



Disaster Supply Checklist



General

- At least two weeks supply of medication, medical supplies used regularly and a list of allergies
- List of the style, serial number, and manufacturer information of required medical devices
- Flashlight
Do not use candles and be sure to have enough batteries
- Radio
Battery operated or hand cranked radio, a NOAA weather radio
- Cash
Banks and ATMs may not be available after a storm

Pet Care Items

- Pet food and water
- Proper identification
- Medical records/microchip info
- A carrier or cage
- Muzzle and leash
- Water and food bowls
- Medications
- Supplies for your service animal

Clothing

- Include seasonal or rain gear and sturdy shoes or boots.

Special Needs Items

- Be sure to include specialty items for infants, small children, the elderly, and those family members with a disability.

First Aid

- First Aid Manual
- Sterile adhesive bandages of different sizes
- Sterile gauze pads
- Hypoallergenic adhesive tape
- Triangular bandages
- Scissors
- Tweezers
- Sewing needle
- Moistened towelettes
- Antiseptic
- Thermometer
- Tube of petroleum jelly
- Safety pins
- Soap
- Latex gloves
- Sunscreen
- Aspirin or other pain reliever
- Anti-diarrheal medicine
- Antacid
- Laxative
- Cotton balls
- Q-tips

Food and Water

- Food
Enough for at least seven (7) days, nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items
- Non-electric can opener
- Paper plates
- Napkins
- Plastic cups
- Utensils
- Water (1 gallon per person)

Important Documents

- Insurance cards
- Medical records
- Bank numbers
- Credit card numbers
- Copy of social security card
- Copies of birth and/or marriage certificates
- Other personal documents
Set of car, house, and office keys
- Service animal I.D., veterinary records, and proof of ownership
- Information about where you receive medication, the name of the drug, and dosage
- Copy of will

**Items should be kept in a water proof container*

Vehicle

- Keep your motor vehicle tanks filled with gasoline

Phone Numbers

- Maintain a list of important phone numbers including: county emergency management office, evacuation sites, doctors, banks, schools, veterinarian, a number for out of town contact, friends & family

COVID-19 Supplies

- Face masks
- Disinfectant wipes
- Hand sanitizer



Inside the Home

HURRICANE PREPARATION
PRE-STORM CHECKLIST

More tips available at:

[www.tamaracfirerescue.org/
tamarac-fire-rescue-
emergency-management](http://www.tamaracfirerescue.org/tamarac-fire-rescue-emergency-management)

1

STOCK UP

Stock up on non-perishable food, medicine, baby supplies, and pet food.



2

BOTTLE WATER

The American Red Cross recommends one gallon of water per person per day.



3

CHECK EMERGENCY EQUIPMENT

Check equipment such as flashlights, battery-operated radios, extension cords, emergency generators, etc., and buy extra batteries.



4

KEEP EXTRA CASH ON HAND

Keep cash on hand since an electrical power outage may prevent you from withdrawing money from ATMs or banks.



5

TURN YOUR REFRIGERATOR TO THE COLDEST SETTING

If the power goes out, this will keep food fresh longer.

If you leave the refrigerator closed, most food will stay frozen or fresh for up to 12 hours.

