

**JULY 4<sup>th</sup> ALL-AMERICAN CELEBRATION:** Join us for Tamarac's annual fireworks display!

# TAMAGRAM

THE OFFICIAL PUBLICATION OF THE CITY OF TAMARAC, FLORIDA



**BSO CORNER:**  
Beware of Fraud and Scams

**CODE CORNER:**  
Questions & Answers

**TAMARAC'S CHAMBER:**  
Shop Here and Save!

**PREPARE  
AND BE  
AWARE!**

**SPECIAL SECTION:**  
Hurricane Season 2011;  
Your Guide to Preparedness

**KaBOOM!**

# PLAY DAY

[Sponsored in partnership with the Kiwanis Club of Tamarac] **2011**

July / August / September 2011

# TAMAGRAM

The *Tam-A-Gram* is the official publication of the City of Tamarac, Florida. The magazine is published quarterly and mailed to residents and businesses within the City, under the direction of the Public Information Office.

Reader questions and comments are welcome. Please send your comments to:

**Public Information Office**  
Attn.: *Tam-A-Gram*  
7525 N.W. 88th Avenue  
Tamarac, Florida 33321

You may also email your comments, or questions, to Chad Quinn, Public Information Specialist, at: [chad.quinn@tamarac.org](mailto:chad.quinn@tamarac.org). Please include "*Tam-A-Gram*" in the subject line of your email.

To submit "*Life in Tamarac*", or "*Who Reads Us*" photos, please send **high-resolution** photos to [chad.quinn@tamarac.org](mailto:chad.quinn@tamarac.org).

The *Tam-A-Gram*, and other City publications, are available online at [www.tamarac.org/publications](http://www.tamarac.org/publications); or for an enhanced viewing/reading experience, visit [www.tamarac.org/issuu](http://www.tamarac.org/issuu).

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Michelle J. Gomez, Vice Mayor, *District 2*  
Marion Swenson, Commissioner, *District 1*  
Diane Glasser, Commissioner, *District 3*  
Harry Dressler, Commissioner, *District 4*

## CITY MANAGER:

Michael C. Cernech

## PUBLIC INFORMATION OFFICE:

**Editor/Creative Director/Photographer:**  
Chad J. Quinn, *Public Information Specialist*

# Inside 07 | 08 | 09 | 2011

2

**New Commissioner**  
Welcome Marion Swenson.

3

**BSO Corner**  
Beware of Frauds and Scams.

7

**Play Day 2011**  
Come play with us!

8

**Hurricane Season 2011**  
Prepare and Be Aware.

## 1 ..... **First Things**

Tamarac's Boards and Committees are honored; Westwood 5 unveils their remodeled clubhouse; we welcome a new District 1 Commissioner; Public Works helps reneat a hawk; and kids pledge to play!

## 4 ..... **Happenings: Graduates and Heroes!**

The Class of 2011 boosts the number of TU alumni past 120! Tamarac honored our nation's heroes on Memorial Day.

## 5 ..... **Continuing to be Green**

Tamarac's plan to tackle climate change wins an Emerald Award!

## 6 ..... **Code Q&A**

You've got questions. We've got answers to a couple of the most common Code Compliance questions.

## 7 ..... **July 4th: All American Celebration**

Our annual tradition continues... join us as we celebrate our nation's birthday!

## 11 ..... **And Last**

Help the Tamarac Chamber of Commerce support our local business community... and save money at the same time! Plus, YOU NEED Flood Insurance — what you should know.

## IMPORTANT NUMBERS

**MAIN NUMBER (954) 597-3500**  
ADA Coordinator/Accessibility (954) 597-3505  
1(800)955-8770 (Voice)  
1(800)955-8771 (TTY)  
Citizen Hotline (954) 718-1800  
(Activated During Emergencies)  
Building Services (954) 597-3420  
Building Inspections (954) 597-3430  
Building Permitting and  
Inspection Results (954) 597-3435  
City Clerk's Office (954) 597-3505  
City Commission (954) 597-3460  
City Manager's Office (954) 597-3510  
PIO (Media) (954) 597-3523  
Community Development (954) 597-3530

Code Compliance (954) 597-3425  
Business Revenue (954) 597-3536  
Financial Services (954) 597-3550  
Purchasing (954) 597-3570  
Fire Rescue (Non-Emergency) (954) 597-3800  
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Job Line (954) 597-3615  
Risk Management (954) 597-3613  
Mayor and Commission (954) 597-3460  
Parks & Recreation (954) 597-3620  
Community Center (954) 597-3620  
Customer Service (954) 597-3590  
Caporella Aquatic Center (954) 597-3660  
Caporella Fitness Center (954) 597-3661  
Social Services (954) 597-3642

Transit/Shuttle Bus (954) 597-3649  
Police/BSO Tamarac District  
(Non-Emergency) (954) 720-2225  
Public Works (954) 597-3700  
Engineering (954) 597-3712  
Recycling & Trash Hotline (954) 597-3740  
Utilities (954) 597-3750  
Customer Service (954) 597-3590  
Utilities (leaks, breaks, etc.) (954) 597-3750  
Water Treatment Plant (954) 597-3775  
(Also used for 24-hour Utilities emergencies.)  
**Service Providers:**  
All Service Refuse (954) 583-1830  
Comcast Cable (954) 252-1937  
Library (Tamarac Branch) (954) 720-2282  
Post Office (Tamarac Branch) (954) 722-3152  
Tamarac Theater (954) 726-7898  
Waste Management (954) 974-7500

# First Things

**HONORED:** On June 2, 2011, Tamarac's Mayor and Commission honored members of the City's **Boards and Committees** at the annual luncheon in their honor. The event, held at the Woodlands Country Club, provided an opportunity for the City to officially thank the dozens of individuals who play a vital role in assisting the City. From Veteran's Affairs to Code Enforcement; Public Art to Investment Advisory; each group provides invaluable service to the community. Thank you to all of the members of the City's Boards and Committees. For more information about Tamarac's Boards and Committees, visit: [www.tamarac.org/BoardsandCommittees](http://www.tamarac.org/BoardsandCommittees).

**RESCUED:** This past May, four employees from the City of Tamarac's **Public Works Department**; **John Engwiller, Tom Vreeland, Kamal Singh, and Scott Ramgoolie**; played a vital role in assisting the **South Florida Wildlife Center** in re-nesting a baby Cooper's hawk. The hawk was found on Weldon Circle in King's Point; it had fallen 40 feet from its nest. After being examined for injuries, the Center went about the process of re-nesting the bird but quickly realized that their equipment would not reach the height of the nest – a phone call to a contact at BSO resulted in the Center getting in touch with John Engwiller. John contacted Tom Vreeland who assessed the situation and determined that the City had the necessary equipment to help get the job done. Kamal Singh and Scott Ramgoolie arrived on scene with a "condor" lift and hoisted the hawk and wildlife rehabilitator Greg Adler up to the nest while the mother hawk circled above. A happy ending! For more information about the South Florida Wildlife Center, and to view a video of the hawk's rescue, visit: [www.facebook.com/southfloridawildlifecenter](http://www.facebook.com/southfloridawildlifecenter).

**NEIGHBORHOODS:** The **Westwood 5** neighborhood recently celebrated a milestone achievement – by working with the original developer, who still holds the lease on their clubhouse, the homeowner's as-

**Continued: Page 2**



Photo Courtesy South Florida Wildlife Center



**PHOTOS:** Scan this QR Code to view more photos of these great events as well as other happenings in the City of Tamarac. *Links to:* [www.tamarac.org/photos](http://www.tamarac.org/photos).

**ALWAYS SOMETHING GOING ON:** Photo #1: The ribbon cutting of the Westwood 5 neighborhood's newly refurbished clubhouse; **Photos #2 & #3:** Children who attended the Get Healthy, Go Green Expo on May 21, 2011, took a pledge to "get out and play" — signing it with their handprints; **Photos #4 & #5:** The City honored the members of the various Boards & Committees that help the City run efficiently at an annual luncheon held in their honor. **Photo #6:** The Cooper's hawk that was rescued with the help of the City of Tamarac's Public Works Department. We never have enough room to feature photos from all our events, but you can view them online! For more photos from recent City events and happenings such as Earth Day and Springfest visit [www.tamarac.org/photos](http://www.tamarac.org/photos).

## Welcome [new commissioner]



COMMISSIONER MARION SWENSON



On April 4, 2011 the Mayor and Commission appointed **Marion Swenson** as the new commissioner for District 1. Commissioner Swenson will serve out the remainder of the current term, which ends in November 2012. The District 1 seat had been vacant since March 9, 2011, when the former Commissioner, Pamela Bushnell, was selected by her peers to serve as Mayor.

Commissioner Swenson is the former City Clerk for the City of Tamarac; she retired from that position in August 2010 after eighteen years of service to the City.

Eleven applications were submitted to fill the vacant seat — the Commission interviewed the candidates over a two day period, March 28 - 29, and narrowed the field to three finalist. The final three were interviewed again on April 4 with the Commission ultimately deciding upon Ms. Swenson. Once selected, the new Commissioner was immediately sworn-in by Tamarac's City Clerk, Peter Richardson.

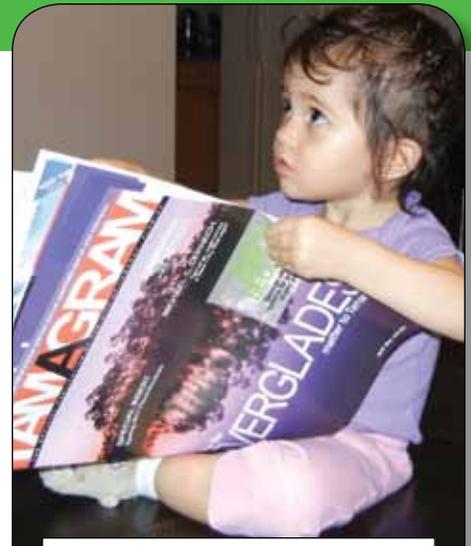
Continued From: Page 1

sociation was able to creatively save, and raise, money which ultimately resulted in their being able to invest over \$250,000 into the refurbishment of their clubhouse. The completely remodeled structure features an amazing [and huge!] great room with a dramatic kitchen and dance floor, all with beautiful details and decor. Other features include a fully stocked game room and new restroom facilities. "This shows what neighbors can do when they get together to improve their community and their lives, not to mention the appearance of our City," stated Mayor Pamela Bushnell after the ribbon cutting ceremony which was held on Saturday, May 7, 2011. "This is truly amazing, and beautiful. I'm really proud of this HOA for their accomplishment." If you'd like to know more about how the Westwood 5 HOA was able to complete this project, you can reach them at westwoodfive23@comcast.com. Another great way to improve your community

is through the **City of Tamarac's Neighborhood Partnership Program**; visit the City's website at [www.tamarac.org/housing](http://www.tamarac.org/housing) for details about matching grant funds available for homeowner associations to make improvements to their common areas.

**GREEN:** On Saturday, May 21, 2011, the City hosted it's second annual **Get Healthy, Go Green Expo**. The event, held at the Tamarac Community Center, included tips on living a healthier lifestyle, health screenings, fitness demonstrations and much more!

**ACTIVE:** Speaking of the Get Healthy, Go Green Expo... several children from the community took an important pledge that morning to "get out and play" in support of the National Park Trust's **National Kids to Parks Day** (which was held May 21, 2011). The children signed the pledge with their hand prints and



BRISEIS THALENFELD

The fact that the magazine is just as big as she is doesn't stop **Briseis Lily Thalenfeld** from catching-up on the latest happenings in Tamarac in the *Tam-A-Gram* as parents Jaime and Kathryn look on! **To submit pictures**, send high-resolution [only] photos to [chad.quinn@tamarac.org](mailto:chad.quinn@tamarac.org). Please note, the photo must be of *this* issue in order to be considered for publication in the next *Tam-A-Gram*.

promised to use that day as the "first of many days spent outside, exploring, learning, and getting active!" For more information about the National Park Trust, visit: [www.park-trust.org](http://www.park-trust.org). For more information about Tamarac's parks, visit: [www.tamarac.org/parks](http://www.tamarac.org/parks).

**CONSERVATION:** Now more than ever, it is important for us to conserve water! Although the rainy season has officially begun in South Florida, we are a long, long, way from making up for the rain fall deficit we have experienced over the past couple of years. **WATER RESTRICTIONS** remain in effect, and further restrictions are expected if conditions do not improve. **REMEMBER**, watering is only allowed on the following schedule: **ODD** Number Addresses: Wednesday and Saturday, 12:00 – 10:00 am, and 4:00 – 11:59 pm **ONLY**; **EVEN** Number Addresses: Thursday

Continued: Page 3



## Beware of Scams

[what to know]

**BSO** reminds you to beware of uninvited guests. Criminals have perfected the art of home invasion crime.

Next time you hear a knock at your door — think twice before you open it. The person on the other side may seem clean-cut, friendly and harmless, but the old adage we were taught growing up still applies; beware of strangers!

Scammers will use different tactics to try and gain your trust, sympathy... and access to your home. Maybe the person knocking at the door will say their car broke down and ask to use your phone. Perhaps he or she will pose as a maintenance worker who needs to make sure something in your house is working properly. If so, beware! That person might be a scam artist trying to get inside your house to rob you. Such scammers use creative tactics, preying on your fears, loneliness or sense of compassion to get inside.

"It only takes a few seconds for a scammer to grab your money or valuables when your back is turned; or worse, harm you in the process," said BSO Tamarac District Chief Marc Duguay. "Unfortunately no matter how much education we do on this topic, incidents like these continue to be a problem here in Tamarac, and throughout Broward County."

The Broward Sheriff's Office reminds you to **be cautious**:

- Beware of people posing as electricians, exterminators, maintenance workers, water quality testers, building inspectors, meter readers, telephone or cable TV repairmen, CITY EMPLOYEES (all City of Tamarac Employees will have an official badge they can produce), or anyone else, even if they claim to be sent by your condominium association. Ask for a

telephone number to verify who the person is and call before you let them in. If you are still unsure, call 911.

- Beware of people who approach your home or condo asking for assistance or wanting to use your telephone. If they need help, keep your door closed and offer to call the Broward Sheriff's Office. If there is a legitimate need for assistance, the person will wait.
- Beware of people offering low prices for unsolicited repair work such as fixing your roof or resealing your driveway. Never open the door for any service provider that you did not request; and only after verifying their identity.

Remember, if someone comes to your home uninvited — no matter how nice he or she seems — lock your door and keep it closed, then dial 911 on your telephone. Deputies will not mind the call. If the "worker" is legitimate, there will be no problem. By using common sense and being extra cautious, you can help BSO **Slam the Door on Scammers!**

For more information about potential scams and tips on how best to protect yourself from becoming a victim, visit the BSO website at [www.sheriff.org](http://www.sheriff.org). Remember, as part of the BSO Tamarac District's community outreach, deputies are available to speak at your condo and homeowner association meetings; call (954) 720-2225 for scheduling.



**BSO:** The BSO website is a great resource for useful information; from crime prevention and safety tips, to crime statistics and booking information. *Links to: [www.sheriff.org](http://www.sheriff.org).*



**PREPARE** and Be Aware. Each year we dedicate a portion of the *Tam-A-Gram* to a "Hurricane Guide" to remind you of the precautions you can take now to insure you, your family, and your property are prepared in the event of a severe storm, or other natural disaster. **This year's guide starts on Page 8.** We encourage you to review this and keep it in a and convenient location.

**Continued From: Page 2**

and Sunday, 12:00 – 10:00 am, and 4:00 – 11:59 pm ONLY. For additional information, please call the City of Tamarac's Water Conservation Specialist at (954) 597-3792.

**VOLUNTEERS:** Congratulations to Rhoda Levy who has been selected as the Volunteer of the Quarter for the second quarter of 2011. Rhoda has been volunteering with the City of over 10 years! She assists with the Senior Program at the Community Center, as well as with the weekly senior dance and so much more. Special thanks to Rhoda for all her hard work and enthusiasm on behalf of the City. If you would like to become a volunteer with the City, contact Rose Cure Persad, Social Services Supervisor, at (954) 597-597-3642, or email [rose.cure@tamarac.org](mailto:rose.cure@tamarac.org).

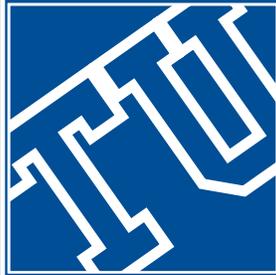


The 2011 Class of Tamarac University marked the fifth year for the City's citizen academy — 30 students graduated!

**TU 2011**



Share.  
Interact.  
Represent.



**T**he 2011 Class of Tamarac University (TU), graduated during the Commission Meeting held on Wednesday, June 8, 2011. With the additional of this year's 30 graduates, the City of Tamarac now has over 120 TU Alumni, two of which, Mayor Pamela Bushnell and Vice Mayor Michelle J. Gomez, currently serve on the Tamarac City Commission!

Each year, the students typically get together as a group to make some type of donation to the City in the name of their class, this year was no different. The Class of 2011 collected money to make a \$500 donation to the new Tamarac Parks and Recreation Foundation — the Foundation's first ever donation and one that will used to help improve the play are at Tephford Park.

Be sure to check future issues of the *Tam-A-Gram*, for more information regarding the newly formed Tamarac Parks and Recreation Foundation.

Applications for the next TU class will be available in January 2012 — check the *Tam-A-Gram* and the website for more details and to know when the application is available! *Will you be there?*

**LEARNING:** The motto we impart upon each Tamarac University graduate is: **Share** your knowledge. **Interact** with your neighbors. **Represent** your City. Based on the students evaluations they complete on their final night, the over 120 graduates of Tamarac's citizen academy will tell you that it is a worthwhile and informative program. Be sure to apply for the new class once applications become available in January 2012. To view more photos of this year's TU class, visit us online at: [www.tamarac.org/photos](http://www.tamarac.org/photos). (Or scan the QR Code above!)

**TU CLASS OF 2011:**

- Karla Albertus, Ed Amitirigala,
- Sharon Aron Baron, Floyd Bass,
- LeRoy Browne, Dorothy Byfield, Juan Calle,
- Herminia Canword, Henry Cordova,
- Carol Courtney, Judy Dubrow, Liza Erazo,
- James Franko, Pauline Franko,
- Ronald Friedman, Nichole Geisser,
- Dominic Gray, Maria Hawthorn,
- Drue Landers, Karen Long,
- Anita Martinez, Allyson Nunes,
- Grace Rice, Harriet Saltzman
- Celia Schmidt, Diann Taylor,
- Heather Torlucci, Eileen Wilson,
- Lisa Wilson, Drumene Woodside



**HONORING OUR HEROES:** The City of Tamarac honored our nation's heroes, past and present, during our annual **Memorial Day Ceremony** held at Veterans Memorial Park. The key note speaker for the event, which was hosted by the Tamarac Veterans Affairs Committee, was **LTC, MP, U.S. Army, James E. Davis**. In addition, the large crowd enjoyed hearing three Tamarac Elementary school students recite their winning essays on what Memorial Day means to them.

## Life in Tamarac



Photo: Kristen Pita

**WE WANT YOUR PHOTOS!** We're looking for photos taken by residents of everyday *life* and *happenings* in Tamarac, like this one taken by **Kristen Pita** of her children, **Issy** (age 8) and **Dominick** (age 5), enjoying their Tamarac Gardens West neighborhood pool. Kristen says, "We rented in Tamarac for 4 years and decided to buy our family home here a few months ago. Tamarac provides all of the essentials that a traditional family desires."

Do you have a photo showing "*Life in Tamarac*" to share? If so, please send your **high-resolution [only] photos** via email to: [chad.quinn@tamarac.org](mailto:chad.quinn@tamarac.org). Be sure to include your full name, telephone number and a brief description of the photo. **Also, be sure to include a quote on why you enjoy living in Tamarac, *The City for Your Life!***

# Emerald Award Winning

*Tamarac wins prestigious Broward County award for the second time!*

Recently the City of Tamarac was named the winner of the prestigious **Emerald Trophy** in the category of **Climate Change Leader** by the Broward County Environmental Protection Department.

The City of Tamarac won for its development of a comprehensive **Climate Action Plan**. The Plan spells out the steps in detail of how the goal of reducing governmental operation greenhouse gas emissions by at least 7% by 2015 will be accomplished. Some of the measures that have been undertaken, or will be undertaken, to achieve this goal include: the use of solar panels at city facilities, building lighting retrofits, building occupancy sensors, installation of induction bulbs in street lighting, data center virtualizations, and much more.

"This is a great honor for our City," said Mayor Pamela Bushnell. "Tamarac has a long history of environmental stewardship, to be recognized with the Emerald Award is a privilege we share with the community; they are truly the backbone of our conservation efforts."

The Emerald Awards were presented during the Good and Welfare portion of the Broward County Board of County Commissioners meeting held April 12, 2011. Mayor Bushnell accepted the award, along with staff from the City's Public Works Department, on behalf of the City.

Tamarac previously won the Emerald Award in 2008 in the category of Pollution Prevention: Hazardous Water Reduction.

For more information about the City of Tamarac's Climate Change initiatives, please call (954) 597-3523; or visit us online at [www.tamarac.org/green](http://www.tamarac.org/green).

# Code & A

**Q:** I read an article in a recent Tam-A-Gram about screening my air conditioning unit from view. What does that mean, and what is the best way to do this? – District 3 Resident

**A: Mechanical Screening:** Lately there have been a lot of really good questions asked about the screening of mechanical equipment requirement that the City of Tamarac passed in 2008. Hopefully this will address the majority of them. After a two-year amortization period, this requirement is now being enforced. This requirement ap-

plies to any mechanical equipment, not just air conditioning units; all mechanical equipment viewable from the public right-of-way must be screened from view. Screening this equipment will help the overall aesthetics of our neighborhoods and community. So, what is the best way to screen your equipment? First determine how many sides of the equipment you are required to screen. For instance, if your house is on a corner lot and your equipment faces two rights-of-way, you will need to screen two sides of the equipment. If your home faces the street and your equipment is only available from one direction, then you only have to screen that one side. You will not have to screen equipment from being viewed from the rear of another right-of-way. In keeping with our green initiatives, the City would prefer that you use live foliage to screen your mechanical equipment – this can include hedges planted in the ground, or potted plants. However, there are several other materials that can be used such as fencing, but keep in mind, the more elaborate your screen, the more likely that it will require you to obtain a permit. If you have any additional question about the mechanical screening requirement, contact the **Code Compliance Division** at (954) 597-3425. We will be happy to meet you at your property to provide some specific direction.

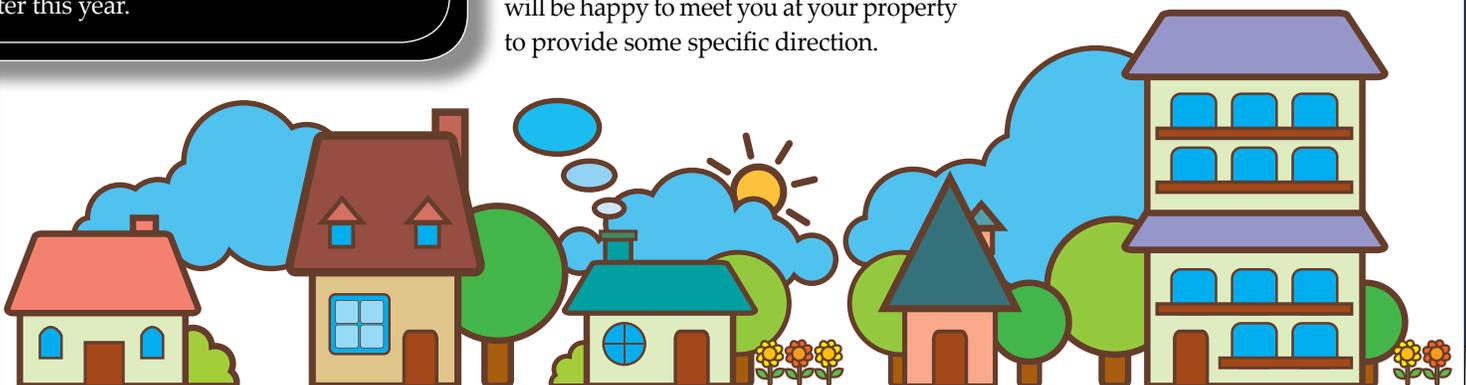
**Q:** I received a citation from the Code Compliance Division regarding my roof; however my HOA is responsible for the maintenance; what do I do? – District 1 Resident

**A: Homeowner/HOA Maintenance Agreements:** A lot of the HOA's in the City of Tamarac have agreements with their property owners to maintain certain elements of their property as a means to provide a uniform and pristine look. These agreements cover a wide-range of issues such as lawn cutting, roof cleaning, painting and more. The maintenance agreement time lines are equally wide and sometimes may present challenges for the homeowner whose property falls into non-compliance before the scheduled maintenance. Tamarac's Code Compliance Division will make every effort to accommodate the set schedule as long as it is provided to the office, however there are occasions when the scheduled maintenance is too far into the future to benefit the homeowner or the City. On those occasions the properties would need to address their non-compliant issues by working with the Code staff and the companies who administer their maintenance agreements.

TAG / PAGE 6

## Your Feedback [neighborhood meetings]

Recently the City of Tamarac conducted a series of "Neighborhood Meetings" throughout the community. These meetings not only afford the City an opportunity to present the latest information on projects and programs to the community, but they also provide an occasion for residents to ask questions, share ideas, and address concerns. Lots of great ideas come out of these meetings including how projects and expenditures should be prioritized. In the coming months you'll begin seeing progress that is a direct result of these meetings; such as beautification projects along Commercial Boulevard and park! Be sure to be on the look-out in the mail for the postcards announcing the next set of meetings later this year.



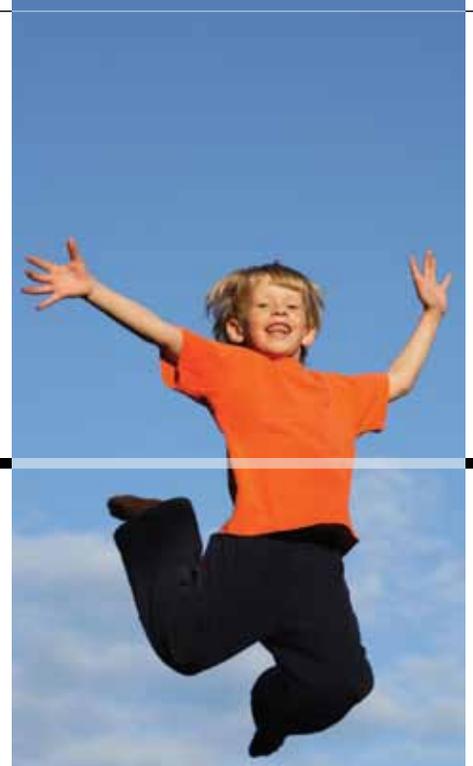
# Play Day 2011

Playful City USA is a national recognition program honoring cities and towns across the nation committed to taking action for play and serving as a national role model, leading the way for play and growing the next generation of healthy and productive adults! The City of Tamarac was recognized among 1 in 118 cities and towns by KaBOOM! for addressing the play deficit in our community and was recognized as a Playful City in 2010. Tamarac is committed to incorporating daily play opportunities in the City and expanding play opportunities for our youth.

By ensuring the prominence of play on the City of Tamarac's community agenda, we will soon reap the benefits that result from happier, smarter and healthier children as well as a stronger community.

Join us for the City's Annual "Play Day" on Thursday, September 22, 2011 from 1:30 - 3:30 pm (public school early release day) at Tamarac Park (7501 N. University Dr.). There will be fun and healthy activities, child and parent challenges, organized games, a bike raffle, prizes and much more! Play Day 2011 is made possible through the City's partnerships with the Kiwanis Club of

**THANK YOU:** The Kiwanis Club of Tamarac is the title sponsor of the City of Tamarac's Play Day 2011. Kiwanis is a global organization of volunteers dedicated to changing the world, one child and one community at a time. Every day, Kiwanians are working to build future leaders, revitalizing streets and neighborhoods, sponsoring youth sports, providing for the homeless and disadvantaged and performing countless other projects to help children and communities.



TAG / PAGE 7

Tamarac as well as Challenger and Tamarac Elementary schools.

Tamarac is committed to being a fun, healthy, family-friendly community offering recreational opportunities to citizens of all ages and interests. Take part in some of Tamarac's many offerings. Make play part of you and your families' day; and jump start your heart by playing in your City's parks... *It Starts in Parks!*

## July 4<sup>th</sup>: All-American Celebration!



**07 | 04** Join us for our annual *July 4<sup>th</sup> All-American Celebration*. The fun begins at 6:00 pm, and includes live music, games and activities for the entire family, bounce houses for the kids, face painting, a special visit by Uncle Sam and Betsy Ross, and much, much more. The evening will climax at 9:00 pm with an amazing fireworks display.

This year's *All American Celebration* is **Monday, July 4<sup>th</sup>, 2011** at the Tamarac Sports Complex (9901 N.W. 77 Avenue; corner of Nob Hill Road and N.W. 77 Avenue), from 6:00 - 9:30 pm. Parking is limited at the Sports Complex, however a **FREE** continuous shuttle service will be running



from Tamarac City Hall (7525 N.W. 88 Avenue) and the Tamarac Community Center (8601 W. Commercial Blvd.) between 5:30 and 8:30 pm, and again following the fireworks display.

This year's live music will be provided by the popular local band *Now & Then* — the group plays a variety of musical styles from the great standards of the 40's to today's hottest hits!

For more information, call Tamarac's Parks and Recreation Department at **(954) 597-3620**; or *Flip For It* for more details on page 2 of the *Discovery* section!

*Please note, the rain date for this event is Tuesday, July 5, 2011.*

## 2011 HURRICANA

TAG / PAGE 8



**T**his information probably looks familiar to you; each year we dedicate a portion of the July/August/September issue of the *Tam-A-Gram* to Hurricane Preparedness. Our motto is to “*Prepare and Be Aware*” It’s easy to become complacent when we’ve experienced a couple of years without a severe storm, but as we know all too well, it only takes one. Take the time now to prepare your Hurricane Kit as well as to become familiar with evacuation routes and local shelters.

A few days before a hurricane strikes is not the time to devise an escape route or try to build your **Hurricane Supply Kit**... to the right is the basic contents that the National Hurricane Center recommends. At the very least you should collect these items and store them in one convenient and water resistant location (such as a closable plastic bin):

Another basic item to keep on hand, one that the City recommends and most people do not usually think about, is a tarp in case you need to cover your roof, or other structure, in the event that it is damaged during a storm.

Being properly prepared, and prepared early, is the key to you, your family, and loved ones survival. Remember, the rule is that you need to be prepared for at least 72-hours without any external assistance. Although the City, along with other rescue resources, are here to assist you, we can only do so once it is safe for our rescue personnel to mobilize (often after the brunt of the storm has passed). Safety is imperative, and it is all of our responsibilities to take the precautions to *Prepare and Be Aware*.

For more information about Hurricane Safety, be sure to read the information on these two pages, and be sure to take advantage of all of the resources available to you from the County, FEMA, the Red Cross as well as other sources. Keep this information as a reference source.

As always, Tamarac Fire Rescue encourages all residents to enroll in the **FREE CodeRED\*** program. CodeRED is an automated service that will call you with valuable information in the event of an emergency (see below for more information and for instructions on how to sign-up).

### SIGN-UP FOR CODERED



To sign up for Tamarac’s CodeRED® program, visit [www.tamarac.org/CodeRED](http://www.tamarac.org/CodeRED), or call (954) 597-3800. CodeRED is the City of Tamarac’s emergency automated notification system that delivers recorded phone messages directly to individual households and businesses.

Through CodeRED, you will receive a phone call from an automated system providing important information that affects you and your surrounding area. The type of information may include: hurricane warnings, boil water advisories, possible flood zone notification, and more. The service is completely **FREE** — all Tamarac residents and businesses are encouraged to sign up.

To sign up for CodeRED you will need to provide your telephone phone number and street address as well as an alternate telephone number (if desired). Call (954) 597-3800 or visit [www.tamarac.org/CodeRED](http://www.tamarac.org/CodeRED) to sign up today!

# WINE SEASON

**DID YOU KNOW?**

## BULK TRASH BETWEEN PICK-UPS

You probably know already that the City of Tamarac offers **bulk trash pick-up** weekly for single-family residential customers; and quarterly for condo and apartment customers; but did you know that there is also a convenient, and **FREE**, way to **dispose of your bulk items in-between scheduled pick-ups?**

The following items can be deposited at no charge, at Broward County's **North Transfer Station** (2780 N Powerline Road):

- **Yard & Woody Waste:** Includes tree trimmings, branches, palm fronds, tree trunks, fencing and lumber;
- **Bulky Waste:** Includes sofas, chairs, mattresses, and carpeting;

- **Scrap Metals (white goods):** Includes appliances with refrigerant removed, BBQ grills, bicycles, and lawn equipment with fuels and oils removed. **NOTE:** Scrap metals must be separated.

**REMEMBER:** This service is in addition to the regular bulk collection for both curbside customers (single-family) and those serviced with dumpsters (multi-family).

**NOTE:** Debris or waste generated from commercial lawn/yard service or other commercial operations (e.g. professional landscaper or contractor) **are not eligible** for curbside collection or free disposal.

**What to know about regular bulk pick-up:**  
**Curbside / Single Family:**

- Trimmings, tree branches, lumber, carpet, and metal poles must be cut into sections that do not exceed 4 feet in length in any direction and tied into bundles of 40 lbs. or less;
- Rugs, carpet, padding, fencing, and material of this nature, must be rolled and securely tied;
- Unacceptable items will not be moved in order to collect acceptable items.

**Multi-Family/Dumpster:**

For multi-family, and/or those serviced by dumpsters, contact your property manager or waste hauler for more information and to schedule bulk waste collection.

Call (954) 597-3700 for more information.

TAG / PAGE 9

**USE THIS**

The following websites provide the best resources for information about how to *Prepare and Be Aware* for a hurricane... or when a storm strikes. Keep them in an easy to locate [safe and dry] location. For a list of important telephone numbers, be sure to check out the back side of the "Hurricane Kit" to the right. Be sure to cut this section out and keep in a handy location, such as on your refrigerator, for easy reference.

**REFERENCE THESE WEBSITES**

**City of Tamarac:**

[www.tamarac.org/hurricane](http://www.tamarac.org/hurricane)

**Broward County Hurricane Preparedness:**

[www.broward.org/hurricane](http://www.broward.org/hurricane)

**American Red Cross — Broward County:**

[www.arbcc.org](http://www.arbcc.org)

**Federal Emergency Management Agency (FEMA):**

[www.fema.org](http://www.fema.org)

**National Hurricane Center:**

[www.hurricanes.gov](http://www.hurricanes.gov)

**State of Florida Emergency Management:**

[www.floridadisaster.org](http://www.floridadisaster.org)

**HURRICANE KIT**  
(As recommended by the National Hurricane Center.)

- Water: At least 1 gallon of water daily per person for between 3 and 7 days
- Food: At least enough for 3 to 7 days, to include:
  - Non-perishable packaged or canned food/juices
  - Non-electric can opener
  - Cooking tools (pots, portable stove or grill with fuel/charcoal)
- Linens: Blankets/Pillows, etc.
- Clothing: Seasonal/Rain Gear/Sturdy Shoes
- Medical: First Aid Kit/Medicines/Prescription Drugs
- Toiletries/Hygiene items/Moisture wipes
- Flashlight/Batteries/Car Charger(s) for Cell Phones
- Radio: Battery operated and NOAA weather radio
- Telephones: Fully charged cell phone with extra battery and a traditional (not cordless) telephone set
- Cash (with some small bills) and Credit Cards: Banks and ATMs may not be available for extended periods
- Toys, Books and Games
- Important documents: In a waterproof container or watertight resealable plastic bag
- Tools: Keep a set with you during the storm
- Vehicle fuel tanks filled
- Pet care items (proper identification, ample supply of food and water, a carrier or cage)

IMPORTANT: Cut along dashed line. Keep this information for your reference.

# AndLast

## BUSINESS ASSISTANCE

The City of Tamarac is pleased to announce a strategic partnership with the **Florida Small Business Development Center** to offer **FREE** business counseling services in Tamarac. The counseling is provided by professional Certified Business Analysts.

The one-on-one counseling sessions are personalized, confidential, and offered at no cost. **Areas of assistance include:** Business Plans, Marketing Plans, Market Research, Loan Proposals, Strategic Plans, Sales Strategies and International Trade.

This assistance is available to anyone. There are no Tamarac residency or Tamarac-based business requirements. For more information, or to schedule an appointment, please contact the Small Business Development Center directly at (954) 762-5235.

BUSINESS CORNER



## Shop and Save!

Did you know the **Tamarac Chamber of Commerce** can **save you money**? Even better, you can save money and help support local business right here in Tamarac! All you need to do is contact the Chamber of Commerce at (954) 722-1520 and request your **FREE Shop Chamber card**. This card will entitle you to receive tremendous **discounts** throughout the City. Offers are available from many participating members, including restaurants, automotive repair shops, hotels, plus many, many more. Offers can change quarterly, so check back often.

Call the Chamber of Commerce at (954) 722-1520, or stop by the Chamber office in room 103 in Tamarac City Hall and start saving money today!

# HURRICANE SEASON

### HURRICANE TELEPHONE NUMBERS

EMERGENCY: .....911

The following City of Tamarac numbers are activated during and after an emergency only:

Hurricane Hotline: ..... (954) 597-3800  
 Recorded Updates: ..... (954) 718-1800  
 Volunteer Desk: ..... (954) 597-3620

#### TAMARAC:

Building Services: ..... (954) 597-3420  
 Code Compliance: ..... (954) 597-3425  
 CodeRED® Sign-up: ..... (954) 597-3800  
 Public Works: ..... (954) 597-3700

#### OTHER RESOURCES:

American Red Cross: ..... (954) 797-3800  
 Broward County Hurricane Hotline: ..... (954) 831-4000  
 Broward Sheriffs Office:  
     Non-Emergency: ..... (954) 765-4321  
     Tamarac District: ..... (954) 720-2225

FEMA: ..... 1 (800) 621-FEMA

#### TRASH AND RECYCLING:

All Service: ..... (954) 583-1830  
 (Recycling/Single-family pick-up)  
 Waste Management: ..... (954) 974-7500  
 (Multi-family home pick-up)

IMPORTANT NUMBERS  
(Keep these numbers in a convenient and dry location.)

## Trimming

The summer of 2005 was one of the worst hurricane seasons on record. **Contributing to the disaster was the immense cost and cleanup of fallen trees.** In some situations, trees had caused utility and cable line damage and outages. That added further to the cost of repair and loss of vital services. The removal of branches and trees near downed active electrical power lines also poses a safety risk.

**You can help:** Precautionary steps should be taken to minimize or eliminate the damage caused by downed trees. **Homeowners should evaluate their trees and determine which ones need to be trimmed and pruned.** For the best results, a professional landscapers (Certified Arborist) should be consulted and/or hired to complete the job.

Properly trimmed trees will minimize resistance resulting is less broken branches and toppled trees during high winds. Properly trimming trees entails cutting out dead, diseased, and damaged branches and the removal of sprouts (sprouts typically grow where previous pruning has taken place). Branches that rub against another branch should also be removed, as should items such as coconuts, fruits, and other items that grow on the tree that could easily become dislodged and fly through the air during. Remember, all debris and/or branches should be disposed of properly.



IMPORTANT: Cut along dashed line. Keep this information for your reference.



# Flood

**SUMMER** is just around the corner, with the hot weather of summer comes heavy rains and thunderstorms which can lead to flooding.

In the past few months there has been severe flooding throughout the country. Even after seeing the damage destruction that has resulted from the floods, many homeowners are reluctant to purchase, or don't realize the importance of, flood insurance. One reason is that many people mistakenly think that their homeowner's insurance policy covers flood damage. **Homeowner's insurance policies do not cover flood damage. Only flood insurance will cover flood damages.** Some people also think that because they are not in a flood zone, they don't need flood insurance. The fact is, according to the National Flood Insurance Program you are **three times more likely to experience a flood than a fire over the course of a 30 year mortgage.**

The reality is that most homes in the City of Tamarac are in a Flood Zone.

If your home is damaged during a flood and you do not have flood insurance you will have to pay out of pocket for your damages and losses. Although federal assistance is often available, it's not a guaranteed. **Your only guarantee to pay for flood damage is a flood insurance policy.**

Unfortunately, floods are possible any time of year, especially in South Florida where we are subject to hurricanes and tropical storms. Take the steps now to protect your home, flood insurance can cost just pennies a day and the peace of mind it brings can be priceless.

For more information about Flood Insurance, call your insurance company. If you have any questions related to the Tamarac's floodplains, call the City's Building Department at **(954) 597-3420**. Also, be sure to check out the City of Tamarac's Flood Brochure available at **www.tamarac.org/publications** — the City's Class 7 rating under the National Flood Insurance Program's Community Rating System **could save you up to 15% on your flood insurance policy.**



## TAMARAC THEATER

OF PERFORMING ARTS

### NEW SHOWS:

**"Bye Bye Birdie"**

October 15 - November 6, 2011

### SHOW TIMES:

Saturday ..... 2:00 & 8:00 pm  
Sunday ..... 2:00 pm

**TICKETS:** ..... \$20 per show\*

### UPCOMING:

*2011-2012 Season!*

*"The Producers"*

*"Beau Jest"*

*"Gypsy"*

*"The Prisoner of 2<sup>nd</sup> Avenue"*

\*Please note: Ticket prices will increase to \$25 per show for the 2011/2012 Season.

**NOW AVAILABLE! SAVE ON SEASON SUBSCRIPTIONS\*:**  
3 SHOWS: \$67 · 4 SHOWS: \$84 · 5 SHOWS: \$99

**INFORMATION/TICKETS: (954) 726-7898 / www.ttopa.org / 7143 Pine Island Rd.**

Discovery  
flip for it

Now that you've read the informative *Tam-A-Gram*, it's time to *Flip For It!* and learn about the great programs and activities Tamarac's Parks and Recreation Department offers... it's all in the *Discovery* section of the *Tam-A-Gram!*

# CAPORELLA AQUATIC CENTER

Visit the Caporella Aquatic Center located at 9300 NW 58 Street. Enjoy its many amenities including a 25 meter swimming pool with zero depth entry and slide, children's water playground, 3,000 sq. ft. fitness room, locker room, picnic tables, and more.

## Lap Swimming

**When:** Monday and Wednesdays, 12:30 - 1:30 pm

## Pool Hours:

**Weekdays:** Pool: 10:00 am - 6:00 pm

Slide and Sprayground:

10:00 am - 6:00 pm

**Saturdays:** Pool, Slide, and Sprayground:

10:00 am - 6:00 pm

**Sundays:** Pool, Slide, and Sprayground:

10:00 am - 4:00 pm

**For fees and rental information, call (954) 597-3660.**

## Pro-active Arthritis Water Exercise Class

Work on balance and coordination while increasing range of motion, joint flexibility, muscle strength, and cardiovascular fitness without causing strain.

## When:

Monday and Wednesdays, 11:00 am - 12:00 pm

## Fee:

Senior Program Members: **FREE**  
Non-Senior Program Members: \$2.00 per class

## Swim Lessons

Swim Lessons are offered for beginner level swimmers. Swimmers will learn front float, back float, and general arm and leg motions for swimming freestyle and backstroke.

## When:

**Summer Morning Swim Lessons:**

(June, July, and August)  
Monday - Thursday, 2 week sessions/8 classes  
9:00 - 9:45 am or 10:00 - 10:45 am

## Parents/Tots (Ages 3-5):

Monday/Wednesday, 6:00 - 6:45 pm;

Tuesday/Thursday, 5:00 - 5:45 pm;

Saturday, 9:00 - 9:45 am & 10:00 - 10:45 am

## Tots Only (Ages 3-5):

Monday/Wednesday, 6:00 - 6:45 pm;

Level 1 (Ages 6 & over):

Monday/Wednesday, 5:00 - 5:45 pm;

Tuesday/Thursday, 5:00 - 5:45 pm & 6:00 - 6:45 pm;

Saturday, 9:00 - 9:45 am

## Level 1 (Advanced):

Saturday, 10:00 - 10:45 am

Level 2 (Intermediate, Ages 6-16); and

Adult Level 1 (Ages 17 & over):

Tuesday/Thursday, 6:00 - 6:45 pm

Residents: \$40.00, Non-Residents: \$50.00

## Fee:

## Sunrise Competitive Swim Team

Beginners to serious competitors of all ages can join the Sunrise Competitive Swim Team. Private lessons are also available. Call (954) 597-3660 for more information.

## Water Aerobics

Get a total body workout to improve motor skills, balance, strength, and posture. Moderate to high level of cardio will be achieved. Monday/Wednesday, 6:00 - 6:45 pm  
Residents: \$45, Non-Residents: \$55

## Fee:

## When:

Get a total body workout to improve motor skills, balance, strength, and posture. Moderate to high level of cardio will be achieved.

# TAMAGRAM

flip for it

Now that you've read about [just a few] of the great programs and activities Tamarac's Parks and Recreation Department offers... *Flip For It* and read the City's informative magazine, the *Tam-A-Gram!*

## WELLNESS CENTER

We invite you to visit the Tamarac Wellness Center. We have a variety of free weights, life fitness machines, treadmills, elliptical cross trainers, recumbent lifecycles, stationary bikes and more. The Wellness Center offers a friendly non-competitive workout environment with an awesome view of our competitive pool or community garden. If this is your first visit, our qualified friendly staff will show you around and get you familiar with the equipment. We also have personal training sessions available. Visit the Tamarac Wellness Center today at 9300 NW 58th Street or contact us at (954) 597-3661 or visit our website at [www.tamarac.org/parks](http://www.tamarac.org/parks).

## COMING SOON! Personal Fitness Training Sessions!

**Fee:** Residents: \$70, Non-Residents: \$80 (6-weeks)

**When:** Wednesdays, 6:30 - 7:30 pm

## Animation Class & Advanced Cartooning

**Fee:** Residents: \$60, Non-Residents: \$70 (6-weeks)

**When:** Saturdays, 10:30 am - 12:00 pm

## Cartooning Class

major at Hofstra University in Hempstead, New York. Al now teaches cartooning classes and seminars throughout Broward County. Teaching is his passion and here's your opportunity to learn from Al in your own backyard... at the Tamarac Recreation Center. **Cartooning** classes are held on Saturdays from 10:30 am - 12:00 pm; and **Advanced Cartooning & Animation** class on Wednesdays from 6:30 - 8:00 p.m. Be sure to stop by and check these amazing programs out!



Be Creative! | Continued From: Page 1



**MORE ONLINE:** Want to read back issues of the *Tam-A-Gram*, or share the current issue with a friend? The Current issue of the *Tam-A-Gram*, along with past issues and other informative City of Tamarac publications are available online, simply scan this QR Code! Links to: [www.tamarac.org/publications](http://www.tamarac.org/publications).



## YOUTH ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Animation Class	Wed.	6:30 - 7:30 pm	14 & over	\$70/\$80	Recreation Center	6-week
Ballet, Tap & Jazz	Mon.	6:00 - 6:45 pm	4 - 6 yrs.	\$40/\$50	Recreation Center	4-week
Cartooning Class	Sat.	10:30 am - 12:00 pm	10 & over	\$60/\$70	Recreation Center	6-week
Global Tots	Fri.	10:30 - 11:15 am	18 mos. - 4 yrs.	\$25/\$35	Community Center	4-week
Gym Kids	Thurs.	4:00 - 5:00 pm	7 - 11 yrs.	\$20/\$30	Recreation Center	4-week
Hip Hop / Cheerleading	Sat.	12:00 - 12:55 pm	5 - 11 yrs.	\$40/\$50	Recreation Center	4-week
	Wed.	6:00 - 6:45				
Imagination Mornings	Wed.	11:00 - 11:45 am	16 mos. - 3 yrs.	\$10/\$20	Community Center	4-week
Jump Start Your Game	Wed.	6:00 - 7:00 pm	8-13 yrs.	\$40/\$50	Recreation Center	4-week
Kempo Karate	Mon. & Wed.	5:30 - 6:30 pm	7 - 18 yrs.	\$70/\$80	Recreation Center	4-week
Level 1 Ballet & Tap	Sat.	10:00 - 10:45 am	3 - 5 yrs.	\$40/\$50	Community Center	4-week
Level 2 Ballet, Tap & Jazz	Sat.	11:00 - 11:55 am	6 - 10 yrs.	\$40/\$50	Community Center	4-week
Start Smart Sports Development	Thurs.	6:00 - 6:45 pm	3 - 5 yrs.	\$30/\$40	Multi-Purpose Center	6-week
Taekwondo (Beginner)	Tues. & Thurs.	5:00 - 6:00 pm	4 - 12 yrs.	\$70/\$80	Recreation Center	4-week
Taekwondo (Advanced)	Tues. & Thurs.	6:00 - 7:00 pm	7 - 12 yrs.	\$70/\$80	Recreation Center	4-week
Teen Club	Thurs.	7:00 - 8:00 pm	12 - 17 yrs.	\$50/\$60	Multi-Purpose Center	Annually
Tennis Lessons	Tues.	5:30 - 6:30 pm	6 - 12 yrs.	\$40/\$50	Sports Complex	4-week
Tumbling	Sat.	11:00 - 11:45 am	3 - 5 yrs.	\$40/\$50	Community Center	4-week
Wing Chun	Mon. & Wed.	7:00 - 8:30 pm	10 & over	\$75/\$85	Recreation Center	4-week

The City of Tamarac offers all of these great activities and more! For more information call Parks and Recreation at (954) 597-3620. On Facebook at: [www.facebook.com/TamaracParks](http://www.facebook.com/TamaracParks).

## ADULT ACTIVITIES

Activity	Day	Time	Ages	Resident/ Non-Resident Fee	Location	Session
Badminton	Mon. & Wed.	6:00 - 9:00 pm	13 & over	\$3/\$5	Community Center	Per Class
	Sat.	5:00 - 9:00 pm				
Ballroom Dance	Wed.	7:30 - 8:30 pm	18 & over	\$50/\$60	Community Center	6-week
	Mon. & Thurs. Sat.	7:00 - 8:45 pm 1:30 - 4:00 pm				
Co-ed Volleyball			16 & over	\$80/\$100	Multi-Purpose Center	Membership
Fitness Boot Camp	Tues. & Thurs.	6:00 - 7:00 pm	16 & over	\$4/\$6	Recreation Center	Per Class
Line Dancing (Beginner)	Thurs.	6:00 - 8:00 pm	18 & over	\$7/\$8	Community Center	Per Class
Line Dancing (Intermediate)	Tues.	7:15 - 8:45 pm	18 & over	\$5/\$6	Community Center	Per Class
Line Dancing (Intermediate)	Thurs.	8:00 - 9:30 pm	18 & over	\$7/\$8	Community Center	Per Class
Middle Eastern Dance	Tues.	7:00 - 8:30 pm	18 & over	\$45/\$55	Community Center	4-week
Mixed Art	Wed.	9:30 - 11:30 am	18 & over	\$40/\$50	Recreation Center	8-week
Pilates & Yogalates	Sat.	9:30 - 10:30 am	16 & over	\$20/\$30	Recreation Center	4-week
Pottery Class	Mon.	6:00 - 8:45 pm	13 & over	\$50/\$60	Recreation Center	8-week
Table Tennis	Sat.	2:00 - 9:00 pm	18 & over	\$1/\$2	Community Center	Per Class
Taekwondo	Tues. & Thurs.	7:00 - 8:00 pm	13 & over	\$70/\$80	Recreation Center	4-week
	Mon.	7:00 - 8:00 pm				
Zumba	Wed.	9:30 - 10:30 am	13 & over	\$20/\$30	Recreation Center	4-week
	Wed. or Fri.	7:00 - 8:00 pm				
<b>FITNESS SCHEDULE</b>						
Body Sculpting	Thurs. & Fri.	6:00 - 7:00 pm				
Boot Camp	Wed.	7:00 - 8:00 pm				
Hi/Low Impact Aerobics	Tues.	6:00 - 7:00 pm				
Pilates	Mon.	7:00 - 8:00 pm				
	Wed.	6:00 - 7:00 pm				
Strength Training Aerobics	Mon.	5:30 - 6:30 pm				
	Thurs.	7:00 - 8:00 pm				
Yoga	Thurs.	7:00 - 8:00 pm				
	Sat.	9:00 - 10:00 am				

**Where:** Tamarac Community Center  
**Fee:** Residents: \$5, Non-residents: \$6 per class  
 Residents: \$45, Non-residents: \$54 for 10 classes  
 Residents: \$132.50, Non-residents: \$198.75 for annual membership

The City of Tamarac offers all of these great activities and more! For more information call Parks and Recreation at (954) 597-3620. On Facebook at: [www.facebook.com/TamaracParks](http://www.facebook.com/TamaracParks).

All services are provided at the Tamarac Community Center (TCC) unless otherwise noted. Call the Information and Referral line at (954) 597-3642 for more information on social service programs that may be available in Broward County. For transportation issues, to register for our Transportation Program or to inquire about transit, please call (954) 597-3649. Schedules for the Red and Yellow Transit Routes are available at [www.tamarac.org/transportation](http://www.tamarac.org/transportation) and at City facilities.

# SOCIAL SERVICES

## SERVICES/ GROUPS

**Alzheimer's Support Group**  
When: 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month at 10:00 am

**Bereavement Support Group**  
When: Every Monday, 10:00 - 11:30 am

**FREE! 911 Cell Phones for Seniors**  
Call (954) 597-3642 to set up an appointment to receive a phone.  
When: 2<sup>nd</sup> Monday of each month, 9:00 am  
**Donations of cell phones accepted.**

**FREE! Amplified Phones (Center for Communications)**  
Provides amplified phones and TDDs FREE of charge to residents of the State of Florida who are deaf and/or hard of hearing. Call Social Services for more information (954) 597-3642.

**FREE! Eye Screenings**  
Please call (954) 597-3642 to schedule an appointment.

**FREE! Eyeglass Repair Program**  
When: Every Tuesday, 10:00 am - 1:00 pm (Cancelled in July)

**FREE! Individual Limited Senior Counseling**  
Contact Sharon Roseman, LCSW at (954) 895-6031 for an appointment. Residents only.

**Mammovan**  
Mobile Mammography Screening provided by North Broward Hospital District. Most insurance is accepted. If insurance is unavailable, there will be a \$75 fee to cover the cost. A referral is recommended. No HMOs. Call (954) 597-3642 for an appointment.

**Meals on Wheels: Lunch**  
Served at 11:30 am for seniors 60 and older. Suggested donation: \$2. Provided by Broward Meals on Wheels. **Must** reserve meal no later than noon the day prior by calling (954) 724-2544 between 9:30 am and 12:30 pm.

**Senior Coping Skills Group**  
When: 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month, 10:30 am - 12:00 pm  
**Senior Social**  
Join us for bagels and coffee and an educational lecture.  
When: 3<sup>rd</sup> Tuesday of each month, 11:00 am

**SHINE Counselor**  
Serving Health Insurance Needs for the Elderly. Questions regarding your Medicare, Medicaid Insurance? Call the Area Agency on Aging and Disability Resource Center to speak to a SHINE counselor: (954) 745-9779.  
**Veterans Advisor**  
When: Every Friday, 8:00 - 11:00 am. No appointment necessary. (Not available July and August)

## PROGRAMS

**Caregiver Support Group**  
Are you a full time caregiver for someone over the age of 60? Do you feel stressed out and overwhelmed? Meet others who share similar experiences caring for a loved one. In partnership with the Jewish Family Services. Please call Susan Panzer, at Jewish Family Services for **FREE** respite for your loved ones so you can attend this meeting; (954) 370-2140.  
When: 1<sup>st</sup> and 3<sup>rd</sup> Monday of each month, 10:30 am

**Financial Counseling**  
**Do you need to learn how to manage your finances?** Learn how to budget or use online banking during your one-on-one consulting session with a financial specialist. Also get assistance with applying for federal programs such as Medicaid, Food Stamps and Cash Assistance. **FREE** for Tamarac residents. Please call (954) 720-2485 to set up your sessions. By appointment only. In partnership with CareSource, Inc., a non-profit social services agency.

**Women's Individual Empowerment Sessions**  
Tamarac women of all ages will receive limited **FREE** individual counseling sessions. Topics include empowerment, self-improvement, relationships, legal issues, domestic violence, and parenting. Sessions are facilitated by Lakshmi Subrahmanian, a licensed mental health counselor. Call (954) 655-7040 for more information, and to register.

**Women's Support Group**  
Women of all ages are welcome to participate in this **FREE** support group that touches on a wide range of topics such as relationships, social support, parenting and much, much more! Sessions are facilitated by Lakshmi Subrahmanian, a licensed mental health counselor. Call (954) 655-7040 for more information, and to register.

## PROGRAM SPOTLIGHT:

**Expanded Hours Tamarac's Red Route!**  
As of November 1, 2010, the City of Tamarac expanded its **RED BUS ROUTE** to Monday through Friday from 7:00 am - 7:00 pm. This change was made possible as a result of Broward County Transit eliminating Route 57 from their daily schedule. Broward County Route 57 ran from 7:00 am - 7:00 pm, Monday through Friday and on Saturdays, and covered much of Tamarac, running from the eastern border along Commercial Boulevard and McNab Road, and along Nob Hill and Pine Island Roads. The City of Tamarac's **RED BUS ROUTE** has expanded service to Monday through Friday from 7:00 am - 7:00 pm to help pick up the slack for the eliminated Broward County Route. The additional service hours for the **RED ROUTE** are funded through Broward County. For more information, call (954) 597-3649, or visit [www.tamarac.org/transportation](http://www.tamarac.org/transportation). *Ride Tamarac Transit!*

# COME PLAY WITH US!

**EXPRESS YOUR CREATIVITY**  
Creative Writing, Painting, Arts & Crafts...

**EXERCISE YOUR BODY**  
Jazzercise, Yoga, Proactive Arthritis Water Aerobics Class, Heart Healthy, Chair Yoga, Body Basics, Stretch & Tone, Yagaites...

**ENLIGHTEN YOUR SPIRIT**  
Happy Hookers (knitting club), Morning Walkers, Line Dancing...

**STIMULATE YOUR MIND**  
Scrabble, Dominoes, Mah Jong, Rummikub, Cards, Computer Classes, Computer Club, Battle of the Sexes Trivia...

**INDULGE YOUR PASSION**  
Zumba, Bingo, Badminton, Movies, Ballroom Dancing, Volleyball...

*Below is a partial list of the classes Tamarac's Senior Program has to offer. Call (954) 597-3620 for more information...*

The Senior Program is available to seniors ages 55 and up from Monday through Friday, 8:30 am - 4:00 pm. For more information and to check out our program listing, please visit the Community Center (8601 W. Commercial Blvd.), or call (954) 597-3620, or visit us on the web at [www.tamarac.org/parks](http://www.tamarac.org/parks). You can also get updates on Tamarac's Senior Program through **Twitter** ([www.twitter.com/CityofTamarac](http://www.twitter.com/CityofTamarac)) and **Facebook** ([www.facebook.com/TamaracParks](http://www.facebook.com/TamaracParks)).

**Calling all Seniors!** Want to live a more vibrant life, form new friendships, feel a sense of achievement, and get in heart healthy shape? Be part of the fun and become a member of the award winning Tamarac Community Center Senior Program! With over 40 different activities, programs and services per week, there is truly something for everyone. The Senior Program has over 800 members who participate in activities such as Jazzercise, painting, line dancing, scrabble, volleyball, chair yoga, and much, much more. Where else can you enjoy all these activities all for \$25 a year!

## SENIOR PROGRAMS

**CONSERVATION.. It Starts in Parks!** Air, water, and land are our greatest natural treasures. Yet, a growing population threatens the quantity and quality of these vital resources. Conserving green spaces and waterways for the generations to come is crucial for our very survival. Florida's parks hold a key by preserving what's precious.



**FALL PARK TOUR:** (All times are 11:00 am - 1:00 pm)  
September 30, 2011 ..... Sunset Point Park  
October 28, 2011 ..... Tamarac Sports Complex

Bring your child to one of Tamarac's parks for some good old-school style fun where *we let kids be kids!* We will have fun games and activities set up for them to enjoy...and it's all **FREE!** Each month we will highlight a different City park for you and your child to enjoy! Please meet the recreation staff at the playground of the park. (Parents must stay/supervise their children.)

# FRIDAYS! FREE PLAY



**When:** Thursday, September 15  
(Bus leaves at 4:00 pm / returns at 10:00 pm)  
**Fee:** Residents: \$20, Non-Residents: \$30

### Hard Rock Cafe

**When:** Thursday, August 4  
(Bus leaves at 4:00 pm / returns at 11:00 pm)  
**Fee:** Residents: \$20, Non-Residents: \$30

### Coconut Creek Casino

**When:** Thursday, July 28  
(Bus leaves at 4:30 pm / returns at 11:00 pm)  
**Fee:** Residents: \$40, Non-Residents: \$50

### Actors Playhouse - "See Jane Run"

**When:** Thursday, July 21  
(Bus leaves at 6:00 pm / returns at 11:00 pm)  
**Fee:** Residents: \$75, Non-Residents: \$85

### Broward Center - "Mamma Mia"

**When:** Thursday, July 7  
(Bus leaves at 4:00 pm / returns at 10:00 pm)  
**Fee:** Residents: \$65, Non-Residents: \$75

### Lake Worth Playhouse - "Chicago" & Paradiso Italian Restaurant

**When:** Thursday, July 7  
(Bus leaves at 4:00 pm / returns at 10:00 pm)  
**Fee:** Residents: \$65, Non-Residents: \$75

Register for all trips at the Tamarac Community Center located at 8601 W. Commercial Boulevard from 8:00 am - 8:00 pm. All bus trips will leave from this location. For information about any of our trips, call (954) 597-3620. Trips are subject to cancellation. No refunds one month prior to trip date (no exceptions).

## ADULT TRIPS

## SPECIAL EVENTS

### Happy Birthday America: July 4<sup>th</sup> Celebration!

Celebrate Tamarac's July 4th All-American Celebration! This year's celebration will take place Monday, July 4, 2010 from 6:00 to 9:30 pm at the Tamarac Sports Complex. Everyone's invited for this FREE event which will include an outdoor concert with the band, **NOW & THEN**. This dynamic popular South Florida group will perform an energetic array of musical medleys to provide the perfect listening experience for our Country's birthday!

Be sure to grab your lawn chairs and cameras to get a snapshot with Uncle Sam and Betsy Ross as they make an appearance during the event! There will also be an entertainment area with fun rides, arts and crafts, and games to keep the children busy.

The night's not over until after the impressive and choreographed pyrotechnic fireworks display which kicks off promptly at 9:00 pm.

The best part? It's all **FREE!** For more information, call the Parks and Recreation Department at (954) 597-3620.

**Where:** Tamarac Sports Complex  
**When:** Monday, July 4, 6:00 - 9:30 pm  
**Fee:** FREE!

Join us for a royal celebration and get treated like a princess. Enjoy cupcakes, cookies, punch, games, crafts, and give-a-ways. Upon your arrival, you will be greeted by royalty and have your picture taken with the Queen. Sign up at the Tamarac Community Center. **Pre-registration is required** (space limited to the first 100 children).

**Ages:** 5 -11 years old  
**Where:** Tamarac Community Center  
**When:** Saturday August 27, 10:00 am - 12:00 pm  
**Fee:** Residents: \$10, Non-residents: \$20

### Community Garage Sale

**Where:** Tamarac Community Center  
**When:** Saturday, September 10, 7:30 am - 12:30 pm  
**Fee:** \$20.00 per vendor space  
 More info/reserve vendor space: (954) 597-3620

**"Play Day" 2011 (See Page 2 of Tam-A-Gram for details!)**  
**Where:** Tamarac Park / Recreation Center  
**When:** Thursday, September 22, 1:30 - 3:30 pm

### Artist of the Month Exhibit

Visit the Tamarac Community Center to view:  
**July:** Martin Amici, "Impressions of Provence", Oils  
**August:** Jennifer Jackson, "Landscapes of the West", Photography

**September:** Sheldon Rosin, "Flowers of Nature", Photography

### Show Your Talent!

Calling all local artists! Show off your creativity and share your love of art with the residents of Tamarac. If you are interested in displaying your artwork, applications are available at the Tamarac Community Center or call (954) 597-3635.

### Become a Sponsor!

Sponsoring a special event is a great marketing approach to reach your desired audience. By partnering with the City of Tamarac, we will provide you with an avenue to promote your business in the community. Contact the Tamarac Parks and Recreation Department at (954) 597-3624 for more information.

## FACILITY LOCATIONS

Caporella Aquatic Complex and Fitness Center  
 9300 N.W. 58 Street

Caporella Park  
 5200 Prospect Road

Gary B Jones Park for People and Pups  
 8101 Southgate Boulevard

Sunset Point Park  
 11000 W. McNab Road

Tamarac Community Center (TCC)  
 8601 W. Commercial Boulevard

Tamarac Multi-Purpose Center  
 7531 N. University Drive

Tamarac Park / Recreation Center  
 7501 N. University Drive

Tamarac Sports Complex  
 9901 N.W. 77 Street

Tepford Park  
 10003 Southgate Boulevard

Veterans Memorial Park  
 7825 Southgate Boulevard

For more information about Tamarac's Parks and Recreation and the programs and services we offer call (954) 597-3620. For a detailed map of our parks and facility locations, visit us online at [www.tamarac.org/locations](http://www.tamarac.org/locations).

### Times and locations subject to change without notice.

## TAMARAC ATHLETICS

The following sports leagues are offered in the City of Tamarac. Please contact the sports league at the phone number provided for more information.

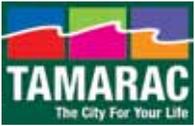
### Youth Sports Leagues.....Phone Number

Flag Football.....(954) 721-5131  
 Girl's Softball.....(954) 881-7003  
 Little League.....(954) 720-0301  
 (www.tamaracgirlssoftball.com)

T-Ball/Coach Pitch.....(954) 720-0301  
 Youth Basketball.....(954) 597-3620  
 Youth Football/Cheerleading.....(954) 721-5131  
 Youth Soccer.....(954) 804-5022  
 (www.tamaracsoccer.com)

### Adult Leagues.....Phone Number

Coed Softball.....(954) 720-7103  
 Men's Basketball.....(954) 533-5538  
 Men's Soccer.....(954) 553-0272



**City of Tamarac**  
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**Continued: Page 7**

Eventually he was promoted to character-developer. He developed Jock the Scottish Terrier and Trusty the English Bulldog for *Lady and the Tramp* and Captain Hook and the Crocodile for *Peter Pan*. After leaving Disney, Al went to New York and in 1961 signed on with Terrytoons, a division of CBS, as a design cartoonist and animator on characters such as Mighty Mouse. Later in life, he became a teacher and the head ani-

alist who drew the 527 cels required to create 27 seconds of film. to Walt Disney Studios in Burbank, California and was an art-nating from Pratt Institute in New York City, Al went straight-structed by former **Walt Disney Artist Al Baruch**. After grad-offers an exceptional cartooning and animation program in-the great cartoonists of all time! The City of Tamarac ave you ever wanted to learn cartooning and ani-

**H**



Discover the Benefits of Tamarac Parks and Recreation

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