between Pine Island Rd. and NW 94th Ave.

Help Shape Tamarac's Future

How do we know where we need new roads, new school programs to help children thrive, or new health clinics?

The answer lies in the U.S. Census. The 2020 Census will inform these decisions and shape how the federal government distributes billions of dollars to communities each year through the next decade.

For Tamarac to get our fair share, everyone must be counted. In 2010, an undercount cost Broward County nearly \$211 million! Imagine what that money could've done. When you participate, you help our City and Broward County.

If you haven't completed your 2020 Census questionnaire yet, you still have time. Due to the COVID-19 pandemic, the deadline has been extended to October 31, 2020.

Responding is quick, easy and safe and can be done online, by phone, or by mail. Encourage your family and friends to do the same!

Your citizenship doesn't matter. Your age doesn't matter. Whether you rent or own, it doesn't matter. In Tamarac, everyone counts.

For more information, visit www.2020Census.gov.

Taking the Necessary Steps

The tragic death of George Floyd in Minneapolis has drawn nationwide attention to the issues of police violence, the use of excessive force and systemic racism.

It's good to know that BSO already has policies that ban chokeholds and require deputies to de-escalate situations when possible and to intervene if excessive force is being used by others.

In fact, BSO has all the policies in place that are recommended on the #8CantWait list.

While these are important first steps, BSO is doing more to root out the problem. This includes restructuring its Professional Standards Committee to include more minorities and civilians. This 11-member committee evaluates whether BSO employees have violated a law or policy. It's now chaired by a judge and includes four civilians as well as BSO management.

BSO also offers a Racial Equity and Implicit Bias Training program countywide and is establishing its first Use-of-Force Review Board.

BSO Tamarac introduced a new community policing structure in our City earlier this year in which teams are assigned to various zones, which helps strengthen bonds with the community and builds trust. They are committed to increasing the dialogue about racial discrimination and being transparent, to better serve those they are sworn to protect.



Remember and Honor

We were saddened to have to cancel our annual Memorial Day ceremony due to the pandemic. But the City found a different way to honor those who gave their lives to protect our freedom.

We put together a tribute video featuring Tamarac veterans sharing what Memorial Day means to them that we posted on the City's website and social media platforms. If you haven't seen it yet, it's still available at <https://bit.ly/MD2020Tamarac>.



In addition to helping us remember those we've lost, this video makes us proud of all veterans who are part of the Tamarac community. To all, we say, thank you for your service.

Home Rule Hero

For the third year in a row, District 3 Commissioner Julie Fishman has been honored with a Home Rule Hero Award from the Florida League of Cities.

Home rule is a city's ability to address local problems with a minimum amount of interference from the state government. Many people think that, as the governments closest to the people, local governments have the best understanding of community issues and values.

Commissioner Fishman received this award for protecting the home rule powers of Florida's cities while representing Tamarac at the 2020 state legislative session.

Commissioner Fishman has served on Tamarac's City Commission since 2016. Her previous experience includes working as a Government Affairs and Community Outreach Director and as a Legislative Assistant in Tallahassee. She serves on the National League of Cities (NLOC) Racial Equity and Leadership Council and the NLOC Energy, Environment and Natural Resource Committee. She is also a board member of the NLOC Women in Municipal Government group and a member of the Florida League of Cities Municipal Administration Committee.



Making a Difference

Vice Mayor Marlon D. Bolton was named one of the 50 Most Influential and Powerful Black Professionals of 2020 in Legacy South Florida's Power Issue. Every year, the magazine showcases people in the Black community who are making a difference, whether that's by creating policy, upholding law, keeping people safe, executing a vision for the future, or giving back to the community.

Vice Mayor Bolton was elected as Tamarac District 1 Commissioner in 2016, and appointed Vice Mayor in 2019. In addition to his work for the City, he serves as the Lead Pastor of the Praise Experience Church of North Lauderdale and a County Court Mediator certified by the Florida Supreme Court, all while pursuing a master's degree in criminal justice from Florida International University.

The Power Issue is available online at <https://bit.ly/2XD5g1D>. The list was also published in the Sun Sentinel and Miami Herald.



Penny for Transportation

In 2018, Broward County voters approved adding a 1% sales tax to fund transportation projects, which is paid during taxable purchases of products and services. This penny surtax went into effect in 2019. Residents and visitors alike pay it, and it's only expected to cost the average Broward County household 47 cents per day, or about \$174 every year. You might be wondering, where are these tax dollars going?

The first cycle of funding was just allocated, and Tamarac will receive approximately \$4 million for five City projects.

This includes about \$2.8 million for a Mainlands 1-5 pavement and resurfacing project to improve deteriorating roadways in these subdivisions with new asphalt, ADA curbing, concrete removal and other restoration.

The City will also receive funds for traffic calming devices for various neighborhoods and an emergency traffic control device in front of Fire Station 15 on Hiatus Road. Smaller projects include bicycle safety and connectivity projects

and a multi-modal planning study to provide a framework for a vision for Tamarac's future transportation system.

In addition to these City projects, Broward County has a number of projects that will benefit the Tamarac community. These include the expansion of Pine Island Road, six intersection improvements, a school zone safety improvement, fiber optic cables along Pine Island and McNab roads, greenways, sidewalks and more. Broward County Transit will also have new bus routes with greater access and frequency.

Planning for the future requires careful steps and focusing on the long-term. The City is actively working to ensure our roadways and transportation systems will meet the needs of our residents for many years to come.

For more information on the Penny Surtax and how it will be used to improve transportation in Broward, please visit www.Broward.org/PennyForTransportation.



Inspiration Way

Looking for something new to do while social distancing during the pandemic? Tamarac abounds with public art that is thought-provoking, stimulates conversation and beautifies the community. Best of all, it's free to enjoy.

Inspiration Way is a temporary exhibit on Nob Hill Road between McNab Road and Commercial Boulevard. It provides the opportunity to view 11 pieces of art in one short ride.

The exhibit will be removed in September so be sure to enjoy it while you can! More information is available at www.Tamarac.org/Inspiration-Way.

You can also check out the City's permanent public art pieces. Many are outdoor displays that can be appreciated even while City buildings are closed. Visit www.Tamarac.org/Public-Art to learn more.

Tamarac's public art is paid for through developer fees on new construction and sometimes grants.



SOCIAL SERVICES

Call our information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

VULNERABLE POPULATION REGISTRY

Pre-register for the Vulnerable Population Registry if you're at risk due to a disability, frailty or health issue, regardless of age, AND you elect to stay home in the event of a hurricane or other emergency. Register before a storm threatens. The registry is used by municipalities for planning purposes only and is not a guarantee of assistance. Register online at www.Broward.org, or by calling the Broward County call center at 311 or (954) 831-4000, TTY (954) 831-3890, or by contacting Tamarac Social Services at (954) 597-3642.

MEAL DELIVERY SERVICES FOR SENIORS

Call the Aging & Disability Resource Center at (954) 745-9567 or Monique Alexander at (954) 597-3626 to register.

UNLOCKING RADSCALS SUPPORT GROUP

This support group for foster and adoptive parents raising children with reactive attachment disorder is open to current and future foster and adoptive parents. For information, call (954) 597-3642.

INDIVIDUAL COUNSELING

Free limited sessions for Tamarac residents only. Call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.

SUPPORT GROUPS

Learn coping skills and how to adjust to life changes. Led by a licensed mental health therapist. Call (954) 597-3642 for more information.

FREE HEARING SCREENING

Hear for Good, Inc. will provide free hearing tests with a board-certified doctor of audiology and discount hearing aids through its nonprofit foundation. Pricing on hearing aids is based on your income. Please call (954) 597-3642 to make an appointment.

SHINE COUNSELOR

Have questions regarding your Medicare/Medicaid insurance? SHINE is a free, unbiased and confidential counseling service that assists current and prospective Medicare beneficiaries, their families and caregivers under a grant from the Florida Department of Elder Affairs. SHINE's trained volunteers provide counseling on Medicare, Medicaid, Medicare Advantage Plans, Medicare Supplemental Insurance, Prescription Assistance, Long-Term Care Insurance/Planning and Medicare fraud, waste and abuse. Call (954) 745-9779.

TAX ASSISTANCE

Representatives from Broward Tax Pro, formerly known as the Volunteer Income Tax Assistance (VITA) program, will be available Monday through Saturday (mornings and evenings) to answer your tax questions. Call their tax hotline at (954) 678-6882.

TRANSPORTATION SERVICES

Door-to-door paratransit service is available to the disabled and to people over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two community bus routes, the Red and Red Extension Transit Routes, to locations across the City. Schedules and fees are available at www.Tamarac.org and at City facilities. To track the bus in real-time, download the "Ride Systems" app and then choose "Ride Tamarac."

ONLINE CLASSES

While in-person classes offered by Tamarac Parks and Recreation are still on hold, the City continues to provide FREE online classes you can take from the comfort of your home to keep your body fit and mind sharp. Visit www.Tamarac.org/Parks for the most current class schedule.

You can also enjoy Tamarac's City parks. At the time of this writing, we are in Phase 1 of reopening, and City parks are open for passive uses like walking, jogging and bike riding. The only amenities that can be used are courts for racquet

sports. At this time, the golf course at Colony West is open for play, with restrictions. The fitness center at the Caporella Aquatic Complex is open to members. However, the pool remains closed for public use. Social distancing and face covering guidelines must be followed at these venues.

Watch for announcements about the reopening of additional park amenities and recreational facilities, as well as the resumption of special events, on Facebook and at www.Tamarac.org.

ADULT EXERCISE CLASSES

Sundays, 10 am, Kickboxing

Visit www.Zoom.us

Meeting ID: 436 712 309. Password: 272144

Mondays, 9 am, Tai-Chi/Qigong

Visit www.Zoom.us

Meeting ID: 609 683 270. Password: 027453

Mondays, 12:30 pm, Stretch and Strong

Visit www.Zoom.us

Meeting ID: 900 273 338

Mondays, 5:30 pm, Strength and Stretch

Visit <https://bit.ly/3dfdj9G>

Mondays, Tuesdays, Thursdays, Fridays, 10 am, Jazzercise

Visit www.Zoom.us

Meeting ID: 578 683 3689. Password: funjazz

Mondays, Wednesdays, Fridays, 11 am, Sit & Fit

Visit www.Zoom.us

Meeting ID: 856 460 9893

Tuesdays, 11:30 am, Mat Yoga & Meditation

Visit www.Zoom.us

Meeting ID: 856 460 9893

Tuesdays, 1 pm, Cardio Gold

Visit www.Zoom.us

Meeting ID: 856 460 9893

Tuesdays, 6 pm, Yoga Plus Neck Flex/Care

Visit www.Zoom.us

Meeting ID 753 1131 4015. Password: Zen33

Tuesdays, Wednesdays, Thursdays, 9:30 am, Zumba

Visit <https://bit.ly/2yAILAm>

Wednesdays, 1 pm, Absolute Beginners Line Dancing Class

Visit www.Zoom.us

Meeting ID: 369 304 2370, Password: 568767

Thursdays, 11:30 am, Chair Yoga & Meditation

Visit www.Zoom.us

Meeting ID: 856 460 9893

Thursdays, 6 pm, Booty Barre

Visit <https://bit.ly/2xBBpfK>

Fridays, 8:30 am, Tai-Chi/Qigong

Visit www.Zoom.us

Meeting ID: 609 683 270. Password: 027453

Fridays, 12:15 pm, Chair Yoga

Visit www.Zoom.us

Meeting ID: 856 460 9893

Friday, 6 pm, Body Sculpting

Visit <https://bit.ly/3eVrOvF>

Password: 4MBPnc

Saturdays, 9 am, Yogalates

Visit <https://bit.ly/3cMFY61>

Saturdays, 10:30 am, Zumba

Visit <https://bit.ly/3frNwxg>

KIDS CLASSES

Wednesdays, 4 pm, Zumba Kids Class

Visit <https://bit.ly/2zUuqiL>

ADULT CREATIVE CLASSES

Tuesdays, 10 am, Creative Writing

Visit www.Zoom.us

Meeting ID: 590 658 2607

Fridays, 3 pm, Spanish

Visit www.Zoom.us

Meeting ID: 780 5629 8172, Password: OX097U

Class offerings, schedules and log-on instructions are subject to change. Visit www.Tamarac.org/Parks for the latest class information, or call Tamarac Parks and Recreation at (954) 597-3620 during normal business hours.



CITY OF TAMARAC
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Congratulations!

CLASS OF 2020

It might not be the graduation you expected, but this experience has certainly taught you flexibility and perseverance. These qualities will serve you well as you move toward reaching your dreams. Stay focused!