



TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

MARCH | APRIL | 2021

**WE ARE
TAMARAC**

Tam-A-Gram is the official publication of the City of Tamarac, Florida.

Reader questions and comments are welcome. Please send your comments to:

Public Information Office
Attn.: Tam-A-Gram
 7525 NW 88th Ave.
 Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at PIO@Tamarac.org.

CITY COMMISSION:



Michelle J. Gomez,
 Mayor
Michelle.Gomez@Tamarac.org



Elvin Villalobos,
 Vice Mayor District 3
Elvin.Villalobos@Tamarac.org



Marlon D. Bolton,
 Commissioner, District 1
Marlon.Bolton@Tamarac.org



Mike Gelin,
 Commissioner, District 2
Mike.Gelin@Tamarac.org



Debra Placko,
 Commissioner District 4
Debra.Placko@Tamarac.org

CITY MANAGER:

Michael C. Cernech

PUBLIC INFORMATION OFFICE:

Eunicia Baker, Editor
 Sue Zeiler and
 Greg Rosenberg, Contributors



- 2 From The City Commission
- 7 Keeping Tamarac's Businesses Safe
- 8 What To Expect At Colony West
- 9 Fire Prevention Tips
- 12 Tamarac's City-Operated Food Pantry

IMPORTANT NUMBERS

MAIN NUMBER	(954) 597-3500
ADA Coordinator/Accessibility.....	(954) 597-3600
Voice	1 (800) 955-8770
TTY	1 (800) 955-8771
Citizen Hotline.....	(954) 718-1800
(Activated During Emergencies)	
Building Services.....	(954) 597-3420
Building Inspections, Building Permitting and Inspection Results	
City Clerk's Office	(954) 597-3505
City Manager's Office.....	(954) 597-3510
PIO (Media).....	(954) 597-3523
Community Development	(954) 597-3530
Code Enforcement.....	(954) 597-3425
Business Revenue.....	(954) 597-3537
Financial Services.....	(954) 597-3550
Purchasing.....	(954) 597-3570
Customer Service	(954) 597-3590
Fire Rescue (Non-Emergency)	(954) 597-3800
Human Resources.....	(954) 597-3600
Job Line	(954) 597-3615
Risk Management.....	(954) 597-3613
Mayor and Commission.....	(954) 597-3460
Parks & Recreation.....	(954) 597-3620
Community Center.....	(954) 597-3620
Caporella Aquatic Complex.....	(954) 597-3660
Caporella Fitness Center.....	(954) 597-3661
Social Services	(954) 597-3642
Transit/Shuttle Bus	(954) 597-3649
Police/BSO Tamarac District (General).....	(954) 720-2225
(Non-Emergency)	(954) 764-4357
Public Services.....	(954) 597-3700
Engineering.....	(954) 597-3712
Recycling & Trash Hotline	(954) 597-3740
Utilities (Water)	(954) 597-3750
Billing Inquiries	(954) 597-3590
Utilities (Leaks, Breaks, etc.).....	(954) 597-3750
Water Treatment Plant.....	(954) 597-3775
(Also used for after-hours utilities emergencies.)	

SERVICE PROVIDERS:

Florida Power & Light.....	(954) 797-5000
Waste Management.....	(866) 684-3142
Comcast Cable.....	(954) 252-1937
Library (Tamarac Branch)	(954) 765-1500
Post Office (Tamarac Branch).....	(954) 722-3152

We Are Tamarac

Spring is a time of new beginnings and renewal, something many of us long for after facing more than a year of unprecedented challenges.

Hope is on the horizon. The availability of the COVID-19 vaccine is improving, with retail locations being added to the list of vaccination sites. However, vaccinating the entire population is a massive undertaking that will require time and patience. Information is changing rapidly; monitor the local news, www.FloridaHealthCovid19.gov and www.Broward.org/Coronavirus for updates on vaccine availability.

We encourage everyone to remain vigilant about following CDC guidelines to protect yourselves and others. Wearing masks, socially distancing, frequent hand washing and staying at home if you feel sick can literally save lives.

The City continues to provide services and support to help those financially impacted by COVID-19. In mid-February, Tamarac launched the fifth round of our Residential Assistance Program to help eligible residents with housing bills such as mortgages, rent, utilities and past due homeowners' association fees.

Tamarac continues to partner with local churches to host food distributions through **Feeding South Florida**, and recently opened a new food pantry to provide supplies to

qualified residents. That's who we are!

We are Tamarac, a vibrant community of people from all walks of life, living together as neighbors. The more we understand and appreciate each other, the stronger and more united our City becomes.

Tamarac celebrated Dr. Martin Luther King Jr. Day with a virtual presentation by Judge George Odom Jr. We commemorated Black History Month with a combination of virtual and socially distanced in-person events. We hung banners throughout the City celebrating iconic Black leaders, recognized local Black community leaders and shared information about civil rights activists in weekly social media posts.

Tamarac is a community that cares and is connected. Tamarac's elected officials know that in times of trouble, communication is key. They are each providing articles for this and future issues of Tam-A-Gram to connect with you and share what's in their hearts and on their minds.

Despite the challenges we face today, we continue to see growth and development. We welcome new businesses and celebrate our community's rich cultural fabric as we progress together toward a better tomorrow.



FROM THE CITY COMMISSION



A Message From Mayor Michelle J. Gomez

There is much to look forward to in Tamarac, thanks to the fantastic, hard-working City staff, and the support and cooperation of our incredible residents and business owners. Together, we make Tamarac strong.

While we are in a state of emergency, we continue to focus on the health and welfare of our residents and businesses, as we plan for the future. The City is working on its Strategic Plan, which includes short-term and long-term goals. Last year showed us the importance of remaining connected and engaged, and of the availability and accessibility to services and businesses. We focused on both community safety and security, and the beauty of the world around us.

In 2021, the Commission will continue to concentrate on citywide initiatives that we believe will make life in Tamarac more enjoyable. For example, adding bus stop improvements at 79 locations; working with the County and State for traffic congestion relief; upgrading City sidewalks for ADA compliance and better mobility; continuing infrastructure and fiber upgrades; re-establishing a program to

work with existing and new businesses; and expanding our beautification projects.

The Commission recognized our Fourth Quarter 2020 Neighborhood Beautification Award winners in February. The commercial property winner was Marathon Gas Station, located at 6921 NW 88th Ave. Congratulations to all the winners thus far. Thank you for taking great pride in your properties. There are so many beautiful properties to choose from.

The City does its part to keep our City clean and attractive through efforts such as our Neighborhood Signage Program and our pressure cleaning program for City sidewalks, curbs and pavers, which is being relaunched in March.

Stay tuned as we unveil additional programs to beautify the City and more of our Strategic Plans. Here's to keeping Tamarac strong and beautiful!



Tamarac sidewalk cleaning in process.

**4th Quarter 2020
Commercial Property Winner**
Marathon Gas Station
6921 NW 88th Ave.



A Message From Vice Mayor Elvin Villalobos, District 3

As spring begins and we enter a new season, I am filled with optimism for the future of our City and what we can accomplish moving forward. Despite the pandemic, the City made progress on the following initiatives last year in District 3:

- Completion of the outdoor fitness court at Tephford Park
- Major expansion of the City’s buffer walls along McNab Road, between Pine Island Road and NW 108th Terrace
- Beginning construction on a new, 3,500-square-foot concession building at the Tamarac Sports Complex
- Upgrading and expanding our fiber network infrastructure to the Tamarac Sports Complex and Sunset Point Park

The fiber network, while underground and out of sight, is a big deal. It will enable better WiFi coverage, event web streaming

and security-related features that will be added to our parks soon. It also makes City operations more resilient during emergencies, such as hurricanes.

If we made this progress in 2020, imagine what we can accomplish once we are able to return to a greater degree of normalcy.

I’m focused on the future and ready to spread some much-needed positivity. That’s why I have elected to share the QR code on this page, which will take you to the “I Love Tamarac” video, to remind you of why Tamarac is so special. The video is also available at www.Tamarac.me/ILoveTamarac.

I’d like to congratulate Paula P. Walte, our Fourth Quarter 2020 Neighborhood Beautification Award Winner for District 3. Her address is 7601 NW 88th Way. Thank you for doing your part to keep Tamarac beautiful!



Scan this QR Code with your smart device to watch the “I Love Tamarac” video.



4th Quarter 2020 Residential Property Winner District 3

Paula P. Walte
7601 NW 88th Way



A Message From Commissioner Marlon D. Bolton, District 1

As we finish the First Quarter of 2021, I can't help but think how quickly time passes. It was only but a few weeks ago when I was cheerfully visiting with residents and bringing holiday cheer. To some, I brought gift baskets, to others, gift cards, groceries and essential supplies. I called the initiative "The Holiday Big Give."

Additionally, I had the pleasure of delivering checks to our Tamarac businesses as a part of the City's Small Business Stabilization Grant Program, in support of small businesses and nonprofit organizations. I personally delivered more than \$50,000 in grants to our businesses and nonprofits, putting much-needed smiles on the owners' faces.

Recently, I proposed that we start a Homelessness Task Force here in Tamarac. The task force would be empowered to assist our homeless population, helping them find housing as well as putting them in touch with programs that provide care, food, clothing and job opportunities. Homelessness is not madness, and my goal, through the task force, will be to champion that message, while

transitioning our homeless population from our streets to a new home. If passed, I propose that the program be funded by anyone who wishes to do business with the City.

Although the City of Tamarac is not empowered to host vaccination sites at this time, I was able to partner with our County and State elected officials to provide Pfizer and Moderna vaccines to many residents. Residents 65 and older who are interested in receiving the vaccine should contact my office at (954) 597-3461 to be placed on my waiting list.

I'd like to congratulate Evans and Linda Proctor Bailey on their beautiful home at 5601 NW 48th Terrace, which was the District 1 winner for the Fourth Quarter 2020 Neighborhood Beautification Award.

Finally, friends, do not forget to take advantage of our Down Payment Assistance Program. This program is for first time home buyers. The enrollment window opens soon! For more details, visit www.Tamarac.org/MarlonBolton.



4th Quarter 2020 Residential Property Winner District 1

Evans and Linda Proctor Bailey
5601 NW 48th Terr.



A Message From Commissioner Mike Gelin, District 2

As we move into spring of 2021, the COVID-19 pandemic continues to hinder the way we live our lives, interact with our neighbors and educate our children. It is also changing the way we work.

Fortunately, there appears to be hope, with several vaccines being made available throughout the State of Florida and in our City. We are working with the State to ensure that Tamarac residents have easy access to available vaccines, so that we can get back to some sense of normalcy.

What I love about being a Commissioner is the interaction with everyday people. This pandemic has forced us to be connected in different ways. As such, I have adapted and plan to stay connected with residents virtually.

In the coming months, you can look forward to several engagement opportunities, including:

- A Monthly Commission Meeting Wrap-Up video, in which I will summarize the actions of the City Commission in two to three minutes
- A Community Chat With Commissioner Gelin, a livestreamed event, where we can

interact and talk about anything

- The Quarterly Business Roundtable, to recognize and support our local small businesses
- The Second Annual Cops and Community Forum, where we bring law enforcement officers and community members together to discuss and overcome difficulties and challenges

I'd like to congratulate the Fourth Quarter 2020 Neighborhood Beautification Award Winners for District 2, Elizabeth and John A. Zarzycki, who were recognized for their home, at 5802 NW 86th Ave. Your efforts help beautify the community and are greatly appreciated!

Finally, May is National Bike Month. This May, I look forward to partnering with BSO Tamarac for a mass community bike ride on Saturday, May 22, called Bike With Mike. Don't forget your mask and helmet! This event will be a great opportunity for friends and neighbors to safely ride a bike throughout Tamarac, enjoy the outdoors and get a little exercise. More information about the Bike With Mike event is coming soon!



4th Quarter 2020 Residential Property Winner District 2

Elizabeth and John A. Zarzycki
5802 NW 86th Ave.



A Message From Commissioner Debra Placko, District 4

As we enter a new season, I know that COVID-19 vaccinations are top of mind for many of our residents. While vaccine distribution is currently being orchestrated by the State, my colleagues and I are diligently advocating for our residents and seeking opportunities for the City to assist. Supplies have been limited thus far; but we are encouraged that this will change soon. As I receive new information, I will pass it along.

Fire Station 36 was built to ensure faster response times to our residents. I'm happy to report it is complete and fully operational. We hope to have an official grand opening ceremony in the future.

Congratulations to our Fourth Quarter 2020 District 4 Neighborhood Beautification Award Winner, Kristy Delsalto, who lives at 8021 NW 83rd St. Your hard work with landscaping and maintenance has earned you this award.

I'd also like to congratulate the following District 4 residents who have been recently appointed to City boards:

David Mountford – Planning Board

Adam Reynolds – Sister City Committee

There will be additional board appointments soon.

Each year, the Commission and staff meet to strategically plan for the upcoming year and beyond. I shared my priorities for the entire City as well as for District 4.

These priorities include assisting residents with vaccines, the provision of beautification grants for residential and commercial properties, refurbishing outdated shopping centers, identifying open spaces and defining their use, striping of streets, increasing BSO community engagement, anti-littering efforts, traffic calming and additional bus services.

Please know that I do listen when you provide me your thoughts and concerns. Remember my motto:

“If I do not know about it, I cannot do anything about it.”

Contact me anytime I can be of assistance.

If you wish to receive email updates with pertinent information, please send your contact info to Debra.Placko@Tamarac.org or call (954) 597-3460. Stay safe!



**4th Quarter 2020
Residential Property Winner
District 4**

Kristy Delsalto
8021 NW 83rd St.

City Commission Meetings

Join us for City Commission meetings. Please note the dates and updated starting times below.

REGULAR COMMISSION MEETINGS:

March 10th, 7 p.m.

March 24th, 7 p.m.

April 14th, 7 p.m.

April 28th, 7 p.m.

The City Commission will hold virtual meetings until further notice. All regular City Commission meetings are streamed live at www.Tamarac.org/Meetings and on the City of Tamarac's Facebook page, @Tamarac.Florida.

For information about how to submit comments to the Commission, or to sign up to speak, visit www.Tamarac.org/Meetings.

This schedule is subject to change. Commission Workshop meetings and Special Meetings may be added. You can sign up to receive Public Meeting notices at www.Tamarac.me/Calendar or visit www.Tamarac.org/Meetings for updates.

Keeping Tamarac's Businesses Safe

The BSO Tamarac District is proud to announce the newest tier of its community policing plan geared toward building stronger relationships with local business owners.

Starting in 2020, BSO Tamarac District Deputies have been assigned to zoning teams within our City. As part of a new community policing outreach, these deputies visit businesses during their shifts, getting to know the owners and hearing firsthand suggestions on how to serve and support the safety needs of the local business community.

“Many business owners don't report minor issues to the police,” said BSO Tamarac Deputy Kaitlin Spehr. “Getting to know the business owners by visiting them routinely will help them feel more comfortable telling us about their challenges with safety.”

In addition to going door-to-door to see business owners, Deputy Spehr attends Zoom meetings hosted by the Chamber of Commerce to partake in group discussions.

As Tamarac adopts a new normal, Deputy Spehr plans to attend City events to expand outreach to the business community.

If you're a Tamarac business owner with a non-emergency issue, looking for expert advice for security camera placement, or if you need to speak with an officer, contact Deputy Spehr at (954) 247-6035 and Kaitlin_Spehr@Sheriff.org.



What To Expect At Colony West



Bill Weller,
General Manager

Excitement is building about Colony West's new clubhouse, with its trendy new restaurant and elegant banquet facility scheduled to open this spring. We touched base with Bill Weller, the new General Manager, to get his take on what's great about this new facility.

What do you think gives the new clubhouse a 'wow factor'?

The bold, modern architecture, from the front portico to the high ceilings, and the elegant interior touches, like the beautiful chandelier in the entrance and the art near the event space, make a big first impression.



Flow by Tana Dvorakova

a place to relax during the stressful time between the ceremony and reception. For information, visit www.ColonyWestGolfClub.com or contact our Director of Sales, Brian Brown, BBrown@ColonyWestGolfClub.com.

What is it like opening this facility during the COVID-19 pandemic?

The health and welfare of our customers and staff are our top priority. To keep people safe, we have adjusted both the way we interact with guests and our grand reopening plans. COVID-19 may have forced a scaled-down event, but it won't stop us from finding safe ways to welcome everyone who wants to come and see what we are all about!

What's on the menu at The View at Colony West?

Our carefully crafted and diverse offerings will appeal to a broad range of tastes. Our Executive Chef, Deric Officer, has been with Colony West for almost a decade. He has a true feel for our residents and guests, and endeavors to create dishes that keep them coming back for more, whether that's blending flavors to create our Beef & Plantain Empanadas or putting his own twist on Duck Confit Tacos.

What type of events can people book at the banquet facility?

The banquet facility is one of the most exciting aspects of our new building. We have the space and capacity for everything from small group meetings to large family reunions and weddings. We even offer a bridal suite, which provides

How can people get information about happenings at Colony West?

We are actively working to keep the community updated on everything related to Colony West on our website at www.ColonyWestGolfClub.com, as well as our Colony West and The View Facebook pages at www.Facebook.com/ColonyWestGolf and www.Facebook.com/TheViewAtColonyWest. You can also download the Colony West app available on both iOS and Android.



Work by Jim Bowman

Fire Prevention Tips

Tamarac Fire Rescue urges you to take the time to ensure your property and family are protected from fires with these easy-to-follow tips.

Spring Forward: As daylight saving time approaches, remember to change the batteries in your smoke alarms. In addition to changing the batteries twice a year, test your smoke alarms monthly to make sure they are still working properly.

Make Sure You're Covered: To properly protect your home, you should have smoke alarms inside each bedroom, as well as in the immediate vicinity outside each room and on every livable level of the home.

Out With The Old: Smoke alarms should be replaced every 10 years, as should carbon monoxide alarms. You can check the manufactured date on the back of the alarm when you change the batteries.

If it's time to change your smoke alarm, consider covering both bases by purchasing a dual-purpose alarm that detects carbon monoxide and has a sealed 10-year battery. Carbon monoxide alarms are especially important if your home has an attached garage, gas appliances or if you plan to use a generator during power outages.

Community Christian Church's New NextGen Building Is Now Open

Community Christian Church provides a place for residents to believe, belong and become. Since relocating to Tamarac in 2007, it has quickly evolved into a staple of our community. From Sunday services to holding drive-thru food distributions and providing students in need with weekend meals, Community Christian Church is an asset to Tamarac.

The Church recently held a ribbon-cutting ceremony to commemorate the opening of its NextGen building. The new 33,090-square-foot, two-story expansion includes classrooms that accommodate students of all ages enrolled in life classes, programs and activities offered by Community Christian Church. The new

addition also allowed the Church to renovate its auditorium and expand its capacity by 900 seats.

"We're beyond excited that our NextGen building is now open," said Pastor Scott Eynon. "The new building allows us to expand the services we offer and to continue to serve the community we love."

Visit www.CommunityCC.com to learn more about Community Christian Church.



Construction Corner

Here's a look at the latest construction and development in the works throughout Tamarac.

Private Development

- Bailey Square apartment complex, southeast corner of Rock Island Rd. and Bailey Rd. (NW 62nd St.)
- Tamarac Self Storage, 8251 W. McNab Rd.
- The Enclaves at Woodmont community, sales office, at 7910 NW 79th Ter.
- Hidden Trails community, sales office, at 4802 NW 48th Ter.
- Eden West multi-family community, northeast corner of McNab Rd. and Pine Island Rd.



Alzhar School

- Alzhar School redevelopment, 7201 W. McNab Rd.
- Tamarac Exchange Center, 6899 N. Hiatus Rd.

Major City Projects

- New Tamarac Sports Complex Concession Building, 9901 NW 77th St.
- Swim Central Annex Park Project, 9301 NW 58th St.
- Mainlands Sections 1 - 5 Traffic Calming Project, NW 47th St., NW 41st Ave. and NW 46th St.
- Commercial Boulevard Sewer Force Main Replacement Project, between Rock Island Rd. and NW 64th Ave.
- Installation of artistic playground fence at Waters Edge Park, 7508 NW 61st St.

Public/Private Partnerships

- Colony West redevelopment, new clubhouse at 6850 NW 88th Ave., and an adjacent Fairfield Inn & Suites, at 6800 NW 88th Ave.
- Tamarac Village, north side of Commercial Blvd., between Pine Island Rd. and NW 94th Ave.

Green Scene

Tips To Conserve Our Natural Resources



• **Just say no to plastic bottles!**

It's estimated that 8 million tons of plastic bottles end up in the ocean each year. We can help reduce this number by filling reusable water bottles and tumblers. In the long run, these eco-friendly containers save money and reduce the number of plastic bottles being disposed of improperly.

- **Smart Cleaning.** You can reduce your carbon footprint and lower your electric bill by simply taking shorter showers, washing clothing at 80 F and only running the washing machine and dishwasher when they are full. These changes can reduce a household's impact on the environment by an average of 1,900 pounds of carbon dioxide per year.

- **Reminder:** To conserve water, there are year-round restrictions on landscape irrigation including lawn watering. Even-numbered addresses can only water on Thursdays and Sundays. Odd-numbered addresses can water on Wednesdays and Saturdays. Watering your landscaping or yard between 10 a.m. and 4 p.m. is prohibited. Under City ordinance, warnings and fines can be issued. For more information, call (954) 597-3700.

Your Taste Buds Deserve A Vacation

If you're not traveling due to the pandemic, you can still safely treat your taste buds to a Caribbean vacation without leaving Tamarac. Pan d Endz Jamaican Restaurant is a highly rated Caribbean eatery that is sure to delight.

Pan d Endz serves authentic Jamaican fare that is full of flavor, like curry chicken, juicy oxtails and jerk chicken, with just the right amount of spice.

With all-day meal specials starting at just \$4.25, they're easy on your wallet, too.

In Jamaica, co-owner Keisha Allison grew up around the restaurant industry, as her father has more than 45 years in the business. "I've always had a passion for cooking. It's in my blood," Allison said. "There's a great sense of pride with seeing guests feeling at ease as they indulge in your cooking."



January 20th marked the four-year anniversary of when owners Keisha and her husband Coy Allison first opened their doors and invited everyone to enjoy the flavors of their homeland. To celebrate this milestone and give back to the community they serve, the Allisons donated 30 \$10 gift cards to Tamarac residents financially impacted by the pandemic.

Ready to give your taste buds a well-deserved vacation? Pan d Endz is located at 8763 NW 57th St. It is open Monday through Saturday. Delivery is available through DoorDash, Grubhub, Postmates and Uber Eats.

Pan d Endz is one of many great local restaurants included in the interactive Flavors of Tamarac Map, which includes menus, takeout and delivery options, and specials offered by different eateries in our City. This guide is part of the ongoing efforts to support Tamarac's restaurants during the pandemic. Visit www.TamaracFlavorMap.com to help you decide what's for dinner tonight.



Tamarac's Newly Expanded City-Operated Food Pantry Supports Residents In Need

As a generation experiencing an unprecedented worldwide pandemic, a need for resiliency, innovation and adaptability has affected all aspects of our lives. The City has sought to assist residents financially impacted by the pandemic through various support services such as the Tamarac Food Pantry. In February 2021, the City expanded its City-operated Food Pantry to ensure local families are well fed, despite any financial hardship brought on by COVID-19 or other unforeseen circumstances.

Located at 8601 W. Commercial Blvd. within the Tamarac Community Center, the Tamarac Food Pantry re-opened with 21 households pre-registered for assistance. Residents can visit once a month to receive a supply of non-perishable food, such as canned vegetables, beans, fruits, meats, pasta, nut butters, jams, baby food and formula.

With COVID-19 safety in mind, the Pantry operates by appointment only on the second and fourth Thursday of each month. Only one member of a registered household may be served during their scheduled 30-minute session. Masks are required for the duration of each visit.

Persons qualifying for Food Pantry services must first provide proof of Tamarac residency in the form of a state-issued ID or utility bill containing a Tamarac address. Proof of

income is also required. Documentation can include a pay stub, tax return, unemployment documentation or social security statement. Applicants must also meet income requirements.

The Tamarac Food Pantry is stocked primarily through donations by community members. Additional items were purchased through funds donated to the City's Social Services Division. Roughly \$3,500 in CARES Act funds were also applied to restocking the Food Pantry's shelves.

Are you interested in making monetary or non-perishable food donations to the Tamarac Food Pantry or a Tamarac resident seeking to schedule a qualification pre-screening for Pantry services? Connect with the friendly staff at the City of Tamarac's Social Services Division by calling (954) 597-3626, Monday - Friday, 8:30 a.m. to 4:30 p.m.

For more information about initiatives led by the Social Services Division of the City of Tamarac's Parks and Recreation Department, visit www.Tamarac.org/SocialServices.



CAPORELLA AQUATIC COMPLEX AND FITNESS CENTER

Caporella Aquatic Complex amenities include a 25-meter heated swimming pool with zero-depth entry, a slide and children's water sprayground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Call (954) 597-3660 for admission fees and information.

As part of our current safety procedures, the pool is open in sessions to allow social distancing and time to sanitize between sessions.

POOL HOURS

Monday - Saturday: Session I: 10 a.m. - Noon
 Session II: 1 - 3 p.m.
 Session III: 4 - 6 p.m.

Sunday: Session I: 10 a.m. - Noon
 Session II: 1 - 3 p.m.

SLIDE AND SPRAYGROUND

Monday - Friday: 4 - 6 p.m.

Saturday: Session I: 10 a.m. - Noon
 Session II: 1 - 3 p.m.
 Session III: 4 - 6 p.m.

Sunday: Session I: 10 a.m. - Noon
 Session II: 1 - 3 p.m.

TAMARAC SWIM TEAM

TS Aquatics offers a competitive swim team program for children, ages 5 - 18, at the Caporella Aquatic Complex. Free tryouts are held Monday - Thursday, between 5 - 7 p.m. For additional information, please email TamaracSwimming@gmail.com or visit TSAquatics.com.

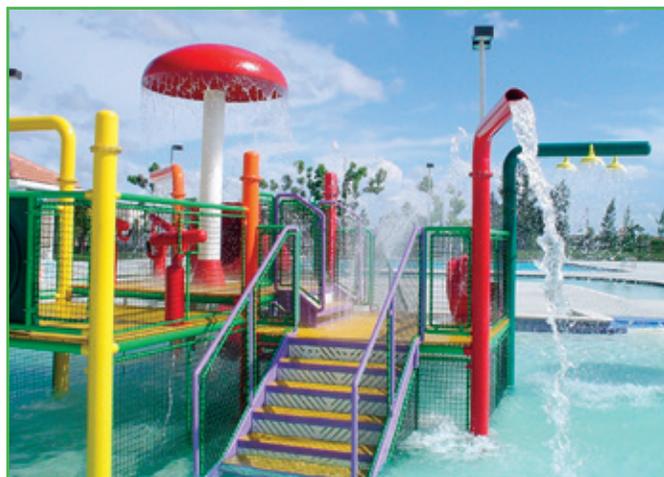


The Caporella Fitness Center offers a friendly, non-competitive workout environment with a variety of free weights, machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. On your first visit, our qualified staff will show you around and help you get familiar with the equipment. For more information, contact the Caporella Aquatic Complex staff at (954) 597-3661 or visit www.Tamarac.org/Parks.

Annual Fitness Center Membership Fees:

Adult Membership:	\$150
Senior/Military/Vets Membership:	\$135
Teen Membership (16 - 17 years old):	\$95
Teen Membership (13 - 15 years old):	\$65

Three-month and six-month membership options are also available for adults, seniors, military and veterans.



SUMMER CAMP

Camp Tamarac offers seven weeks of fun and supervised activities. Information packets will be available for pick up starting March 15th!

Camp Dates:	June 21st - August 6th
Camp Hours:	7:30 a.m. - 6 p.m.
Camp Location:	Tamarac Recreation Center
Fees (Ages 5 - 12):	1st Child Resident \$672; Non-Resident \$816 2nd Child /Resident \$605; Non-Resident \$734

ONLINE ADULT FITNESS CLASSES

To register or for additional information, including costs, visit <https://Webtrac.Tamarac.org>.
Classes and schedules are subject to change.

TRANSFORM 60 WITH MIKE Tuesday at 6 p.m.

This 60-minute class utilizes a variety of cardio and strength building exercises that will help you transform your fitness routine.

ZUMBA WITH MARIA Tuesday, Wednesday, Thursday at 9:30 a.m.

Targeted body-sculpting exercises and high-energy cardio work with Latin-infused music. Zumba moves create a calorie-torching, strength-training dance fitness party.

BOOTY BARRE WITH CAROL Tuesday at 6 p.m.

Booty Barre can be described as a dance-inspired aerobics class that has a combination of exercises with elements of Pilates and low-impact exercises. These exercises help to reshape the glutes, in addition to toning and sculpting the lower half of the body.

YOGA WITH CAROL Tuesdays at 7 p.m.

Yoga helps restore the mind, renew the body and prevent injuries. Each pose helps lengthen muscles and the connective tissues that surround the joints.

TAI-CHI WITH MARK Wednesday at 6:30 p.m.

Tai Chi, which uses slow, gentle movements and breathing techniques, may help improve cognitive functioning, including the ability to focus, multi-task and make decisions. Qigong, another gentle type of exercise, is composed of fluid movements that are repeated several times, stretching the body and building an awareness of how the body moves through space.

ZUMBA WITH ELDA Wednesday at 7:15 p.m.

With targeted body-sculpting exercises and high-energy cardio work with Latin-infused music. Zumba is a calorie-torching, strength-training dance fitness party.

BALANCE AND RECOVERY WITH GAZELLE Wednesday at 6 p.m.

These aerobics classes provide a high- and low-impact workout, including aerobic and anaerobic exercise that helps strengthen muscles and improve the cardiovascular system.

BODY SCULPTING WITH GAZELLE Thursday at 6 p.m.

These aerobics classes provide a high- and low-impact workout, including aerobic and anaerobic exercises that help strengthen muscles and improve the cardiovascular system.

YOGA WITH BETH Thursday at 7 p.m.

Yoga helps restore the mind, renew the body and prevent injuries. Each pose helps to lengthen muscles and the connective tissues that surround the joints.

BODY SCULPTING WITH MIKE Friday at 6 p.m.

These classes provide a high- and low-impact workout, including aerobic and anaerobic exercises that help strengthen muscles and improve the cardiovascular system.



SENIOR CLASSES

TAI CHI/QIGONG WITH MARK

Monday at 9 a.m., Friday at 8:30 a.m.

Tai Chi, which uses slow, gentle movements and breathing techniques, may help improve cognitive functioning, including the ability to focus, multi-task and make decisions. Qigong, another gentle type of exercise, is composed of fluid movements that are repeated several times, stretching the body and building an awareness of how the body moves through space.

KICKBOXING LITE WITH MARK

Monday at 10:30 a.m.

Senior kickboxing class that helps improve coordination, flexibility and core strength.

JAZZERCISE WITH WARREN

Monday, Tuesday, Thursday, Friday at 10 a.m.

Jazzercise is a 60-minute dance-based group fitness program. This class features a fusion of dance resistance training, Pilates, yoga, kickboxing and Latin-style movements set to popular music.

YOGA WITH BETH

Mondays at 12:30 p.m., Wednesdays at 10 a.m.

Mat yoga for all levels.

SIT AND FIT WITH DEBBIE

Mondays, Wednesdays, Fridays at 11:30 a.m.

This creative, chair-based workout utilizes props from home, including weights, water bottles, pillows or balls, neckties, towels and belts.

CREATIVE WRITING WITH JANIE

Tuesday at 10 a.m.

If you enjoy writing short stories, poetry or even your personal history, please join our creative writing workshops.

MAT YOGA AND MEDITATION WITH DEBBIE

Tuesday at 11:30 a.m.

Mat yoga class with the last 10 minutes of class dedicated to meditation.

CARDIO GOLD WITH DEBBIE

Tuesday at 12:45 p.m.

Join Debbie for a low-impact, heart-pumping class suitable for most beginners or experienced fitness fans, including a warm-up and series of balance, stability, flexibility and strength exercises. Participants learn new body awareness and can use light hand weights and a chair as tools.

ABSOLUTE BEGINNERS LINE DANCING WITH HELAINE

Wednesday at 1 p.m.

Beginner line dancing class for those with no experience.

INTERMEDIATE LINE DANCING WITH HELAINE

Wednesday at 2 p.m.

30-minute class for experienced line dancers.

CHAIR YOGA WITH DEBBIE

Thursday at 11:30 a.m.

Chair yoga class. All levels welcome.

SPANISH FOR BEGINNERS WITH NATACHA

Thursday at 12:30 p.m.

Spanish class for beginners.

CLAY WORKSHOP WITH MICHELE

Friday at 10:30 a.m.

Classes will consist of participants working independently on various projects. Participants will schedule time with the instructor to pick up clay for projects and for dropping off finished projects to be fired.

CHAIR YOGA AND MEDITATION WITH DEBBIE

Friday at 12:45 p.m.

Chair yoga class with the last 10 minutes of class dedicated to meditation on Fridays. All levels welcome.

55+ SENIOR PROGRAM: REGISTRATION IS NOW OPEN!

- Visit <https://webtrac.Tamarac.org>.
- Choose "Login," whether or not you have an existing account
- Current and former members must enter a username and password. If you have forgotten your username or password, please select the appropriate option.
- New patrons will need to create a new account. Once logged in, please choose "Memberships," and then the "55+ Senior Program."

***Classes and schedules are subject to change.
For information, visit www.Tamarac.org/Parks
or call (954) 597-3620.***

IN-PERSON YOUTH CLASSES

To register or for additional information, including costs, visit <https://Webtrac.Tamarac.org>.
Classes and schedules are subject to change.

BALLET TAP AND JAZZ

Saturday at 10 a.m.

\$50 residents; \$60 non-residents

GYMNASTICS (In-person Only)

Saturday at 11 a.m.

\$50 residents; \$60 non-residents

CHEERLEADING AND HIP HOP

Saturday at 11 a.m.

\$50 residents; \$60 non-residents

FAST TRACK

Monday - Friday, 3 - 6 p.m.

\$120 residents; \$150 non-residents

SOCIAL SERVICES

Call our information and referral line at (954) 597-3642 for more information on these and other social service programs that may be available in Broward County.

INDIVIDUAL COUNSELING

Free limited sessions for Tamarac residents only. Call counselors Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460 to make an appointment. Please leave your name and phone number and your call will be returned within 24 hours.

FREE HEARING SCREENING

Hear for Good, Inc. will provide free hearing tests with a board-certified doctor of audiology and discount hearing aids through its nonprofit foundation. Pricing on hearing aids is based on income. Please call (954) 597-3642 to make an appointment.

SHINE COUNSELOR

Have questions regarding your Medicare/Medicaid insurance? SHINE is a free, unbiased and confidential counseling service that assists current and prospective Medicare beneficiaries, their families and caregivers, under a grant from the Florida Department of Elder Affairs. SHINE's trained volunteers provide counseling on Medicare, Medicaid, Medicare Advantage Plans, Medicare Supplemental Insurance, prescription assistance, long-term care insurance/planning and Medicare fraud, waste and abuse. Call (954) 745-9779.



TRANSPORTATION SERVICES

Door-to-door paratransit service is available to people with disabilities and those over age 60 with no other transportation. For additional information, please call (954) 597-3649.

Tamarac also offers two free community bus routes to locations across the City. They are the Red and Red Extension Transit Routes. Schedules are available at www.Tamarac.org/439 and at City facilities. To track the buses in real-time, download the Ride Systems app and select Ride Tamarac.



VIRTUAL VITA SERVICES

Virtual tax preparation services are here, with the same quality and accessibility of previous VITA services. They are now available online at www.VitaTaxesFree.org. The site provides clear and concise instructions on its virtual tax process and a list of needed documents. This safe and secure site will guide taxpayers through questions. Taxpayers are requested to upload all pertinent documents to initiate the tax preparation process. Services are available in English, Spanish and Haitian Creole. Call (954) 678-6882 for information, referral and support on general tax questions.

ATHLETIC LEAGUES

Tamarac's Youth Recreational baseball league is available for boys and girls ages 4 - 12. Practices begin in late March and games start in April. The season concludes in June. Space is limited. Volunteer coaches needed. Practices and games will be held at the Tamarac Sports Complex or at Tamarac Park. Registration is ongoing at <https://webtrac.Tamarac.org>. Call (954) 597-3620 for information. Resident Fee \$85; Non-Resident Fee \$100.



Honoring Our Veterans

The City is currently seeking to fill a new panel of our Veterans Honor Wall with names of additional Tamarac veterans.

This striking tribute to Tamarac residents who have served our country is at Veterans' Memorial Park. It was designed by glass artist Zachary Knudson. It consists of a series of lighted glass panels, etched with the names of our City's veterans. It circles the "Eternal Flame" sculpture.

Applications are available online at www.Tamarac.me/HonorWall. Interested parties can submit names by calling (954) 597-3621. Forms can be completed by veterans or their survivors.

Proof of past or present Tamarac residency and an honorable military discharge are required.





CITY OF TAMARAC
7525 NW 88th Avenue
Tamarac, Florida 33321-2401

Prst Std
US Postage
PAID
Miami, FL
Permit No. 4603

COMMUNITY COMMUNICATIONS

In addition to Tam-A-Gram, the City has a variety of tools to communicate with our community. Here is how you can stay informed.

CodeRED:

Sign-up to receive recorded phone, email and/or text message notifications during emergencies and critical situations by texting TamaracCodeRED to 99441, or by clicking the red Emergency Services button on the home page of www.Tamarac.org.

Social Media:

The City is active on Nextdoor, Facebook, Instagram and Twitter. Public meetings are livestreamed on Facebook.

City Emails:

Sign-up for general City emails and targeted notifications based on your interests at www.Tamarac.org/StayConnected.

Tamarac To Go Mobile App:

Download this free app from the Apple Store or Google Play Store.

City Website:

Access information, submit requests, pay bills and more at www.Tamarac.org.