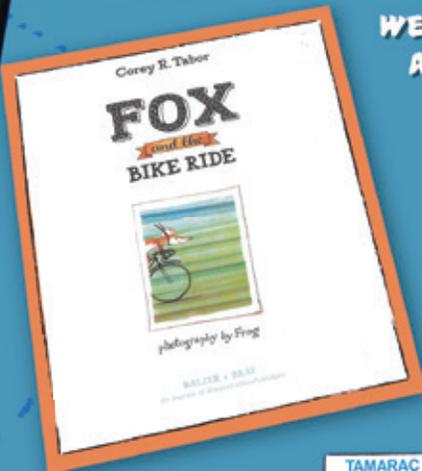


# TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

MAY | JUNE | 2022

## SUMMERTIME FUN AT TAMARAC'S NEW STORY TRAIL



### WELCOME TO STORY TRAIL AT WATERS EDGE PARK

Enjoy reading and the outdoors  
at the same time. Move from  
sign to sign with fun family  
activities as you read along.

*Are you ready for fun?*



## READY! SET! SUMMER!

Tam-A-Gram is the official publication of the City of Tamarac, Florida.

Reader questions and comments are welcome. Please send your comments to:

**Public Information Office**  
 Attn.: Tam-A-Gram  
 7525 NW 88th Ave.  
 Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at [PIO@Tamarac.org](mailto:PIO@Tamarac.org).

**CITY COMMISSION:**



Michelle J. Gomez  
 Mayor  
[Michelle.Gomez@Tamarac.org](mailto:Michelle.Gomez@Tamarac.org)



Mike Gelin  
 Vice Mayor, District 2  
[Mike.Gelin@Tamarac.org](mailto:Mike.Gelin@Tamarac.org)



Marlon Bolton  
 Commissioner, District 1  
[Marlon.Bolton@Tamarac.org](mailto:Marlon.Bolton@Tamarac.org)



Elvin Villalobos  
 Commissioner, District 3  
[Elvin.Villalobos@Tamarac.org](mailto:Elvin.Villalobos@Tamarac.org)



Debra Placko  
 Commissioner, District 4  
[Debra.Placko@Tamarac.org](mailto:Debra.Placko@Tamarac.org)

**CITY MANAGER:**

Kathleen Gunn

**PUBLIC INFORMATION OFFICE:**

Eunicia Baker, Editor  
 Greg Rosenberg, Contributor  
 Monique Johnson, Contributor

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## IMPORTANT NUMBERS

<b>MAIN NUMBER</b> .....	<b>(954) 597-3500</b>
ADA Coordinator/Accessibility.....	(954) 597-3600
Voice .....	1 (800) 955-8770
TTY .....	1 (800) 955-8771
Citizen Hotline.....	(954) 718-1800
(Activated During Emergencies)	
Building Services.....	(954) 597-3420
Building Inspections, Building Permitting	
and Inspection Results	
City Clerk's Office .....	(954) 597-3505
City Manager's Office.....	(954) 597-3510
PIO (Media).....	(954) 597-3523
Community Development .....	(954) 597-3530
Code Enforcement.....	(954) 597-3425
Business Revenue.....	(954) 597-3537
Financial Services.....	(954) 597-3550
Purchasing.....	(954) 597-3570
Customer Service .....	(954) 597-3590
Fire Rescue (Non-Emergency) .....	(954) 597-3800
Human Resources.....	(954) 597-3600
Job Line .....	(954) 597-3615
Risk Management.....	(954) 597-3613
Mayor and Commission.....	(954) 597-3460
Parks & Recreation.....	(954) 597-3620
Community Center.....	(954) 597-3620
Caporella Aquatic Complex.....	(954) 597-3660
Caporella Fitness Center .....	(954) 597-3661
Social Services .....	(954) 597-3642
Transit/Shuttle Bus .....	(954) 597-3649
Police/BSO Tamarac District (General).....	(954) 720-2225
(Non-Emergency) .....	(954) 764-4357
Public Services.....	(954) 597-3700
Engineering.....	(954) 597-3712
Recycling & Trash Hotline .....	(954) 597-3740
Utilities (Water) .....	(954) 597-3750
Billing Inquiries .....	(954) 597-3590
Utilities (Leaks, Breaks, etc.).....	(954) 597-3750
Water Treatment Plant.....	(954) 597-3775
(Available 24/7 for after-hours utility emergencies)	
<b>SERVICE PROVIDERS:</b>	
Florida Power & Light.....	(954) 797-5000
Waste Management.....	(866) 684-3142
Comcast Cable .....	(954) 252-1937
Library (Tamarac Branch) .....	(954) 765-1500
Post Office (Tamarac Branch).....	(954) 722-3152

# READY! SET! SUMMER!

**A**s it heats up outside, the City For Your Life offers many ways to make your summer months cool!

For the kids, registration is now open for Camp Tamarac, where children ages 5 to 11 will experience an array of sports, enrichment activities, crafts and more, while also building life-long friendships. Registration is available on a first-come, first-served basis. Space is limited. Learn more at [www.Tamarac.org/Camps](http://www.Tamarac.org/Camps).

Camp Tamarac also offers an array of summer jobs for Class of 2022 high school graduates, and other interested applicants age 18 and older. Apply today at [www.Tamarac.org/Jobs](http://www.Tamarac.org/Jobs).

Have you heard about the Tamarac Teen Club? This group of teenage volunteers meets weekly at the Tamarac Recreation Center to register for volunteer opportunities at City events. Participants can earn community service hours to meet their high school graduation requirement. Call (954) 597-3631 to learn more.

In time for summer, Tamarac's Parks and Recreation Department welcomed the return of its adult trips and tours, providing guests with transportation to an array of entertainment and educational events throughout the County. A full schedule of May and June trips is available on page 16.

Got summer travel plans? Before hitting the road, sign up for BSO-Tamarac's free Home Watch Program, for deputies to keep an eye on your home's exterior while you're away. Call (954) 720-2225 for details.

If you're planning a Tamarac staycation, cool down with the whole family at our Aquatic Center, the Waters Edge Park splashpad, or beneath one of our seven shaded playgrounds.

Let's stay connected! For information about Tamarac's events, activities, updates and resources, visit us online at [www.Tamarac.org](http://www.Tamarac.org). You may also follow the "City of Tamarac" on social media.



# FROM THE CITY COMMISSION

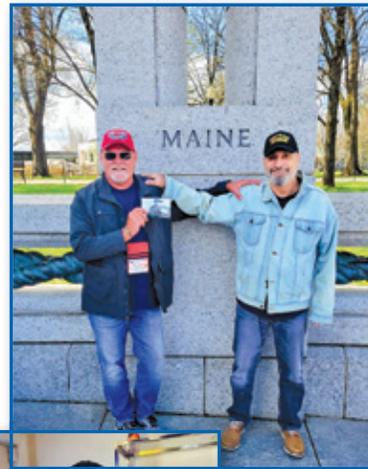


## Commission Editorial Mayor Michelle J. Gomez

In April, I had the great privilege of accompanying two World War II veterans, six Korean War veterans and 64 Vietnam War veterans, along with their Guardians on an Honor Flight to our nation's capital. We toured the historic memorials built to honor their service and sacrifice. To experience this alongside our veterans was truly awe-inspiring and humbling.

It was also a great honor to celebrate Tamarac resident, Irving Richard Memberg's, 100th birthday, along with his family and friends! Irving is a WWII Navy veteran and retired law enforcement officer!

Tamarac and Sunrise veterans who participated in this year's Honor Flight included Izzy Binstock, Noel Guiffre, Stephen Sax, James Zevolo, Harold Redler, Rhona Tobias, Joseph Matulich and Paul Gassin.



Scan this QR Code with your smart device for the latest Commission initiatives outlined on the Tamarac Events Calendar.



## Commission Editorial Vice Mayor Mike Gelin, District 2

This is an exciting time, as children, parents and teachers bring the school year to a close and take a break from the busyness of the academic year.

In the month of May we honor, recognize and celebrate our moms on Mother's Day. Mothers are extremely influential in our lives and in the development of society. I want to wish a Happy Mother's Day to all Tamarac moms and those who take on the role of mothers.

We also celebrate Memorial Day in May to reflect on the sacrifices made by those who paid the ultimate price to ensure our freedom in this Country. We love seeing our military families on this special day. This year's event will take place at the Tamarac Community Center.

During the month of June, we celebrate Father's Day and Men's Health Month. Personally, Father's Day will be difficult, as this year will be my first without my father's physical presence. Thankfully, his memory and legacy live on through my son and me. I

will continue to pass on the lessons learned and work to make him proud.

Men's Health Month serves as a reminder to men to be more conscientious about caring for our health through physical activities and annual preventative screenings. If you're looking for healthy activities in Tamarac, be sure to check out the adult activities organized by our Parks and Recreation Department. If you are looking to run or walk with neighbors, join me with the Tamarac Run Club at 7 p.m., every Monday and Wednesday, at the Tamarac Sports Complex, in front of the soccer field.

Have a great summer!



Scan this QR Code with your smart device for the latest Commission initiatives outlined on the Tamarac Events Calendar.



# FROM THE CITY COMMISSION



## Commission Editorial Commissioner Marlon Bolton, District 1

**A**t a recent City Commission meeting, I revealed a deeply personal fact about myself. I was once homeless, and I told no one. Some years ago, I slept under a bridge for three long nights without anything to my name. I didn't have a place to stay, no food, and no one to turn to during that tough time. I slept under a bridge with nothing but the clothes on my back, waiting for someone to come and help me. I don't remember everything that happened to me, but I remember how I felt in that moment – alone and afraid.

That's the story of American homelessness. Homelessness is a serious problem that must be addressed boldly and with unity. When people hear the word "homelessness," they often think of irresponsible people addicted to drugs and who are mentally ill. Nothing could be further from the truth. Today, the rising cost of housing has put many hardworking people one paycheck away from homelessness, contributing to a nationwide problem that many policymakers refuse to tackle. This isn't a mental health crisis. This is a public health crisis that must be addressed.

This is also not a partisan issue. It is not a soundbite. It is an important and life-changing event that we can and must address. If we can set an example for other cities of how Tamarac truly is the City For Your Life, then we should set that example.

That's why I'm raising money to fight homelessness. Recently, I asked a developer in the City to assist me in the fight to end homelessness, and he did. At my request, he donated \$250,000 to help fight homelessness in our City. He donated another \$250,000 to charity. He did this as a good neighbor, not under any influence and not under duress. He did this from the kindness of his heart.

I've long championed the need to bring community stakeholders into the process. That's why I also worked with my colleagues to launch a Homelessness Taskforce here in Tamarac. I am asking residents to send me letters about how they think we can stop homelessness in Tamarac. I would love to hear from you. If you are interested, please address your letter to:

Office of Commissioner Marlon D. Bolton 7525  
NW 88th Ave., Tamarac, FL 33321

Until Next Time,

Marlon D. Bolton, Commissioner, District 1

### IN MEMORY OF J.C. CARDONA



Loving fiancé (engaged to Adam), avid Tam-A-Gram reader and City of Tamarac supporter.



Scan this QR Code with your smart device to learn more about my work.



## Commission Editorial Commissioner Elvin Villalobos, District 3

I am so grateful for every woman who has been involved in reshaping our world. Thank you to the mothers, businesswomen, political leaders and every woman thriving and contributing to society, while wearing multiple hats.

As we celebrated Women’s History Month in March, I highlighted a local entrepreneur. Her name is Camila, AKA “Cami.” When she’s not in school or involved in her studies, Cami likes spending her spare time making fresh lemonade. DELICIOUS!! I want to thank our Tamarac Fire Rescue team for stopping by to support Cami!

As our local businesses continue going through difficult times, I want to encourage everyone to continue supporting them, as they impact our local communities directly. In doing so, I met Andy from Angelo’s Barbershop, located in Tamarac Town Square, just a few doors down from the new Retro Fitness Tamarac.

Retro Fitness Tamarac recently opened its doors, providing an opportunity for all residents to join at a very low cost, without excuses. Speaking of no excuses, this is Toni. Not only does Toni work at Retro Fitness Tamarac, but she has another job where she has worked for 22 years, while still finding time to workout and stay healthy. Staying healthy during this continual time of COVID-19, strengthening your body and improving your mental health is of the essence!

With so many events for everyone to enjoy, please make sure to connect with the City through the Facebook page, or your District Commissioner. You can also call the Mayor and Commission’s Office at (954) 597-3461 with any questions, concerns or upcoming event information.



Commissioner Villalobos visiting Cami's Lemonade Stand.



Tamarac Fire Rescue showing their support at Cami's Lemonade Stand.



Commissioner Villalobos pictured with Andy from Angelo's Barbershop.



Commissioner Villalobos pictured with Toni from Retro Fitness Tamarac.

Scan this QR Code with your smart device to view past issues of the Tam-A-Gram.



## FROM THE CITY COMMISSION



### Commission Editorial Commissioner Debra Placko, District 4

I've been proud to serve as an Area Agency on Aging of Broward County (AAABC) Advisory Council member for many years. They are a valuable resource for seniors ages 60 and older, along with their caregivers. I want to share some of the services available to residents in our community through this great organization.

The AAABC helpline provides information and referrals to services like long-term care for seniors and disabled persons, ages 18 and older.

SHINE is a statewide service offered through AAABC. This volunteer-based program helps seniors with Medicare counseling and health insurance. SHINE offers assistance with claims and appeals, comparing supplemental policies and organizing paperwork. SHINE counselors are trained to uphold client confidentiality and provide unbiased advice free of charge.

ConnectingWithU is another service offered through AAABC. Seniors may sign up to receive scheduled checkup calls from a Phone Pal volunteer weekly, and more frequently upon request. Participants engage in friendly conversation and are referred to resources that can improve their quality of life. Phone Pal volunteer opportunities are also available.

Health and Wellness classes are also offered, including Tai Chi for Arthritis, the Diabetes Self-Management program and Tai Ji Quan. These classes are offered through Zoom and in person.

AAABC offers Powerful Tools for Caregivers, which is a six-session health and wellness program teaching self-management of the various challenges of caregiving. The Savvy Caregiver program is designed to assist individuals caring for persons with dementia by providing the skills, knowledge

and outlook needed to be effective. All workshops are offered free and virtually.

Broward County adults, ages 50 and older, in need of food assistance can call the AAABC for home-delivered meals or services through a congregate meal site. The meal delivery program supports home-bound and/or low-income residents. Additionally, the Supplemental Nutrition Assistance Program (SNAP) helps low-income residents receive food assistance benefits.

For information about additional services, please visit [www.ADRCBroward.org](http://www.ADRCBroward.org) or call the helpline at (954) 745-9779.



# TAMARAC IS ECONOMICALLY RESILIENT

Tamarac's 2040 Strategic Plan is the roadmap of how the City sets, plans and executes major goals that establish us as a premier community to live and work in the present and future. Six goals were introduced in March 2020. Here is a closer look at our progress with **Strategic Goal #3: Tamarac is Economically Resilient.**

## Thriving Business-Friendly Community

Tamarac continues to grow as a thriving and innovative business-friendly community, equipped to help businesses open efficiently, grow and succeed.

- The **Business-One-Stop-Shop (BOSS) Program** provides businesses considering Tamarac locations with quick assessments of whether spaces of interest are properly zoned and to identify any outstanding code issues impacting the location before signing leases.
- A designated **Platinum Permitting City**, Tamarac recently streamlined permitting processes through its e-permits one stop shop with Broward County. To assist applicants, Tamarac also launched helpful how-to videos and website information.
- The City's newly updated **"Tamarac Pathways to Starting a Business Guide"** helps simplify the licensing and permitting steps to open a new business in Tamarac.

## Redevelopment Opportunities

Tamarac strives to identify and pursue high-quality market-driven redevelopment opportunities.

- **Tamarac's Developer Incentive Grant Program** launched in 2021 to incentivize comprehensive and transformative projects to bring revitalization and investment to local commercial corridors and plaza properties.



- **Two City-owned parcels have recently been approved for sale and redevelopment** for new restaurant projects. They include a new Culver's in Tamarac's Medical Mile Redevelopment Area on University Drive, and another new plaza coming to University Drive with two new rooftop restaurants and retail space.

## Economic Development

- Approximately 600 new jobs came to Tamarac from ongoing **new business** recruitment and marketing. Tamarac recently welcomed Amazon, New Vision Pharmaceuticals headquarters, Medify Air and Wheel Pros to our Commerce Park.
- Tamarac launched its **Sister Cities Committee** in 2021 and is currently evaluating potential partnering cities for educational, business and cultural exchanges.
- Increased promotion of the **City's procurement and contract opportunities for local small businesses owned by minorities, women and veterans** to help foster business growth and prosperity.

# SUMMER FUN IN TAMARAC!

When the school year ends, summer fun at Camp Tamarac begins! From June 21 through August 5, the City's Parks and Recreation Department will provide exciting, safe and structured activities during the summer break for children ages 5 to 11.

Campers will explore, play, learn and tap into their creative imaginations. They will also enjoy trips to our beautiful City parks and local attractions. Games, art and sports are all on the list of things to do at this exciting camp!

## ACTIVITIES

Outdoor Sports • Indoor Games • Arts & Crafts • Themed Activities

## FIELD TRIPS

Trampoline Parks • Movie Theater • Bowling • Water Parks

Camp registration is underway and closes when all spaces are filled. Campers must be 5 years old on or before September 1, 2022 to participate. A birth certificate and proof of residency is required at the time of registration.

For more information about Camp Tamarac, visit [www.Tamarac.org/Camps](http://www.Tamarac.org/Camps).



# CONNECTING TAMARAC'S YOUTH

Students have a lot of free time on their hands during the summer months, but some put that extra time and energy toward making an impact with Tamarac's Teen Youth Council. The program helps Tamarac's 8th-12th graders become leaders, develop social skills and give back to the community through volunteering.

"The Teen Youth Council is an accepting space, where we, as teenagers, have a chance to promote change," said Saul Restrepo, an 11th grader at Fort Lauderdale High School.

"As one of the oldest members of the Council, I've gained numerous benefits such as connecting with people like the Mayor of Tamarac and like-minded teenagers," added Sama Francois, a 10th grader at Millennium 6-12 Colligate Academy. "The Council also allows me

to receive service hours, while establishing a change in my community."

For more information about Tamarac's Teen Youth Council, call (954) 597-3648. To apply for the program, visit [www.Tamarac.org/Youth](http://www.Tamarac.org/Youth).



Teen Youth Council members during program orientation at Tamarac Community Center.

# TAKE A STROLL ALONG THE NEW TAMARAC STORY TRAIL

**H**ead over to Waters Edge Park for a scenic quarter-mile stroll, while reading “The Fox and the Bike Ride,” by Cory R. Tabor, now available for your enjoyment on the brand new Tamarac Story Trail.

Saturday, March 19, the City of Tamarac, in partnership with the Kiwanis Club of Tamarac and the Parks and Recreation Foundation of Tamarac (PAROT), unveiled the new Story Trail during a fun-filled ribbon-cutting ceremony.

Nearly 200 residents and neighbors of all ages enjoyed the outdoors, while celebrating the park’s latest addition. The new Story Trail has 18 panels containing pages of a featured children’s book that will change throughout the year. The first installation features “The Fox and the Bike Ride,” a story about a fun-

loving, mischievous fox in a hilarious tale of friendship and adventure.

New books will be featured six times throughout the year. Stop by regularly to enjoy the newest stories along the Trail.



# SOUTHGATE MEADOWS, COMING SOON!

**T**amarac's Teen Youth Council enjoyed several weekends outdoors, working hard to clear and till the land northeast of University Drive and Southgate Boulevard, the future site of Southgate Meadows. Seeds were planted on this dedicated 45' x 60' plot of land to grow beautiful pollinator-friendly plants that help the environment and add vibrant color to the landscape.



If you're interested in volunteering to maintain Southgate Meadows along with the Teen Youth Council, please email the Council Advisor, Sammie Monroe, at [Sammie.Monroe@Tamarac.org](mailto:Sammie.Monroe@Tamarac.org).



## NEW COMPOST REBATE PROGRAM HELPS REDUCE TAMARAC'S CARBON FOOTPRINT

**E**arth Day was Friday, April 22, and the City of Tamarac marked the occasion by launching a home Composting Rebate Program. This new program offers a \$50 rebate for purchasing eligible composting equipment. Using an at-home composting system is a great way to give new life to organic matter typically sent to landfills. From discarded produce peels, seeds and nutshells, to tea bags, used coffee grounds and eggshells, it all can be turned into valuable fertilizer to help your garden flourish.

"Over our lifetime, we've seen the impact of climate change," said Troy Gies, Acting Assistant Director of Public Services. "By introducing this new composting rebate program to Tamarac, residents will have



an opportunity to save money, minimize greenhouse gas emissions and improve the appearance of their yards."

Program guidelines and applications are available at [www.Tamarac.org/Compost](http://www.Tamarac.org/Compost). For more information, call the Public Services Department at (954) 597-3700.

# HURRICANE PREPARATION

The 2022 Atlantic Hurricane Season officially begins June 1. Here are a few tips to help your household safely weather a storm.

## EVALUATE YOUR RISK

- Tamarac isn't in a mandatory evacuation zone; however, parts of the City are in flood zones. Review the 2022 Flood Brochure included in this edition of "Tam-A-Gram" to determine whether your property is in a flood zone. Through the guide, you will also learn about flood hazards and insurance. Additional flood information is available at [www.Tamarac.org/Flood](http://www.Tamarac.org/Flood).
- Consider the special needs of all household members. Don't forget your pets!
- Review insurance policies before the start of hurricane season to make sure you understand your coverages.

## MAKE A PLAN

- Decide in advance whether you'll stay or evacuate.
- Make pre-storm arrangements if you need help installing shutters and preparing your home.
- Share your plans with friends and family before a hurricane. Be sure to also have a post-storm communication plan.

## BE PREPARED

- If possible, repair, update and hurricane-proof your home before the start of hurricane season.
- Trim trees before hurricanes threaten, to ensure debris is collected in advance.
- Stock up on supplies and medicines family members need. For suggested provisions, visit [www.Ready.gov/Build-a-Kit](http://www.Ready.gov/Build-a-Kit).
- Have gas in your car and cash on hand when a storm threatens. Gas pumps and ATMs may not work in post-storm power outages.

- For additional details about storm preparation, visit [www.Tamarac.org/EmergencyManagement](http://www.Tamarac.org/EmergencyManagement).

## BE AWARE

- Monitor local news and weather announcements, especially once storm watches and warnings are declared.
- For CodeRED announcements, visit [www.Tamarac.org](http://www.Tamarac.org) and click "Emergency Notifications" on the homepage.
- For City emails, click the "Stay Connected" button on the homepage to subscribe to the "City-At-Large" and "District" lists.
- Watch for regular hurricane updates on the City's website and social media.

## IMPORTANT NUMBERS

### TAMARAC:

Hurricane Hotline	(954) 597-3800
Recorded Updates	(954) 718-1800
CodeRED Registration	(954) 597-3800 <a href="http://www.Tamarac.org">www.Tamarac.org</a>
Utilities Emergency	(954) 597-3750
After Hours Only	(954) 597-3775
Volunteer Desk	(954) 597-3620

### BROWARD COUNTY:

Hurricane Hotline	311 or (954) 831-4000 TTY (954) 831-3940
Emergency Management	(954) 831-3900
Special Needs Shelter Registration	(954) 831-3902 TTY (954) 831-3940
Vulnerable Population Registration	(954) 831-4000 TTY (954) 831-3890
Pet-Friendly Shelters	311 or (954) 831-4000

### OTHERS:

Emergency	911
Florida Power & Light	(800) 4-OUTAGE
Waste Management	(866) 684-3142
BSO Non-Emergency	(954) 764- 4357
FEMA Hotline	(800) 621-3362 TTY (800) 462-7585

# WATER SAFETY



**M**any Floridians spend hot summer days relaxing by the pool. Despite the many poolside smiles and laughs summer brings, tragedy can strike without warning when safety isn't at the forefront.

According to the Florida Department of Health, the Sunshine State leads the nation in drowning deaths of children ages 1 to 4. Nationally, drowning is also the number one killer of that age group.

Florida is surrounded by water and many homes have backyard pools. Teaching children to swim is essential. Visit [www.Tamarac.org/Caporella-Aquatic-Center](http://www.Tamarac.org/Caporella-Aquatic-Center) to learn about swim lessons offered through the Parks and Recreation Department. The City's upcoming Operation Swim Water Safety Expo also teaches swim techniques and survival basics. More information is available on page 21.

Here are a few tips to help keep your little ones safe near water.

- Never leave a child alone in or near water, not even to refill your drink. According to the U.S. Army Corps of Engineers, it only takes 20 seconds for a child to drown. That's about the time it takes to read and respond to the average text message.
- Leave all distractions, including your phone and tablet, inside and keep a close eye on those in the pool. Not only does drowning happen quickly, in many cases, it's a silent tragedy.
- Install fences and alarms around your pool or lake. It can save a life!
- Call Tamarac Fire Rescue at (954) 597-3800 or visit [www.Tamarac.org/421](http://www.Tamarac.org/421) to sign up for CPR training.
- In case of an emergency, always call 911.

# GET INTO THE PATRIOTIC SPIRIT, SAFELY

**S**ummer is synonymous with barbecues, pool parties and outdoor celebrations that often include fireworks. According to the U.S. Consumer Product Safety Commission, fireworks were involved in an estimated 15,600 injuries treated in U.S. hospitals in 2020!

Tamarac Fire Rescue has a few important reminders to help keep your family safe, while enjoying the most patriotic time of year.

- Never allow young children to handle fireworks. Older children should be supervised closely.
- Use glow sticks as a safe fireworks alternative.
- Soak sparklers in a bucket of water for a few hours before discarding. Hot items can ignite Dumpster fires.
- Always have a garden hose or fire extinguisher handy.
- Only light one device at a time, and maintain a safe distance after lighting.
- In lieu of at-home fireworks, use red, white and blue silly string. It's fun for all ages.
- It's best to leave fireworks displays to the professionals. Family-friendly events like Tamarac's Annual 4th of July All-American Celebration are a fun and safe home fireworks alternative.

For more fireworks safety information, visit [www.Tamarac.me/FireworksSafety](http://www.Tamarac.me/FireworksSafety).



# NEW CONCIERGE-STYLE HEALTHCARE OPTION FOR SENIORS NOW AVAILABLE IN TAMARAC



**C**hen Senior Medical Center, a leading primary care provider, recently opened its new Tamarac location, bringing concierge-style health care to seniors. ChenMed is a family-owned primary and specialty care practice committed to delivering superior healthcare to Medicare-eligible seniors.

Located at 7401 W. Commercial Blvd., the facility provides a full range of primary and preventive care services to patients ages 65 and older. The healthcare team provides a continuum of care for its patients. Services range from on-site labs, X-rays, echocardiograms, EKGs, an on-site pharmacy offering many top prescribed

medications, cardiology, podiatry and private transportation to and from the center.

“We are excited to be in the Tamarac community and provide quality VIP healthcare to our seniors,” said Brian Jurich, Tamarac Center Director for Chen Senior Medical Center. “We want our patients to have peace of mind in knowing that their healthcare is our top priority. At Chen Senior Medical Centers, we want to ensure that our patients have every opportunity to receive the care that they deserve.”

Chen Senior Medical Center Tamarac is open Monday – Friday, 7:30 a.m. – 5 p.m. For more information, visit [www.ChenMedicalCenters.com](http://www.ChenMedicalCenters.com).



Living room-inspired patient waiting area.



Ribbon-cutting ceremony at Chen Senior Medical Center Tamarac.



ChenMed staff providing information at grand opening event.

# VOLUNTEER SPOTLIGHT

After becoming involved with Tamarac's Senior Program in March 2003, Joan Brown gladly offered a helping hand when needed. In 2011, she took her heart for service to another level by joining the City's volunteer program. Joan's volunteer services include assisting with senior socials and parties, checking membership IDs and monthly surveys.



While Joan no longer lives in Tamarac, she takes a bus to the Community Center to continue the volunteer work she loves. Joan is dependable, kind and greets everyone with a cheerful smile.

## GREEN SCENE

*Tips To Help You Go Green*



Hurricane impact windows and doors provide benefits beyond storm protection. They can also reduce the amount of solar heat gains that enter your home, allowing the air conditioning to maintain set temperatures, while working less.

It is ideal to water your lawn during cooler morning hours. This allows the soil to absorb water before it can evaporate.

# CONSTRUCTION CORNER

*Here's a look at Tamarac's construction and development projects currently underway or coming soon!*

## Private Development

- Bailey Square Apartments, 6170-6190 Rock Island Rd.
- Tamarac Self Storage, 8251 W. McNab Rd.
- The Enclaves at Woodmont single-family residential community, sales office at 7910 NW 79th Ter.
- Eden West Apartments, 8601 & 8701 W. McNab Rd.
- Fairfield Inn & Suites, 6800 NW 88th Ave.
- Rock Island Self-Storage, 5602 Rock Island Rd.
- Parkside Memory Care, 7620 N. University Dr.
- Elite Dialysis, 8201 N. University Dr.
- Dunkin Donuts, 7001 N. Pine Island Rd.
- Tamarac Circle - 5 Home Development, 5400-5440 NW 57 Ct.

## Major City Projects

- Tamarac Lakes Sections 1 & 2 Water Main Improvement Project, W. Prospect Rd.
- New Sunset Point Park Parking Lot and Restroom Improvements, 11000 W. McNab Rd.



Sunset Point Park

- Veterans' Memorial Park Parking Lot Expansion, 7825 Southgate Blvd.

## Public/Private Partnerships

- Tamarac Village, north side of Commercial Blvd., between Pine Island Rd. and NW 94th Ave.

# TAMARAC CITY COMMISSION MEETING SCHEDULE

Tamarac's Regular City Commission Meetings are held in-person in the Tamarac City Hall Commission Chamber, located at 7525 NW 88th Ave. Please join us for upcoming Regular Commission Meetings on the following dates:

Wednesday, May 11, 7 p.m.  
Wednesday, May 25, 9:30 a.m.  
Wednesday, June 8, 7 p.m.  
Wednesday, June 22, 9:30 a.m.

All City Commission Meetings are streamed live at [www.Tamarac.org/Meetings](http://www.Tamarac.org/Meetings) and on

the City of Tamarac's Facebook page, @Tamarac.Florida.

This schedule is subject to change. For updates about our Regular Commission Meeting schedule and Commission Workshops, please subscribe to our "City of Tamarac - Public Meeting" notifications at [www.Tamarac.org/StayConnected](http://www.Tamarac.org/StayConnected), visit [www.Tamarac.org/Meetings](http://www.Tamarac.org/Meetings) or call the City Clerk's Office at (954) 597-3505.

## WORK WITH US



The City of Tamarac is the place to be if you want to earn a living while making a difference in the community! From experts in a wide variety of trades, to skilled professionals, we offer a range of positions with challenging and rewarding experiences and professional development opportunities.

### FEATURED POSITIONS

- Assistant Director of Community Development
- Structural Inspector
- Groundskeeper I
- Senior Accountant

For more information or to apply, visit [www.Tamarac.org/Jobs](http://www.Tamarac.org/Jobs).

Parks and Recreation Department Staff at the 2021 Tamarac Turkey Trot 5K.



City of Tamarac Customer Service Team during 2021 Customer Service Week.



Public Services Stormwater Crew setting up at the 2021 Tamarac Turkey Trot 5K.

# ADULT TRIPS AND TOURS

We're excited to welcome the return of our trips and tours program for active adults. Our summer schedule includes outings to several great Broadway-style musicals and live performances. Registration for these events is available at the Tamarac Community Center or online at [www.Tamarac.me/webtrac](http://www.Tamarac.me/webtrac). For more information, please call (954) 597-3620.

*Big. New Musical. Big. Huge.*  
**PRETTY WOMAN**  
THE MUSICAL

**BROWARD CENTER**  
**PRETTY WOMAN: THE MUSICAL**  
 Friday, May 6, 4 - 11 p.m.  
 Residents: \$80 | Non-residents: \$90



**BROWARD CENTER**  
**SUMMER: THE DONNA SUMMER MUSICAL**  
 Friday, May 20, 4 - 11 p.m.  
 Residents: \$80 | Non-residents: \$90



**BROWARD CENTER**  
**BEAUTIFUL: THE CAROLE KING MUSICAL**  
 Friday, June 17, 4 - 11 p.m.  
 Residents: \$80 | Non-residents: \$90



**BROWARD CENTER**  
**THE MASKED SINGER**  
 Thursday, June 30, 4 - 11 p.m.  
 Residents: \$80 | Non-residents: \$90

**TAMARAC**  
The City For Your Life

**PATRIOTIC SPLASH**

**SWIM PARTY**

• CAPORELLA AQUATIC CENTER •  
 • 9300 NW 58 STREET •  
 • MONDAY, JULY 4TH •  
 • NOON - 4 PM •

**SWIMMING • MUSIC  
 KID'S CRAFTS • FUN**

**FEE: \$5**







By attending an in-person or virtual City of Tamarac event or activity, you are entering an area where photography, audio and video recording may occur. By attending this event or activity, you are agreeing to these terms and consenting to photography, audio and video recording, and its release, publication, exhibition or reproduction to be used for promotional purposes, advertising, inclusion on websites, printed material, social media, or for any other lawful purposes by the City of Tamarac and its representatives. Please notify City of Tamarac event personnel of any questions prior to attending.

FOR MORE INFORMATION, PLEASE CALL CAPORELLA AQUATIC CENTER AT (954)597-3660.

**TAMARAC** THE CITY OF TAMARAC PRESENTS 2022

**ALL-AMERICAN Celebration**

TAMARAC SPORTS COMPLEX, 9901 NW 77TH ST.  
 MONDAY, JULY 4TH • 6:00-9:30 PM

**LIVE PERFORMANCE BY  
 THE CACHET BAND**





**FIREWORKS PROMPTLY AT 9:00 PM**  
**FOOD TRUCKS & FREE FUN ZONE FEATURING  
 INFLATABLES, GAMES, FACE PAINTING, AND ARTS & CRAFTS**

**LIMITED PARKING** Please use continuous round trip shuttle transportation from Tamarac City Hall, 7525 NW 88th Avenue or Tamarac Community Center 3601 W. Commercial Blvd, from 5:30 - 8:15 p.m. and following the fireworks.

For more information, please call (954) 597-3620  
 or visit [www.tamarac.org/specialevents](http://www.tamarac.org/specialevents)







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## CAPORELLA AQUATIC COMPLEX AND FITNESS CENTER

Caporella Aquatic Complex amenities include a 25-meter heated swimming pool, with zero-depth entry, a slide and a children's water spray ground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Call (954) 597-3660 for more information.

As part of our current safety procedure the pool opens in sessions to allow social distancing and time to sanitize between sessions.

### POOL HOURS *(Through June 10)*

**Monday – Saturday:** Session I 10:00 a.m. – 1:30 p.m.  
Session II 2:30 p.m. – 6:00 p.m.

**Sunday:** Session I 10:00 a.m. – 12:30 p.m.  
Session II 1:30 p.m. – 4:00 p.m.

### SPRAYGROUND AND SLIDE HOURS

*(Through June 10)*

**Monday – Friday:** 3:30 p.m. – 6:00 p.m.

**Saturday:** Session I 10:00 a.m. – 1:30 p.m.  
Session II 2:30 p.m. – 6:00 p.m.

**Sunday:** Session I 10:00 a.m. – 12:30 p.m.  
Session II 1:30 p.m. – 4:00 p.m.

### SUMMER HOURS *(Beginning June 11)*

### POOL, SPRAYGROUND AND SLIDE

**Monday-Sunday:** Session I 10:00 a.m. – 1:30 p.m.  
Session II 2:30 p.m. – 6:00 p.m.

### PROACTIVE ARTHRITIS WATER AEROBICS CLASS

Proactive Arthritis Water Aerobics classes are held every Monday, Wednesday and Friday, from 10 a.m. – 11 a.m. These classes are free to Senior Program members.

### TAMARAC SWIM TEAM

TS Aquatics offers a competitive swim program for children, ages 5 to 18, at the Caporella Aquatic Complex. Free tryouts are held Monday – Thursday, 5 p.m. – 7 p.m.



Pool at Caporella Aquatic Complex

### FITNESS CENTER

The Tamarac Fitness Center offers a friendly, non-competitive workout environment with a variety of free weights, machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. Our qualified staff will show you around on your first visit to help you get familiar with the equipment. For more information, contact the fitness center at (954) 597-3661 or visit [www.Tamarac.org/Parks](http://www.Tamarac.org/Parks).

### ANNUAL FITNESS CENTER MEMBERSHIP FEES

<b>Adults:</b>	\$150
<b>Seniors/Active Military/Veterans:</b>	\$135
<b>Teens (Ages 16 – 17):</b>	\$95
<b>Teens (Ages 13 – 15):</b>	\$65

*Three-month and six-month membership options are also available for adults, seniors, active duty military and veterans.*

# WEEKLY YOUTH CLASSES

For additional information or to register online, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac).  
Classes and schedules are subject to change.  
Classes are located at Tamarac Recreation Center, 7501 N. University Dr.

## BALLET, TAP AND JAZZ

Saturday | 10 a.m.  
\$55 Residents; \$65 Non-residents

## CHEERLEADING AND HIP HOP

Saturday | 11 a.m.  
\$55 Residents; \$65 Non-residents

## TAE KWON DO

Tuesday & Thursday | 5:30 p.m. - 7:30 p.m.  
\$80 Residents; \$90 Non-residents

## GYMNASTICS

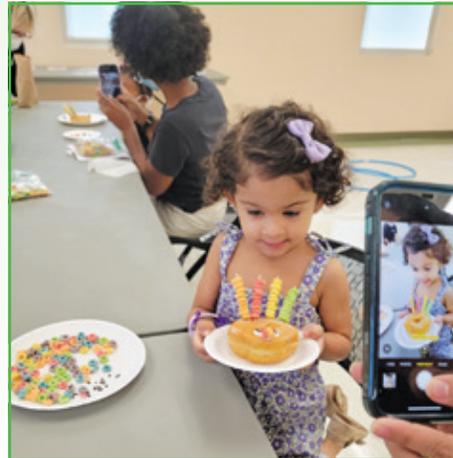
Saturday | 11 a.m.  
\$55 Residents; \$65 Non-residents

## FAST TRACK

Monday - Friday | 3 p.m. - 6 p.m.  
\$150 Residents; \$185 Non-residents

## IMAGINATION MORNINGS Toddlers 2-4 years

Wednesday | 10:30 a.m. - 11:30 a.m.  
\$25 Residents; \$35 Non-residents



Mommy and Me activity at Imagination Mornings.

# WEEKLY ADULT FITNESS CLASSES

Classes are held in-person. For additional information, online registration or costs, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac). Classes and schedules are subject to change. Classes are held at Tamarac Community Center, 8601 W. Commercial Blvd. or Tamarac Recreation Center, 7501 N. University Dr.

## TAMARAC COMMUNITY CENTER CLASSES

### BOOTY BARRE WITH CAROL

Monday | 6 p.m.

### CYCLING WITH CAROL

Monday | 7:15 p.m.

### TRANSFORM 60 WITH MIKE

Tuesday | 6 p.m.

### YOGA WITH CAROL

Tuesday | 6 p.m.

### CYCLING WITH CAROL

Tuesday | 7:15 p.m.

### BALANCE AND RECOVERY WITH GAZELLE

Wednesday | 6 p.m.

### ZUMBA WITH KECIA

Wednesday | 6 p.m.

### BODY SCULPTING WITH GAZELLE

Thursday | 6 p.m.

### CYCLING WITH CAROL

Thursday | 6:15 p.m.

### YOGA WITH BETH

Thursday | 7 p.m.

### BODY SCULPTING WITH MIKE

Friday | 6 p.m.

### CYCLING WITH CAROL

Saturday | 9:30 a.m.

### YOGA WITH CAROL

Saturday | 10:30 a.m.

# WEEKLY ADULT FITNESS CLASSES

## TAMARAC RECREATION CENTER CLASSES

### ZUMBA WITH MARIA

Monday | 6:30 p.m.

### CHEEKY WITH YASMINE

Monday | 7:30 p.m.

### ZUMBA WITH MARIA

Tuesday, Wednesday, Thursday | 9:30 a.m.

### ZUMBA FITNESS WITH KARLENE

Tuesday | 7 p.m.

### GET EM' WITH YASMINE

Wednesday | 7:30 p.m.

### CARIBBEAN DANCE WITH KARLENE

Thursday | 7 p.m.

### STRENGTH & TONE WITH YASMINE

Saturday | 9:30 a.m.

# WEEKLY SENIOR CLASSES

*The classes below are for pre-registered guests only. Walk-ins are not allowed.  
Participation Platforms: **Z** = Zoom; **L** = Live; **Z&L** = Zoom & Live.*

### KICKBOXING LITE WITH MARK

Monday | 10:30 a.m. (**Z&L**)

### CREATIVE WRITING WITH JANIE

Tuesday | 10 a.m. (**Z**)

### CARDIO WITH DEBBIE

Tuesday | 11:30 p.m. (**Z&L**)

### MAT YOGA AND MEDITATION WITH DEBBIE

Tuesday | 12:45 a.m. (**Z&L**)

### INTERMEDIATE LINE DANCING WITH HELAINE

Wednesday | 12 p.m. (**Z&L**)

### ABSOLUTE BEGINNERS LINE DANCING WITH HELAINE

Wednesday | 1:15 p.m. (**Z&L**)

### CHAIR YOGA WITH DEBBIE

Thursday | 11:30 a.m. (**Z&L**)

### SPANISH FOR BEGINNERS WITH NATACHA

Thursday | 12:30 p.m. (**Z**)

### PING PONG

Wednesday | 12:00 p.m., Thursday | 1:30 p.m. (**L**)

### CLAY WORKSHOP WITH MICHELE

Friday | 10:30 a.m. (**L**)

### CHAIR YOGA AND MEDITATION WITH DEBBIE

Friday | 12:45 p.m. (**Z&L**)

### JAZZERCISE WITH WARREN

Monday, Tuesday, Thursday, Friday | 10 a.m. (**Z&L**)

### YOGA WITH BETH

Monday | 12:30 p.m., Wednesday | 10 a.m. (**Z&L**)

### SIT AND FIT WITH DEBBIE

Monday, Wednesday, Friday | 11:30 a.m. (**Z&L**)

### TAI CHI/QIGONG WITH MARK

Monday | 9 a.m., Friday | 8:30 a.m. (**Z&L**)

### HAPPY HOOKERS

Monday | 12:30 - 2:30 p.m. (**L**)

### TALK OF THE TOWN

Wednesday | 10 a.m. (**L**)

### ADVANCED RUBBER STAMPING

Every Other Thursday | 11 a.m. (**L**)

### ZUMBA

Tuesday, Thursday | 11 a.m. (**L**)

### PICKLEBALL

Beginners | Monday, Wednesday | 1:30 p.m. (**L**)

Intermediate/Advanced | Tuesday, Friday | 1:30 p.m. (**L**)

### VOLLEYBALL

Thursday | 12 p.m. (**L**)

#### CLASSES ARE FOR MEMBERS ONLY. NO WALK-INS.

#### 55+ Senior Program: Registration is Now Open!

- Visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac).
- Choose "Login," whether you have an existing account or not.
- Current and former members must enter a username and password. If you've forgotten your username or password, please select the appropriate option.
- First-time patrons will need to create a new account. Once logged in, please choose "Memberships" and then the "55+ Senior Program."

**Classes and schedules are subject to change. For information, visit [www.Tamarac.org/Parks](http://www.Tamarac.org/Parks) or call (954) 597-3620.**

# SOCIAL SERVICES

*Call our information and referral line at (954) 597-3642 to learn more about these and other social service programs available in Broward County.*

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## INDIVIDUAL COUNSELING

Free limited counseling sessions available for Tamarac residents only. To make an appointment with a counselor, call Lakshmi at (954) 655-7040 or Jessica at (954) 317-9460. Please leave a message with your name and phone number. Your call will be returned within 24 hours.

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## FREE HEARING SCREENING

Hear for Good, Inc. provides free hearing tests with a board-certified doctor of audiology and discounted hearing aids through its nonprofit foundation. Pricing on hearing aids is based on income. Please call (954) 597-3642 to make an appointment.

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## SHINE COUNSELOR

Under a grant from the Florida Department of Elder Affairs, the SHINE (Serving Health Insurance Needs of Elders) Program is a free and confidential counseling service to assist current and prospective Medicare beneficiaries, their families and caregivers. A network of trained volunteers are available to assist with Medicare, Medicare Savings Plans, Medicare Advantage Plans, Medicare Supplemental Insurance, Financial Assistance, Prescription Drug Plans and more. Call (954) 745-9779 for more information.



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## SENIOR SOCIAL

Senior social events are available to both residents and non-residents, ages 55 and older. Events are held the third Tuesday of every month, at 11 a.m., at Tamarac Community Center. Programs include educational lectures and light refreshments. For more information, contact Monique Alexander at (954) 597-3626.

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## MIND CLEANSING MEDITATION

Guided by a skilled instructor, guests will enjoy a lecture on the purpose and process of mediation, followed by a 30-minute meditation session. Sessions are held every first and third Friday, at 11 a.m. For more information or to sign up, call (954) 597-3642.

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## POSITIVE ADJUSTMENT GROUP

Led by a licensed mental health therapist, guests will learn strategies to cope with life changes. Sessions are held every Monday, from 10:30 a.m. to 11:30 a.m., at Tamarac Community Center or via Zoom. For more information or to sign up, call (954) 597-3642.

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## TRANSPORTATION SERVICES

Door-to-door paratransit service is available to residents with disabilities and those over age 60 with no other transportation. For additional information, please call (954) 597-3649. Tamarac also offers two free community bus routes to locations across the City. They are the Red and Red Extension Transit Routes. Schedules are available at [www.Tamarac.org/439](http://www.Tamarac.org/439) and City facilities. To track buses in real-time, download the "Ride Systems" app and select "Ride Tamarac."

## SPECIAL EVENTS

### COMMUNITY FARMERS MARKET

The market is a great place to shop for fresh produce, honey, sauces, baked goods, pickles and other artisanal goodies. Come meet the producers and sample their locally prepared, all-natural products.

**When:** Every Sunday  
9 a.m. – 2 p.m.

**Where:** Veterans' Memorial Park

### GROOVE ON THE GRASS

Join us for a live outdoor performance and food trucks offering a variety of tasty treats for the evening.

**When:** Friday, May 6  
The Turnstiles  
(Billy Joel Tribute)

**Time:** 7 p.m. – 9 p.m.

**Where:** Tamarac Sports Complex



### MOVIE IN THE PARK

Enjoy seeing one of your favorite movies on a huge inflatable movie screen. Bring your snacks, blankets and lawn chairs. No pets, please.

**When:** Friday, May 13, 8 p.m.  
"Encanto"

**Where:** Tamarac Sports Complex

### OPERATION SWIM WATER SAFETY EXPO

Safety is key, in and around the water! Join us at this free event to learn swim techniques, survival basics and water activities.

**When:** Saturday, May 21  
10 a.m. - 1 p.m.

**Where:** Caporella Aquatic Complex

### MEMORIAL DAY CEREMONY & CONCERT

Join us as the City pays tribute to those who gave their lives to protect our freedom. Following the ceremony, enjoy a performance by the Victory Dolls. Space is limited. Pre-registration is required at [www.tamarac.me/events](http://www.tamarac.me/events).

**When:** Monday, May 30  
10:30 a.m.

**Where:** Tamarac Community Center  
(New location, as Veterans' Park is under construction)

### FAMILY FUN DAY IN CELEBRATION OF CARIBBEAN HERITAGE MONTH

Enjoy a fun-filled afternoon of arts and crafts, games, music, face painting and much more.

**When:** Saturday, June 4  
12 p.m. – 2 p.m.

**Where:** Waters Edge Park

### JUNETEENTH FREEDOM FESTIVAL

Join us for a community festival as we celebrate Juneteenth with live music, art, guest speakers, food, local businesses and vendors and a kids zone.

**When:** Saturday, June 18  
5 p.m. – 8 p.m.

**Where:** Tamarac Sports Complex

### CARIBBEAN HERITAGE SPLASH BASH

Join us poolside for music and fun activities.

**When:** Saturday, June 25  
10 a.m. – 1 p.m.

**Where:** Caporella Aquatic Complex  
**Fee:** \$5 per guest

## LEAGUES

*The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.*

### YOUTH BASKETBALL

Registration for Youth Basketball Summer/Fall season begins May 2. The recreational basketball league is available for both boys and girls, ages 6 to 17. Practice sessions and games begin in July. The season concludes in September/October. Space is limited. Volunteer coaches are needed.

**Residents: \$85**

**Non-residents: \$100**

## FACILITY LOCATIONS

**Caporella Aquatic Complex and Fitness Center**  
9300 NW 58th St.

**Caporella Park**  
5200 Prospect Rd.

**Colony West Golf Club**  
6800 NW 88th Ave.

**Gary B Jones Park for People and Pups**  
8101 Southgate Blvd.

**Mainlands Park**  
4500 Monterey Dr.

**Sunset Point Park**  
11000 W. McNab Rd.

**Swim Central Annex Park**  
5800 NW 98th Ave.

**Tamarac Community Center**  
8601 W. Commercial Blvd.

**Tamarac Multi-Purpose Center**  
7531 N. University Dr.

**Tamarac Park Recreation Center**  
7501 N. University Dr.

**Tamarac Sports Complex**  
9901 NW 77th St.

**Tephford Park**  
10003 Southgate Blvd.

**Veterans' Memorial Park**  
7825 Southgate Blvd.

**Waters Edge Park**  
7508 NW 61st St.

*For more information about programs and activities listed in the Discovery section of Tam-A-Gram, please contact the Parks and Recreation Department at (954) 597-3620. Times and locations are subject to change without notice.*

# STAY INFORMED

Sign up for CodeRED notifications to stay in the know during critical situations and emergencies like hurricanes and more. It's easy!

- Visit [www.Tamarac.org](http://www.Tamarac.org) and click the Emergency Services button.
- or -
- Text TamaracCodeRED to 99411
- or -
- Call (954) 597-3800 if you need assistance setting up your account.

Get notified by phone calls, emails and/or text messages during critical events.

