

# TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA

NOVEMBER | DECEMBER | 2022



'TIS THE SEASON  
TO CELEBRATE

Tam-A-Gram is the official publication of the City of Tamarac, Florida.

Reader questions and comments are welcome.

Please send your comments to:

**Public Information Office**

Attn.: *Tam-A-Gram*

7525 NW 88th Ave.

Tamarac, Florida 33321

You may also email your comments or questions to the Public Information Office at [PIO@Tamarac.org](mailto:PIO@Tamarac.org).

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## IMPORTANT NUMBERS

<b>MAIN NUMBER</b> .....	<b>(954) 597-3500</b>
ADA Coordinator/Accessibility .....	(954) 597-3600
Voice .....	1 (800) 955-8770
TTY .....	1 (800) 955-8771
Citizen Hotline.....	(954) 718-1800
(Activated During Emergencies)	
Building Services .....	(954) 597-3420
Building Inspections, Building Permitting and Inspection Results	
City Clerk's Office.....	(954) 597-3505
City Manager's Office .....	(954) 597-3510
PIO (Media).....	(954) 597-3523
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Caporella Fitness Center .....	(954) 597-3661
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Transit/Shuttle Bus.....	(954) 597-3649
Police/BSO Tamarac District (General) .....	(954) 720-2225
(Non-Emergency).....	(954) 764-4357
Public Services .....	(954) 597-3700
Engineering .....	(954) 597-3712
Recycling & Trash Hotline.....	(954) 597-3740
Utilities (Water).....	(954) 597-3750
Billing Inquiries.....	(954) 597-3590
Utilities (Leaks, Breaks, etc.) .....	(954) 597-3750
Water Treatment Plant .....	(954) 597-3775
(Available 24/7 for after-hours utility emergencies)	

**SERVICE PROVIDERS:**

Florida Power & Light .....	(954) 797-5000
Waste Management.....	(866) 684-3142
Comcast Cable .....	(954) 252-1937
Library (Tamarac Branch).....	(954) 765-1500
Post Office (Tamarac Branch).....	(954) 722-3152

# 'TIS THE SEASON TO CELEBRATE

'Tis the season for thankful reflections as we approach the end of another year! In 2022, strategic efforts by Tamarac's City Commission and staff continued to elevate Tamarac's position as "The City For Your Life."

Our picturesque parks, Community Center and Recreation Center are major contributors to our Tamarac quality of life. The City furthered the experience in 2022 by starting renovations at three Tamarac parks: Sunset Point, Veterans' Memorial Park and Gary B Jones Park For People and Pups. We've added the Story Trail at Waters Edge Park. Plus, our Recreation and Community Centers have served 15,000 guests through our array of programs and classes for residents of all ages.

We've built 87 new housing units and welcomed more than 200 new residents. To meet the needs of our growing City, we've also welcomed 221 new local businesses by the close of the City's third quarter.

Roadway safety has been enhanced with installation or initiation of three major traffic calming projects, including speed humps and/or roundabouts at Hiatus and McNab Road; NW 70th Avenue, between 77th Avenue and McNab Road; and Woodlands Boulevard, between Commercial Boulevard and Bailey Road.

Since January, BSO-Tamarac's new Aggressive Driving Taskforce issued more than 9,000 citations to aggressive drivers and nearly 30 DUIs. Way to go BSO!

Once again Tamarac Fire Rescue has maintained another year of compliance with the Commission on Fire Accreditation International.

The City of Tamarac did a great job encouraging the best and brightest to #WorkWithUs. We are proud to end 2022 staffed at 95% to optimize our service to you.

The City of Tamarac is grateful to have been chosen as "The City For Your Life." May the holiday season be filled with cheer, happy memories, good health and blessings.



*Story Trail At Waters Edge Park*



*Senior fitness class participants at Tamarac Community Center*



*BSO-Tamarac's Aggressive Driving Taskforce*



*#WorkWithUs campaign attracted numerous job seekers to Tamarac.*



## Commission Editorial Mayor Michelle J. Gomez

**A**s I take a moment to write this end-of-year article, I'm amazed at how fast time flies.

During this period of reflecting and giving thanks, I remain grateful to live, work, and play in a place as beautiful and unique as Tamarac. Our "little" City has greatly evolved since moving here over 28 years ago and during my earlier visits. I remember picking berries on Tamarac farmland and when the Sawgrass and I-595 were built. And I remember when Tamarac didn't have a Community Center or many of the parks we currently enjoy.

Thanks to the vision of many commissions and our excellent City staff, Tamarac has become home to a wonderful mix of working individuals, families, and active retirement communities. Today, we've got a thriving industrial park with Amazon in our backyard, a mix of over 60 small business restaurants, a state-of-the-art hospital, 12 fantastic parks, and multiple fitness centers, with much more to come! These changes are all thanks to careful planning, trust, and collaboration among the community and at the County, State, and Federal levels.

I know Tamarac will continue moving sustainably, intelligently, and thoughtfully into the future. Our incredible City staff is working to ensure we have access to more programming, beautiful parks, and resources for our homes or businesses. As Thanksgiving approaches, I'm thankful for the honor of serving as your Mayor and for everyone who has impacted my life.

I look forward to seeing you at the Turkey Trot! Happy Veterans Day, Thanksgiving, Christmas, Hanukah, and New Year's Eve!



Thank you to all our City staff!



Scan this QR Code with your smart device for the latest Commission initiatives outlined on the Tamarac Events Calendar.



Mayor Gomez pictured with Tamarac Fire Rescue, BSO-Tamarac District and City staff.



## Commission Editorial Vice Mayor Mike Gelin, District 2



*Vice Mayor Mike Gelin welcomes First Class Realty to the City.*



*Vice Mayor Mike Gelin with Jack Seiler, Former Mayor of Fort Lauderdale.*

**A**s the year ends, this is a time for celebrating the end of a semester, having family gatherings, enjoying popular fall sports and taking time to assess our achievements or shortcomings of the year. We can also plan our goals for next year and try to be a better version of ourselves than we were this past year. We look forward to celebrating the holidays with our loved ones in person with little to no worries about the COVID-19 pandemic.

The City of Tamarac continues to thrive and attract new businesses. As the year approached its end, I was proud to celebrate the grand opening of one of our City's newest businesses, First Class Realty. I was also delighted to cross paths with Fort Lauderdale's former Mayor, Jack Seiler.

I wish all Tamarac residents a happy and safe holiday season and a happy and prosperous New Year.



Scan this QR Code with your smart device for the latest Commission initiatives outlined on the Tamarac Events Calendar.



## Commission Editorial Commissioner Marlon Bolton, District 1

I was elected to serve you as Commissioner of the great City of Tamarac six years ago this November. Residents in District 1 wanted change. So they went out in great numbers to make it happen. I am forever grateful for the opportunity to serve the City of Tamarac.

I would be remised if I did not say that my journey became easier when Commissioner Debra Placko took me under her wings. She showed me the ropes. We did not always agree; but we remained cordial. She always voted in the best interest of the residents. Debra never once let our unique differences stand in the way of doing right by the City's residents. As Commissioner Placko retires, and we welcome a brand-new Commissioner not just in District 4, where she represented, but in District 2, where Commissioner Gelin once represented. I wish my new colleagues all the very best.

The holidays are upon us; the weather is finally beginning to cool. We have many blessings for which we must give thanks and many opportunities to share our good fortune. As we enter the holiday season, let us take this time to let those around us know how much we value their connection and enhance the ties that first brought us together.

Soon, we welcome the annual arrival of snowbirds and tourists fleeing the cold. That of course, will bring more traffic to our streets; but we welcome our friends with open arms. We cannot wait to share unforgettable moments with them again.

In many ways, the holiday season is a sweet ending for all the hard work we've put in throughout the year. The year 2022 was amazing for the residents

of District 1 and for me. We are getting closer to partnering with Shaker Village on rebuilding a new community facility that will benefit their community. We are moving forward with construction to remodel Caporella Park, and construction of the Prospect Road wall will soon be underway. We have a lot to look forward to in 2023.

Let me wish everyone the best this holiday season and that you have a prosperous and healthy new year. Please be safe as you join friends and family in celebrations and gatherings in the coming weeks.

Finally, remember if you need my help, you can call me at anytime. My cell phone number is (954) 275-3850.

Until Next Time,

Marlon D. Bolton, Commissioner, District 1



Scan this QR Code with your smart device to learn more about my work.



# Commission Editorial Commissioner Elvin Villalobos, District 3

As we come to the end of 2022 and welcome the New Year, I would like to wish everyone a wonderful holiday season.



It has been an absolute pleasure for my wife Jacqueline, my daughters Isabella, 14, and Leila, 10, and me to have served you throughout this year and as we enter 2023.

I am sure all of you will be busy with a myriad of fun projects at home and otherwise, while also wrapping up the end of the year with all sorts of activities, events and parties. It is truly an exciting time to spend with friends, neighbors and family. It is also the perfect time to ponder about this past year and plan for next year.

Our City continues to be resilient and prospering with continual forward progress. Our City employees deserve a big THANK YOU for their hard work in making all the amenities we enjoy possible and for driving

Tamarac into the future.

As always, please stay tuned for City updates via Facebook, NextDoor, Twitter, Instagram, Tam-A-Gram and [www.Tamarac.org](http://www.Tamarac.org). Feel free to contact your respective Commissioner and our Mayor with any questions, concerns or compliments.



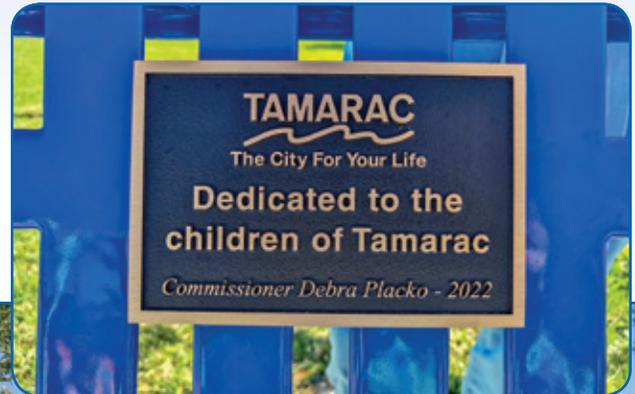
Scan this QR Code with your smart device to view past issues of the Tam-A-Gram.





## Thank You for Your Service Commissioner Debra Placko, District 4

The City of Tamarac bids a fond farewell to Commissioner Debra Placko. Thank you for nine dedicated years of service to District 4 and all of Tamarac. We wish you the best on your next journey.



Commissioner Placko donated funds to purchase three park benches. Two benches have been placed at Waters Edge Park for the enjoyment and relaxation of the park users. These benches were dedicated to “the children of Tamarac.” The third bench will be placed at Veterans Park once construction is complete, which will be dedicated to “the women and men of the military.” Both dedications are inscribed on plaques attached to each bench.

# TAMARAC WELCOMES HER POWER SPACE TOO, THE CITY'S FIRST COWORKING SPACE



Michelle Y. Talbert, Esq., Founder

**H**er Power Space Too, one of Tamarac's newest businesses, seeks to service all "solopreneurs" and "side-hustlers," according to Michelle Y. Talbert, Esq., Founder and Chief Visionary Officer of Her Power Space. Since its grand opening in August 2022, Her Power Space Too set a milestone as Tamarac's first coworking space.

"We make small businesses look big," said Talbert. Coworking space business models have been around for a while - allowing small businesses to rent shared workspaces equipped with office essentials like equipment,



Intern Amaya Williams tackles the day's tasks.

receptionists, conference rooms, physical mailing addresses and more.



Reception Area

Her Power Space Too provides clients with these services, plus

access to call centers and virtual assistants. So far, four businesses have made Her Power Space Too their full-time home. They include The Oasis Firm, Savvy Finances, Artist Farideh Schardar and TrueBI Web Development.

#WeAllWin is the Her Power Space motto. Talbert birthed the vision behind her brand after spending more than a decade in the tech startup world and using coworking spaces. Talbert says her personal coworking space experiences were very technology-

and male-focused. Her vision was to create a "women forward, men welcoming" coworking environment for diverse businesspeople and business types to thrive.

After meeting Tamarac's Commissioners and staff at the 2022 Tamarac Business Expo, Talbert was awed. "I heard them speak about the vision for the City's growth and development and their dedication to the success of small business owners in the City," said Talbert. "I KNEW I had to stay connected and follow the development. I was excited when the opportunity arose to lease the ideal space for our growth within the City."

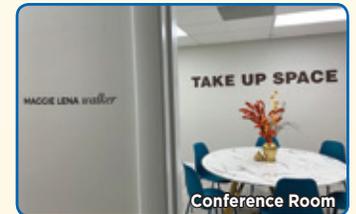


Breakroom



Each room is named after a prominent black female history-maker.

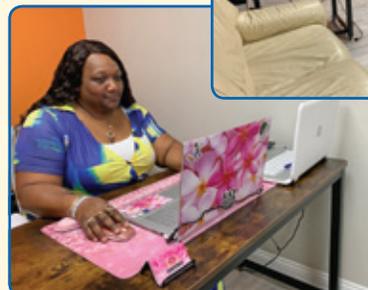
Her Power Space Too is Talbert's second coworking space. The first location opened in nearby Lauderhill in 2020; and this "womanpreneur" has plans to open a third Broward County location soon. Her Power Space Too is located at **5701 NW 88th Ave., Suite 250**. To learn more about this first of its kind Tamarac business, visit [www.HerPowerSpace.com](http://www.HerPowerSpace.com).



Conference Room



Open WorkSpace



Sonja Sanctious, owner of Savvy Finances, utilizes the Bessie Coleman Open Work Space.

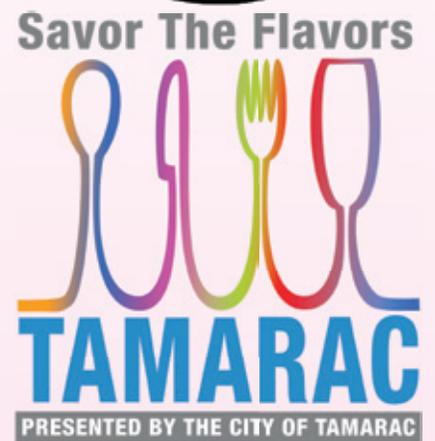
# FOODIES AND BUSINESSES SCORE BIG AT RESTAURANT BINGO GAME

**S**avor The Flavors Tamarac returned in October with a game of Restaurant Bingo and a chance for local foodies to win fantastic prizes, while supporting Tamarac’s small business restaurants. This fun campaign was sponsored by the City of Tamarac in partnership with the Tamarac North Lauderdale Chamber of Commerce.

Numbers were called for folks who couldn’t resist a round of Bingo or a chance to dine at tasty off-the-beaten-path restaurants. The Savor the Flavors Tamarac, Restaurant Bingo game was a month-long economic development initiative designed to draw patrons to Tamarac’s 60+ mom and pop restaurants serving delicious, culturally diverse and authentic cuisines.

Players supported Tamarac’s local businesses by spending \$10 or more each time they dined in or ordered takeout or delivery from participating Tamarac restaurants. In exchange, they received Restaurant Bingo stickers. If players earned five stickers in a row or posted selfies to social media of their dining experience as proof of participation, they qualified to be in the running for weekly local restaurant raffles. Additionally, all entries were automatically added to a grand prize drawing at the end of the month. The winner claimed the grand prize – a \$250 restaurant gift certificate!

Restaurant Bingo was the 2nd annual Savor the Flavors Tamarac initiative hosted by the City’s Economic Development Division, riding on the heels of the 2021 Tasty Tamarac Best Appetizer and Scavenger Hunt campaigns. The City’s goal is to promote and encourage support of Tamarac’s small business restaurants, many of which continue to be economically impacted by COVID-19. The City and Chamber teamed up with Savor Our Cities to bring the vision to life and to maintain the momentum of supporting local businesses.



*Diners could win Restaurant Bingo with five stickers in a row.*



*City of Tamarac employees enjoy a lunchbreak together, while playing Restaurant Bingo at Kate's Restaurant.*



*Mindy Simon claimed her Restaurant Bingo prize.*

# CONSTRUCTION CORNER

Take a look at construction and development projects currently underway or coming soon to Tamarac!

## Private Development

- Tamarac Self Storage, 8251 W. McNab Rd.
- Rock Island Self-Storage, 5602 Rock Island Rd.
- Elite Dialysis, 8201 N. University Dr.
- Dunkin', 7001 N. Pine Island Rd.
- Tamarac Day Care, 7830 N. University Dr.
- 5601 Hiatus Road Industrial, 5601 N Hiatus Rd.
- Fairfield Inn & Suites, 6800 NW 88th Ave.
- Parkside Memory Care, 7501 NW 76th St.
- The Enclaves at Woodmont single-family residential community, sales office, 7910 NW 79th Ter.
- Eden West Apartments, 8601 & 8701 W. McNab Rd.
- Tamarac Circle - 5 Home Development, 5400-5440 NW 57th Ct.
- Lake of Tamarac Townhomes - 6 Unit Townhouse Development, 5980 NW 94th Ave.
- Clinica Las Mercedes, 6650-6682 NW 57th St.

## Major City Projects

- Tamarac Lakes Sections 1 & 2 Water Main Improvement Project, W. Prospect Rd.
- Sunset Point Park Sunset Hammock Artwork Project, Parking Lot and Restroom Improvements, 11000 W. McNab Rd.
- Veterans' Memorial Park Parking Lot Expansion, 7825 Southgate Blvd.
- Traffic Calming Project, NW 70th Ave.
- Hiatus and McNab Road Roundabout Traffic Calming Project



Hiatus and McNab Road Roundabout Traffic Calming Project

## Public/Private Partnerships

- Tamarac Village, north side of Commercial Blvd., between Pine Island Rd. and NW 94th Ave.

# TAMARAC CITY COMMISSION MEETING SCHEDULE

Tamarac's Regular City Commission Meetings are held in-person in the Tamarac City Hall Commission Chamber, located at 7525 NW 88th Ave. Please join us for upcoming Regular Commission Meetings on the following dates.

Wednesday, November 9, 7 p.m.

Wednesday, December 14, 7 p.m.

All City Commission Meetings are streamed live at [www.Tamarac.org/Meetings](http://www.Tamarac.org/Meetings) and on the City of Tamarac's Facebook page, @Tamarac.Florida.

This schedule is subject to change. For updates about Tamarac's Regular Commission Meeting schedule and Commission Workshops, please subscribe to our "City of Tamarac - Public Meeting" notifications at [www.Tamarac.org/StayConnected](http://www.Tamarac.org/StayConnected), visit [www.Tamarac.org/Meetings](http://www.Tamarac.org/Meetings) or call the City Clerk's Office at (954) 597-3505.



# GREEN SCENE

## HERE ARE SOME DO'S AND DON'TS FOR RECYCLING THIS HOLIDAY SEASON

### DO:

Remember to recycle clean cardboard, paper boxes, cards and envelopes. Keep bows, ribbons, gift boxes, gift bags and even wrapping paper to use again next year. Consider using reusable tote bags, brown paper bags or interesting magazine or newspaper pages as gift wrap. You can also create personalized and recyclable gift wrap using craft paper and markers or crayons.

### DON'T:

The following items are not recyclable: string lights, artificial trees, foam packaging, tinsel, ribbons, bows, gift bags, tissue paper and wrapping paper.

### CHRISTMAS TREE RECYCLING:

Give your Christmas tree a new life by repurposing it! From Dec. 27 - Jan. 20, bring your undecorated tree to Tamarac Public Services, 6011 Nob Hill Rd., where it will be chopped into mulch. Undecorated trees can also be placed curbside on your regularly scheduled bulk trash pick-up day to ensure they are disposed of in an environmentally friendly manner.



## VOLUNTEER SPOTLIGHT

**G**loria Segarra is a wonderful volunteer who has dedicated more than 15 years to Tamarac's Senior Volunteer Program. Wearing many hats, from helping young children in Tiny Tots, to assisting with the adult trips and families in need, Gloria is a familiar face to many.



Her passion for helping others is second nature. Sick? Do not worry! Gloria makes delicious chicken soup to aid in recovery.

Thank you for all you do. We appreciate your beautiful giving heart!

CITY OF TAMARAC PRESENTS

# HOLIDAY TREE LIGHTING

Tamarac Community Center  
3601 W. Commercial Blvd.  
Come celebrate with us!!

**THURSDAY  
DEC 1ST  
6 PM**

Lighting of Tree,  
Menorah & Kinara  
Children's crafts  
Meet Santa & Friends  
Holiday Entertainment  
& Much More

**TAMARAC**  
The City For Your Life

Photo Release  
By attending an in-person or virtual City of Tamarac event or activity, you are entering an area where photography, audio and video recording may occur. By attending this event or activity, you are agreeing to these terms and consenting to photography, audio and video recording, and its release, publication, exhibition or reproduction to be used for promotional purposes, advertising, inclusion on websites, printed material, social media, or for any other lawful purposes by the City of Tamarac and its representatives. Please notify City of Tamarac event personnel of any questions prior to attending.

For more information, please call 954-597-3620 or visit [www.tamarac.org/specialevents](http://www.tamarac.org/specialevents).

# ADULT TRIPS AND TOURS

Explore these exciting new entertainment options for active adults.  
Register in-person at Tamarac Community Center or online at [www.Tamarac.me/webtrac](http://www.Tamarac.me/webtrac).  
For more information, please call (954) 597-3620.

## FIRST FRIDAY ARTWALK, DELRAY BEACH

Friday, November 4 | 4 - 10 p.m.  
Residents: \$25; Non-Residents: \$35

## BEEHIVE THE 60S MUSICAL, LAKEWORTH PLAYHOUSE

Friday, November 18 | 4 - 11 p.m.  
Residents: \$55; Non-Residents: \$65

## HAMILTON, BROWARD CENTER

Thursday, December 2 | 4 - 11 p.m.  
Residents: \$175; Non-Residents: \$185

## VICTORY DOLLS LUNCHBOX HOLIDAY, DELRAY BEACH

Tuesday, December 6, | 10 a.m. - 3 p.m.  
Residents: \$55; Non-Residents: \$65

## DELRAY 100' CHRISTMAS TREE, DELRAY BEACH

Friday, December 16 | 4 - 11 p.m.  
Residents: \$25/ Non-Residents: \$35

# #WORKWITHUS

**TAMARAC**  
The City For Your Life

**E**arn a living while making a difference in the community. Explore challenging and rewarding experiences, and professional development opportunities, through our range of positions. We want you to #WorkWithUs!

### FEATURED POSITIONS

- Structural Inspector
- Enterprise Application Specialist
- SCADA Operations Analyst
- Senior Accountant

For more information or to apply,  
visit [www.Tamarac.org/Jobs](http://www.Tamarac.org/Jobs).



New Information Technology  
Department team member.



Public Information Office & Financial  
Services staff at video shoot.



Brian Maloney  
& Jimmy Wade  
from Tamarac's  
Wastewater  
Video Division.

# HOLIDAY SAFETY TIPS FROM TAMARAC FIRE AND BSO-TAMARAC



**T**he holiday season is here! Tamarac Fire Rescue and Broward Sheriff's Office - Tamarac District have teamed up to share important tips to help keep your loved ones safe.

## Fire & Electrical Tips

- Daylight saving time ends Nov. 6. Don't forget to change your smoke alarm batteries.
- Never place Christmas trees near heat sources, including candles, stoves or open flames.
- Be sure Christmas lights are in good working condition and labeled "UL." This indicates they meet current safety standards.
- Never overload electrical outlets.
- Unplug Christmas tree lights when leaving home or heading to bed.
- If using a live Christmas tree, keep the base filled with water to prevent it from drying out. Christmas trees are combustible and increasingly flammable as they dry out. Although Christmas tree fires are not common, they're more likely to be serious when they do occur.

## Holiday Cooking Tips

Historically, the three leading dates for home structure fires caused by cooking are Thanksgiving, Christmas Eve and Christmas Day. It's important to know what you can do to help keep your friends and family safe, while entertaining for the holidays.

- Do not use the stove if you are sleepy or have consumed alcohol.
- Check the food regularly, especially when you're simmering, baking or roasting food. Use a timer to remind you that you are cooking.
- Keep anything that can catch fire, including oven mitts, wooden utensils, food packaging and towels away from heat sources.

## Shopping Tips

The following shopping tips can be applied year-round. They are especially helpful during the holiday season.

- Carry purses close to your body.
- Park in well-lit areas. Be sure to lock vehicle doors.
- Have vehicle keys in-hand upon entering any parking lot to avoid searching for keys outside of your vehicle.
- Take your spare car key and key fob out of your vehicle while shopping.
- Double-check that you have your credit cards, wallet and cell phone after paying for items.



BSO-Tamarac District Deputies pose in holiday safety scenario.

## Home Security For Travelers

Traveling for the holidays? Follow these tips to add an extra layer of home security while away.

- Place lights on timers to give the appearance that your home is occupied.
- Tell a trusted neighbor to call the police if they see any suspicious activity on your property.
- Make sure all windows and doors are locked and that your alarm system is activated.
- Suspend newspaper and package deliveries during your absence.

Residents are encouraged to sign-up for BSO's Home Watch Program. This free service provides a deputy to check the exterior of your home to ensure everything is secure. Call (954) 720-2225 for details.



# TAMARAC IS A DYNAMIC WORKPLACE

The Tamarac 2040 Strategic Plan is the roadmap of how the City sets, plans and executes major goals that establish us as a premier community to live and work in the present and future. Six goals were introduced in March 2020. Here is a closer look at our progress with **Strategic Goal #6: Tamarac is a Dynamic Workplace.**

The City of Tamarac's **multi-faceted, full-service Human Resources Department** (HR) attracts and retains a skilled workforce to provide quality customer service. HR leads the charge in keeping City staff motivated through the ongoing employee recognition program and well-trained through internal, external, in-person and virtual learning platforms, plus successful in-house programs like Toastmasters of Tamarac and employee-to-employee mentoring. In Sept. 2022, Tamarac HR was awarded the **IPMA-HR Small Agency Award for Excellence**, an international recognition. Here's a closer look at some of HR's practices and successes.

## Recruitment & Selection

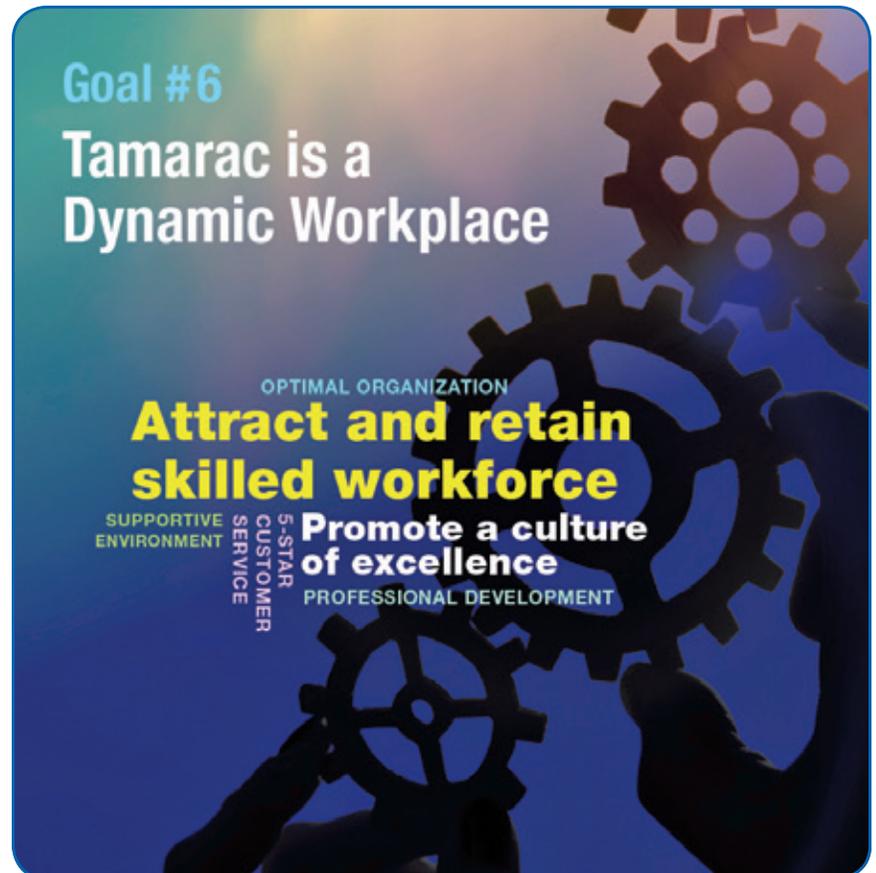
HR collaborates with departments to ensure efficient, fair and compliant recruitment and onboarding.

## Compensation Philosophy

The City regularly researches comparable salaries within other Cities to maintain competitive pay structures consistent with the external market.

## Employee Benefits

During the past three years, HR introduced a lower priced healthcare plan and **extended coverage eligibility to registered domestic partners and their dependents**. HR also launched a telemedicine option and an online well-being incentive program.



## Healthy Workforce

Tamarac received Cigna's **Outstanding Culture of Well-Being Award** in 2019 and 2020. In April 2021, Tamarac earned the **Adventure Trophy** for recording the highest number of virtual physical activities compared to competing organizations through the Propel South Florida Challenge.

## Risk Management

The Risk and Safety Division administers the City's insurance programs covering property, liability and worker's compensation. The Division also administers the City's safety programs and ensures that the safety standards meet or exceed industry standards. In 2021, Risk actively pursued subrogation recoveries and collected \$91,075 and in 2022, the Division collected more than \$92,000 to date.

# 41ST ANNUAL TAMARAC TURKEY TROT: *The Competition & Tradition*



**B**efore sunrise on Thanksgiving Day, Herbert “Herb” Daley, 86, of Tamarac, starts his morning with a light stretch, a cup of coffee, an energy bar and a short drive to City Hall to take his place near the starting line of the annual Tamarac Turkey Trot.

For decades, Daley, along with Tamarac residents and runners from all over South Florida and beyond, have made the Tamarac Turkey Trot a part of their Thanksgiving Day tradition. On Thursday, Nov. 24, 2022, more than 2,000 runners are expected to hit the pavement for the 41st annual Tamarac Turkey Trot 5K.

The Tamarac Turkey Trot gives opportunities to runners of all skill levels, genders and ages a chance to win trophies and medals for placing in the friendly, yet competitive race. Daley, whose regular routine includes six days per week of running or walking through Tamarac, completed his first Turkey Trot in 2013. Due to an injury, he’s only missed a year since. He even competed in the virtual Turkey Trot in 2020, held due to COVID-19. “The challenge becomes a dedication,” said

Daley who competes in the 75 and up male category.

“I did come in 3rd in one race,” Daley’s admitted highlight of the 2018 event.

“Age definitely works against improving your time from year to year,” said Daley. “It was easier for me at the beginning, but it’s more enjoyable now. I’m thankful for the good health that allows me to compete.”

From year to year, Daley finds joy in sticking around after the race to chat with fellow Turkey Trot regulars and cheer on winners in each category.

Daley is known by many for his love for Tamarac, its residents and traditions. “Tamarac is a relatively small City,” said Daley. “To get almost 2,000 people from all parts of Florida and some from out of state is a wondrous challenge. I enjoy being a part of it.”

Registration for the 41st annual Tamarac Turkey Trot is underway. Learn more by visiting [www.Tamarac.org/SpecialEvents](http://www.Tamarac.org/SpecialEvents).



Resident Herb Daley participating in Tamarac Turkey Trots through the years.

# CELEBRATING CULTURES WITH THE RETURN OF ONE TAMARAC

No passport was needed to travel the globe at One Tamarac! On Saturday, Sept. 17, Tamarac residents braved the rain to enjoy the highly anticipated return of our City's beloved multicultural festival at the Tamarac Sports Complex. Reggae Force opened the event with a live musical performance. One Tamarac also featured exhibits, an array of food trucks and fun kid's activities. A major highlight were the cultural showcases through music and dance representing Japan, Brazil, Columbia, the Middle East and the Caribbean. Headliner Smooth STB, a Santana tribute band, closed the celebration with a rhythmic and high-energy mainstage performance. Before calling it a night, an exciting fireworks grand finale illuminated the evening sky.



Scan this QR Code with your smart device to view video highlights of the 2022 One Tamarac Multicultural Celebration.

# ENGINES AND MUSIC ROARED AT THE RETURN OF TAMARAC'S ROCK N' RIDE

It was great seeing everyone at the return of Tamarac's Rock N' Ride, which included the City's first battle of the bands! Guests checked out sweet rides and enjoyed live music from The Happy Daze Band, In Phases, Leo N' SoFlo Players, AWALL, Lost At C and The Chans.

Congratulations to AWALL and The Chans for winning the battle of the bands!



# DISCOVERY

## CAPORELLA AQUATIC COMPLEX AND FITNESS CENTER

Caporella Aquatic Complex amenities include a 25-meter heated swimming pool, with zero-depth entry, a slide and a children's water spray ground. The complex also offers a 3,000-square-foot fitness center, locker rooms and outdoor picnic tables. Call (954) 597-3660 for more information.

As part of our current safety procedure the pool opens in sessions to allow social distancing and time to sanitize between sessions.

### POOL HOURS

**Monday-Saturday:** Session I 10:00 a.m. - 1:30 p.m.  
Session II 2:30 p.m. - 6:00 p.m.

**Sunday:** Session I 10:00 a.m. - 12:30 p.m.  
Session II 1:30 p.m. - 4:00 p.m.

*Open Swim will close from December 1 - February 28.*

### SPRAYGROUND AND SLIDE HOURS

**Monday - Friday:** Session 3:30 p.m. - 6:00 p.m

**Saturday:** Session I 10:00 a.m. - 1:30 p.m.  
Session II 2:30 p.m. - 6:00 p.m.

**Sunday:** Session I 10:00 a.m. - 12:30 p.m.  
Session II 1:30 p.m. - 4:00 p.m.

### PROACTIVE ARTHRITIS WATER

#### AEROBICS CLASS

Proactive Arthritis Water Aerobics classes are held every Monday, Wednesday and Friday. Winter hours are 10 a.m. - 11 a.m. These classes are free to Senior Program members.

### TAMARAC SWIM TEAM

TS Aquatics offers a competitive swim program for children, ages 5 - 18, at the Caporella Aquatic Complex. Free tryouts are held Monday - Thursday, 5 p.m. - 7 p.m.



### FITNESS CENTER

The Tamarac Fitness Center offers a friendly, non-competitive workout environment with a variety of free weights, machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. Our qualified staff will show you around on your first visit to help you get familiar with the equipment. For more information, contact the fitness center at (954) 597-3661 or visit [www.Tamarac.org/Parks](http://www.Tamarac.org/Parks).

### ANNUAL FITNESS CENTER MEMBERSHIP FEES

<b>Adults:</b>	\$150
<b>Seniors/Active Military/Veterans:</b>	\$135
<b>Teens (Ages 16 - 17):</b>	\$95
<b>Teens (Ages 13 - 15):</b>	\$65

*Three-month and six-month membership options are also available for adults, seniors, active duty military and veterans.*

## WEEKLY YOUTH CLASSES

*For additional information or to register online, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac).  
Classes and schedules are subject to change.  
Classes are located at Tamarac Recreation Center, 7501 N. University Dr.*

### WINTER BREAK CAMP

Ages 6-12 (1st Grade – 5th Grade)  
\*Applications must be submitted by  
Thursday, December 22

#### Camp Dates:

Week 1 – December 27 - 30 (No Camp on December 26)  
Week 2 – January 3 - 5 (No Camp on January 2 or 6)  
\$155 Residents; \$170 Non-residents

### BALLET, TAP AND JAZZ

Saturday | 10 a.m.  
\$55 Residents; \$65 Non-residents

### CHEERLEADING AND HIP HOP

Saturday | 11 a.m.  
\$55 Residents; \$65 Non-residents

### TAE KWON DO

Tuesday & Thursday | 5:30 p.m. - 7:30 p.m.  
\$80 Residents; \$90 Non-residents

### GYMNASTICS

Saturday | 11 a.m.  
\$55 Residents; \$65 Non-residents

### FAST TRACK AFTER SCHOOL PROGRAM

Monday – Friday | 3 p.m. – 6 p.m.  
\$150 Residents; \$185 Non-residents

### IMAGINATION MORNINGS Toddlers 2-4 years

Wednesday | 10:30 a.m. – 11:30 a.m.  
\$25 Residents; \$35 Non-residents

## WEEKLY ADULT FITNESS CLASSES

*Classes are held in-person. For additional information, online registration or costs, visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac). Classes and schedules are subject to change. Classes are held at Tamarac Community Center, 8601 W. Commercial Blvd. or Tamarac Recreation Center, 7501 N. University Dr.*

### TAMARAC COMMUNITY CENTER CLASSES

#### BOOTY BARRE WITH CAROL

Monday | 6 p.m.

#### CYCLING WITH CAROL

Monday | 7:15 p.m.

#### TRANSFORM 60 WITH MIKE

Tuesday | 6 p.m.

#### YOGA WITH CAROL

Tuesday | 6 p.m.

#### CYCLING WITH CAROL

Tuesday | 7:15 p.m.

#### BALANCE AND RECOVERY WITH GAZELLE

Wednesday | 6 p.m.

#### BEAT BURNERS WITH VINCENT

Wednesday, Fridays | 7 p.m.

#### BODY SCULPTING WITH GAZELLE

Thursday | 6 p.m.

#### CYCLING WITH CAROL

Thursday | 6 p.m.

#### YOGA WITH BETH

Thursday | 7 p.m.

#### BODY SCULPTING WITH MIKE

Friday | 6 p.m.

#### CYCLING WITH CAROL

Saturday | 9:30 a.m.

#### YOGA WITH CAROL

Saturday | 10:30 a.m.

# WEEKLY ADULT FITNESS CLASSES

## TAMARAC RECREATION CENTER CLASSES

### ZUMBA WITH MARIA

Monday | 6:30 p.m.

### CHEEKY WITH YASMINE

Monday | 7:30 p.m.

### ZUMBA WITH MARIA

Tuesday, Wednesday, Thursday | 9:30 a.m.

### ZUMBA FITNESS WITH KARLENE

Tuesday | 7 p.m.

### GET EM' WITH YASMINE

Wednesday | 7:30 p.m.

### CARIBBEAN DANCE WITH KARLENE

Thursday | 7 p.m.

### STRENGTH & TONE WITH YASMINE

Saturday | 9:30 a.m.

# WEEKLY SENIOR CLASSES

*The classes below are for pre-registered guests only. Walk-ins are not allowed.*

### KICKBOXING LITE WITH MARK

Monday | 10:30 a.m.

### CREATIVE WRITING

Tuesday | 10 a.m.

### MAT YOGA AND MEDITATION WITH DEBBIE

Tuesday | 10:15 a.m.

### CARDIO WITH DEBBIE

Tuesday | 11:30 p.m.

### BINGO

Tuesday | 12:30 p.m.

### MAH JONG

Tuesday | 1 p.m.

### INTERMEDIATE LINE DANCING WITH HELAINE

Wednesday | 12 p.m.

### ABSOLUTE BEGINNERS LINE DANCING WITH HELAINE

Wednesday | 1:15 p.m.

### STRETCH & CORE WITH MARK

Thursday | 10:15 a.m.

### CHAIR YOGA WITH DEBBIE

Thursday | 11:30 a.m.

### SPANISH FOR BEGINNERS WITH NATACHA

Thursday | 4:30 p.m.

### PING PONG

Wednesday | 12:00 p.m. & Thursday | 1:30 p.m.

### CLAY WORKSHOP WITH MICHELE

Friday | 10:30 a.m.

### CHAIR YOGA AND MEDITATION WITH DEBBIE

Friday | 10:15 p.m.

### JAZZERCISE WITH WARREN

Monday, Tuesday, Thursday, Friday | 10 a.m.

### SENIOR DANCE

Thursdays | 2 p.m.

### TAMARAC SOCIAL CLUB

1st and 3rd Thursday | 1 p.m.

### YOGA WITH BETH

Monday | 12:30 p.m., Wednesday | 10 a.m.

### SIT AND FIT WITH DEBBIE

Monday, Wednesday, Friday | 11:30 a.m.

### TAI CHI/QIGONG WITH MARK

Monday | 9 a.m. & Friday | 8:30 a.m.

### HAPPY HOOKERS

Monday | 12:30 - 2:30 p.m.

### ADVANCED RUBBER STAMPING

Every Other Thursday | 11 a.m.

### ZUMBA

Tuesday | 11:15 a.m. & Friday | 11:30 a.m.

### PICKLEBALL

Beginners | Monday, Wednesday | 1 p.m.  
Intermediate/Advanced | Tuesday, Friday | 1:30 p.m.

### VOLLEYBALL

Thursday | 1 p.m.

### YOU MUST BE A SENIOR PROGRAM MEMBER TO PARTICIPATE

#### 55+ Senior Program: Registration is Now Open!

- Visit [www.Tamarac.me/Webtrac](http://www.Tamarac.me/Webtrac).
- Choose "Login," whether you have an existing account or not.
- Current and former members must enter a username and password. If you've forgotten your username or password, please select the appropriate option.
- First-time patrons will need to create a new account. Once logged in, please choose "Memberships" and then the "55+ Senior Program."

**Classes and schedules are subject to change.**  
**For information, visit [www.Tamarac.org/Parks](http://www.Tamarac.org/Parks)**  
**or call (954) 597-3620.**

# SOCIAL SERVICES

*Call our information and referral line at (954) 597-3642 to learn more about these and other social service programs available in Broward County.*

## INDIVIDUAL COUNSELING

Free limited counseling sessions available for Tamarac residents only. To make an appointment, call Lakshmi at (954) 655-7040. Please leave a message with your name and phone number. Your call will be returned within 24 hours.

## FREE HEARING SCREENING

Hear for Good, Inc. provides free hearing tests with a board-certified doctor of audiology and discounted hearing aids through its nonprofit foundation. Pricing on hearing aids is based on income. Please call (954) 597-3642 to make an appointment.

## SHINE COUNSELOR

Under a grant from the Florida Department of Elder Affairs, the SHINE (Serving Health Insurance Needs of Elders) Program is a free and confidential counseling service to assist current and prospective Medicare beneficiaries, their families and caregivers. A network of trained volunteers is available to assist with Medicare, Medicare Savings Plans, Medicare Advantage Plans, Medicare Supplemental Insurance, Financial Assistance, Prescription Drug Plans and more. Call (954) 745-9779 for more information.



## SENIOR SOCIAL

Senior Social events are available to both residents and non-residents, ages 55 and older. Events are held the third Tuesday of every month, at 11 a.m., at Tamarac Community Center. Programs include educational lectures and light refreshments. For more information, contact Monique Alexander at (954) 597-3626.

## MIND CLEANSING MEDITATION

Guided by a skilled instructor via Zoom, guests will enjoy a lecture on the purpose and process of meditation, followed by a 30-minute meditation session. Sessions are held every first and third Friday, at 11:15 a.m. For more information or to sign up, call (954) 597-3642.

## POSITIVE ADJUSTMENT GROUP

Led by a licensed mental health therapist, guests will learn strategies to cope with life changes. Sessions are held every Monday, from 10:30 a.m. to 11:30 a.m., at Tamarac Community Center. For more information or to sign up, call (954) 597-3642.

## TRANSPORTATION SERVICES

Door-to-door paratransit service is available to residents with disabilities and those over age 60 with no other transportation. For additional information, please call (954) 597-3649. Tamarac also offers two free community bus routes to locations across the City. They are the Red and Red Extension Transit Routes. Schedules are available at [www.Tamarac.org/439](http://www.Tamarac.org/439) and City facilities.

## EXPRESS SHUTTLE

Dates to be announced. Members ride free on the Express Shuttle to Coral Square Mall, BJ's Wholesale Club, Doris Italian Market and other popular stores. There is a \$1 fee for non-members. The shuttle departs from the Tamarac Community Center.

**Departures:** 10 a.m. or 11 a.m.

**Return:** 2 p.m.

For more details, please call (954) 597-3649.

## NEW EAST SIDE COMMUNITY SHUTTLE

Residents of Tamarac Lakes North, Tamarac Lakes South, Tamarac Lakes 1 and 2 and Boulevards of Tamarac can connect to the Tamarac Red Route at Sunshine Plaza, every Monday and Wednesday, from 9:30 a.m. - 3:30 p.m. Shuttle timetable available online at [www.Tamarac.org/439](http://www.Tamarac.org/439).

**¡VEA NUESTRA PAGINA WEB EN ESPAÑOL! Visit [www.Tamarac.org](http://www.Tamarac.org).**

Desplácese hacia abajo hasta la parte inferior de la página. Haga un clic en "Herramientas del sitio" y luego seleccione el idioma deseado en la parte superior de la pantalla.

## SPECIAL EVENTS

### VETERANS DAY CEREMONY

Please join us as we recognize Veterans who served our Country.

**When:** Friday, November 11  
10:30 a.m.

**Where:** Tamarac Community Center



### 41st ANNUAL TURKEY TROT 5K RACE

**When:** Thursday, November 24  
7:30 a.m.

**Where:** Tamarac City Hall

**Fee:** October 16 - November 15,  
\$30

November 16 - November  
23, \$35

**Register:** [www.RunSignUp.com/TamaracTurkeyTrot](http://www.RunSignUp.com/TamaracTurkeyTrot)

### HOLIDAY LIGHTING

This free event includes the Mayor and Commission lighting the Christmas tree and Menorah, a special holiday concert, special appearance by Santa Claus, and children's entertainment.

**When:** Thursday, December 1  
6 p.m.

**Where:** Tamarac Community Center

### RUDOLPH'S WINTER WONDERLAND

Join the City of Tamarac for a holly jolly night of reindeer games. Enjoy bounce houses, face painting, carnival games, cookie decorating, pictures with Santa, and a special appearance by Rudolph the red-nosed reindeer.

**When:** December 9  
6 p.m. - 8 p.m.

**Where:** Tamarac Park

### PAWS WITH CLAUS HOLIDAY PAWTY

Dress your pet up for the Best Dressed Holiday Hound Contest and bring your camera to have your dog's photo taken with Santa.

**When:** December 10  
10 a.m. - 12 p.m.

**Where:** Gary B Jones Park for People and Pups

## FACILITY LOCATIONS

**Caporella Aquatic Complex and Fitness Center**  
9300 NW 58th St.

**Caporella Park**  
5200 Prospect Rd.

**Colony West Golf Club**  
6800 NW 88th Ave.

**Gary B Jones Park for People and Pups**  
8101 Southgate Blvd.

**Mainlands Park**  
4500 Monterey Dr.

**Sunset Point Park**  
11000 W. McNab Rd.

**Swim Central Annex Park**  
5800 NW 98th Ave.

**Tamarac Community Center**  
8601 W. Commercial Blvd.

**Tamarac Multi-Purpose Center**  
7531 N. University Dr.

**Tamarac Park Recreation Center**  
7501 N. University Dr.

**Tamarac Sports Complex**  
9901 NW 77th St.

**Tephford Park**  
10003 Southgate Blvd.

**Veterans' Memorial Park**  
7825 Southgate Blvd.

**Waters Edge Park**  
7508 NW 61st St.

*For more information about programs and activities listed in the Discovery section of Tam-A-Gram, please contact the Parks and Recreation Department at (954) 597-3620. Times and locations are subject to change without notice.*

## LEAGUES

*The following sports leagues are offered in the City of Tamarac. Registration is available at the Tamarac Community Center.*

### YOUTH BASEBALL CLINIC

Fundamental baseball clinic for boys and girls, ages 7-12. Registration for the Youth Baseball Clinic will begin Monday, December 5. Sessions will be held Wednesday evenings starting January 18. All sessions will be held at the Tamarac Sports Complex.

**Residents: \$90; Non-residents: \$110**

### MEN'S 30 AND OVER BASKETBALL

Recreational basketball league for men, ages 30 and older. Registration for the Spring season will begin on December 12. The "Rookie Run" for new players will be held Thursday, January 5. Games will start Thursday, January 12. All games will be played at the Tamarac Community Center.

**Residents: \$95; Non-residents: \$105**

### YOUTH BASEBALL

Recreational baseball league for both boys and girls, ages 4-17. Youth Baseball's Spring League Registration will begin Tuesday, January 3. Practice sessions and games will start in April. The season will conclude in June. Space is limited, and volunteer coaches are needed. Practice sessions and games will be held at the Tamarac Sports Complex or Tamarac Park.

**Residents: \$85; Non-residents: \$100**



**CITY OF TAMARAC**  
7525 NW 88th Avenue  
Tamarac, Florida 33321-2401

Prst Std  
US Postage  
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Miami, FL  
Permit No. 4603

# 41<sup>ST</sup> ANNUAL TAMARAC TURKEY TROT 5K

**Thursday, November 24 | Race Starts @ 7:30 a.m.**

**Registration:** \$30 fee until Nov. 15

**Late Registration:** \$35 fee from Nov. 16 - 23

## **T-SHIRTS & FINISHER MEDALS**

Commemorative Turkey Trot 5K T-shirt  
to the First 1500 Registered

Finisher Medal for All Registered Runners

1st, 2nd and 3rd Place Trophies for  
Overall Finishers

1st, 2nd and 3rd Place Trophies for  
Age Group Winners

## **FOR MORE INFO & REGISTRATION**

[www.Tamarac.org/SpecialEvents](http://www.Tamarac.org/SpecialEvents)

[www.RunSignUp.com/TamaracTurkeyTrot](http://www.RunSignUp.com/TamaracTurkeyTrot)



**EST. 1980**